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I belong, I feel safe, I feel brave: ASPIRE to create inclusive cultures for Black and Black (mixed) heritage students



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project co-ordinator,
ASPIRE Ambassador

What are we going to cover?

- What is an inclusive (learning) culture?
- A case study: ASPIRE to create an inclusive culture for Black and Black (heritage) people
- Yolande's story
- Challenges of creating Brave space
- Community cultural wealth – a celebration
- Impact of Brave space (My chocolate Brunch)
- 3 Key take-aways

Inclusive Culture (Learning context)

“An inclusive learning community offers **safe spaces of learning** for all members of different backgrounds and cultures. All members (staff & students) are **cherished, valued and celebrated** for who they are i.e., their (expressed) authentic self. It is a community that offers **equality of opportunity** in recognising the different needs of the diverse members of its community. The rich cultural experiences and diverse identities of its members are embraced to form **collective community wealth**, that is valued by all. All members are supported and work together through their learning journeys in order to better prepared for an increasingly diverse and complex future work environment. Inclusivity is experienced in campus life, in the curriculum, in societies & communities of practice, fostering a **sense of belonging** for all members.” (Ugiagbe-Green, 2021)

Office for Students/Research England funded 4-year research project



Dr. Iwi Ugiagbe-Green

Reader (Learning & Teaching) | Researcher: Employability, Race & Education |...

2w •

I am delighted to announce that I will be collaborating with my lovely colleague at Sheffield Hallam [Dr Ifedapo Francis Awolowo PhD,PGD,MRes,MSc,BSc, FHEA, CPA, FAIA, CFE](#) to deliver a collaborative programme I designed as par ...see more



Improving minority ethnic groups' access to postgraduate research

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Universities to combat race bias in research

By Pallab Ghosh
Science correspondent

© 24 November





ASPIRE PROJECT TEAM



ASPIRE Programme lead:

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(Reader, Manchester Metropolitan
University)



ASPIRE Programme Co- Lead

Dr Francis Awolowo
(Senior Lecturer and MSc Programme
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Sheffield Hallam University



Evaluation lead: Dr Hannah Griffin-James
Quantitative and Qualitative Researcher |
Large Survey Specialist | Science
Education Expert | Psychology Teacher |
Data Analyst

ASPIRE Patrons

Alison Lowe
Deputy Mayor – West Yorkshire
(Policing & Crime)



Professor Charles Egbu
Vice Chancellor, Leeds Trinity
University

ASPIRE values – I feel safe

- Always respecting others
- Safe learning spaces
- Physical and psychological health and well-being
- Inclusive community – celebrating and valuing difference
- Reach your potential
- Everyone matters

Safety

Collective ownership in boundary setting

Periodic reminders and reference to our ASPIRE programme values

Embedded health and well-being support (talking therapies, yoga, mindfulness)

Personalised learning (NO mandatory ASSESSMENT) and coaching – micro credentials for completion of learning activities



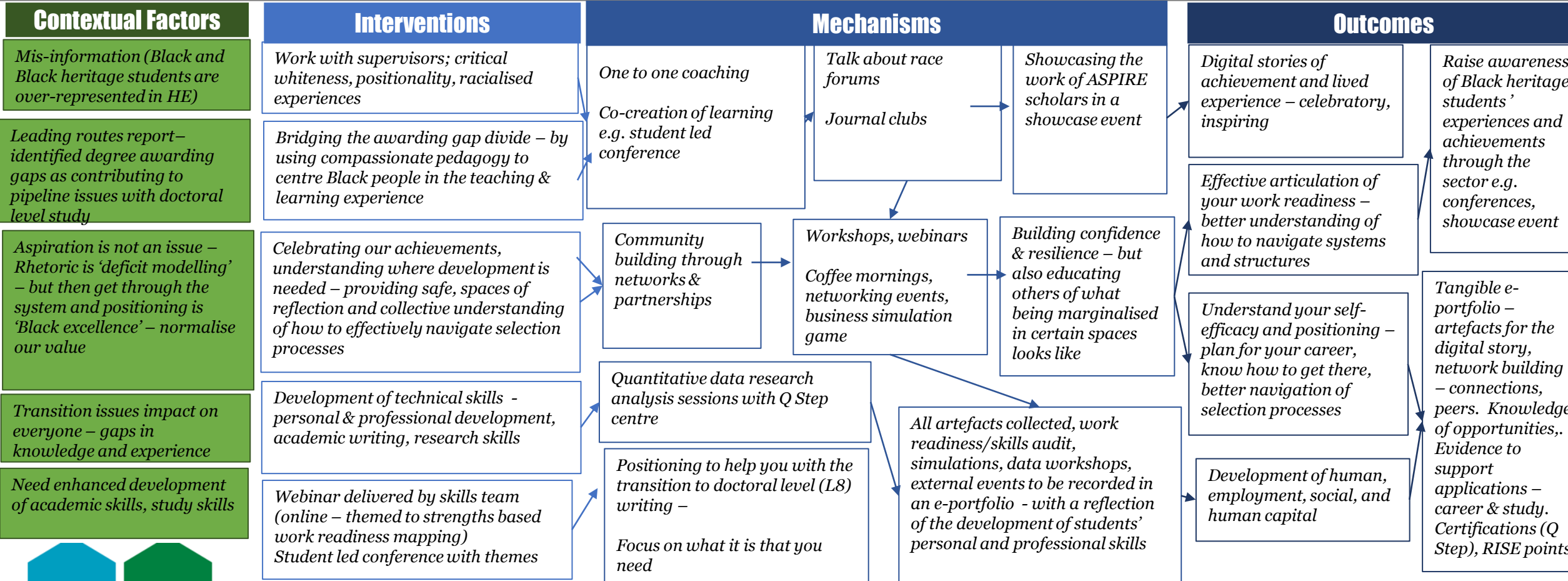
WELCOME TO ASPIRE

ASPIRE is a 6-month programme run in partnership between Sheffield Hallam University and Manchester Metropolitan University, that will develop your personal and professional development, work-readiness, employability skills, academic writing, and quantitative and qualitative research skills. Over the course of the 6 months, you will take part in a wide range of exciting & interesting online webinars, workshops, student-led study skills conference and on campus activities. You will undertake a paid 30 hour internship provided by an employer, to develop your work-readiness and employability. You will then apply all your learning and skills developed during the ASPIRE programme to a 6-week research project/live client brief at the end of the programme, during which you will be supported by two ASPIRE project supervisors.

This is an opportunity like no other.

Do not waste the opportunity and this programme will change the course of your life.

ASPIRE is much more than a programme of 'Research Excellence' – although this is an important and integral part of the programme. ASPIRE seeks to develop life wide skills – academic, personal & professional skills – so that you can achieve your personal best. It is a programme that seeks to provide scholars from all walks of life (students, graduates, alumni, employed, unemployed, switching careers etc) opportunities that are usually difficult to access – these opportunities are designed for you – with your career goals and life wide aspirations in mind – we are a COMMUNITY



E-portfolio – artefacts (evidence of your work), reflections (research), validation – certifications

- **Human** (External validation of technical competence – e.g. Q Step accreditation, RISE points (MMU))
- **Social** (contacts, networks, mentors, role models –Alumni, Employers, Business contacts, Professional bodies, academics)
- **Employment** (ASPIRE 30 (internships), live client briefs, simulations)
- **Cultural** (Networking events, Journal club, cookery club, talk about race forums)
- **Economic** (demystify opportunities – loans, scholarships, bursaries –Student Finance England)
- **Identity** (articulation of values, skills, interests, purpose, strengths)





ASPIRE Community building – I belong



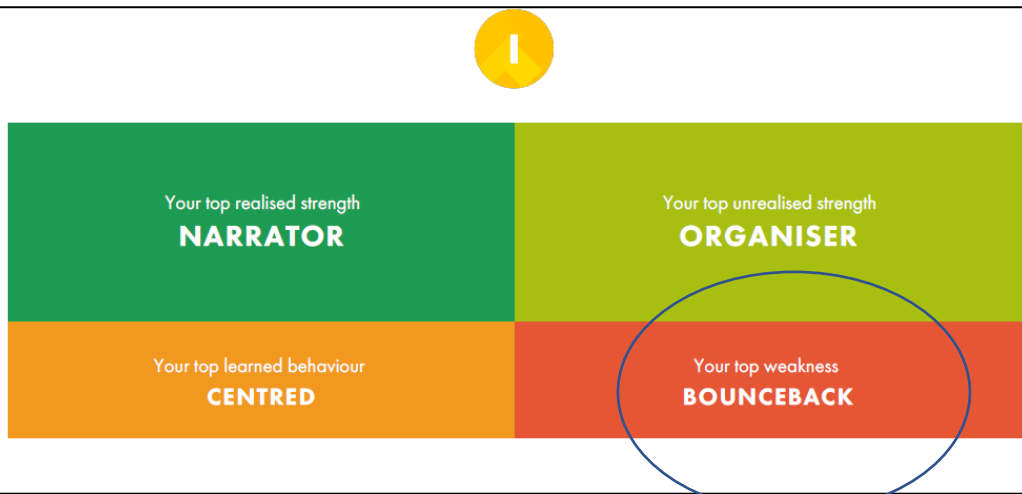
Social, identity and cultural capital

- Yosso (2005) Community cultural wealth
- Strengths, capabilities, values – diversity framed as a positive and value adding
- Racial inclusion and centralised part of identity and community building
- Development of networks, personalised support, coaching

Activities with scholars (& employers)

- Centre (racial) identity of scholars
- Talk about race forums
- Chat Black podcasts
- Relatable role models – mentors, coaches, academics, workshop facilitators
- Inclusive employment workshops – acknowledgement of systemic racism – bounce-forward
- Life coaching, talking therapies, health & well-being

Ugiagbe-Green & Southall (2019)



Yolande's story



Brave space in creating inclusive cultures

Arao and Clemens (2006), “own your intentions and your impact”

- What are your intentions?
- Differing levels of ‘psychological safety’
- Be comfortable in having uncomfortable conversations
- Make yourself vulnerable (acknowledge positionality in relation to minoritisation)
- Adopt a growth mindset – unlearn behaviours, learn new ones
- Racially minoritised are experts of their own experience
- Surface your bias and be prepared to challenge yours & others values/beliefs
- Normalise conditions of controlled conflict
- Feedback to feedforward – determine your impact

Academic supervisors

- **Ubuntu workshop** (I am because we are)
- **Anti-racist training** (vulnerable, growth mindset, challenge bias)
- **Life-coaching**
- Pre & post surveys on **positionality/critical whiteness** – underpinned by Anne Lee (relationship development) and Robert Gatfield's (supervisory management style) – **racial inclusion**
- **Creating BRAVE conditions was hard** – needs constant reinforcement, forums & spaces to share informal experiences, creative connections with the scholars (e.g. cookery club)



“Black experience is not a monolith”

- Black heritage / mixed heritage
- Cultural competence – Black British experience is very different from Black international experience
- Intersectionality, colourism
- Diaspora (displacement, trauma, inter-generational wealth)
- Capitalism is racialised e.g. diaspora, socio-economic class
- Frame diversity as value adding – not something that gets in the way
- Authentically value and celebrate diversity – recognise difference

ASPIRE Digital Story – Celebration of Community cultural wealth

(stop at 4min.24 – video is 7mins 11)



Brave spaces

- Be values/purpose led and intentional
- Safety is paramount – boundary setting by consensus
- Empower your Black staff – they are experts of their own experience
- Consider representation, role models, mentors
- Share lived and learned experience and perspectives
- Centre identity –frame diversity as a positive contribution to the community
- Create opportunities for talking about race, exchanging views, perspectives
- Creative connections – food is community
- Create well-being spaces for all

IMPACT

(We are looking for internship opportunities for ASPIRE30 -
please contact me!)



My Chocolate Brunch



Social capital is King, and connection is his Queen; Networking is a rhythm, a dance, a step here, a step there, I come alive, shared stories and shared pains, shared dreams, and shared gains.

In this space, our culture is currency, vernacular is hailed, gestures are respected, Swahili, Igbo and Shona flow with ease ; afrobeat is a ring tone, and we serve plantain as a snack... no wait! Or is it, plantin!

Sisterhood and laughter embrace me like a warm hug on a cold night; I look around and see smiles, gaps between teeth, braids and weaves ,wigs and heels. Ideas intellectually spoken, purely and verbally. Our accents are our assets, our qualifications are our crowns, our businesses are our hustle.

Diversity not just is in our shapes but in our thoughts. Our souls have no colour, we yearn wistfully for a better future, a colourless race, where our hues are like a rainbow, a place where we stand proud, our existence and our purposes are divine.

These are my people, they share my Black future, we are our offspring's foundation. We are the shoulders they will stand on; our dreams are their future. These are my Chocolate ladies, welcome to my safe space.

3 key take-aways in using brave space to create inclusive culture

- Be authentic, vulnerable and intentional in your creation of safe space
- Accept that mistakes will be made, there will be discomfort and conflict
- Ubuntu - Centre racial inclusion and celebrate it for all!
- (Oh and PLEASE provide an internship for our fantastic ASPIRE programme!!!)



Thank You!

