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## README FILE TEMPLATE

**Dataset title:** Primary data for 'Handheld dynamometry: validity and reliability of measuring hip joint rate of torque development and peak torque.'

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The following files have been archived:

File name	File description (Short description of content, sample size, format, any linking between different types of data, i.e. survey and interviews/focus groups)
Primary data for 'Handheld dynamometry: validity and reliability of measuring hip joint rate of torque development and peak torque	Rate of torque development and peak torque measurements of six hip movements in thirty healthy individuals were recorded using an isokinetic dynamometer and a handheld dynamometer. A test retest protocol was used to test the validity of the handheld dynamometer versus the isokinetic dynamometer, and the repeated reliability of the handheld dynamometer.

**Publications:** (based on this data, if any)