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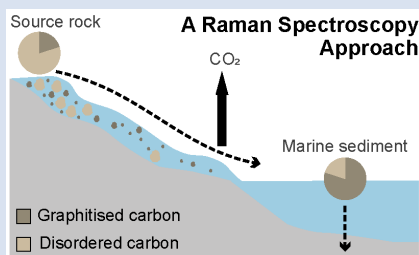
# Enhanced petrogenic organic carbon oxidation during the Paleocene-Eocene thermal maximum

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## Abstract



The Paleocene-Eocene thermal maximum (PETM; ~56 Ma) is a hyperthermal event associated with the rapid input of carbon into the ocean-atmosphere system. The oxidation of petrogenic organic carbon ( $OC_{\text{petro}}$ ) may have released additional carbon dioxide ( $CO_2$ ), thereby prolonging the PETM. However, proxy-based estimates of  $OC_{\text{petro}}$  oxidation are unavailable due to the lack of suitable techniques. Raman spectroscopy is used to evaluate  $OC_{\text{petro}}$  oxidation in modern settings. For the first time, we explore whether Raman spectroscopy can evaluate  $OC_{\text{petro}}$  oxidation during the PETM. In the mid-Atlantic Coastal Plain, there is a shift from disordered to graphitised carbon. This is consistent with enhanced oxidation of disordered  $OC_{\text{petro}}$  and intensified physical erosion. In the Arctic Ocean, the distribution of graphitised carbon

*vs.* disordered carbon does not change, suggesting limited variability in weathering intensity. Overall, this study provides the first evidence of increased  $OC_{\text{petro}}$  oxidation during the PETM, although it was likely not globally uniform. Our work also highlights the utility of Raman spectroscopy as a novel tool to reconstruct  $OC_{\text{petro}}$  oxidation in the past.

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## Introduction

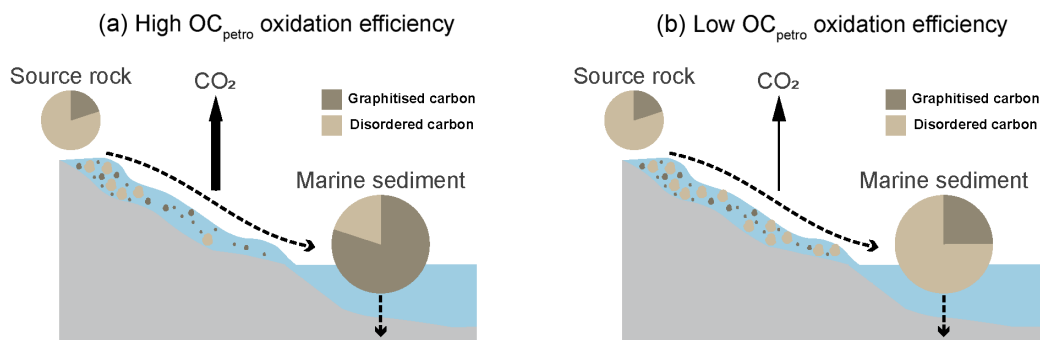
At the Paleocene-Eocene boundary, an abrupt carbon cycle perturbation gave rise to a global warming event (~4–6 °C; Tierney *et al.*, 2022), known as the Paleocene-Eocene thermal maximum (PETM; ~56 Ma). The initial flux of carbon occurred within ~3–21 kyr (the ‘onset’ of the PETM; see Kirtland Turner, 2018 and references therein), yet the PETM persisted for a further  $170 \pm 30$  kyr (the ‘body’ of the PETM; Zeebe and Lourens, 2019). The long duration of the PETM can be reproduced in carbon cycle models but requires a continuous or additional source of carbon into the ocean-atmosphere system (*e.g.*, Bowen, 2013). Proposed mechanisms for the additional source include the slow dissociation of oceanic methane hydrates (*e.g.*, Zeebe, 2013), pulsed emissions from hydrothermal vent complexes (see Jin *et al.*, 2024 and references therein), and the oxidation of soil organic carbon (*e.g.*, Bowen, 2013) or petrogenic organic carbon ( $OC_{\text{petro}}$ ) (Lyons *et al.*, 2019).

Biomarker thermal maturity ratios can fingerprint  $OC_{\text{petro}}$  that has been subject to relatively low burial temperature (<165 °C). Changes in biomarker thermal maturity ratios from a global compilation of shallow-marine sediments indicate greater delivery of  $OC_{\text{petro}}$  into the ocean during the PETM (Lyons *et al.*, 2019; Hollingsworth *et al.*, 2024). Based on modern observations (*e.g.*, Hilton and West, 2020; Soulet *et al.*, 2021), it is likely that the increased erosion rates and higher temperatures during the PETM enhanced  $OC_{\text{petro}}$  oxidation. However, constraining the fraction of  $OC_{\text{petro}}$  that was oxidised to  $CO_2$

(*i.e.* the oxidation efficiency) remains challenging in the geologic record. In order to calculate the mass of  $OC_{\text{petro}}$ -derived  $CO_2$  released during the body of the PETM, Lyons *et al.* (2019) used the present day lower and upper bounds in oxidation efficiency (15–85 %; Bouchez *et al.*, 2010; Hilton *et al.*, 2014). This resulted in a wide range of estimates that span two orders of magnitude ( $10^2$ – $10^4$  PgC; Lyons *et al.*, 2019). To reduce the uncertainty, new techniques are required to determine  $OC_{\text{petro}}$  oxidation efficiency in the past. This will help reveal whether  $OC_{\text{petro}}$  oxidation is an important positive feedback mechanism during hyperthermals, and thus its potential role in future climate change.

Here, we explore the utility of Raman spectroscopy as a novel tool to reconstruct  $OC_{\text{petro}}$  oxidation in the geologic record. Raman spectroscopy is a non-destructive technique that assesses nm-scale differences in the crystallinity of carbonaceous materials. This enables the distinction between highly crystalline (*i.e.* graphite) to amorphous (*i.e.* disordered) carbon, and can therefore detect  $OC_{\text{petro}}$  that formed at burial temperatures up to 650 °C (Beysac *et al.*, 2002). As the porous structure of disordered carbon makes it more susceptible to oxidation, a shift towards a dominance of graphitised carbon downstream has been suggested to indicate high  $OC_{\text{petro}}$  oxidation efficiency (Fig. 1). This has been used to evaluate  $OC_{\text{petro}}$  oxidation in modern settings (*e.g.*, Galy *et al.*, 2008; Bouchez *et al.*, 2010). However, this approach has rarely been applied in a geological context. Here, we employ Raman spectroscopy to identify  $OC_{\text{petro}}$  in PETM-aged sediments, and evaluate changes in  $OC_{\text{petro}}$  oxidation during the PETM.

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**Figure 1** A simplified schematic illustrating the Raman spectroscopy approach to evaluating  $OC_{\text{petro}}$  oxidation. Marine sediment composition with (a) a dominance of graphitised carbon (dark brown) and (b) graphitised and disordered carbon (light brown), indicating a high and low  $OC_{\text{petro}}$  oxidation efficiency, respectively. Given that  $OC_{\text{petro}}$  oxidation is a source of  $CO_2$ , this correlates with a (a) high and (b) low  $CO_2$  flux.

## Material and Methods

We investigated two shallow-marine sites that exhibit higher  $OC_{\text{petro}}$  mass accumulation rates (MAR) during the PETM (Hollingsworth *et al.*, 2024). The South Dover Bridge (SDB) core was drilled in the Salisbury Embayment (mid-Atlantic Coastal Plain; Fig. S-1) and shows a drastic increase in  $OC_{\text{petro}}$  delivery during the PETM (Lyons *et al.*, 2019). International Ocean Drilling Program Expedition 302 Site M0004A (ACEX; Fig. S-1), is located at the Lomonosov Ridge (central Arctic Ocean) and indicates minimal change in organic carbon source(s) during the PETM (Hollingsworth *et al.*, 2024).

We follow the Raman spectroscopy methodology outlined in Sparkes *et al.* (2013), which was specifically developed to facilitate the analyses of sedimentary rocks. Overall, 36 samples from SDB and 12 samples from ACEX were processed and analysed with an InVia Raman spectrometer (Renishaw). Firstly, wet sediments were either freeze dried or placed in a 50 °C oven overnight (Table S-2). The samples were then ground to a fine powder with a Planetary Mill Pulverisette 5 (Fritsch), for 2 min at 300 rpm. Between samples, the agate mill and balls were cleaned with isopropanol. The homogenised samples were then compressed between two glass slides to create a 1 cm<sup>2</sup> area which can be rastered under a 50x magnification microscope. The slides were systematically scanned by traversing at regular spaced intervals. All carbonaceous particles were first determined by brief exposure to a 514 nm Ar-ion laser (2 s; measurement window 1050–1915 cm<sup>-1</sup>). Those confirmed were further inspected and photographed prior to a final spectrum being measured using longer exposure (60 s; measurement window 800–2200 cm<sup>-1</sup>). Laser power was kept low enough (estimated to be <6 mW) to cause no noticeable thermal alterations to the targets. To increase the chance that the data is representative of the population, 10 spectra were collected for each sample. The peaks in each spectrum were fitted using an updated script (<https://github.com/robertsparkes/raman-fitting/releases/tag/v1.1.5>) of the automated process described in Sparkes *et al.* (2013), and manually checked for inconsistencies.

## Results

In total, 360 spectra from SDB and 120 spectra from ACEX were collected. The automated process resulted in only 7 spectra from SDB and 1 spectrum from ACEX being excluded due to a noise-to-signal ratio greater than 1:3. In previous studies, spectra were characterised as either: (i) highly graphitised carbon, (ii) mildly graphitised carbon, (iii) intermediate carbon, or (iv) disordered

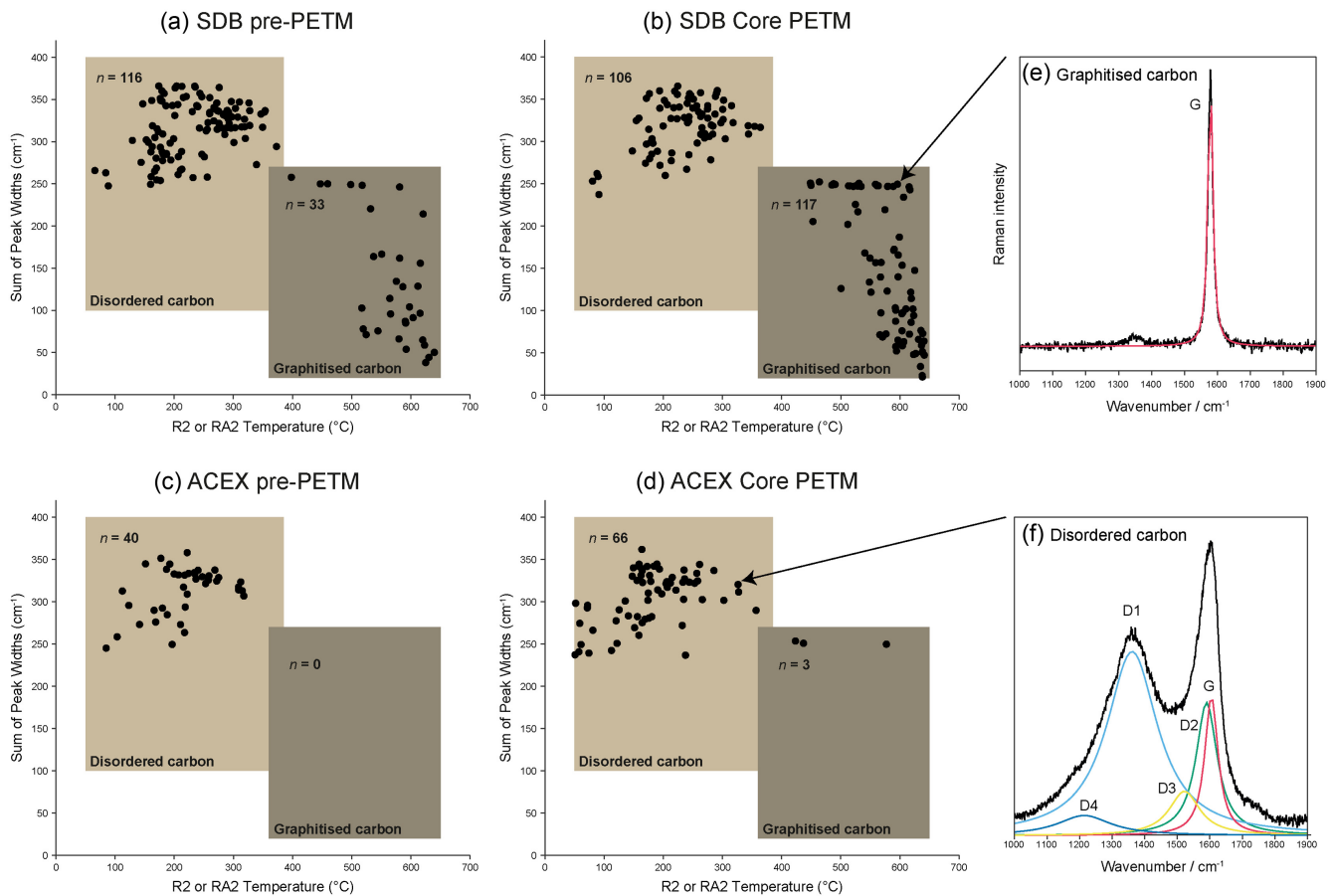
carbon (Sparkes *et al.*, 2013). Spectra from highly graphitised carbon have a single sharp peak at 1580 cm<sup>-1</sup> (G peak; Fig. 2e). Disordered carbon has a wider 'G band' at approximately 1600 cm<sup>-1</sup>, produced by a convolution of the G (1580 cm<sup>-1</sup>) and D2 (1620 cm<sup>-1</sup>) peaks, alongside other peaks signifying disorder (D1; 1350 cm<sup>-1</sup>, D3; 1500 cm<sup>-1</sup>, and D4; 1200 cm<sup>-1</sup>; Fig. 2f). Our data suggests a bimodal distribution (Fig. 2e,f), and as such, spectra were categorised as either graphitised or disordered carbon (Fig. 2a–d, Tables S-1 and S-2). This separation was based on peak burial temperatures, which were calibrated using the R2 and RA2 peak area ratio, and not the sum of peak width (G + D1 + D2) (see Sparkes *et al.*, 2013).

At SDB, there is a mixture of both graphitised and disordered carbon in the pre-PETM interval (including the pre-onset excursion; POE) and 'Core' PETM (including the onset, body, and Recovery interval) (Fig. 2a,b). Compared to the pre-PETM, the PETM exhibits a statistically highly significant ( $P < 0.001$ ) increase in the mean percentage of graphitised carbon (33 %; Fig. S-2a). However, this shift does not occur until ~1.5 m above the onset of the PETM (Fig. 3b). At ACEX, there is a dominance of disordered carbon in the pre-PETM interval and Core PETM (Fig. 2c,d), and no statistically significant ( $P \geq 0.1$ ) change throughout the record (Fig. 4b, Fig. S-2c). Both sites show a higher percentage of graphitised carbon in the Recovery and post-PETM intervals than in the pre-PETM interval (Fig. S-2a,c).

To assess whether our semi-quantitative method (*i.e.* 10 spectra *per* sample) can accurately represent the population, four samples from SDB were analysed in duplicate (Fig. 3b, Table S-1). With the exception of 202.37 m (s.d. = 35 %), the measurements yielded similar values (average s.d. = 7 %). However, interpretations of small scale variability should be made with caution and we suggest that future studies increase the number of spectra *per* sample.

## Discussion

**Fingerprinting  $OC_{\text{petro}}$  delivery during the PETM.** Raman spectroscopy has most commonly been used to fingerprint  $OC_{\text{petro}}$  in modern river catchments and continental shelves (*e.g.*, Galy *et al.*, 2008; Bouchez *et al.*, 2010; Sparkes *et al.*, 2018, 2020). Thus, we first compare our results to published biomarker thermal maturity ratios from the same PETM-aged shallow-marine cores (Lyons *et al.*, 2019; Hollingsworth *et al.*, 2024). The  $C_{31}$  homohopane 22S/(22S + 22R) ratio is plotted alongside the percentage of graphitised carbon at SDB (Figs. 3c, S-2b) and ACEX (Figs. 4c, S-2d). Higher  $C_{31}$  S/(S + R) values suggest greater



**Figure 2** ‘Sparkes’ plots combining data from the pre-PETM interval (including the pre-onset excursion; POE) vs. Core PETM (including the onset, body, and Recovery interval; see Hollingsworth *et al.*, 2024 and references therein), at (a–b) SDB and (c–d) ACEX. The spectra are categorised into either graphitised carbon (dark brown) or disordered carbon (light brown). Examples of Raman spectra (black) with fitted peaks (coloured) for (e) graphitised carbon, from a SDB sample at 200.28 m, and (f) disordered carbon, from an ACEX sample at 385.11 mcd. Spectra have had a linear background removed during the automated process, and the fitted peaks include: G (1580  $\text{cm}^{-1}$ ), D1 (1350  $\text{cm}^{-1}$ ), D2 (1620  $\text{cm}^{-1}$ ), D3 (1500  $\text{cm}^{-1}$ ), and D4 (1200  $\text{cm}^{-1}$ ) (Sparkes *et al.*, 2013).

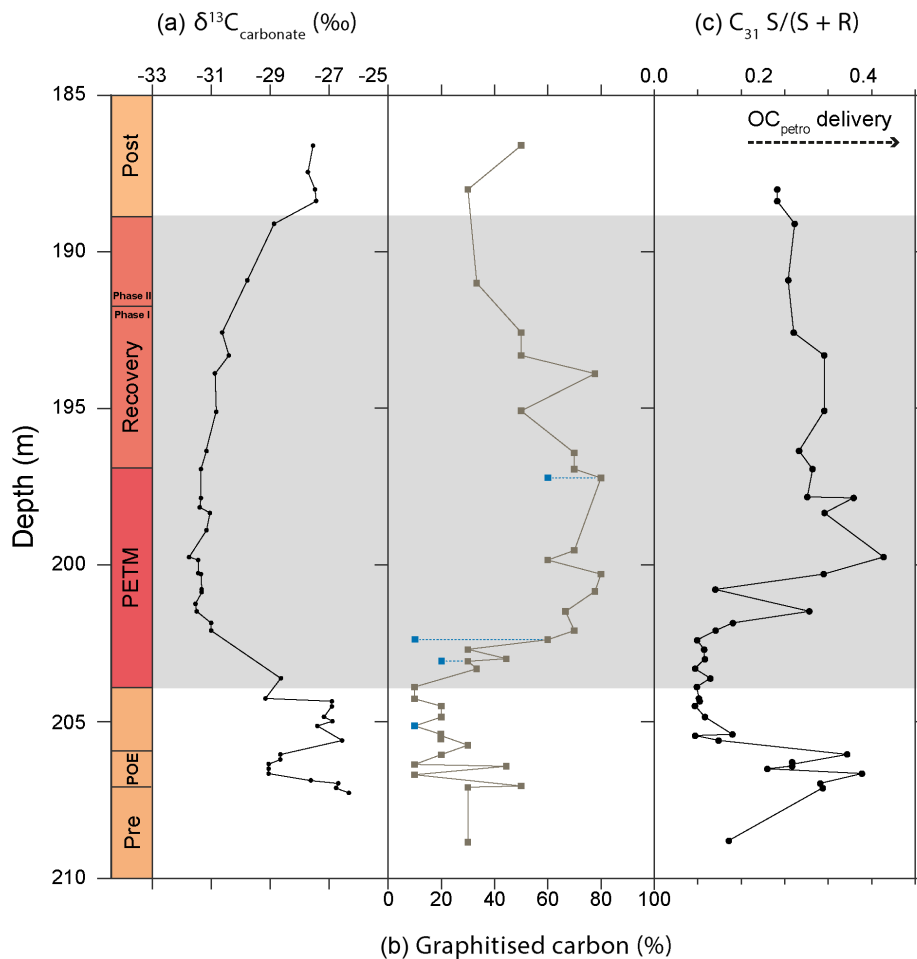
delivery of  $\text{OC}_{\text{petro}}$  with values closer to 0.6 indicating input of  $\text{OC}_{\text{petro}}$  formed during early stages of the oil window.

Overall, there are similarities between the percentage of graphitised carbon and the  $\text{C}_{31} \text{S}/(\text{S} + \text{R})$  ratio at both sites, whereby SDB exhibits large fluctuations (Fig. 3) and ACEX shows relatively low and stable values (Fig. 4). At SDB, the percentage of graphitised carbon and  $\text{C}_{31} \text{S}/(\text{S} + \text{R})$  ratio increases between the pre-PETM interval and both the POE and PETM intervals (Fig. S-2a,b). However, a lag within the PETM interval in the percentage of graphitised carbon (Fig. 3b),  $\text{C}_{31} \text{S}/(\text{S} + \text{R})$  ratio (Fig. 3c), and bulk carbon isotope of organic carbon ( $\delta^{13}\text{C}_{\text{org}}$ ), suggests a delayed response of ~10–20 kyr (Lyons *et al.*, 2019). This confirms that Raman spectroscopy can be applied to fingerprint  $\text{OC}_{\text{petro}}$  delivery in the past, and could be particularly powerful in permitting the inclusion of study sites with post-depositional diagenesis (Sparkes *et al.*, 2020). Our new data supports previous findings indicating enhanced  $\text{OC}_{\text{petro}}$  delivery at SDB (Lyons *et al.*, 2019) and no drastic changes in organic carbon source(s) at ACEX (Hollingsworth *et al.*, 2024) during the PETM. Assuming that the graphitised carbon and thermally mature biomarkers at SDB came from the same source, the increase in graphitised  $\text{OC}_{\text{petro}}$  MAR during the PETM is calculated to be  $2 \times 10^{-2} \text{ g cm}^{-2} \text{ kyr}^{-1}$  (based on Hollingsworth *et al.*, 2024).

*Characterising and identifying the potential sources of  $\text{OC}_{\text{petro}}$ .* Kopp *et al.* (2009) initially hypothesised that Cretaceous-aged upland deposits, such as the Potomac

Group, could have been a source of sediment to the Salisbury Embayment during the PETM. Indeed, similarities were found with the biomarker thermal maturity ratios from the Raritan Formation of the upper Potomac Group and the PETM-aged SDB core (Lyons *et al.*, 2019). In addition, the  $\delta^{13}\text{C}_{\text{org}}$  values and source rock properties (*e.g.*,  $T_{\text{max}}$ ) are comparable (Lyons *et al.*, 2019). As there is a correlation between the percentage of graphitised carbon (Figs. 3b, S-2a) and the  $\text{C}_{31} \text{S}/(\text{S} + \text{R})$  ratios (Figs. 3c, S-2b), this suggests that the graphitised  $\text{OC}_{\text{petro}}$  may have also been sourced from the Raritan Formation. However, the presence of graphitised  $\text{OC}_{\text{petro}}$  implies burial temperatures (~350–650 °C; Beyssac *et al.*, 2002) that should severely diminish or completely destroy biomarkers. Therefore, the graphitised  $\text{OC}_{\text{petro}}$  was likely reworked into the Raritan Formation and subsequently re-exhumed alongside the thermally mature biomarkers during the PETM. This is consistent with present day observations of graphite particles surviving transport over thousands of kilometres (*e.g.*, Galy *et al.*, 2008) and persisting over multiple erosion cycles (*e.g.*, Sparkes *et al.*, 2020). Decoupling between the percentage of graphitised carbon and the  $\text{C}_{31} \text{S}/(\text{S} + \text{R})$  ratios during the POE could thus be reflecting two distinct sources of  $\text{OC}_{\text{petro}}$  (Figs. 3b,c, S-2a,b).

At ACEX, the relative abundance of disordered carbon (Figs. 4b, S-2c) and low  $\text{C}_{31} \text{S}/(\text{S} + \text{R})$  values (Figs. 4c, S-2d) throughout the record indicates that the  $\text{OC}_{\text{petro}}$  is derived from a more thermally immature source rock (*i.e.* protolith). This is



**Figure 3** The SDB record of (a) bulk sediment  $\delta^{13}\text{C}$  of carbonates ( $\delta^{13}\text{C}_{\text{carbonates}}$ ; Lyons *et al.*, 2019), (b) percentage graphitised carbon (this study), and (c)  $\text{C}_{31}$  homohopane 22S/(22S + 22R) ratio (Lyons *et al.*, 2019). The blue symbols within panel (b) are the duplicate measurements. The time intervals are as follows: pre-PETM, PETM (onset/body), Recovery Phase I, Recovery Phase II, and post-PETM, based on Hollingsworth *et al.* (2024) and references therein. The POE in the pre-PETM interval is isolated using the definition from Babila *et al.* (2022).

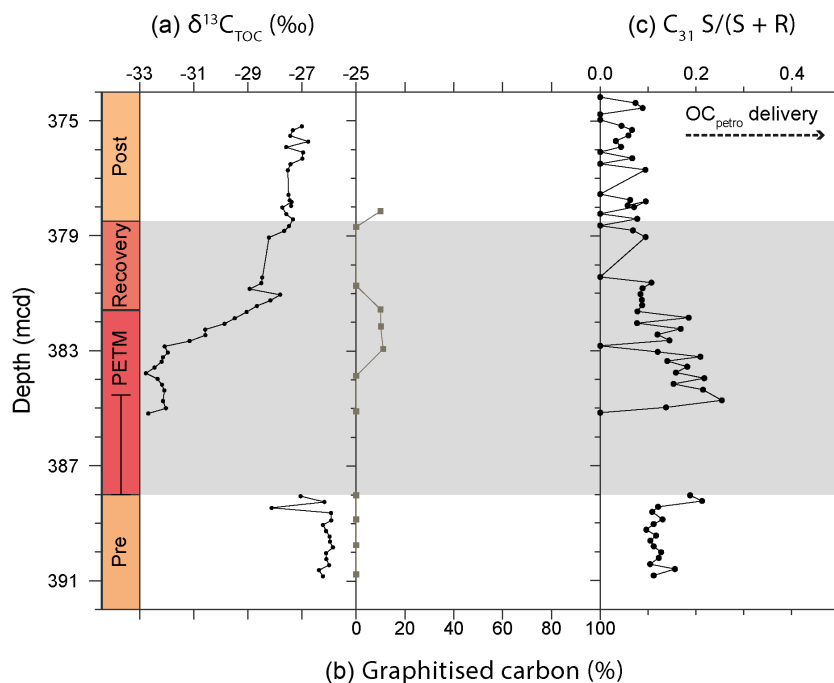
consistent with the excellent preservation of pollen and spores (Sluijs *et al.*, 2008), and the presence of biomarkers diagnostic of peats and/or lignite deposits (e.g.,  $\text{C}_{31}$   $\alpha\beta$  hopanes; Hollingsworth *et al.*, 2024), in these sediments. The dominance of disordered carbon also implies limited availability of graphite-rich source rocks.

**Evaluating  $\text{OC}_{\text{petro}}$  oxidation during the PETM.** The mid-Atlantic Coastal Plain during the PETM has been referred to as the ‘Appalachian Amazon’ due to similarities with sediments from the modern Amazon shelf, including features indicative of hyperpycnal flow (Self-Trail *et al.*, 2017), and the presence of kaolinite (Gibson *et al.*, 2000) and magnetofossils (see Kopp *et al.*, 2009 and references therein). Present day observations of two Amazon tributaries show the preferential oxidation of the less recalcitrant disordered  $\text{OC}_{\text{petro}}$  and a consequential relative increase in graphite downstream (Bouchez *et al.*, 2010). The Amazon is mostly supplied by low grade metamorphic rocks from the Andes, which are subject to a long residence time within the extensive meandering rivers typical of large catchments. This results in the estimated loss of up to  $\sim 90\%$  of  $\text{OC}_{\text{petro}}$  during transport (Bouchez *et al.*, 2010; see Dellinger *et al.*, 2023 and references therein). The progressive shift towards more graphitised carbon along the land to sea transect is also seen in modern rivers that have a contribution of high grade metamorphic rocks, such as in the Himalayas (Beyssac *et al.*, 2004). However, the Himalayas have a more efficient sediment routing

system that promotes burial of  $\text{OC}_{\text{petro}}$  in the Bengal Fan (Galy *et al.*, 2007).

As the Amazon shelf is the closest analogue for the mid-Atlantic Coastal Plain, we argue that the shift from a dominance of disordered to graphitised carbon at SDB represents enhanced oxidation of disordered  $\text{OC}_{\text{petro}}$  during the PETM. We note that the oxidation and/or deposition of  $\text{OC}_{\text{petro}}$  can also occur in floodplains (e.g., Scheingross *et al.*, 2021). However, this would lead to the loss of all types of  $\text{OC}_{\text{petro}}$  from the fluvial load, thus maintaining an equal distribution of graphitised carbon *vs.* disordered carbon between the pre-PETM and PETM intervals. An average  $\sim 5^\circ\text{C}$  of warming during the PETM (Tierney *et al.*, 2022) may have also caused  $\text{OC}_{\text{petro}}$  oxidation to increase by one fold, based on observations made by Soulet *et al.* (2021) in modern river catchments.

At SDB, there is a pronounced  $\sim 20$  fold increase in linear sedimentation rates, and higher  $\text{OC}_{\text{petro}}$  MAR, during the PETM (Lyons *et al.*, 2019). Given the widespread evidence for intense precipitation events (see Carmichael *et al.*, 2017 and references therein) and exacerbated erosion rates (e.g., John *et al.*, 2008), greater exhumation of graphitised  $\text{OC}_{\text{petro}}$  can also explain the shift from a dominance of disordered to graphitised carbon. For example, a more active palaeo-Potomac river could have sourced new graphite-rich rocks from regions in the Appalachian Mountains. The lower magnitude change in the relative abundance of graphitised carbon during the POE would



**Figure 4** The ACEX record of (a) bulk sediment  $\delta^{13}\text{C}$  of total organic carbon ( $\delta^{13}\text{C}_{\text{TOC}}$ ; Elling *et al.*, 2019), (b) percentage graphitised carbon (this study), and (c)  $\text{C}_{31}$  homohopane 22S/(22S + 22R) ratio (Hollingsworth *et al.*, 2024). The time intervals are as follows: pre-PETM, PETM (onset/body), Recovery, and post-PETM, based on Hollingsworth *et al.* (2024) and references therein. Note the core gap from ~388–384.5 mcd (Sluijs *et al.*, 2006).

therefore imply lower oxidation efficiency and/or abated physical erosion (Figs. 3b, S-2a). At ACEX, intense precipitation may have countered warming-induced  $\text{OC}_{\text{petro}}$  oxidation by decreasing residence time in the rivers and/or amplifying floodplain storage. Higher sedimentation rates also promotes the burial and preservation of organic matter (*e.g.*, Galy *et al.*, 2007). However, the limited presence of graphite in this system could suppress signals that indicate changes in the oxidation of disordered  $\text{OC}_{\text{petro}}$ .

Overall, Raman spectroscopy reveals that  $\text{OC}_{\text{petro}}$  oxidation acted as a positive feedback mechanism in the mid-Atlantic Coastal Plain during the PETM. However, this change is not observed with smaller scale carbon cycle perturbations such as the POE (see Babila *et al.*, 2022 and references therein), whilst data from the Arctic Ocean suggests that enhanced  $\text{OC}_{\text{petro}}$  oxidation may not be globally uniform. Quantifying oxidation efficiency and subsequent  $\text{CO}_2$  release *via* Raman spectroscopy requires ground truthing our approach in modern settings with different weathering intensities. It is also important to constrain the composition of the source rock(s), and understand the influence of other abiotic (*e.g.*, rainfall type, temperature,  $\text{O}_2$  availability, and mineral association) and biotic (*e.g.*, microbial activity) processes on oxidation efficiency (*e.g.*, see Hilton and West, 2020 and references therein; Soulet *et al.*, 2021). Crucially, this study exemplifies the utility of Raman spectroscopy to fingerprint  $\text{OC}_{\text{petro}}$  delivery and – when combined with biomarker thermal maturity ratios – expands the type of  $\text{OC}_{\text{petro}}$  detected and thus sites that can be investigated. It also highlights the potential for Raman spectroscopy to reconstruct  $\text{OC}_{\text{petro}}$  oxidation in the geological past.

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## Additional Information

Supplementary Information accompanies this letter at <https://www.geochemicalperspectivesletters.org/article2444>.

## Data Availability Statement

All the new data in this study are available in the Supporting Information.



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# Enhanced petrogenic organic carbon oxidation during the Paleocene-Eocene thermal maximum

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## Supplementary Information

The Supplementary Information includes:

- Table S-1 and S-2
- Figure S-1 and S-2
- Supplementary Information References

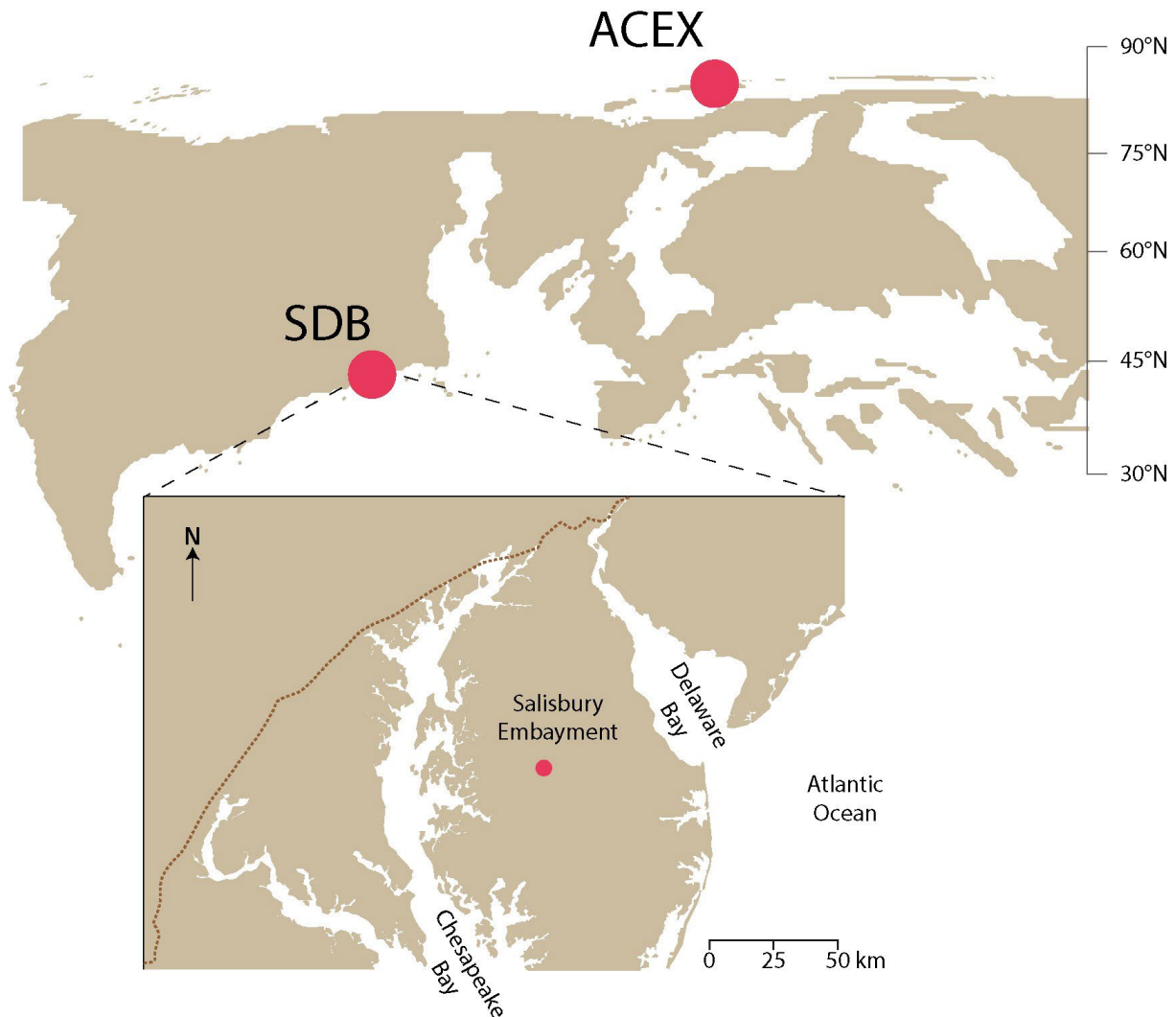


**Table S-1** Number of disordered carbon vs. graphitised carbon spectra from SDB, with duplicate results in parenthesis. The disordered and graphitised carbon were separated based on peak burial temperatures, which were calibrated using the R2 and RA2 peak area ratio (see Sparkes *et al.*, 2013). The time intervals are as follows: Pre-PETM, PETM (onset/body), Recovery, and Post-PETM, based on Hollingsworth *et al.* (2024) and references therein. The pre-onset Excursion (POE) in the Pre-PETM interval is isolated using the definition from Babila *et al.* (2022).

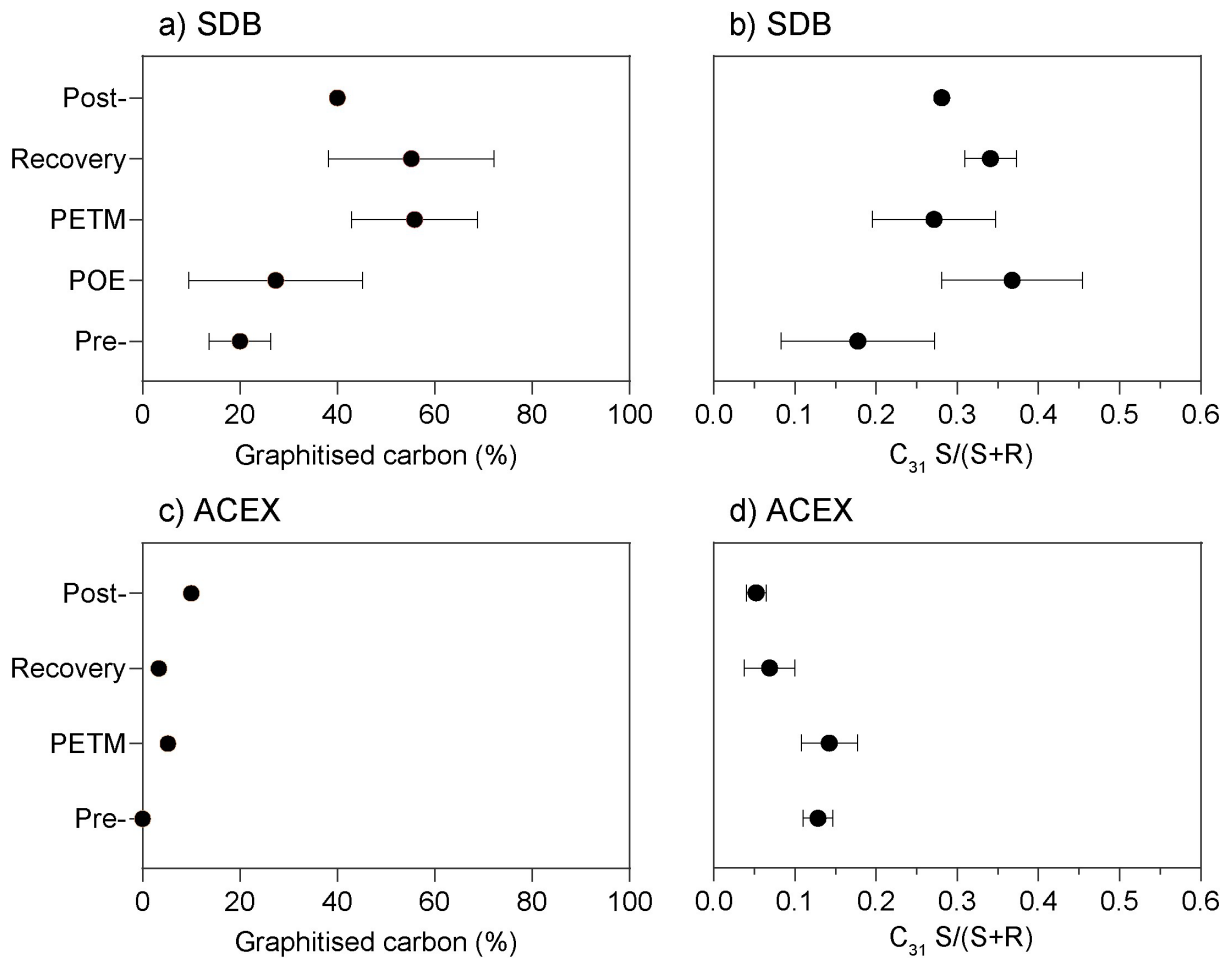
Time interval	Approx. sample depth (m)	Disordered carbon	Graphitised carbon
Post-PETM	186.6	5	5
Post-PETM	188	7	3
Recovery	190.99	6	3
Recovery	192.57	5	5
Recovery	193.3	5	5
Recovery	193.88	2	7
Recovery	195.07	5	5
Recovery	196.41	3	7
PETM	196.93	3	7
PETM	197.21	2 (4)	8 (6)
PETM	199.52	3	7
PETM	199.83	4	6
PETM	200.28	2	8
PETM	200.83	2	7
PETM	201.47	3	6
PETM	202.08	3	7
PETM	202.37	4 (9)	6 (1)
PETM	202.68	7	3
PETM	202.98	5	4
PETM	203.06	7 (7)	3 (2)
PETM	203.3	6	3
PETM	203.88	9	1
Pre-PETM	204.26	9	1
Pre-PETM	204.49	8	2
Pre-PETM	204.84	8	2
Pre-PETM	205.12	9 (9)	1 (1)
Pre-PETM	205.4	8	2
Pre-PETM	205.44	8	2
Pre-PETM	205.74	7	3
POE	206.04	8	2
POE	206.35	9	1
POE	206.41	5	4
POE	206.68	9	1
POE	207.04	5	5
POE	207.08	7	3
Pre-PETM	208.83	7	3

**Table S-2** Number of disordered carbon vs. graphitised carbon spectra from ACEX. The disordered and graphitised carbon were separated based on peak burial temperatures, which were calibrated using the R2 and RA2 peak area ratio (see Sparkes *et al.*, 2013). The time intervals are as follows: Pre-PETM, PETM (onset/body), Recovery, and Post-PETM, based on Hollingsworth *et al.* (2024) and references therein.

Time interval	Depth (mcd)	Freeze-dried	Oven-dried	Disordered carbon	Graphitised carbon
Post-PETM	378.14	Yes		9	1
Recovery	378.69		Yes	10	0
Recovery	380.73	Yes		10	0
Recovery	381.56	Yes		9	1
PETM	382.15		Yes	9	1
PETM	382.94		Yes	8	1
PETM	383.87		Yes	10	0
PETM	385.11		Yes	10	0
Pre-PETM	388.03		Yes	10	0
Pre-PETM	388.87	Yes		10	0
Pre-PETM	389.75		Yes	10	0
Pre-PETM	390.78	Yes		10	0



**Figure S-1** Location of the Arctic Coring Expedition (ACEX; 82.81°N, 66.91°E) and South Dover Bridge (SDB; 41.39°N, 59.48°W) during the PETM (palaeo-latitudes based on mantle reference frame; Hollis *et al.*, 2019). Top panel: representation of the palaeogeography of the Northern Hemisphere 56 Ma, adapted from Carmichael *et al.* (2017). Bottom panel: the mid-Atlantic Coastal Plain with the modern coastline and Fall Line (brown dashed line).



**Figure S-2** Mean percentages of graphitised carbon (this study) and mean values of the  $C_{31}$  homohopane  $22S/(22S+22R)$  ratio (Lyons *et al.*, 2019; Hollingsworth *et al.*, 2024), from (a-b) SDB and (c-d) ACEX. The time intervals are as follows: Pre-PETM, PETM (onset and body), Recovery, and Post-PETM (see Hollingsworth *et al.*, 2024 and references therein). At SDB, the POE in the Pre-PETM interval is isolated using the definition from Babila *et al.* (2022). The uncertainty is displayed as the 95 % confidence interval of the mean, with error bars not included when sample size is  $<4$ .

## Supplementary Information References

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