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Alruhaimi, Reem S, Hussein, Omnia E, Alnasser, Sulaiman M, Elbagory, Ibrahim, Alzoghaibi, Mohammed A, Kamel, Emadeldin M, El Mohtadi, Mohamed and Mahmoud, Ayman M  (2024) Haloxylon salicornicum Phytochemicals Suppress NFkB, iNOS and Proinflammatory Cytokines in LipopolysaccharideInduced Macrophages. Chemistry and Biodiversity. e202401623 ISSN 1612-1872

**DOI:** <https://doi.org/10.1002/cbdv.202401623>

**Publisher:** Wiley

**Version:** Accepted Version

**Downloaded from:** <https://e-space.mmu.ac.uk/636124/>

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**Additional Information:** This is an accepted manuscript of an article which appeared in final form in Chemistry and Biodiversity, published by Wiley

**Data Access Statement:** The manuscript contains all data supporting the reported results.

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1 **Title:**

2 ***Haloxylon salicornicum* Phytochemicals Suppress NF- $\kappa$ B, iNOS and Pro-inflammatory**  
3 **Cytokines in Lipopolysaccharide-Induced Macrophages**

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31 **Abstract:**

32 *Haloxylon salicornicum* is traditionally used for the treatment of several disorders associated  
33 with inflammation. Despite it is a defense response against tissue injury and infections,  
34 inflammation can become a chronic condition that can negatively impact the body. This study  
35 investigated the effect of *H. salicornicum* phytochemicals nuclear factor-kappaB (NF-κB),  
36 inducible nitric oxide synthase (iNOS) and cytokines release by lipopolysaccharide (LPS)-  
37 challenged macrophages *in vitro*. The binding affinity of the tested phytochemical towards NF-  
38 κB and iNOS was investigated using molecular docking. Ten compounds (four coumarins,  
39 three sterols and three flavonoids) were isolated from the ethanolic extract of *H. salicornicum*.  
40 Treatment of LPS-challenged macrophages with the compounds resulted in remarkable  
41 decrease in NF-κB p65 and iNOS mRNA abundance. All compounds suppressed the  
42 production of nitric oxide (NO) and the pro-inflammatory cytokines (tumor necrosis factor  
43 (TNF)-α and interleukin (IL)-6) from macrophages challenged with LPS. Molecular docking  
44 revealed the ability of the isolated phytochemicals to bind NF-κB p65 and iNOS. In conclusion,  
45 *H. salicornicum* is a rich source of phytochemicals with anti-inflammatory properties. The anti-  
46 inflammatory efficacy of *H. salicornicum* phytoconstituents is mediated via their ability to  
47 modulate NF-κB and iNOS, and suppress the release of NO, TNF-α, and IL-6 from  
48 macrophages.

49 **Keywords:** *Haloxylon*; Inflammation; Cytokines; Macrophages.

50 **1. Introduction**

51 Inflammation is a complex stereotypical response of the body to damage caused by different  
52 factors. Infections, exposure to toxic chemicals, ischemic injury are among the causes of tissue  
53 damage and inflammation [1]. The inflammatory response as a defense mechanism is controlled  
54 by several mediators produced by different cells. These mediators include cytokines,  
55 leukotrienes, prostaglandins, vasoactive molecules, complement components and others. The

56 inflammatory response triggers changes and immune response for tissue repair and enhancing  
57 cell proliferation at the injury site <sup>[1]</sup>. Inflammation can become a chronic condition in the case  
58 of persistent cause or failure of the control mechanisms. This chronic condition can promote  
59 cell proliferation and mutations and may finally result in cancer <sup>[2]</sup>. In addition, chronic low-  
60 grade inflammation, known as inflammaging, has recently been acknowledged as a key  
61 contributor to several disorders associated with aging <sup>[3]</sup>. Inflammaging is a mild inflammation  
62 that has been reported in aging tissues, including cardiovascular, nervous and other tissues <sup>[3]</sup>.  
63 Different cells are involved in the inflammatory and immune responses to tissue injury.  
64 Macrophages represent a key player in inflammation and body adaptive immunity. Given their  
65 wide tissue distribution, macrophages confer immediate response and defense against invading  
66 organisms and foreign elements prior to the migration of leukocytes <sup>[4]</sup>. Macrophages display  
67 a range of immune responses, including innate immunity against pathogens such as bacteria  
68 and adaptive immunity through the release of interleukins (ILs) and antigen presentation <sup>[4]</sup>.  
69 However, abnormal immune responses, including inflammation are implicated in numerous  
70 chronic disorders, including diabetes, atherosclerosis, and heart, liver and kidney diseases <sup>[5]</sup>.  
71 The immunomodulatory function of macrophages is mediated via the secretion of cytokines,  
72 leukocyte recruitment and phagocytosis. During inflammatory responses, macrophages secrete  
73 the pro-inflammatory cytokines IL-6 and tumor necrosis factor (TNF)- $\alpha$ , and nitric oxide (NO)  
74 generated by inducible NO synthase (iNOS) <sup>[1]</sup>. Lipopolysaccharide (LPS) triggers the  
75 expression of iNOS and inflammation induced by LPS is a central defense mechanism against  
76 bacterial infection <sup>[6]</sup>. Activation of nuclear factor- $\kappa$ B (NF- $\kappa$ B) is essential for the release of  
77 inflammatory mediators and upregulation of iNOS <sup>[1]</sup>. NF- $\kappa$ B regulates the expression of IL-6,  
78 TNF- $\alpha$ , iNOS, and other mediators involved in inflammation <sup>[1]</sup>. NF- $\kappa$ B could be activated by  
79 several factors, including infections, tissue injury and reactive oxygen species (ROS), resulting  
80 in the release of different mediators. However, the prolonged and excessive production of pro-

81 inflammatory mediators in dysregulated inflammation provokes damage both local and  
82 systemic [6]. Therefore, NF-κB and its regulated cytokines and iNOS represent key targets for  
83 the development of drugs targeting dysregulated inflammation as well as disorders associated  
84 with excessive ROS.

85 Plants and their derived phytochemicals have demonstrated efficacies against dysregulated  
86 inflammation in different disorders [7]. In this context, we have previously elucidated the  
87 beneficial effects of *Haloxylon salicornicum* against inflammation induced by cisplatin (CIS)  
88 in rat liver and kidney [8]. This plant is a desert shrub that belongs to the family *Chenopodiaceae*  
89 and grows in Egypt and other countries [9]. The use of this species in folk medicine has been  
90 acknowledged as it has been used for the treatment of sepsis, tuberculosis, diabetes mellitus  
91 and other disorders associated with inflammation [10]. In an *in vitro* study, Bibi et al [10b]  
92 demonstrated the inhibitory efficacies of *H. salicornicum* fractions on the growth of  
93 *Mycobacterium tuberculosis* H37Rv. In addition, the antibacterial activity of its alcoholic  
94 extract against different strains has been recently reported [11]. The hepatoprotective efficacy of  
95 the ethanolic extract of *H. salicornicum* was reported in rats challenged with carbon  
96 tetrachloride [12]. However, these studies didn't investigate its effects on inflammation. The  
97 effects of the methanolic and ethanolic extracts of *H. salicornicum* against inflammation  
98 associated with kidney and liver injury, respectively, induced by CIS were recently reported in  
99 our studies [8]. The effect of *H. salicornicum* on LPS-induced inflammatory response has not  
100 been studied. This study investigated the effect of ten phytochemicals isolated previously [8a]  
101 from the ethanolic extract of *H. salicornicum* on NF-κB, iNOS, and cytokine release by LPS-  
102 challenged macrophages.

## 103 **2. Materials and methods**

### 104 **2.1. Plant collection and isolation of phytochemicals**

105 *H. salicornicum* was collected from Beni-Suef governorate (latitude - longitude: 29.370824 -  
106 31.094077, Egypt) in June 2019. The plant was identified by taxonomists at the Botany and  
107 Microbiology Department, Beni-Suef University (Egypt) and a voucher specimen (No.: BSU-  
108 CH2019-089) was archived in the Herbarium of the Faculty of Science (Registration code:  
109 BSU- HERB19089).

110 Ten compounds were isolated from the aerial parts of *H. salicornicum* as reported in our  
111 previous study<sup>[8a]</sup>. Briefly, the aerial parts of *H. salicornicum* (3 kg) were dried, powdered, and  
112 extracted using ethanol by cold maceration. The resultant extract was concentrated under  
113 reduced pressure, yielding a residue of 218 g. This residue was dissolved in warm water and  
114 sequentially partitioned with petroleum ether, ethyl acetate, chloroform, and *n*-butanol. Each  
115 organic layer was evaporated to produce corresponding extracts. The petroleum ether, ethyl  
116 acetate, and *n*-butanol extracts underwent sequential chromatographic fractionation using  
117 different stationary phases and eluents to afford the purified compounds (**1-10**)<sup>[8a]</sup>. The isolated  
118 compounds (**1-10**) were identified as isoscopoletin (**1**), aesculetin (**2**), altechromone A (**3**),  
119 fucosterol (**4**),  $\beta$ -sitosterol (**5**),  $\beta$ -sitosterol-3-*O*- $\beta$ -D-glucoside (**6**), scopolin (**7**), 5,7,2'-  
120 trihydroxyflavone (**8**), 5,7,2'-trihydroxy-6-methoxyflavone (**9**), and 5-hydroxy-6,7,3',4'-  
121 tetramethoxyflavone (**10**) (Fig. 1)<sup>[8a]</sup>.

## 122 **2.2. Cells and treatments**

123 RAW 264.7 murine macrophages (VACSERA, Egypt) were grown in DMEM supplemented  
124 with 10% fetal bovine serum (FBS) and 1% antibiotics (Gibco/BRL) at 37°C and under 5%  
125 CO<sub>2</sub>. The cells were seeded in a 96-well plate ( $1 \times 10^5$  cells/mL) in DMEM and allowed to  
126 adhere for 5 hours. The cells were treated with 5 and 10  $\mu$ g/ml of compounds 1-10 for 1 h and  
127 then challenged with 1  $\mu$ g/ml LPS from *Escherichia coli* (Sigma, USA) for 24 h. The medium  
128 and cells were collected for analysis.

## 129 **2.3. qRT-PCR**

130 The harvested cells were washed in cold PBS and Trizol reagent (ThermoFisher Scientific,  
131 USA) was used for the isolation of RNA. Following its quantification, RNA with OD<sub>260/280</sub>  
132  $\geq 1.8$  were used for the synthesis of cDNA. Amplification of cDNA was achieved using SYBR  
133 Green Master Mix (ThermoFisher Scientific, USA) and the following primers: NF- $\kappa$ B p65  
134 F:5'CTATGTGTGCAGACGAAGCC3' and R:5' AGACCGAGGACTAGGCAGAC3'  
135 (NM\_001402548.1; amplicon size: 91 bp); iNOS F:5'GCCCAGCCAGCCCAAC3' and  
136 R:5'GCAGCTTGTCCAGGGATTCT3' (NM\_001313922.1; amplicon size: 108 bp), and  $\beta$ -  
137 actin F:5'GTGCTATGTTGCTCTAGACTTCG3' and R:5'ATGCCACAGGATTCCATACC3'  
138 (NM\_007393.5; amplicon size: 174 bp). The obtained data were analyzed using the  $2^{-\Delta\Delta C_t}$   
139 method [13].

#### 140 **2.4. Determination of NO, TNF- $\alpha$ and IL-6**

141 NO production was determined in the culture medium as nitrite using Griess reagent [14]. In a  
142 96-well plate, 100  $\mu$ l of the medium was mixed with equal volume of Griess reagent and kept  
143 at room temperature for 10 min. The absorbance was measured at 540 nm and nitrite content  
144 was determined using a standard curve. TNF- $\alpha$  and IL-6 were assayed using ELISA kits  
145 (ELabscience, China).

#### 146 **2.5. Molecular docking**

147 The affinity of *H. salicornicum* phytochemicals towards NF- $\kappa$ B RelA (PDB: 5u01), and iNOS  
148 (PDB: 3EAI) was investigated using PyRx virtual screening software (version 0.8) [15].  
149 Autodock Tools (ADT; v1.5.6) was employed for target protein preparation which included the  
150 removal of water molecules, addition of polar hydrogens, and assignment of Gasteiger charges.  
151 Ligands were prepared by optimizing their geometry and assigning appropriate torsional  
152 degrees of freedom. PyMOL (v2.3.2) and LigPlot (v2.2.8) [16] were used for visualization of  
153 binding mode and protein-ligand interactions, respectively.

#### 154 **2.6. Statistical analysis**

155 The data are represented as mean  $\pm$  standard deviation (SD). Analysis of the statistical  
156 differences was carried out using one-way ANOVA followed by Tukey's test on GraphPad 8.  
157 A P value  $<0.05$  was considered significant.

### 158 **3. Results**

#### 159 **3.1. *H. salicornicum* phytochemicals downregulate NF- $\kappa$ B p65 in LPS-challenged** 160 **macrophages**

161 Treatment of macrophages with 1  $\mu$ g/ml LPS resulted in significant ( $P<0.001$ ) upregulation of  
162 NF- $\kappa$ B mRNA (fold change  $3.79 \pm 0.71$ ) (Fig. 2A). Treatment of the LPS-induced macrophages  
163 with two different concentrations of compound **1** remarkably suppressed NF- $\kappa$ B mRNA (fold  
164 change  $2.17 \pm 0.19$  and  $1.73 \pm 0.17$  for 5 and 10  $\mu$ g/ml, respectively) (Fig. 2B). Compounds **2**,  
165 **3**, and **4** downregulated NF- $\kappa$ B mRNA significantly at 5 and 10  $\mu$ g/ml ( $P<0.001$ ,  $P<0.01$  and  
166  $P<0.001$ , and fold changes at 5  $\mu$ g/ml;  $1.66 \pm 0.37$ ,  $2.08 \pm 0.26$  and  $1.76 \pm 0.14$ , and at 10  
167  $\mu$ g/ml;  $1.51 \pm 0.13$ ,  $1.85 \pm 0.16$ , and  $1.18 \pm 0.16$ , respectively) (Fig. 2C-E). NF- $\kappa$ B mRNA was  
168 decreased following treatment of the LPS-induced cells with 5  $\mu$ g/ml ( $1.69 \pm 0.15$ ,  $1.62 \pm 0.22$ ,  
169 and  $1.82 \pm 0.23$ ) and 10  $\mu$ g/ml ( $1.23 \pm 0.13$ ,  $1.25 \pm 0.11$ , and  $1.26 \pm 0.17$ ) of compounds **5**, **6**,  
170 and **7**, respectively (Fig. 2F-H). Compounds **8**, **9**, and **10** exerted significant effect on NF- $\kappa$ B  
171 mRNA at both 5  $\mu$ g/ml ( $2.02 \pm 0.19$ ,  $2.05 \pm 0.28$ , and  $2.13 \pm 0.20$ ) and 10  $\mu$ g/ml ( $1.44 \pm 0.23$ ,  
172  $1.75 \pm 0.20$ , and  $1.99 \pm 0.17$ ) (Fig. 2I-K). All compounds showed a trend decrease in NF- $\kappa$ B  
173 mRNA abundance; however, the dose-dependent effect was non-significant. NF- $\kappa$ B mRNA  
174 abundance at the 5  $\mu$ g/ml concentration of compounds **1**, **3**, **8**, **9**, and **10** was significantly higher  
175 than the control ( $P<0.05$ ).

#### 176 **3.2. *H. salicornicum* phytochemicals downregulate iNOS and nitrite in LPS-challenged** 177 **macrophages**

178 Macrophages challenged with LPS showed upregulated iNOS mRNA (fold change:  $4.43 \pm$   
179  $1.01$ ) significantly as compared to the control cells ( $P<0.001$ ; Fig. 3A). Treatment of the cells



180 with 5  $\mu\text{g/ml}$  of compounds **1-10** remarkably decreased iNOS mRNA (fold change:  $2.26 \pm$   
181  $0.37$ ,  $1.96 \pm 0.22$ ,  $2.59 \pm 0.47$ ,  $1.90 \pm 0.23$ ,  $2.03 \pm 0.29$ ,  $2.55 \pm 0.34$ ,  $2.01 \pm 0.11$ ,  $2.14 \pm 0.67$ ,  
182  $2.59 \pm 0.50$ , and  $2.085 \pm 0.54$ , respectively) (Fig. 3B-K). The effect of compounds **3**, **6**, **9**, and  
183 **10** on iNOS was significant ( $P < 0.05$ ) as compared to the control cells. The higher concentration  
184 of compounds **1-10** resulted in more potent suppression effect on iNOS mRNA abundance (fold  
185 change:  $1.51 \pm 0.23$ ,  $1.22 \pm 0.15$ ,  $1.94 \pm 0.18$ ,  $1.25 \pm 0.10$ ,  $1.30 \pm 0.19$ ,  $1.47 \pm 0.25$ ,  $1.21 \pm$   
186  $0.17$ ,  $1.99 \pm 0.24$ ,  $1.87 \pm 0.26$ , and  $1.85 \pm 0.19$ , respectively) (Fig. 3B-K).

187 NO levels produced by LPS challenged cells ( $40.62 \pm 7.59 \mu\text{M}$ ) was significantly ( $P < 0.001$ )  
188 higher than the control cells ( $4.47 \pm 0.81 \mu\text{M}$ ) as shown in Figure 4A. Treatment with 5  $\mu\text{g/ml}$   
189 of compounds 1-10 significantly reduced NO release by LPS-challenged cells ( $27.07 \pm 4.53$ ,  
190  $19.32 \pm 2.98$ ,  $24.07 \pm 2.28$ ,  $19.34 \pm 2.31$ ,  $21.05 \pm 3.61$ ,  $26.47 \pm 4.60$ ,  $15.02 \pm 2.65$ ,  $15.63 \pm$   
191  $2.37$ ,  $21.48 \pm 1.98$ , and  $25.03 \pm 2.47 \mu\text{M}$ , respectively) (Fig. 4B-K). The 10  $\mu\text{g/ml}$  of  
192 compounds **4**, **5**, and **6** showed a concentration dependent effect on NO levels ( $8.39 \pm 1.70$ ,  
193  $7.96 \pm 1.05$ , and  $13.83 \pm 2.15 \mu\text{M}$ , respectively) (Fig. 4E-G). At the same concentration,  
194 compounds **1**, **2**, **3**, **7**, **8**, **9**, and **10** ameliorated NO significantly ( $P < 0.001$ ) and the observed  
195 levels were  $16.31 \pm 2.06$ ,  $11.69 \pm 2.57$ ,  $14.22 \pm 1.68$ ,  $11.07 \pm 2.89$ ,  $9.23 \pm 0.84$ ,  $16.27 \pm 3.02$ ,  
196 and  $16.77 \pm 1.20 \mu\text{M}$ , respectively (Fig. 4E-G).

### 197 **3.3. *H. salicornicum* phytochemicals attenuate TNF- $\alpha$ and IL-6 release from LPS-** 198 **challenged macrophages**

199 LPS-challenged cells released significantly higher levels of TNF- $\alpha$  ( $246.71 \pm 40.42 \text{ pg/ml}$ ) as  
200 compared to the non-challenged cells ( $35.67 \pm 4.51 \text{ pg/ml}$ ) ( $P < 0.001$ , Fig. 5A). Compounds **1**,  
201 **2**, and **3** remarkably reduced TNF- $\alpha$  release when supplemented at 5  $\mu\text{g/ml}$  ( $136.02 \pm 19.98$ ,  
202  $119.31 \pm 18.04$ ,  $141.10 \pm 20.55 \text{ pg/ml}$ , respectively) and 10  $\mu\text{g/ml}$  ( $84.27 \pm 11.93$ ,  $76.42 \pm 8.08$ ,  
203 and  $96.39 \pm 9.16 \text{ pg/ml}$ , respectively) (Fig. 5B-D). Likewise, compounds **4-10** reduced TNF- $\alpha$   
204 release from LPS-challenged cells significantly at both 5  $\mu\text{g/ml}$  ( $106.27 \pm 16.17$ ,  $111.09 \pm$

205 17.38,  $118.44 \pm 14.84$ ,  $87.59 \pm 10.02$ ,  $109.65 \pm 17.01$ ,  $134.81 \pm 25.74$ , and  $129.70 \pm 27.11$   
206 pg/ml, respectively) and 10  $\mu\text{g/ml}$  ( $83.19 \pm 16.29$ ,  $81.06 \pm 14.81$ ,  $79.67 \pm 11.93$ ,  $55.34 \pm 8.50$ ,  
207  $78.40 \pm 12.14$ ,  $100.32 \pm 10.98$ , and  $97.96 \pm 15.04$  pg/ml, respectively) concentrations as shown  
208 in Figure 5E-K. All compounds showed a trend decrease in TNF- $\alpha$  with increased  
209 concentration, and the effect of the 5  $\mu\text{g/ml}$  was significant when compared to control cells  
210 except for compound 7.

211 Similar to TNF- $\alpha$ , IL-6 release from LPS-challenged cells ( $55.04 \pm 7.93$  pg/ml) was  
212 significantly higher than the control cells ( $10.50 \pm 1.81$  pg/ml) as shown in Figure 6A  
213 ( $P < 0.001$ ). Compounds **1-10** significantly reduced IL-6 levels when supplemented at 5  $\mu\text{g/ml}$   
214 with reported levels of  $23.52 \pm 3.02$ ,  $19.47 \pm 1.55$ ,  $30.61 \pm 5.44$ ,  $19.03 \pm 1.27$ ,  $19.97 \pm 1.86$ ,  
215  $18.83 \pm 2.52$ ,  $21.23 \pm 2.57$ ,  $18.73 \pm 2.45$ ,  $30.03 \pm 5.08$ , and  $24.43 \pm 2.87$  pg/ml, respectively  
216 (Fig. 5B-K). Despite non-significant as compared to the lower concentration, 10  $\mu\text{g/ml}$  of  
217 compounds **1-10** remarkably ( $P < 0.001$ ) reduced IL-6 release ( $20.07 \pm 3.28$ ,  $13.63 \pm 1.79$ ,  $23.59$   
218  $\pm 3.68$ ,  $13.41 \pm 1.92$ ,  $14.17 \pm 1.53$ ,  $14.54 \pm 2.40$ ,  $17.98 \pm 1.94$ ,  $13.60 \pm 1.81$ ,  $22.17 \pm 1.63$ , and  
219  $21.13 \pm 1.75$  pg/ml, respectively) as depicted in Figure 5B-K.

#### 220 **3.4. *H. salicornicum* phytochemicals exhibit binding affinity toward NF- $\kappa$ B and iNOS**

221 Molecular docking simulation data represented in Figures 7-10 and Table 1 show the binding  
222 affinity of compounds **1-10** with NF- $\kappa$ B RelA. Compounds **1**, **2**, and **3** (Fig. 7) exhibited lowest  
223 binding energies -5.9, -6.0 and -5.9 kcal/mol, respectively, and showed common amino acid  
224 residues (Thr60, His58, Thr57, Arg50, Pro275, and Glu25) in their binding patterns.  
225 Compounds **4**, **5**, and **6** exhibited the lowest binding energies (-7.9, -7.6, and -8.2 kcal/mol,  
226 respectively) and all formed a polar bond with Asn186 and hydrophobic interactions with  
227 Arg187, Val248, Arg246, and Lys218 (Fig. 8-9). Compound **7** showed -7.1 kcal/mol binding  
228 energy, and hydrophobic interactions and polar bonding with 8 and 4 amino acid residues,

229 respectively (Fig. 9). Compounds **8**, **9**, and **10** showed -7.3, -7.1, and -6.8 kcal/mol binding  
230 energy and 2 polar binding and 9, 7, and 7 hydrophobic interactions, respectively (Fig. 10).  
231 Compounds **1**, **2**, and **3** exhibited -7.5, -7.2 and -8.0 kcal/mol binding energy with iNOS and  
232 all bond to the amino acid residues Tyr483, Cys194, Trp188, Leu203, and Phe363 as shown in  
233 Figure 11 and Table 2. Similar to their binding with NF- $\kappa$ B RelA, compounds **4**, **5**, and **6**  
234 showed the lowest binding energies (-10.7, -10.3, and -10.1 kcal/mol, respectively) and bound  
235 to several amino acids as shown in Figures 12 and 13 and Table 2. Compound **7** exhibited -9.1  
236 kcal/mol binding energy and polar binding and hydrophobic interactions with 2 and 8 amino  
237 acid residues, respectively (Fig. 13). Compound **8**, **9**, and **10** (Fig. 14) exhibited hydrophobic  
238 interactions only, each with 10 residues and showed binding energies of -9.9, -9.9 and -8.8,  
239 respectively. The lowest binding energies of all compounds with NF- $\kappa$ B and iNOS are  
240 represented in Figures 15A and 15B, respectively.

#### 241 **4. Discussion**

242 *H. salicornicum* has been traditionally used in the treatment of disorders associated with  
243 inflammation such as sepsis, diabetes and tuberculosis [10]. The antibacterial efficacy of its  
244 ethanolic extract was reported [10b] and our recent work revealed the suppressing effects of its  
245 methanolic and ethanolic extracts on CIS-induced liver and kidney inflammation and toxicity  
246 [8]. In this study, the effects of ten phytochemicals isolated from the ethanolic extract of *H.*  
247 *salicornicum* on NF- $\kappa$ B and iNOS expression, and the release of NO and pro-inflammatory  
248 cytokines by LPS-induced macrophages were investigated. In addition, the binding affinity of  
249 the isolated phytochemicals with NF- $\kappa$ B and iNOS was explored using molecular docking.  
250 The data revealed the inhibitory efficacy of the isolated compounds on NO, TNF- $\alpha$ , and IL-6  
251 by LPS-challenged macrophages. These effects were associated with decreased NF- $\kappa$ B and  
252 iNOS mRNA abundance. Inhibition of NF- $\kappa$ B represents an effective strategy for the  
253 attenuation of dysregulated inflammation and its consequent disorders. NF- $\kappa$ B is a transcription

254 factor that is activated in response to excess ROS, bacterial infection and tissue injury. It  
255 regulates the expression of numerous mediators involved in inflammatory response as well as  
256 other cellular processes <sup>[1]</sup>. The ability of NF- $\kappa$ B to alter the biology of cells is attributed to the  
257 numerous genes it controls <sup>[1]</sup>. In resting cells, NF- $\kappa$ B is localized in the cytoplasm bound to  
258 I $\kappa$ B and the first step in its activation is the post-translational modification of I $\kappa$ Bs <sup>[17]</sup>.  
259 Following activation, NF- $\kappa$ B induces the expression of several genes encoding inflammatory  
260 mediators and it also plays central roles in the survival and differentiation of innate and  
261 inflammatory immune cells <sup>[18]</sup>. Hence, dysregulation of NF- $\kappa$ B activation promotes  
262 inflammatory disorders <sup>[18]</sup> and its modulation is of valuable therapeutic benefit. In response to  
263 various stimuli, including bacterial infection, I $\kappa$ B is ubiquitinated and degraded by proteasome  
264 and NF- $\kappa$ B subunit dimers translocate into the nucleus to bind DNA and promote gene  
265 expression <sup>[19]</sup>. Macrophages express pattern recognition receptors (PRRs) that detect several  
266 microbial components such as LPS and activate NF- $\kappa$ B, resulting in the release of  
267 inflammatory mediators <sup>[17]</sup>.

268 Among the subunits, RelA (p65) has a central role in mediating the transcription of target genes  
269 via direct contribution to DNA binding <sup>[18]</sup>. The tested phytochemicals in this study suppressed  
270 the expression of NF- $\kappa$ B p65 and exhibited binding affinity with RelA dimer, demonstrating  
271 their NF- $\kappa$ B inhibitory activities. All compounds showed a concentration-dependent trend in  
272 downregulating NF- $\kappa$ B p65 mRNA in LPS-challenged macrophages. The *in silico* findings  
273 showed that compounds **4**, **5**, and **6** exhibited the lowest binding energy. These findings added  
274 support to a recent study showed the ability of compound **1** (isoscopoletin) to suppress NF- $\kappa$ B  
275 p65 in TNF- $\alpha$ /IFN- $\gamma$ -treated HaCaT cells *in vitro* <sup>[20]</sup>. Compound **2** (aesculetin) exhibited anti-  
276 inflammatory activities mediated via suppression of NF- $\kappa$ B both *in vitro* and in an *in vivo* model  
277 of colitis <sup>[21]</sup>. Other studies demonstrated the inhibitory effect of aesculetin on NF- $\kappa$ B in acute  
278 lung injury <sup>[22]</sup> and neuroinflammation <sup>[23]</sup> induced by LPS. Our study introduced new

279 information that compound **3** (altechromone A) exhibits anti-inflammatory activity mediated  
280 via downregulation of NF- $\kappa$ B p65 in LPS-challenged macrophages. *In silico*, compounds **1**, **2**,  
281 and **3** showed similar binding energies (-5.9, -6.0 and -5.9, respectively) and all bound to Thr60,  
282 His58, Thr57, Pro275, and Glu25 amino acid residues of RelA. The suppressive effect of  
283 compound **4** (fucosterol) was supported by previous studies showing its potent anti-  
284 inflammatory efficacy. For instance, in a mouse model of acute liver injury (ALI), fucosterol  
285 suppressed NF- $\kappa$ B p65 immunostaining <sup>[24]</sup>. It downregulated NF- $\kappa$ B p65 gene expression and  
286 inhibited matrix metalloproteinase in UVB-induced HaCaT cells <sup>[25]</sup>. Our *in vitro* findings  
287 supported the inhibitory effect of fucosterol and *in silico* exploration added further support by  
288 showing its ability to bind to 8 amino acid residues with polar bonds and hydrophobic  
289 interactions. Compounds **5** ( $\beta$ -sitosterol) and **6** ( $\beta$ -sitosterol-3-*O*- $\beta$ -D-glucoside) showed  
290 binding with 8 and 13 amino acids of RelA, respectively. Given the similar structure of  
291 compounds **4**, **5**, and **6**, their binding with RelA included common amino acid residues  
292 (Asn186, Arg187, Val248, Arg246, and Lys218).  $\beta$ -sitosterol effectively suppressed NF- $\kappa$ B in  
293 LPS-induced lung epithelial cells <sup>[26]</sup> and reduced neuroinflammation by inhibiting NF- $\kappa$ B in  
294 microglial cells <sup>[27]</sup>. Compound **7** (scopolin) remarkably downregulated NF- $\kappa$ B p65 in LPS-  
295 induced macrophages and exhibited *in silico* binding marked by polar bonding with 4 residues  
296 and hydrophobic interactions with 8 residues of RelA. Scopolin's anti-inflammatory efficacy  
297 was investigated in very few studies. In arthritis in rats, scopolin isolated from *Erycibe*  
298 *obtusifolia* reduced IL-6 and inflammation, but its effect on NF- $\kappa$ B was not investigated <sup>[28]</sup>.  
299 Our study introduced new information on the involvement of NF- $\kappa$ B suppression in the anti-  
300 inflammatory efficacy of scopolin. Compounds **8** (5,7,2'-trihydroxyflavone), **9** (5,7,2'-  
301 trihydroxy-6-methoxyflavone), and **10** (5-hydroxy-6,7,3',4'-tetramethoxyflavone) decreased  
302 NF- $\kappa$ B p65 mRNA in LPS-induced macrophages and all exhibited 2 polar bonding and 9, 7,  
303 and 7 hydrophobic interactions with RelA amino acid residues, respectively. Hence, these

304 flavonoid compounds possess the ability to suppress LPS-induced NF- $\kappa$ B upregulation.  
305 Flavonoids are known of their ability to suppress NF- $\kappa$ B and inflammatory responses  
306 associated with different disorders [7b, 8b, 29].  
307 Owing to the ability of compounds **1-10** to downregulate NF- $\kappa$ B p65 and the controlling effect  
308 of NF- $\kappa$ B on the expression of iNOS and pro-inflammatory cytokines, all compounds  
309 decreased iNOS mRNA and suppressed the release of NO, TNF- $\alpha$ , and IL-6. The activation of  
310 macrophages with LPS and other stimulants leads to the release of NO and pro-inflammatory  
311 cytokines. This is a direct consequence of NF- $\kappa$ B activation [18]. NO is one of the pro-  
312 inflammatory mediators produced via iNOS activation in macrophages and other cells [18]. In  
313 inflammation, the expression of iNOS is upregulated in different cells, including macrophages,  
314 microglia, and neutrophils, resulting in the generation of excess NO [30]. This surplus NO leads  
315 to a pro-inflammatory response in different organs and reacts with ROS to produce  
316 peroxynitrite that further increases ROS and pro-inflammatory mediators and provokes DNA  
317 damage [30]. TNF- $\alpha$  is pleiotropic cytokine with various effects on the body cells and a key  
318 regulator of pro-inflammatory responses implicated in several inflammatory and autoimmune  
319 disorders [31]. TNF- $\alpha$  is involved in the regulation of both acute and chronic inflammation and  
320 may cause cell death via apoptosis or necroptosis [32]. Likewise, IL-6 is produced in response  
321 to tissue damage, infections and other conditions to contribute to the defense mechanism.  
322 Despite the controlled mechanism of production, prolonged and uncontrolled release of IL-6 is  
323 implicated in inflammation and autoimmune disorders [33]. Isoscopoletin, aesculetin, and  
324 altechromone A (compounds **1-3**) significantly downregulated iNOS and suppressed NO,  
325 TNF- $\alpha$ , and IL-6 production from LPS-induced macrophages. All three compounds exhibited  
326 binding towards iNOS with many amino acid residues were observed in the binding mode of  
327 all compounds. These findings are directly related to the ability of these compounds to  
328 downregulate NF- $\kappa$ B [20-23]. In a study on colitis, aesculetin decreased NO, TNF- $\alpha$ , and IL-6

329 <sup>[21]</sup>, suppressed TNF- $\alpha$  and IL-6 in LPS-induced lung injury <sup>[22]</sup> and downregulated iNOS and  
330 cytokines in LPS-induced neuroinflammation <sup>[23]</sup>. The current study showed for the first time  
331 the efficacy of altechromone A to bind with iNOS (*in silico*) and downregulate (*in vitro*) iNOS,  
332 NO, TNF- $\alpha$ , and IL-6 in LPS-induced macrophages. Compounds **4**, **5**, and **6** markedly  
333 decreased iNOS mRNA, TNF- $\alpha$ , and IL-6 and dose-dependently suppressed NO production.  
334 Moreover, all three compounds exhibited the lowest binding energy with iNOS *in silico* where  
335 all showed dense hydrophobic interactions and compound **6** showed polar bonding. Fucosterol  
336 has been reported to downregulate TNF- $\alpha$ , and IL-6 gene expression in a mouse model of ALI  
337 <sup>[24]</sup> and  $\beta$ -sitosterol suppressed the generation of these cytokines in LPS-induced lung epithelial  
338 cells <sup>[26]</sup> and microglial cells <sup>[27]</sup>. *Undaria pinnatifida*-derived fucosterol was effective in  
339 reducing NO and pro-inflammatory cytokines generation from macrophages <sup>[34]</sup>. Scopolin  
340 remarkably decreased iNOS mRNA, NO, and pro-inflammatory cytokines in LPS-induced  
341 macrophages and exhibited *in silico* binding marked by polar bonding with 2 residues and  
342 hydrophobic interactions with 8 residues of iNOS. The effects of scopolin on these mediators  
343 is scarcely reported. In a rat model of arthritis, *Erycibe obtusifolia*-derived scopolin reduced  
344 IL-6 <sup>[28]</sup>. The isolated flavonoids (compounds **8**, **9**, and **10**) showed inhibitory activities on the  
345 expression of iNOS and the production of NO, TNF- $\alpha$ , and IL-6, effects that could be explained  
346 by their NF- $\kappa$ B inhibition efficacy. All flavonoids showed hydrophobic interactions with ten  
347 amino acid residues of iNOS. The lack of data showing the protein expression levels of NF- $\kappa$ B  
348 and iNOS could be considered as a limitation of this study. However, the results of mRNA  
349 abundance and levels NO, TNF- $\alpha$ , and IL-6 confirm downregulation of NF- $\kappa$ B and iNOS  
350 following treatment of the LPS-challenged macrophages with the tested compounds.

## 351 **5. Conclusion**

352 This study introduced new information on the anti-inflammatory efficacy of *H. salicornicum*  
353 phytochemicals. The isolated ten compounds showed potent inhibitory effects on the

354 expression of NF- $\kappa$ B p65 and iNOS, and the release of NO, TNF- $\alpha$ , and IL-6 from LPS-induced  
355 macrophages. In addition, all compounds exhibited affinities to bind to NF- $\kappa$ B p65 and iNOS,  
356 suggesting their potential as candidate inhibitors of these proteins. Therefore, *H. salicornicum*  
357 is rich in anti-inflammatory phytochemicals and further studies are recommended to investigate  
358 the exact molecular mechanisms underlying their effect on inflammatory mediators. *In vivo*  
359 studies and clinical trials to investigate the anti-inflammatory and immunomodulatory  
360 efficacies of the studied compounds are recommended.

### 361 **Conflict of Interest**

362 The authors declare no conflict of interest.

### 363 **Availability of data and materials**

364 The manuscript contains all data supporting the reported results.

### 365 **Acknowledgment**

366 Princess Nourah bint Abdulrahman University Researchers Supporting Project Number  
367 (PNURSP2024R381), Princess Nourah bint Abdulrahman University, Riyadh, Saudi Arabia.

### 368 **Authors' Contributions:**

369 Conceptualization: A.M.M.; Methodology: R.S.A., O.E.H., S.M.A., I.E., M.A.A., M.E.,  
370 E.M.K., and A.M.M.; Investigation: R.S.A., O.E.H., M.E., E.M.K., and A.M.M.; Data curation:  
371 A.M.M., O.E.H., and M.E.; Formal analysis: A.M.M., and E.M.K.; Resources: S.M.A., I.E.,  
372 M.A.A. and R.S.A.; Supervision: A.M.M.; Writing-Original draft: A.M.M. and O.E.H.;  
373 Writing-review and editing: A.M.M.

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451

452

453 Tables:

454 Table 1. Binding affinities of *H. salicornicum* phytoconstituents towards NF- $\kappa$ B.

<b>Compound</b>	<b>Lowest binding energy (kcal/mol)</b>	<b>Polar interacting residues</b>	<b>Hydrophobic interacting residues</b>
<b>1</b>	-5.9	Thr60, His58	Thr57, Arg50, Thr55, Pro275, Ser112, Glu25
<b>2</b>	-6.0	Thr60, His58, Glu25, Arg50	Thr57, Pro275, Ser276, Lys56
<b>3</b>	-5.9	Thr60, His58	Thr57, Glu25, Ser276, Lys56, Pro275
<b>4</b>	-7.9	Asn186	Arg187, Val248, Arg246, Lys218
<b>5</b>	-7.6	Asn186	Val248, Lys218, Arg246, Arg187
<b>6</b>	-8.2	Asn186, Arg33, Asp217	Ala192, Val248, Arg187, Lys218, Asp217
<b>7</b>	-7.1	Arg278, Ser112, Lys56, Gln114	Pro275, Ile110, Glu25, Thr60, Thr55, His58, Ser276, Thr57
<b>8</b>	-7.3	Gln114, Lys56	Ser276, Ile24, Thr60, Arg50, Glu25, Pro275, Thr55, Thr57, His58
<b>9</b>	-7.1	Glu25, Lys56	Ser112, Ile24, Arg50, Gln114, Thr60, His58, Ser276
<b>10</b>	-6.8	Ser112, Arg236	Pro275, Gln114, Lys56, Thr57, Thr55, Glu225, Thr60

455

456

457 Table 2. Binding affinities of *H. salicornicum* phytoconstituents towards iNOS.

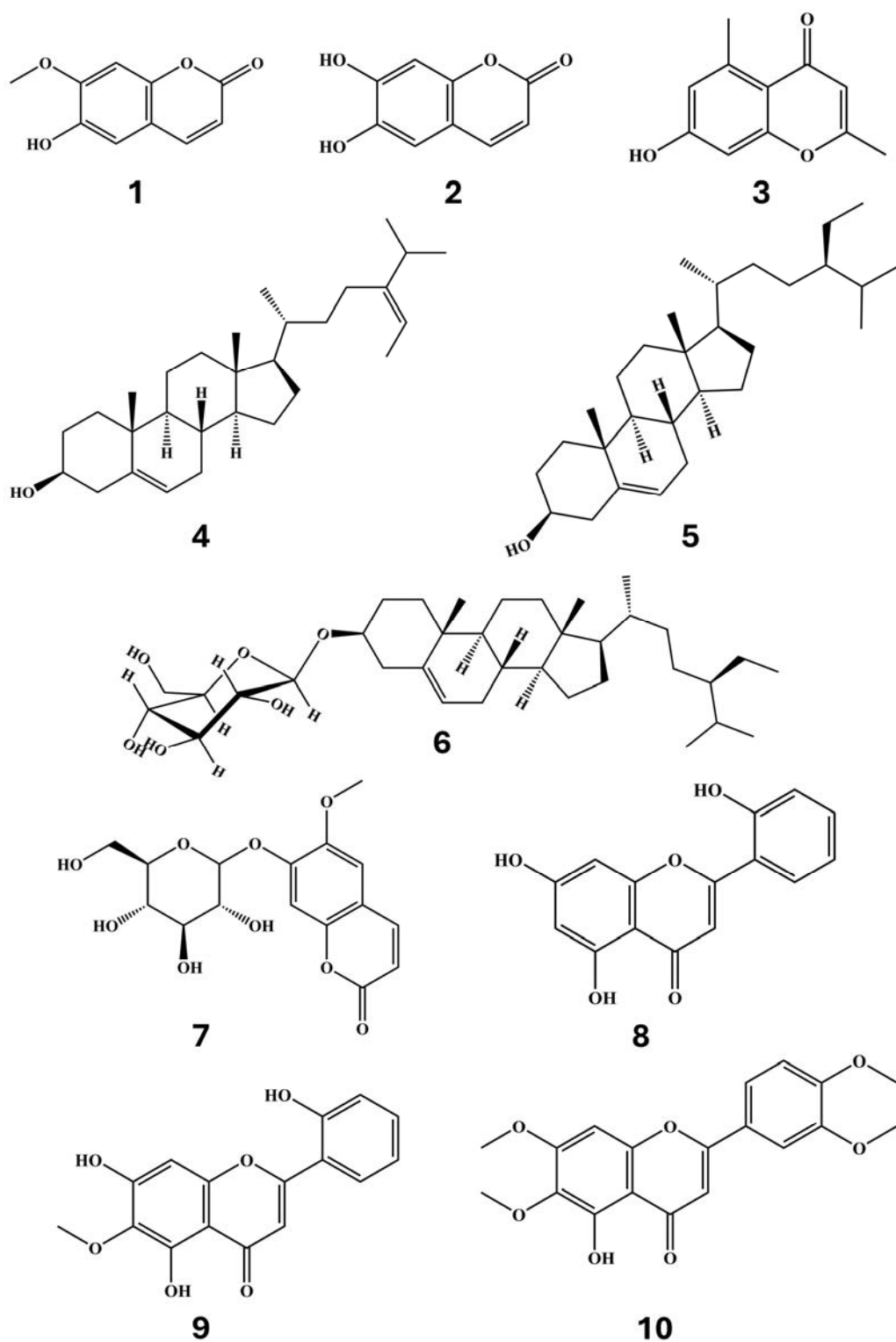
Compound	Lowest binding energy (kcal/mol)	Polar interacting residues	Hydrophobic interacting residues
1	-7.5	Tyr483	Cys194, Ala191, Trp188, Leu203, Phe363
2	-7.2	Tyr483	Cys194, Asn364, Trp188, Leu203, Phe363
3	-8		Cys194, Ala191, Asn364, Trp188, Tyr483, Leu203, Gly365, Phe363
4	-10.7		Cys194, Trp457, Pro461, Met368, Arg193, Trp188, Leu203, Phe363 Glu371, Ile195, Gly365, Pro344, Asn364, Val346
5	-10.3		Cys194, Ile195, Glu371, Pro461, Pro344, Asn364, Phe363, Leu203, Met368, Trp457, Gly365, Arg193, Trp188, Tyr483, Val346
6	-10.1	Gln257, Arg260, Arg382	Cys194, Tyr483, Phe363, Asn364, Trp188, Val346, Leu203, Tyr367, Arg375, Pro344, Glu371
7	-9.1	Ser236, Trp366	Cys194, Gln 199, Trp188, Tyr483, Gly196, Phe363, Leu203, Gly365
8	-9.9		Cys194, Phe363, Asn364, Leu203, Trp188, Tyr483, Gly365, Pro344, Val346, Trp366
9	-9.9		Tyr483, Leu203, Ser236, Phe363, Trp188, Gly365, Gly196, Trp366, Ile195, Asn364
10	-8.8		Cys194, Tyr485, Arg193, Trp457, Met349, Ala191, Phe363, Trp188, Gly365, Tyr483

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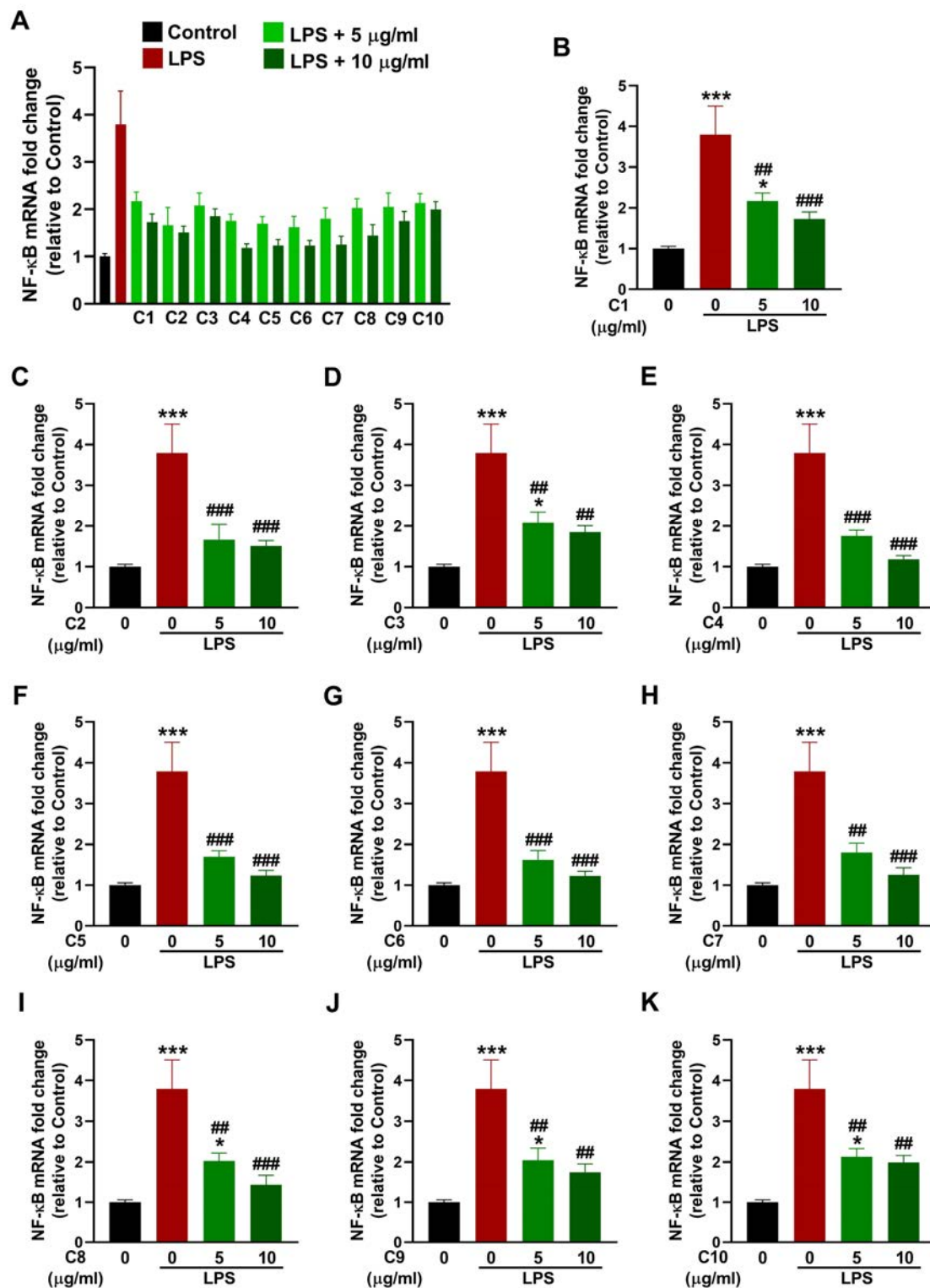
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461 Figures:



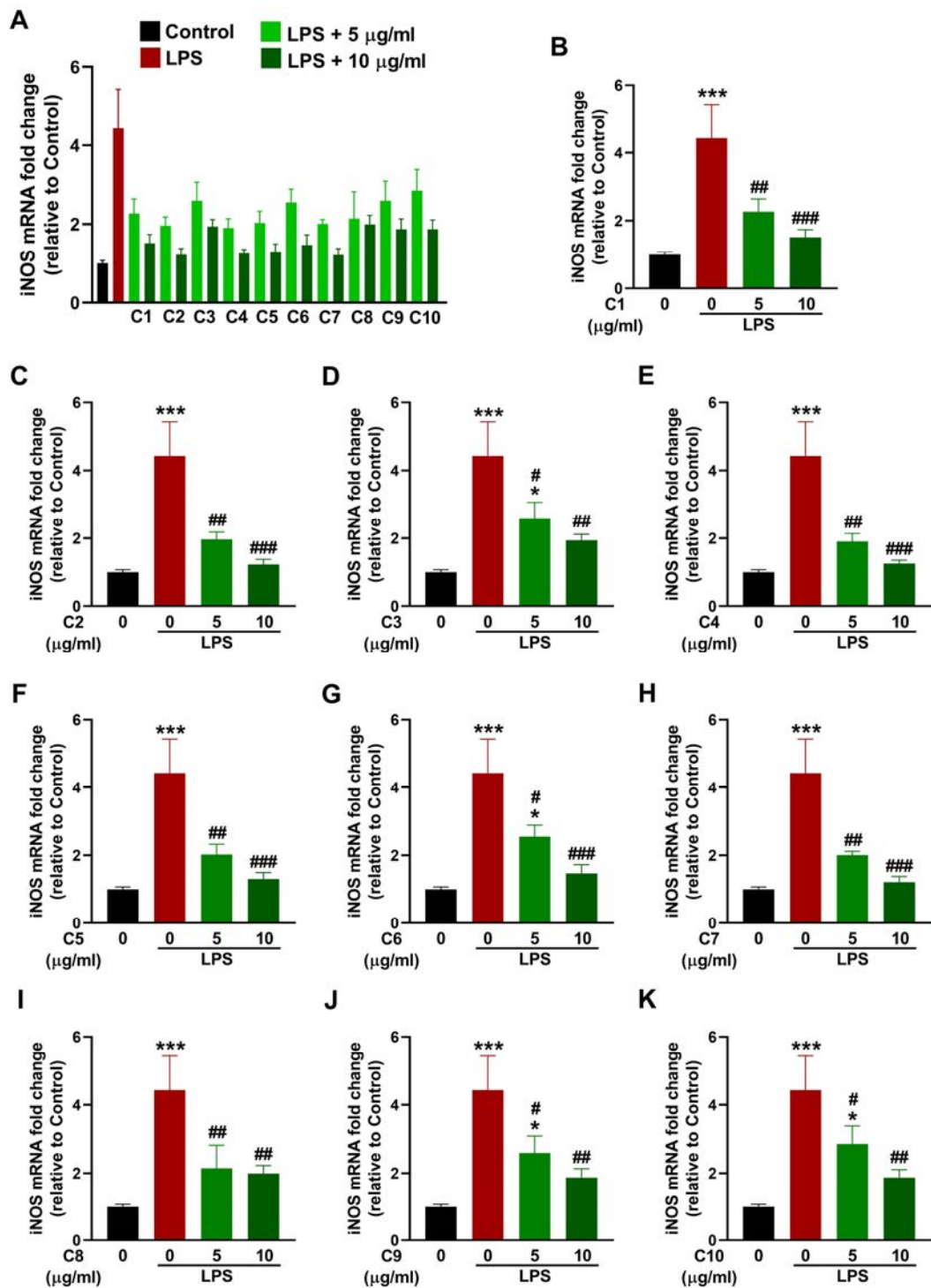
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463 Fig. 1. Chemical structure of the isolated compounds (1-10).



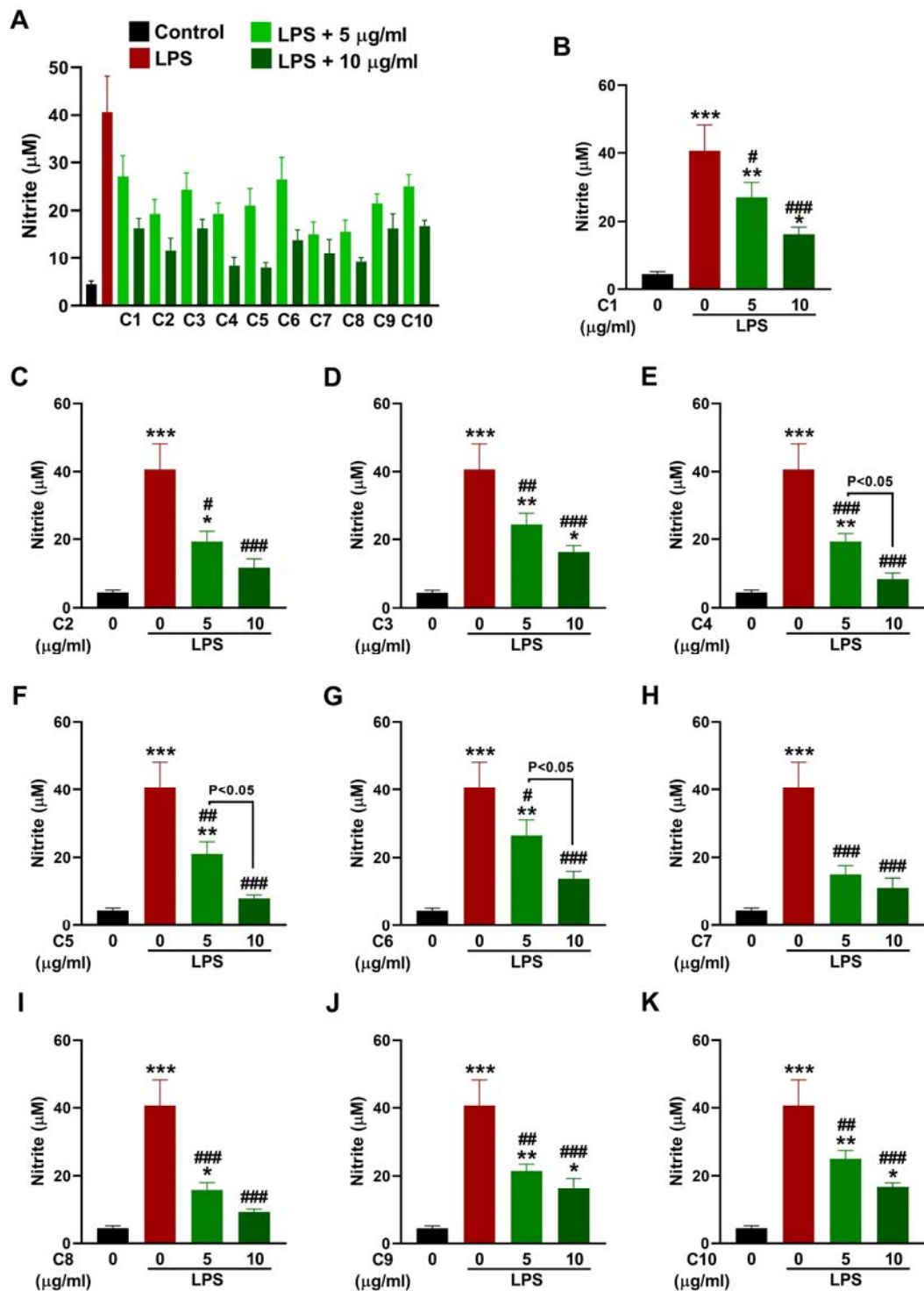
464

465 Fig. 2. Effect of compounds **1-10** on NF-κB p65 mRNA abundance in LPS-induced  
 466 macrophages. Data are Mean ± SD, (N = 3). \*P<0.05 and \*\*\*P<0.001 vs Control. ##P<0.01 and  
 467 ###P<0.001 vs LPS.



468

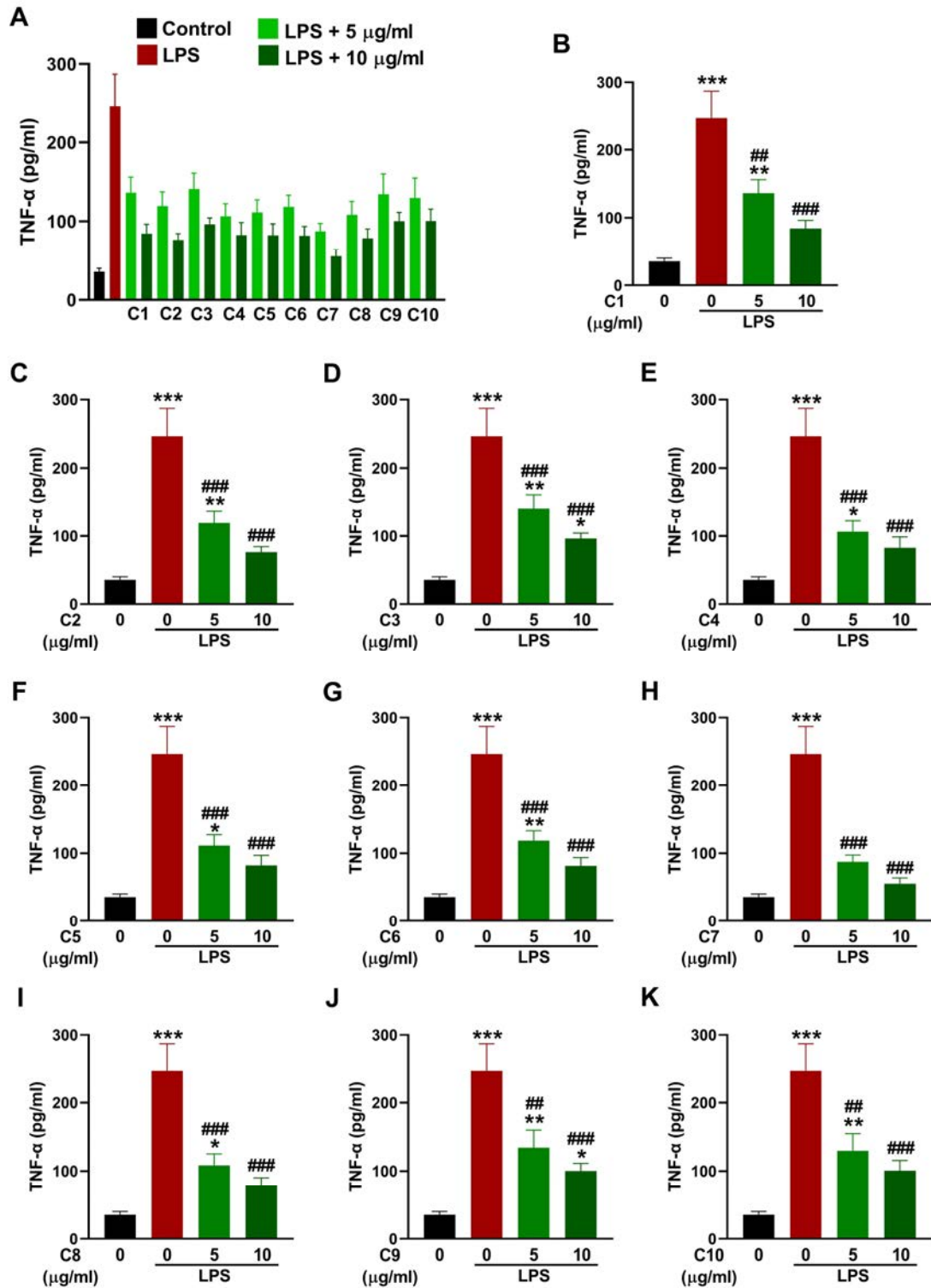
469 Fig. 3. Effect of compounds **1-10** on iNOS mRNA abundance in LPS-induced macrophages.  
 470 Data are Mean  $\pm$  SD, ( $N = 3$ ). \* $P < 0.05$  and \*\*\* $P < 0.001$  vs Control. # $P < 0.05$ , ## $P < 0.01$  and  
 471 ### $P < 0.001$  vs LPS.



472

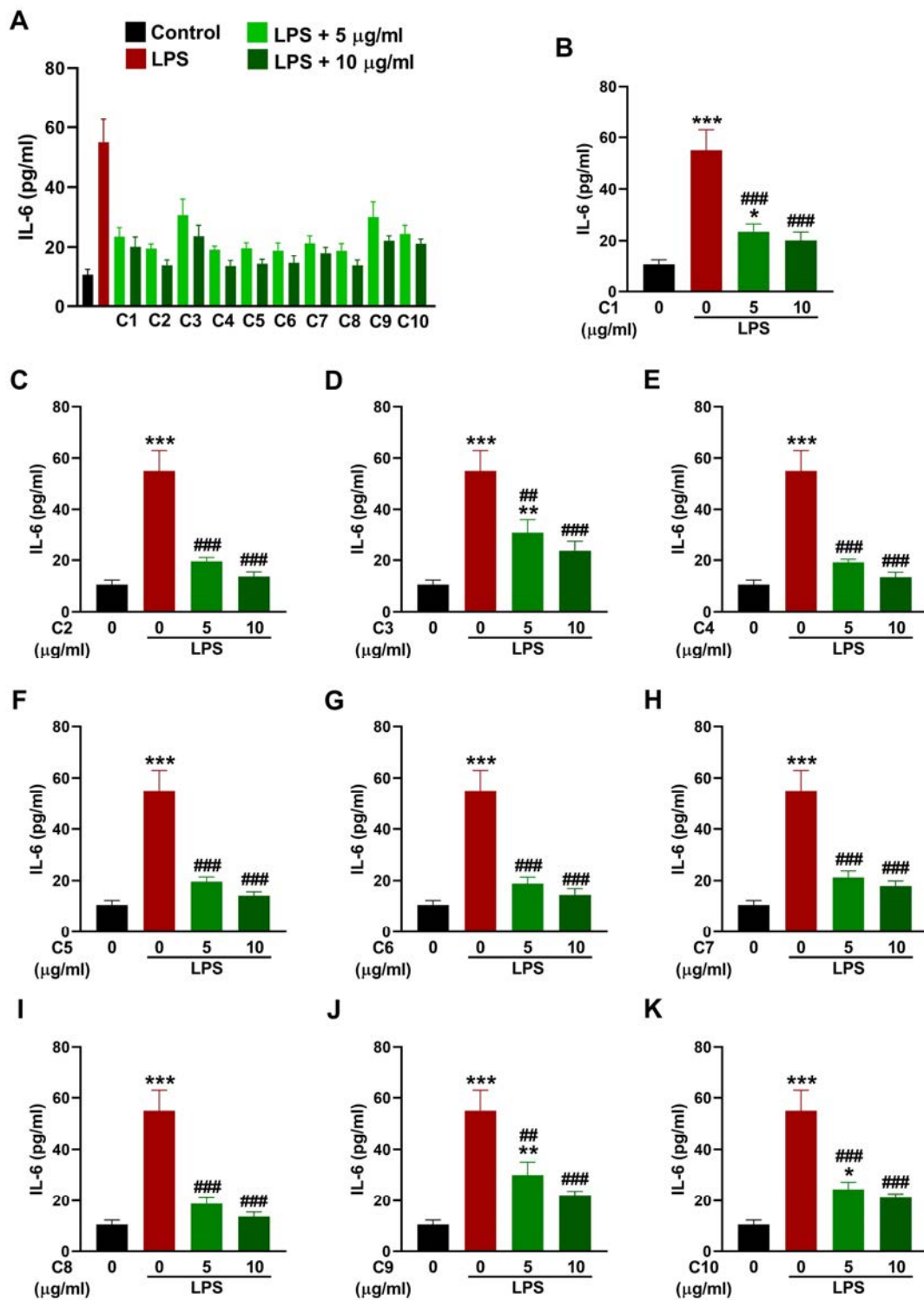
473 Fig. 4. Effect of compounds **1-10** on NO production by LPS-induced macrophages. Data are  
 474 Mean  $\pm$  SD, ( $N = 3$ ). \* $P < 0.05$ , \*\* $P < 0.01$  and \*\*\* $P < 0.001$  vs Control. # $P < 0.05$ , ## $P < 0.01$  and  
 475 ### $P < 0.001$  vs LPS.





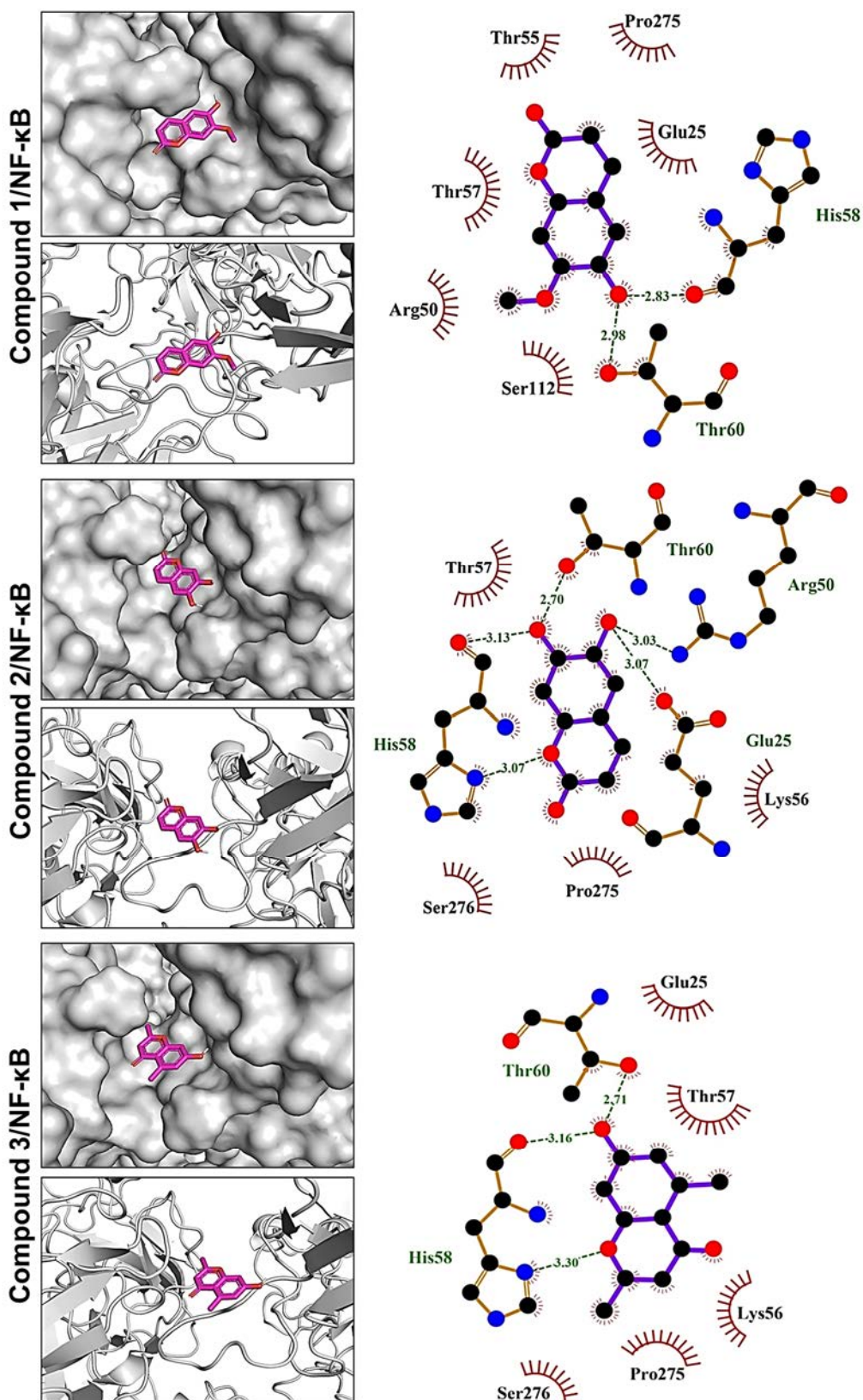
476

477 Fig. 5. Effect of compounds **1-10** on TNF- $\alpha$  release by LPS-induced macrophages. Data are  
 478 Mean  $\pm$  SD, ( $N = 3$ ). \* $P < 0.05$ , \*\* $P < 0.01$  and \*\*\* $P < 0.001$  vs Control. ## $P < 0.01$  and ### $P < 0.001$  vs  
 479 LPS.



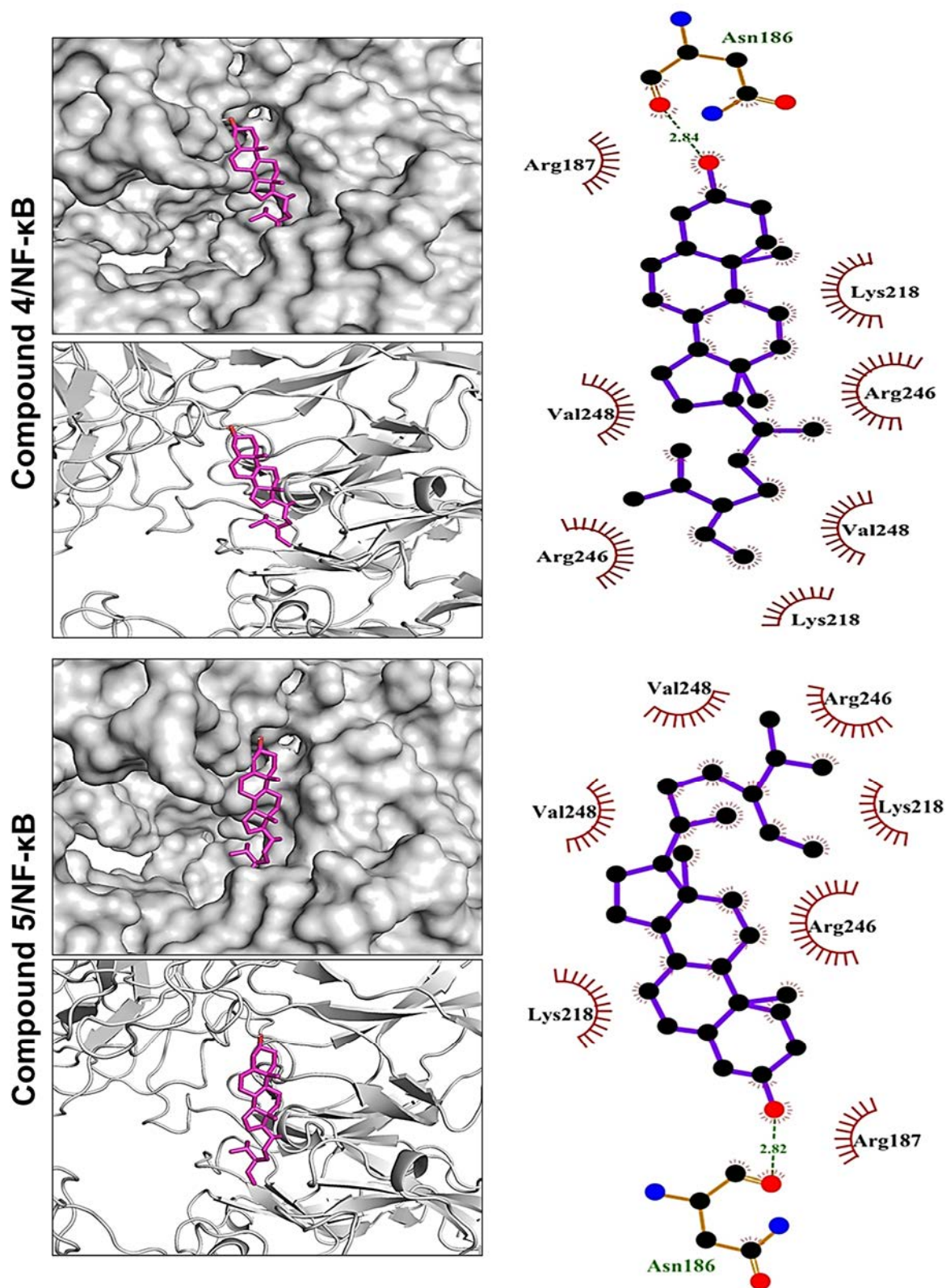
480

481 Fig. 6. Effect of compounds **1-10** on IL-6 release by LPS-induced macrophages. Data are Mean  
 482  $\pm$  SD, ( $N = 3$ ). \* $P < 0.05$ , \*\* $P < 0.01$  and \*\*\* $P < 0.001$  vs Control. ## $P < 0.01$  and ### $P < 0.001$  vs LPS.



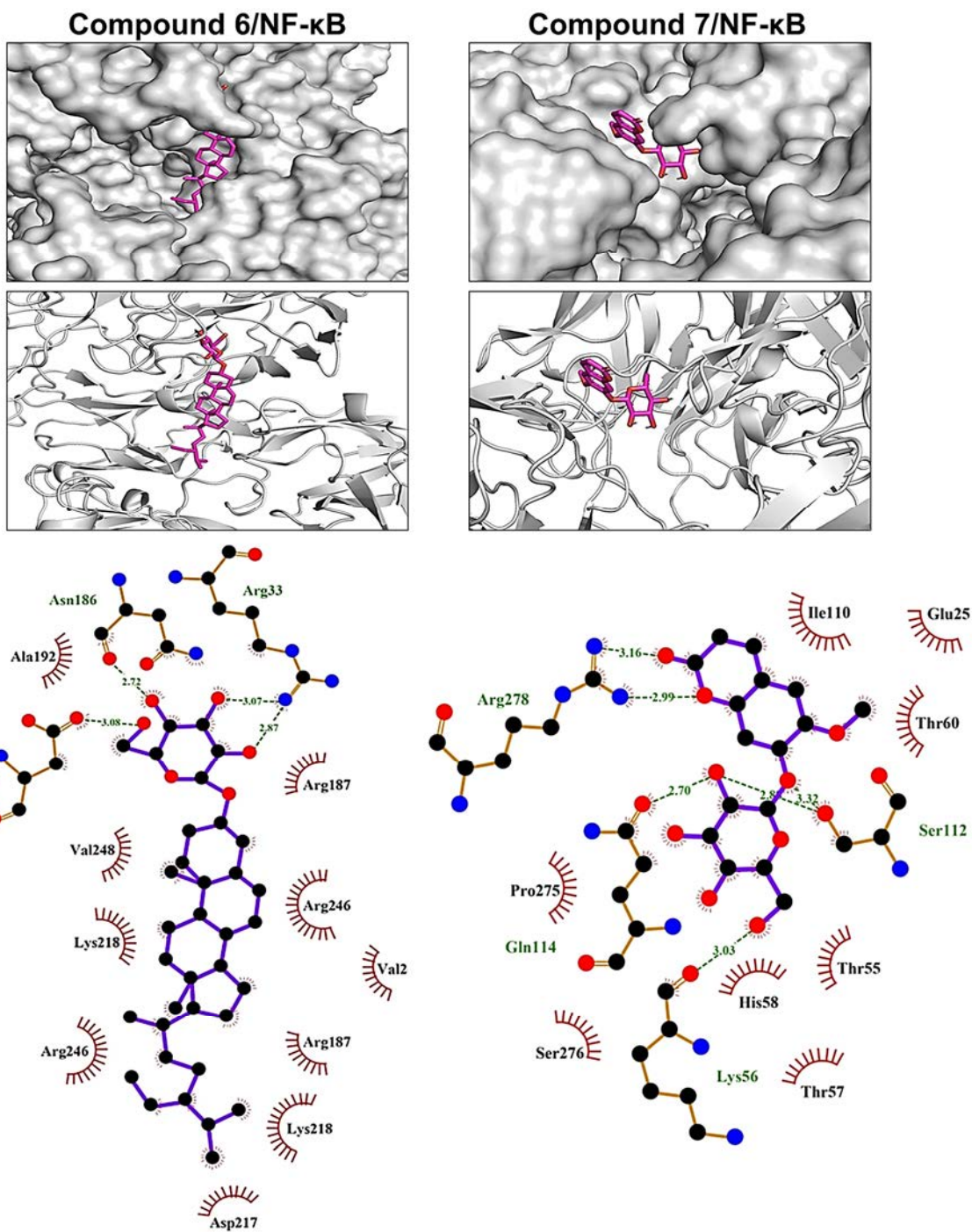
483

484 Fig. 7. Molecular docking of compounds 1, 2, and 3 with NF-κB RelA dimer showing the  
 485 crystal structure and amino acid residues involved in polar bonding and hydrophobic  
 486 interactions.



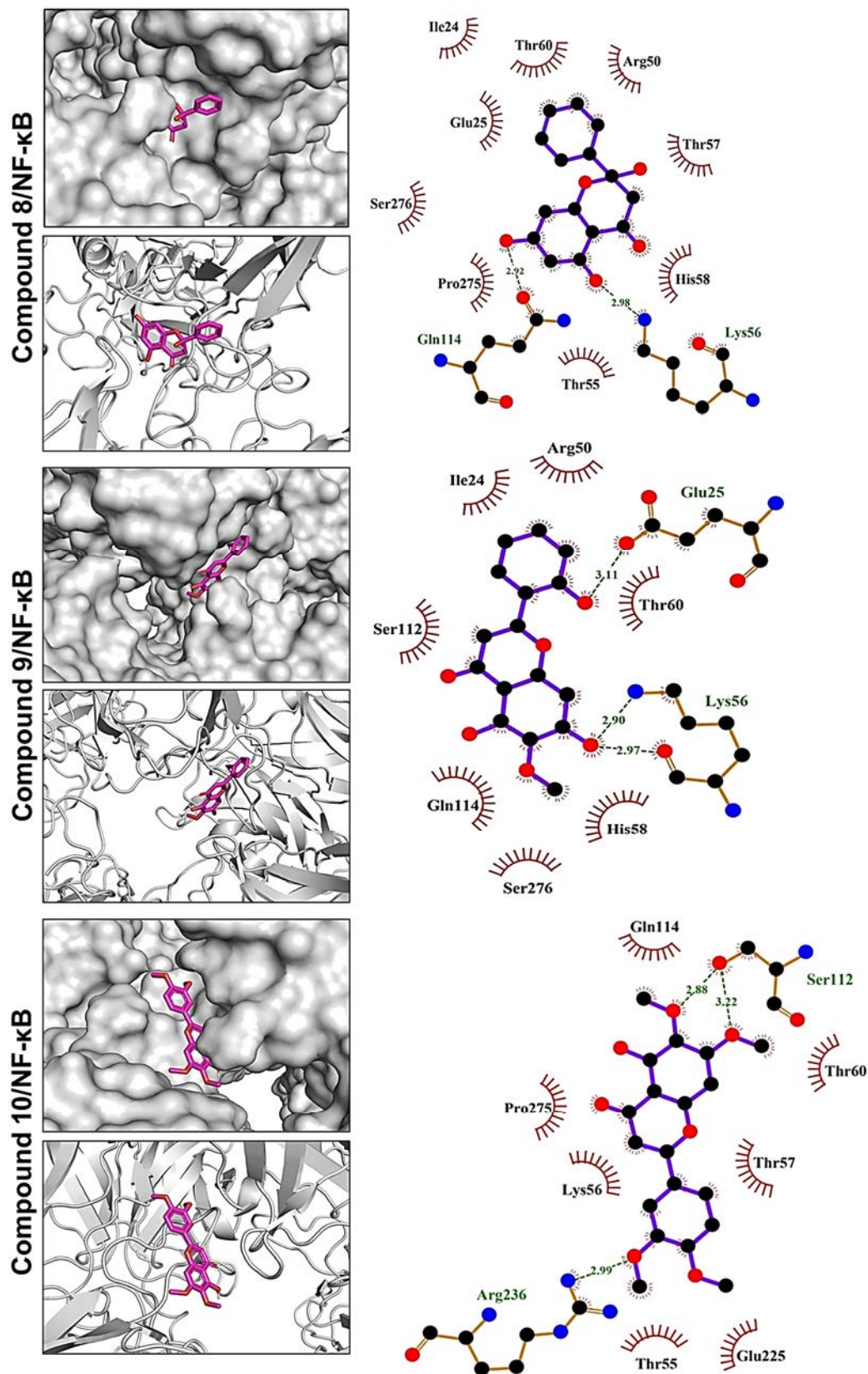
487

488 Fig. 8. Molecular docking of compounds **4** and **5** with NF-κB RelA dimer showing the crystal  
 489 structure and amino acid residues involved in polar bonding and hydrophobic interactions.



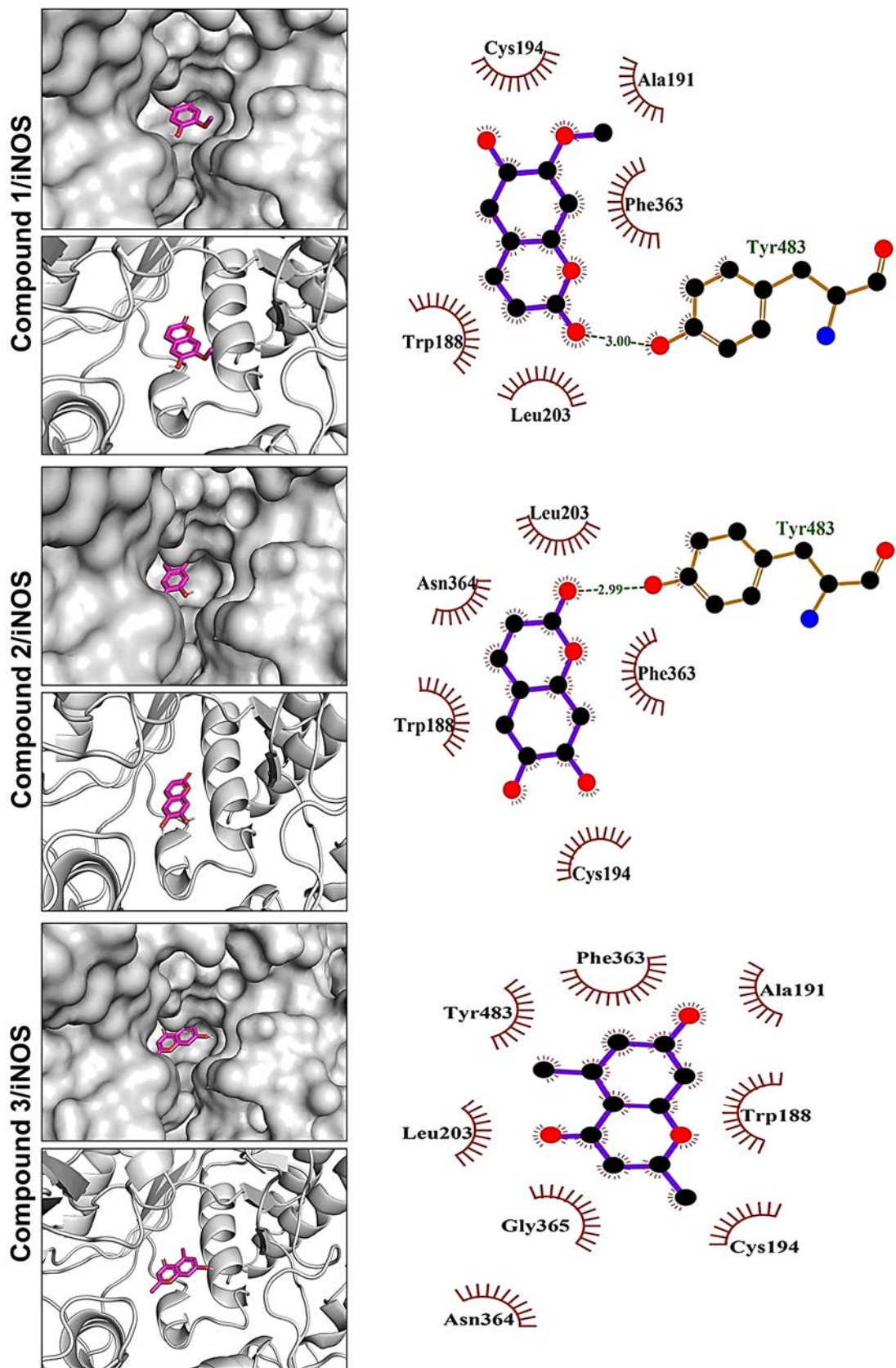
490

491 Fig. 9. Molecular docking of compounds **6** and **7** with NF-κB RelA dimer showing the crystal  
 492 structure and amino acid residues involved in polar bonding and hydrophobic interactions.



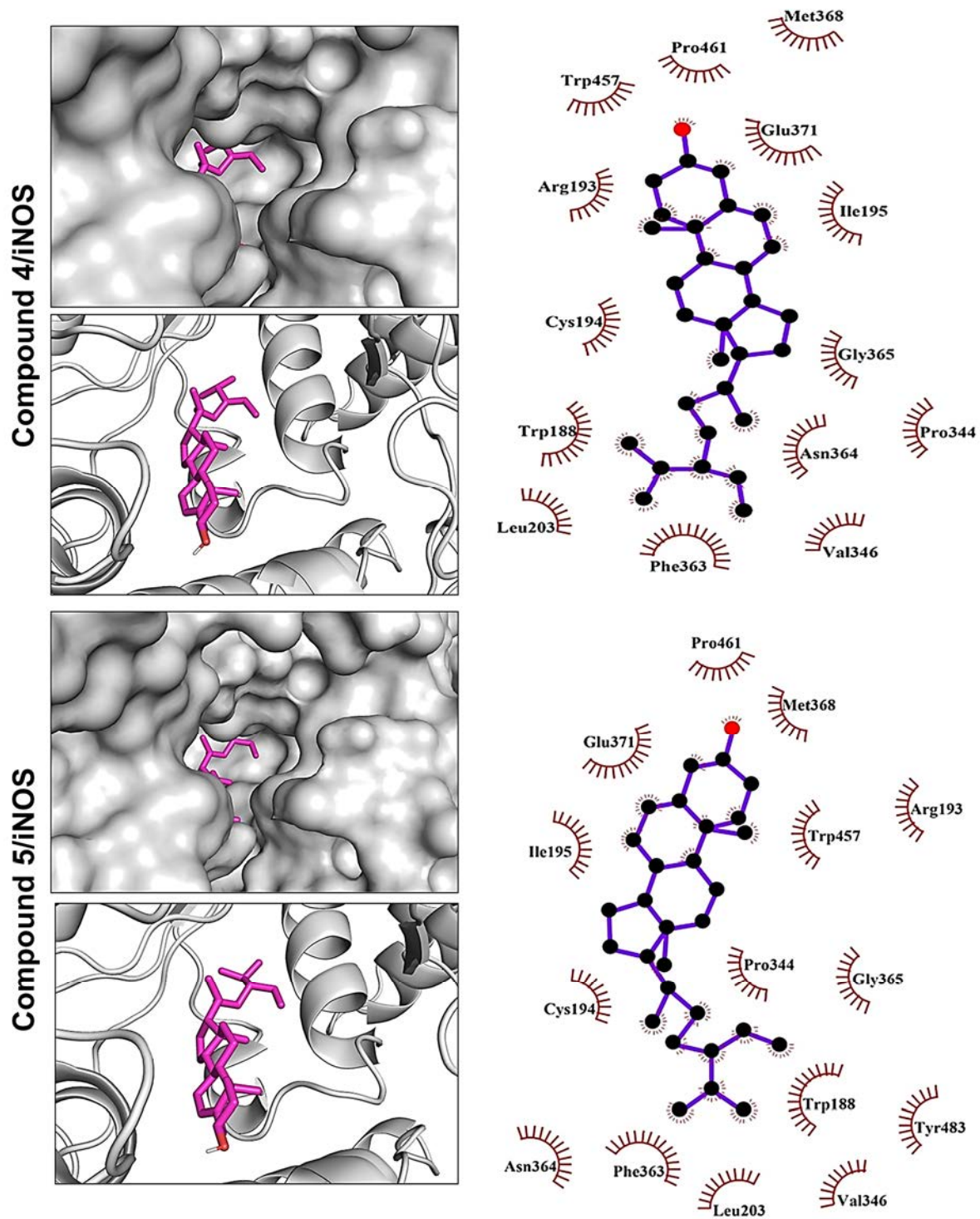
493

494 Fig. 10. Molecular docking of compounds 8, 9, and 10 with NF-κB RelA dimer showing the  
 495 crystal structure and amino acid residues involved in polar bonding and hydrophobic  
 496 interactions.



497

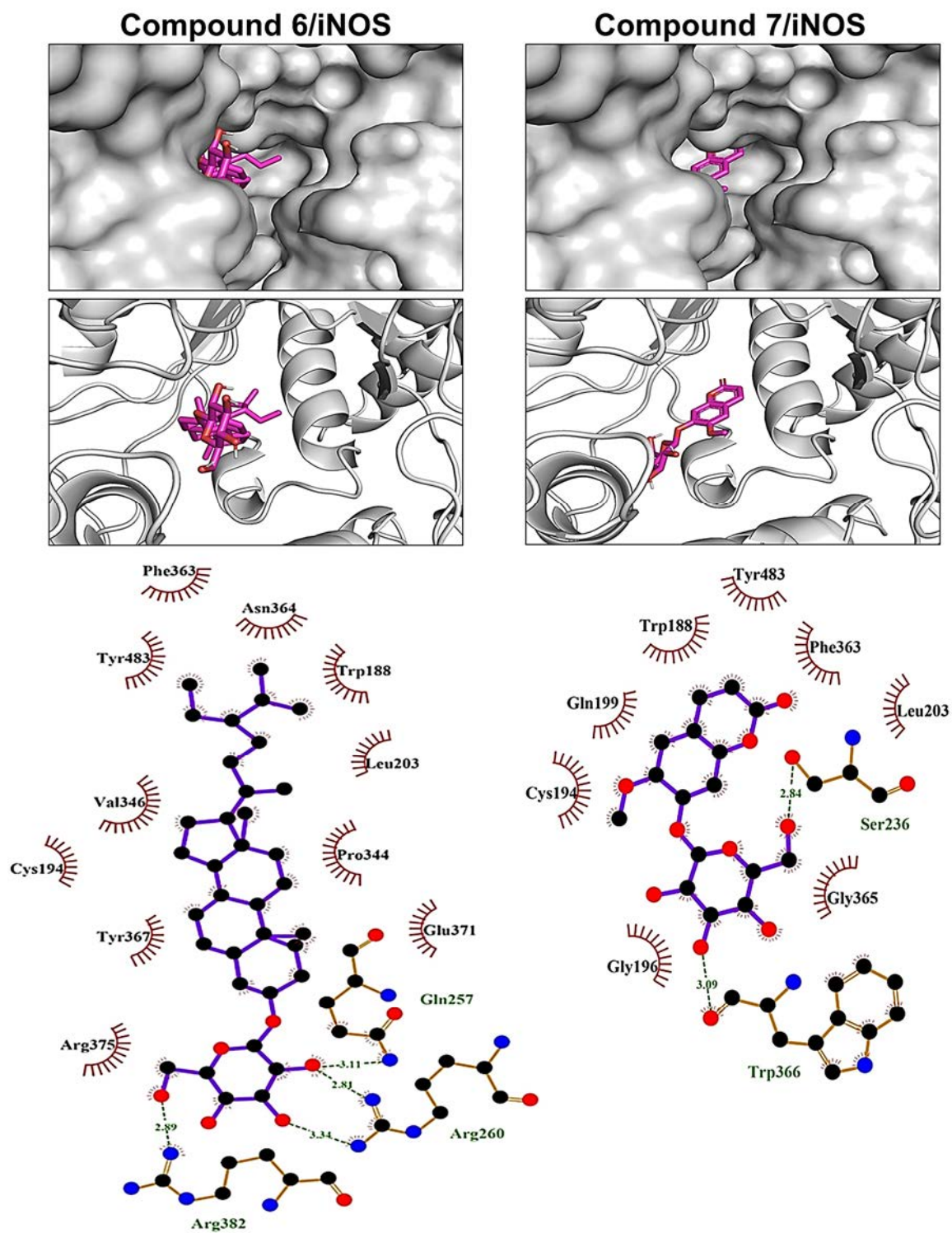
498 Fig. 11. Molecular docking of compounds 1, 2, and 3 with iNOS showing the crystal structure  
 499 and amino acid residues involved in polar bonding and hydrophobic interactions.



500

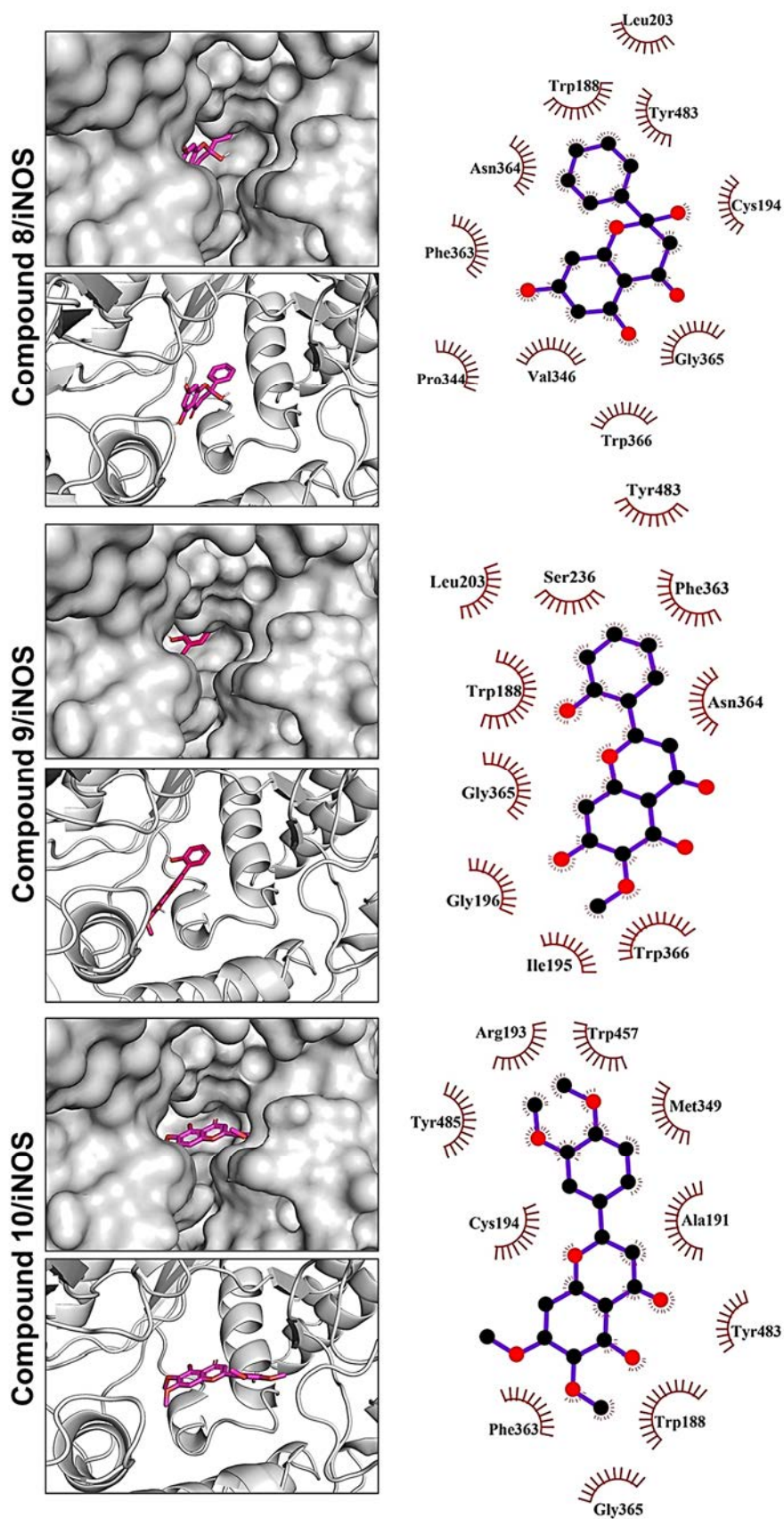
501 Fig. 12. Molecular docking of compounds 4 and 5 with iNOS showing the crystal structure and  
 502 amino acid residues involved in polar bonding and hydrophobic interactions.





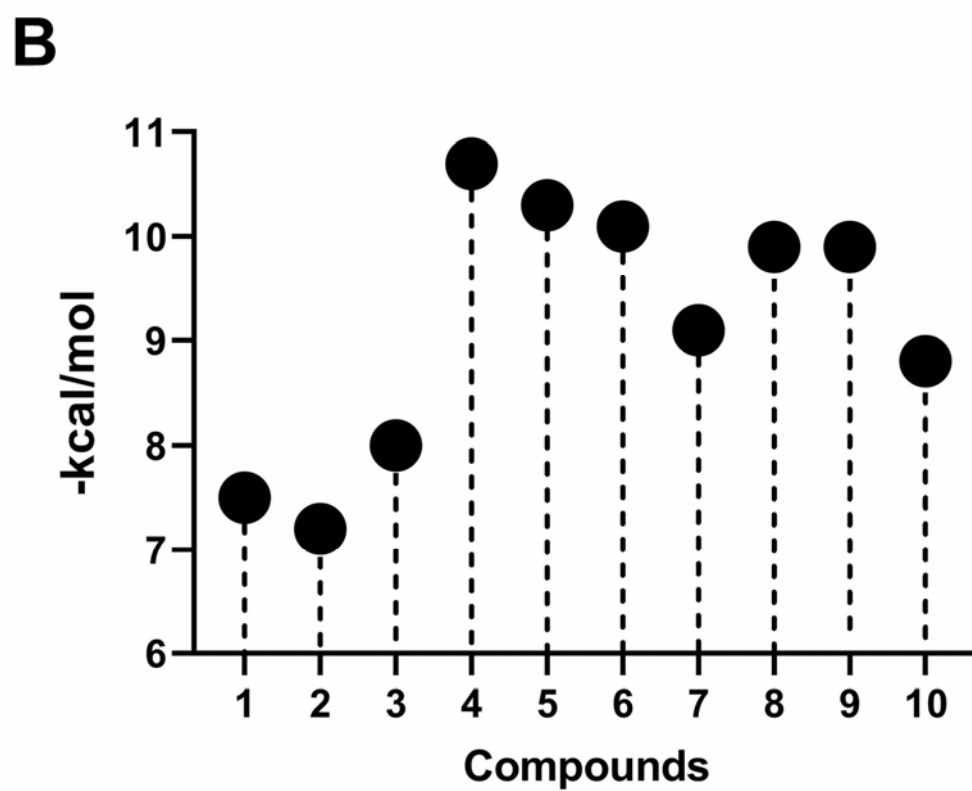
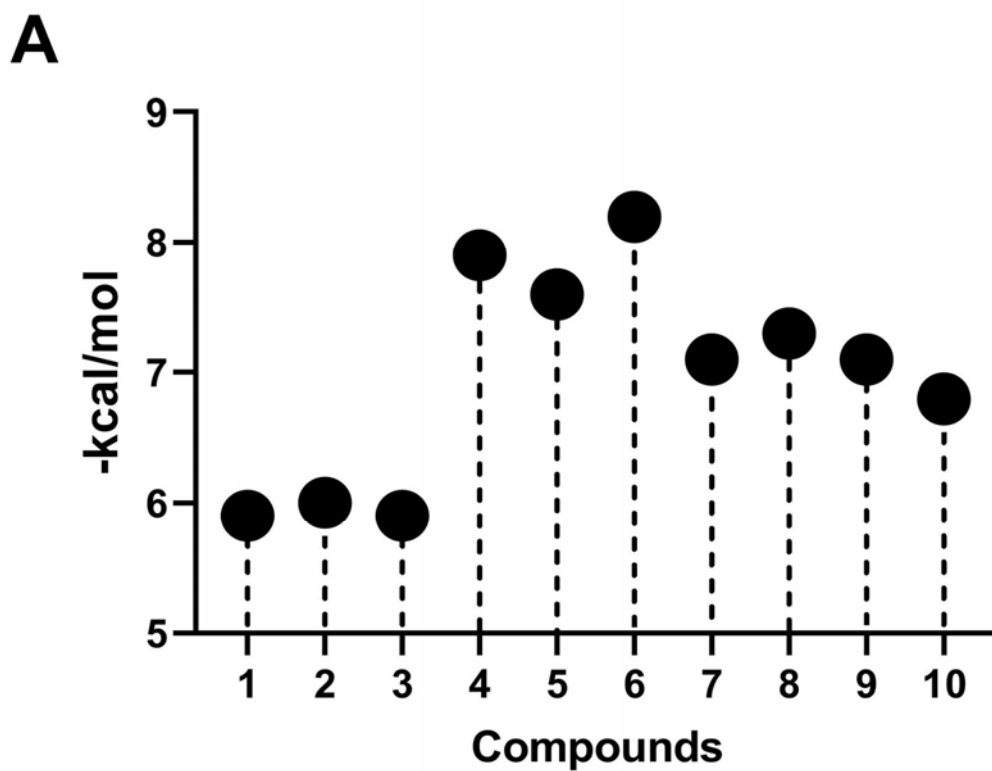
503

504 Fig. 13. Molecular docking of compounds **6** and **7** with iNOS dimer showing the crystal  
 505 structure and amino acid residues involved in polar bonding and hydrophobic interactions.



506

507 Fig. 14. Molecular docking of compounds **8**, **9**, and **10** with iNOS showing the crystal structure  
 508 and amino acid residues involved in polar bonding and hydrophobic interactions.



509

510 Fig. 15. Lowest binding energy (kcal/mol) of compounds 1-10 with (A) NF- $\kappa$ B RelA and (B)  
 511 iNOS.