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1	Greenland tidewater glacier advanced rapidly during era of
2	Norse Settlement
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18 19	ABSTRACT
20	Our ability to improve prognostic modelling of the Greenland Ice Sheet relies on understanding
21	the long-term relationships between climate and mass flux (via iceberg calving) from marine-
22	terminating tidewater glaciers (TWGs). Observations of recent TWG behavior are widely
23	available but long-term records of TWG advance are currently lacking. Here we present glacial

24 geomorphological, sedimentological, archeological and modelling data to reconstruct the ~20 km 25 advance of Kangiata Nunaata Sermia during the first half of the last millennium. The data shows that KNS advanced ~15 km during the 12<sup>th</sup> and 13<sup>th</sup> centuries CE at a rate of ~115 ma<sup>-1</sup>, 26 27 contemporaneous with regional climate cooling towards the Little Ice Age and comparable to 28 rates of TWG retreat witnessed over the last c. 200 years. Presence of Norse farmsteads, 29 proximal to KNS, demonstrate a resilience to climate change, manifest as a rapidly advancing 30 TWG in a cooling climate. The results place limits on the magnitude of ice margin advance and 31 demonstrates TWG sensitivity to climate cooling, as well as warming. These data combined with 32 our grounding line stability analysis provides a long-term record that validates approaches to numerical modeling aiming to link calving to climate. 33

34

#### 35 INTRODUCTION

Reconstructions of Greenlandic TWGs prior to the observation record are limited in number and overwhelmingly dominated by retreat behavior (e.g., Kjeldsen et al., 2015). Such reconstructions are crucial because ice sheet models require validating over longer timescales than the observational record and should ideally include episodes of both ice margin advance and retreat. This would improve confidence in long-term model validation of ice sheet behavior and subsequent projections in sea level change (Pörtner et al., 2019; Vieli and Nick, 2011; Straneo and Heimbach, 2013; Fahrner et al., 2021).

Kangiata Nunaata Sermia (KNS) is the largest outlet TWG south of Jakobshavn Isbræ on
Greenland's west coast. It currently has one of the best constrained records of Holocene ice
margin change in Greenland spanning the retreat from its Little Ice Age maximum (LIA); 1761
CE) to present (Lea et al., 2014a;b; Pearce et al., 2018; Young et al., 2021). Evidence of glacial

advances are typically not preserved due to sediment reworking, leaving our understanding of
TWG dynamics in Greenland and elsewhere largely unconstrained (Kjeldsen et al., 2015; Larsen
et al, 2015). We reconstruct the advance of KNS over the last millennium using a multi-proxy
approach supported by novel grounding line stability analysis (Fig.1). The geographic and
temporal focus of our study also permits the new opportunity to consider the resilience of Norse
farmers in the North Western Settlement.

53

# 54 METHODS

55 To constrain the pre-LIA maximum advance geometry of KNS, we obtained samples for radiocarbon (<sup>14</sup>C) dating from sedimentary sequences in Austmannadalen and Qamanaarsuup 56 57 Sermia valleys adjacent to Kangersuneq fjord (Figs.2; 3 and Supp. Methods). To explore the 58 timing of Norse occupation close to the ice margin, we sampled and dated plant macrofossils 59 (charcoal and seeds) extracted from an anthrosol adjacent to ruin group V15 at Umiivik, a farm located beyond, but proximal to, the LIA maximum. Fieldwork was undertaken in 60 61 Austmannadalen, Qamanaarsuup Sermia and Umiivik in August and September 2015 and August 2016. Processing of material for AMS <sup>14</sup>C dating was undertaken at the University of Aberdeen 62 and dating was performed at the <sup>14</sup>CHRONO Centre, Queens University Belfast, and at the Beta 63 64 Analytic Radiocarbon Dating Laboratory in Florida. To evaluate the relative stability of KNS 65 along Kangersuneq, we apply in a novel manner, a well-established equation for determining 66 whether a grounding line occupies a steady state (Schoof, 2007). Explanation of the geomorphological and archaeological context of all sites is presented within each of the sections 67 68 that follow. For full details see Supp. Methods.

69

# 70 PRE-LITTLE ICE AGE MAXIMUM GLACIER GEOMETRIES

Geomorphological mapping demonstrates that KNS retreated by ~23 km from its LIA maximum, to its present (2021) position, with its lateral margins mostly confined by steep fjord topography along Kangersuneq (Pearce et al., 2018; Fig.1). Evidence for pre-LIA maximum glacier geometries at KNS are preserved within three adjoining valleys that have not been glaciated during the last millennium allowing us to identify locations to reconstruct the advance of KNS (Pearce et al., 2018).

77 One location is the ice dammed lake Isvand which formed as KNS retreated from its LIA 78 maximum configuration (Fig.1). As KNS continued to thin and retreat into the 21st century the meltwater drainage direction switched in 2004 from Isvand discharging via Austmannadalen 79 80 (predominantly to the west) to draining subglacially into Kangersuneq (northwest). The river in 81 Austmannadalen is no longer fed by glacier meltwater, leaving an abandoned river channel fed 82 only by a network of small streams which diminish the capacity to move sediment (Weidick and 83 Citterio, 2011) (Fig.1; Fig. SM1). Where the margin of the KNS glacier was at or inland of its 84 2004 location during the Holocene (Fig.1), as it advanced it would have dammed Isvand and led 85 to the initiation of glacial meltwater discharge and associated sedimentation through 86 Austmannadalen.

In Austmannadalen, we identified well-preserved overbank deposits of silt and fine sand overlying an organic horizon (Fig. 2, Supplemental Methods, and SMI). The upper surface of this organic horizon yielded a AMS <sup>14</sup>C age of 972±43 years BP (UBA-31338; cal. 994-1165 CE [95.4%]; Fig. 3). This is consistent with changes in sedimentation observed elsewhere in Greenland used to reconstruct ice margin change prior to the LIA maximum (e.g., Briner et al., 2010). Our evidence provides an earliest date by which KNS advanced to a similar ice margin and location to that of 2004 that resulted in damming of Isvand and initiation of meltwaterdischarge into Austmannadalen River.

95 As KNS advanced toward its LIA maximum position, it dammed the forefield of the 96 Qamanaarsuup Sermia glacier on its northeastern margin, leading to the formation of an 97 extensive ice-dammed lake where glaciolacustrine sediments accumulated (Fig.1). Following the 98 drainage of this lake (1808–1856 CE) (Lea et al., 2014a) subsequent gullying of these sediments 99 revealed a buried organic horizon interpreted to be the land surface prior to lake damming (see Figs.2C-E and Supp. Methods). AMS <sup>14</sup>C dating of a pristine terrestrial macrofossil (*bark* 100 101 indeterminate sp.) – amongst the most reliable materials available for radiocarbon dating in this 102 environment (cf. Edwards et al. 2008) from the top of this organic horizon, returned an age of 103 800±29 years BP (UBA-31339; cal. 1181-1278 CE [95.4%]; Fig. 2-3). This provides 104 chronological control for the damming of Qamanaarsuup Sermia ice-dammed lake by KNS, 105 which was last directly observed as holding standing water in 1808 (Lea et al., 2014a; Giesecke, 106 1910) (Fig.1).

## 107 GLACIER ADVANCE DURING REGIONAL COOLING

The geometries and chronologies of KNS reconstructed from Austmannadalen and Qamanaarsuup Sermia demonstrate that it advanced by at least 15 km in the early part of the last millennium at a median rate of ~115 m  $a^{-1}$  (Figs. 1, 4 and Fig. SM3), before reaching the LIA maximum configuration in 1761 CE with a total advance of ~20 km (Lea et al., 2014a;b). These reconstructed advance rates are comparable to recent rates of TWG retreat observed across Greenland (e.g., Fahrner et al., 2021).

The period of advance coincides with a reduction in reconstructed summer air
temperatures during the 12th century in west Greenland (Von Gunten et al., 2012; Lasher and

116 Yaxford, 2019), which is superimposed on a longer-term regional cooling indicated by a decline 117 in summer  $\delta^{18}$ O from the DYE3 ice core (Vinther et al, 2010; Fig.4). It also coincides with a 118 known period of land-terminating glacier expansion in Greenland (Jomelli et al., 2016) and 119 Baffin Island in the Canadian Arctic (Young et al., 2015).

120

### 121 GLACIER STABILITY

122 The sequence of continuous glaciolacustine deposition in Qamanaarsuup Sermia (Fig.3) 123 indicates that the ice-dammed lake existed for over 500 years from initial damming (1186-1275 124 CE) to when it drained after 1808. This constrains the margin of KNS between its LIA maximum 125 and 1808 positions during this time (Fig.4A), indicating that the glacier terminus was relatively 126 stable at this extended position despite periods of warming and cooling (Figs.4B, 4C). To 127 evaluate this assertion, and identify other regions of relative margin stability, we implemented a 128 novel, computationally light application of the grounding line boundary layer theory (Schoof, 129 2007) (See Supp. Methods). Our approach evaluates the potential for a steady state grounding 130 line being achieved along the fjord; primarily driven by a range of potential ice fluxes provided 131 by balance fluxes derived from modern modelled surface mass balance of the KNS catchment, 132 when the glacier margin is known to have been stable (1980-1995; Lea et al., 2014b; Mottram et 133 al., 2017). Results show a clear match between predicted steady state grounding line positions 134 and observed locations where the calving margin was known to be stable during retreat from the 135 LIA maximum, (~1761), providing confidence in our approach (Fig.1).

Both the position at which KNS begins to dam Qamanaarsuup Sermia, and the position of its LIA maximum, are notable in that they coincide with potential steady state glacier margin locations identified by our analysis (Fig.1). These results imply that when the margin of KNS was located within this area, between 1230±45 and 1808–1856, the glacier would be capable of
maintaining a steady state grounding line even if ice fluxes were lower than contemporary
values. This helps to explain how KNS maintained an extended configuration that kept
Qamanaarsuup Sermia lake dammed, despite multiple warming and cooling episodes which
occurred between the 13<sup>th</sup> and 19<sup>th</sup> centuries (Fig.4).

144

# 145 NORSE PRESENCE DURING RAPID GLACIER ADVANCE

146 Our reconstruction indicates that prior to the LIA maximum, the terminus of KNS 147 approached within 5 km of the Norse farmstead at Umiivik (V15) during the occupation of the Norse Western Settlement (~985-1400 CE; Figs. 1, 3 and Fig.SM4; Schofield et al., 2019). The 148 149 farm ruins at Umiivik are currently extremely difficult to reach by boat due to dense 150 concentrations of icebergs and mélange in Kangersuneq. Given its location on the eastern margin 151 of the fjord, surrounded by steep and mountainous terrain, the site is also impractical to access over land. If similar conditions prevailed during the 11<sup>th</sup>-14<sup>th</sup> centuries, navigation in the fjord, 152 153 using even the smaller conventional boats known to have been used by the Norse would have 154 been extremely challenging, if not impossible (Crumlin-Pedersen, 2010). Radiocarbon dating of 155 an anthrosol, adjacent to the ruins, returned age estimates within the conventionally accepted 156 timing for Norse settlement across this region (Fig.3 and SM4). The occupation of the Norse 157 farmstead at Umiivik was therefore coeval with the rapid advance of KNS and for at least part of 158 the period where the glacier margin was proximal to it.

Since KNS began to retreat from the LIA maximum, between 1761–1808 CE, iceberg
concentrations in Kangersuneq appear to have been similar to present (Lea et al., 2014a).
Evidence for this is provided by written accounts, maps and photographs from the 19<sup>th</sup> and 20<sup>th</sup>

162 centuries (Lea et al., 2014a; Giesecke, 1910; Roussell, 1941), as well as aerial photographs and 163 satellite imagery from the 20<sup>th</sup> and 21<sup>st</sup> centuries (Lea et al., 2014b, Pearce et al., 2018). This 164 leads us to agree with Roussell's (1941, p16) initial assessment upon visiting Umiivik in 1933 165 that, *'it must be assumed the conditions [in the fjord] in the Middle Ages were different'*. This 166 archaeological evidence implies lower calving fluxes during the Norse period than currently 167 observed, consistent with glaciological behavior that is conducive to our reconstructed glacier 168 advance.

169

# 170 CONCLUSIONS

171 Our reconstruction of the rapid advance of KNS during the early part of the last 172 millennium demonstrates that regional atmospheric cooling can drive TWG advance at rates 173 comparable to post-LIA and contemporary retreat observed in Greenland. The analysis of glacier 174 margin stability provides the first real-world demonstration that the commonly applied ice sheet 175 model grounding line parameterization can independently identify stable ice margin locations 176 over multi-decadal to multi-centennial timescales (Fig.1). Lower calving fluxes and associated 177 iceberg concentrations in the fjord during ice margin advance are inferred from the occupation of 178 a Norse farmstead proximal to KNS, in an area that is currently very difficult to access by boat. 179 Together, this supports the counter-intuitive notion that a cooling climate would have allowed 180 the Norse easier access by boat to the inner fjord network of the Western Settlement, when 181 viewed relative to the iceberg dominated conditions that exist following the LIA maximum. Our 182 findings provide insight into the dynamic behavior of Greenlandic TWGs during both periods of 183 advance and retreat, allowing those who aim to model their response to climate change to 184 validate their results against a full range of forcing conditions. Confidence in prognostic

simulations of future changes in TWGs and their contributions to global sea level rise will be improved for models that are able to replicate both the advance and retreat phases of this reconstruction.

188

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198

## 199 FIGURE CAPTIONS

Figure 1. Study area with location of sample sites, <sup>14</sup>C dates and the results of the grounding line stability analysis. The dates from the buried land surfaces (black labels) show how these relate to the reconstructed locations of KNS (blue labels). Norse ruin group codes follow Bruun (1917). The reconstructed 992–1160 CE glacier configuration is assumed to be analogous to that of 2004 when Isvand began to drain eastwards below KNS (Weidick and Citterio, 2011). Inset, shows the distribution of Western Settlement ruins in this area including farms, storehouses and shielings. Grounding line stability analysis shown for areas where BedMachine v3 bathymetry is available

207 (grey contour lines) (Morlighem et al., 2017), with relatively less stable locations in blue and

208 more stable locations in red. Selected known ice fronts from last century are shown (white209 labels) (Lea et al., 2014b).

210

**Figure 2.** A) Soil pit stratigraphy for Austmannadalen (RIVA5). <sup>14</sup>C dates are available from the 211 organic units at location A5 with ages given in <sup>14</sup>C yr BP with \*indicating fraction modern 212 (F<sup>14</sup>C). The <sup>14</sup>C dates for A5 were taken on the humic acid fraction of organic sediments. B) 213 214 Photo shows sample retrieval from soil pit A5 using a monolith tin. C) Qamanaarsuup Sermia 215 ice-dammed lake and stratigraphy related to lake impoundment and sedimentation in 216 Qamanaarsuup Sermia following the early LIA advance of KNS. Stratigraphy where sample 217 UBA-31339 was obtained, from the top contact of the peat and the overlying lacustrine unit. 218 Only a partial stratigraphy is found at this site, for full description see SM2 D) Location map; E) 219 Photograph of site UBA-31339. 220

Figure 3. A) OxCal multiplot comparing the probability distributions of calibrated <sup>14</sup>C dates discussed within the text. Brackets indicate the confidence limits (95.4%) on the dates. The vertical dashed lines depict the conventionally acknowledged dates for the start of *landnám* and the end of occupation (abandonment of the farms likely maximum date for the abandonment of the Western Settlement. B) Table of <sup>14</sup>C dates from the region around KNS (see Fig.1 for site locations).

227

Figure 4. KNS marginal location and climate proxy data for the last millennium. (A) Terminus
advance and retreat showing key advance stages (blue dashed lines). Median advance scenario
(black line, based upon model; see Fig. SM3) shown with 95.4% uncertainty (grey shading)

231	accour	nting for probability distribution of radiocarbon dates and variable fjord geometry. (B)
232	Measu	ared $\delta^{18}$ O of chironomids from Scoop Lake (60.70° N 45.42° W; black dots; Lasher et al.,
233	2019),	three point moving average (orange line), and $1\sigma$ moving average uncertainty (orange
234	shadec	l area); (C) Alkenone air temperature reconstruction for Braya Sø, Greenland (von Gunten
235	et al., 2	2012) (66.99°N 51.03°W), showing sample density (white dots), uncertainty (blue
236	shadin	g), and JJA mean Nuuk air temperature (Vinther et al., 2006) (red line) with 10-year mean
237	(black	line). (D) 30 year running mean of DYE3 ice core $\delta^{18}$ O observations (Vinther et al., 2010)
238	and sta	andard deviation (red shading). Black dashed lines on panels B-D show the time period of
239	recons	tructed advance indicated on panel A.
240		
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- 350 FIGURES
- 351 Figure 1:







362 Figure 3:



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365 Figure 4:

