

**Please cite the Published Version**

Chen, S, Zhang, L, Tang, Y, Shen, C, Kumar, R, Yu, K, Tariq, U and Bashir, AK (2020) Indoor temperature monitoring using wireless sensor networks: a SMAC application in smart cities. *Sustainable Cities and Society*, 61. p. 102333. ISSN 2210-6707

**DOI:** <https://doi.org/10.1016/j.scs.2020.102333>

**Publisher:** Elsevier

**Version:** Accepted Version

**Downloaded from:** <https://e-space.mmu.ac.uk/626171/>

**Usage rights:**  [Creative Commons: Attribution-Noncommercial-No Derivative Works 4.0](https://creativecommons.org/licenses/by-nc-nd/4.0/)

**Additional Information:** This is an Author Accepted Manuscript of a paper accepted for publication in *Sustainable Cities and Society*, published by and copyright Elsevier.

**Enquiries:**

If you have questions about this document, contact [openresearch@mmu.ac.uk](mailto:openresearch@mmu.ac.uk). Please include the URL of the record in e-space. If you believe that your, or a third party's rights have been compromised through this document please see our Take Down policy (available from <https://www.mmu.ac.uk/library/using-the-library/policies-and-guidelines>)

# Indoor Temperature Monitoring Using Wireless Sensor Networks: A SMAC Application in Smart Cities

Shengbo Chen<sup>a,b</sup>, Lanxue Zhang<sup>a</sup>, Yuanmin Tang<sup>c</sup>, Cong Shen<sup>d</sup>, Roshan Kumar<sup>e</sup>, Keping Yu<sup>f,g,\*</sup>,  
Usman Tariq<sup>h</sup>, Ali Kashif Bashir<sup>i</sup>

<sup>a</sup>*School of Computer and Information Engineering, Henan University, Kaifeng 475001, China*

<sup>b</sup>*Shengmeng Technology Ltd, Jiangxi, 343000, China*

<sup>c</sup>*School of International Education College, Henan University, Kaifeng 475001, China*

<sup>d</sup>*Charles L. Brown Department of Electrical and Computer Engineering, University of Virginia, Charlottesville, VA 22904, USA*

<sup>e</sup>*School of Miami College, Henan University, Kaifeng 475001, China*

<sup>f</sup>*Global Information and Telecommunication Institute, Waseda University, Tokyo 169-8050, Japan*

<sup>g</sup>*Shenzhen Boyi Technology Company Ltd., Shenzhen 518125, China*

<sup>h</sup>*College of Computer Science and Engineering Prince Sattam bin Abdulaziz University, Saudi Arabia*

<sup>i</sup>*Department of Computing and Mathematics, Manchester Metropolitan University, United Kingdom*

---

\*Corresponding author: Keping Yu (keping.yu@aoni.waseda.jp).

# Indoor Temperature Monitoring Using Wireless Sensor Networks: A SMAC Application in Smart Cities

---

## Abstract

SMAC (Social, Mobile, Analytics and Cloud) technologies aim to bridge the cyber, physical and social spaces. The use of wireless sensor networks to monitor indoor temperature is a typical application in smart cities. Rather than splitting the measured temperature and the design of a sensor network, a cyber-physical design approach is proposed by this paper for indoor temperature monitoring using wireless sensor network. The source sensors adopt sleep/wake scheduling, that is, source nodes wake up and sense the temperature periodically. The temperature data is sent to the cloud server via multi-hop relaying sensor nodes in an anycast way. Each sensor decides how to route packets based on its local information and dynamically adjust the sleep/wake duty cycle according to the sensed temperature: if the measured temperature is within normal range, the sensor wakes up infrequently to achieve higher energy efficiency; and vice versa. We first propose an optimal delay algorithm for anycast protocol. The simulation results show that our approach outperforms other heuristic schemes. Furthermore, we implement the proposed algorithm using TelosB sensors with TinyOS. Experiments demonstrate that the designed system can report a temperature anomaly within a small delay and achieve good long-term energy efficiency at the same time.

*Keywords:* SMAC, Intelligent Computing, Wireless Sensor Network, Temperature Monitoring

---

## 1. Introduction

SMAC (Social Mobile Analytics and Cloud) is a combination of disruptive technologies. These technologies are believed to drive next-generation data analysis, and infiltrate intelligence and decision-making into the physical world, thereby continuously shaping future cities and enhancing the human experience in real time. Social networks are related to data generated from social media platforms. The data shows the customer schedule on the subject of trends and the interests of customers [1, 2]. Mobile devices have become the largest business-building community because they allow users to update their

8 profile, learn about the latest promotions, and track location by simply connecting to wireless signals [3].  
9 Analytics is now a cornerstone of innovation because it can make intelligent predictions about customer  
10 behavior in a relatively short period of time by looking at billions of customer data records available in  
11 databases [4]. Cloud computing makes it easy for companies to access data by renting data from cloud  
12 providers without investing millions of dollars in building a data warehouse [5].

13 Some works have applied SMAC technologies to smart home, smart agriculture and other fields, which  
14 achieved impressive results. The authors [6] use Internet of Things(IoT) and sensors to implement a  
15 long-term environmental monitoring system. The detailed design and components of the platform take  
16 into account the characteristics of low application cost, large number of sensors, fast deployment, long  
17 life, low maintenance, and good service quality. Malche [7] describes Frugal Labs IoT Platform (FLIP)  
18 for building IoT enabled Smart Home and introduces FLIP architecture with implementation of Smart  
19 Home services. The system continuously monitors home air quality and sends alerts to users if there are  
20 health risks. It also improves security because users can monitor all activities in their home. In addition,  
21 the system makes better use of energy and resources through smart lighting and smart air conditioning  
22 systems. In [8], the authors propose an environmentally sustainable home automation system model  
23 and control home IoT appliances through an internet-connected device. This model utilizes Android as  
24 the basic platform to ensure that the system can be widely used by customers, while the cost of the  
25 system is quite low. A new wireless mobile robot is designed and implemented based on the IoT in  
26 [9]. The main feature of this intelligent wireless robot is that it can perform tasks such as humidity  
27 sensing, startle birds, spray pesticides, move forward/backward and turn on/off electric motors. The  
28 robot has been shown to be very useful for intelligent agricultural systems. Chatap [10] investigates  
29 the latest cluster protocols for heterogeneous wireless sensor networks (WSN), and concludes through  
30 experiments that the proposed protocol has better performance than other existing cluster protocols in  
31 a heterogeneous WSN environment.

32 While tons of data is collected, it requires high computation capacity. As cloud storage servers  
33 store a large amount of data [11], cloud computing plays a key role in processing these high-volume  
34 data. On the other hand, with the increasing computing capacity and communication capabilities, fog-  
35 edge computing, as an important and effective supplement of cloud computing, has been widely used

36 to deal with the local real-time data. In fog-edge computing, cloud elastic resources are extended to  
37 the edge of the network, such as wireless sensors, mobile devices, smart objects and other IoT devices  
38 [12, 13, 14, 15, 16], in order to reduce the latency and network congestion.

39 As an important component for SMAC in smart cities, wireless sensor networks have been widely  
40 adopted for monitoring the physical environment. Temperature monitoring is one of the most successful  
41 applications of wireless sensor network. It becomes even more important with the fast growth of cloud  
42 computing, because cloud servers have to run in appropriate temperature range for purpose of achieving  
43 near-optimal capability and security. Because of the low maintenance and installation cost, wireless  
44 sensor networks have received lots of attention for monitoring indoor temperature [17]. Especially,  
45 densely deployed wireless sensors can be used to scale the temperature in a building without requiring a  
46 fixed wired connection [18]. The sensor networks can sense the temperature, which can be transmitted  
47 to a controller. If a temperature anomaly occurs, the cloud server will trigger an alarm.

48 In the existing sensor networks, on behalf of assuring the temperature reported anomaly in time, the  
49 sensors oblige to measure the environment often, which causes high energy consumption. Additionally,  
50 if the sensor networks struggle to have a better energy efficiency by prolonging the sleep period, it  
51 may not be capable to perceive the temperature anomaly in time, which can be unaccepted in certain  
52 applications. Therefore, it is distinct that there is an elementary tradeoff between detection delay and  
53 energy efficiency—the greater the duty cycle, the lower the energy consumption, but the longer the  
54 detection latency. The vital problem is how sensors regulate the duty cycles and determine routing  
55 based on local data and information.

56 In this paper, we propose an indoor temperature monitoring system using a cyber-physical method,  
57 where both the restrictions of wireless sensor networks (i.e., energy consumption) and the demands of  
58 the indoor temperature monitoring (i.e., low detection latency) are collectively considered. Exploring  
59 the *graduality* characteristic of the variations in temperature is the key idea. Particularly, the sensors  
60 are designed to regulate their own duty cycles according to the measured temperatures. The sensors  
61 will wake up rarely to achieve a high energy efficiency when the measured temperature is normal. On  
62 the other hand, if the temperature is anomalous, the sensor nodes reduce their duty-cycles in order that  
63 the temperature anomaly alarm will be triggered in time.

64 Sleep/wake scheduling in wireless sensor networks has been widely investigated in the literature;  
65 look the recent papers [19, 20, 21, 22, 23, 24] and the references therein. [25, 26, 27] have proposed  
66 synchronized sleep/wake protocols. But, such synchronization procedures cause attached communication  
67 overhead and result in low energy efficiency. [28, 29, 30] propose asynchronous sleep/wake scheduling  
68 protocols. In these protocols, every node wakes up independently for purpose of saving energy. However,  
69 additional delay produces at every hop because each node obliges to wait for its next-hop node waking up  
70 in order that the packet can be transmitted. In this paper, to solve the high detection latency problem,  
71 we employ an asynchronized sleep/wake protocol, and adopt anycast packet-forwarding schemes (a.k.a.  
72 opportunistic forwarding schemes). Such approach shows some characteristics resembling to both unicast  
73 and multicast, and has been shown to reduce the end-to-end latency efficiently. In particularly, nodes  
74 sustain multiple candidates of next-hop nodes and transmit their packets to the candidate node that  
75 wakes up first in anycast packet-forwarding schemes. Therefore, the one-hop delay can be reduced  
76 substantially by using anycast packet-forwarding scheme. Differing from the NQA algorithm proposed  
77 in [31] which can make full use of the preprocessing time to improve the efficiency performance, our  
78 designed indoor temperature monitoring system implements anycast, which not only has low detection  
79 latency of the temperature anomaly, but also achieves better energy efficiency.

80 The main contributions of this paper can be summarized as follows.

- 81 • We put forward a cyber-physical design of indoor temperature monitoring system with wireless  
82 sensor networks, in which the configuration of sensor nodes is dynamically regulated according  
83 to the measured temperature. This design employs an asynchronized sleep/wake protocol, and  
84 adopts anycast packet-forwarding schemes. We first propose an delay optimal scheme subject to  
85 network lifetime constraint, which is proven by both analysis and simulations.
- 86 • We illustrate an implementation of this architecture using TelosB sensors and the TinyOS operation  
87 system, and a theoretical analysis of the detection delay is also provided.
- 88 • We implement the proposed solution in a real-world platform, and experiment results are reported.  
89 In particular, latency and energy consumption measurements from these experiments prove the  
90 advantage of our approach.

## 91 2. System Model

92 We consider a wireless sensor network with  $N$  nodes. Assume there are multiple source nodes  
93  $N_{s_i}, N_{s_i} \in \mathbb{S}$ , and multiple destination nodes  $N_{d_i}, N_{d_i} \in \mathbb{D}$ , where  $\mathbb{S}$  and  $\mathbb{D}$  are the set of source nodes and  
94 destination nodes. Each source node can detect events by sensing the environment, such as monitoring  
95 temperature. When an event is detected, the source node will generate a packet and transmit to the  
96 destination node via multi-hop relay. We assume that all destination nodes are homogeneous, that  
97 is, a packet can be transmitted to any destination node rather than a particular sink. Note that our  
98 solution can be easily extended to the case when destination nodes are heterogeneous.

### 99 2.1. Sleep-wake Scheduling

All sensor nodes use sleep-wake scheduling to improve the energy efficiency. When a node has a packet to transmit, it keeps sending beacon signals until it receives an ACK from some relay node. When a node wakes up from the sleep mode, it performs sensing immediately. If it senses a beacon from upstream node, it replies an ACK. Then the packet will be transmitted. If it does not detect any beacon, the node goes back to sleep immediately. The sleep period  $X_i$  for each node  $i$  is assumed to be an independent exponentially distributed random period of time with mean  $\lambda_i$ . In this paper, we assume the event is rare and most energy is consumed for wake-up. Therefore, when node  $i$  wakes up more frequently, that is,  $\lambda_i$  is larger, the node consumes energy faster, while achieving a smaller delay. On the other hand, when  $\lambda_i$  is smaller, the node will have a larger delay while guaranteeing a better energy efficiency. Hence, we define the expected lifetime for node  $i$  as

$$L_i = \frac{E_i}{\lambda_i e_i}, \quad \forall i \in (1, \dots, N), \quad (1)$$

100 where  $E_i$  is the total energy available for node  $i$ , and  $e_i$  is the expected energy consumption rate for  
101 each wake-up period. We assume both  $E_i$  and  $e_i$  are known in advance.

### 102 2.2. Anycast Protocol

103 Each node  $i$  has multiple candidate relay nodes, which we call forwarding set  $\mathbb{F}_i$ . The node picks the  
104 first wake-up node in  $\mathbb{F}_i$  to transmit the packet. Since we assume the sleep periods to be exponentially

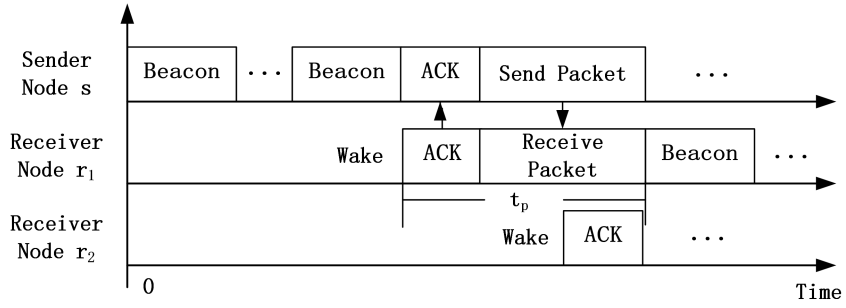


Figure 1: Anycast model

distributed for all nodes, the time before the first node wakes up is also exponentially distributed with  
parameter  $\sum_{j \in \mathbb{F}_i} \lambda_j$ . This means that the delay for next hop will be greatly reduced. Fig. 1 shows an  
example for anycast protocol, where one sender node has two nodes in its forwarding set. Since node  $r_1$   
wakes up before node  $r_2$ , the sender node sends the packet to node  $r_1$  after receiving ACK.

We define the expected delay from node  $i$  to destination nodes as  $D_i$ . Denote  $p_{ij}$  as the probability  
that node  $j$  wakes up first in the forwarding set and  $T_p$  is the packet transmission time. The delay  
 $D_i$  consists of three components: the time period for the first forwarding node wakes up, the packet  
transmission time to the forwarding node, and the expected delay for the forwarding node. Hence, we  
will have

$$D_i = \frac{1}{\sum_{j \in \mathbb{F}_i} \lambda_j} + T_p + \sum_{j \in \mathbb{F}_i} p_{ij} D_j. \quad (2)$$

Also because the sleep period is exponentially distributed, we have

$$p_{ij} = \frac{\lambda_j}{\sum_{k \in \mathbb{F}_i} \lambda_k}. \quad (3)$$

### 2.3. Problem Formulation

The objective is to minimized the expected delay from each source node to the destinations, while  
guaranteeing the lifetime of each node  $i$  is above some threshold  $\epsilon_i$ . Hence, the problem can be formulated



as

$$\begin{aligned}
 \text{Problem A:} \quad & \min_{\vec{\lambda}_i, \mathbb{F}_i} D_i \\
 \text{subject to} \quad & L_i \geq \epsilon_i, \forall i.
 \end{aligned} \tag{4}$$

### 110 3. Optimal Anycast Algorithm

111 In this section, we will first propose the optimal anycast algorithm, that is, the solution to Problem  
 112 A. Then we verify the optimality through simulations.

#### 113 3.1. Algorithm Description

114 We first describe our algorithm as follows:

#### 115 **OAA: Optimal Anycast Algorithm**

- 116 (1) Each node  $i$  initializes its delay by  $D_i = \infty$ ,  $\lambda_i = \frac{E_i}{\epsilon_i e_i}$ , and forwarding set  $\mathbb{F}_i = \mathcal{C}_i$ , where  $\mathcal{C}_i$  is the  
 117 set of all nodes that are in the communication range of node  $i$ .
- 118 (2) For each iteration, each node  $i$  updates its delay by Eqn. (2) and Eqn. (3).
- (3) For each iteration, each node  $i$  updates its forwarding set by

$$\mathbb{F}_i = \{j \in \mathcal{C}_i | D_j \leq D_i - T_p\}. \tag{5}$$

- 119 (4) If both  $D_i$  and  $\mathbb{F}_i$  keep the same from iteration  $h - 1$  to  $h$  for each node  $i$ , the algorithm stops.  
 120 Otherwise, return to Step 2.

121 The optimality of **OAA** is characterized by the following theorem:

122 **Theorem 1:** The delay for each node is minimized under **OAA**.

123 *Proof.* We need to prove that the optimal forwarding set should be selected according to Eqn. (5).

124 Assume that the optimal forwarding set  $\hat{\mathbb{F}}_i$  is not selected according to Eqn. (5). There will be two  
 125 cases.

126 Case 1:  $\hat{\mathbb{F}}_i \supset \mathbb{F}_i$ . This means that some node  $j \in \hat{\mathbb{F}}_i$  has its delay  $D_j > D_i - T_p$ . Clearly, according  
 127 to Eqn. (2), the delay  $D_i$  can be reduced if this node  $j$  is removed from the forwarding set.

Case 2:  $\hat{\mathbb{F}}_i \subset \mathbb{F}_i$ . This means that some node  $k \notin \hat{\mathbb{F}}_i$  has its delay  $D_k < D_i - T_p$ . We will show that  
 if we include node  $k$  in the forwarding set, the new delay  $\hat{D}_i$  is smaller than  $D_i$ . According to Eqn. (2)  
 and (3), we have

$$\begin{aligned} \hat{D}_i - D_i &= \frac{\sum_{j \in \mathbb{F}_i \cup k} \lambda_j D_j + 1}{\sum_{j \in \mathbb{F}_i \cup k} \lambda_j} - \frac{\sum_{j \in \mathbb{F}_i} \lambda_j D_j + 1}{\sum_{j \in \mathbb{F}_i} \lambda_j} \\ &= \lambda_k \frac{\sum_{j \in \mathbb{F}_i} \lambda_j D_k - \sum_{j \in \mathbb{F}_i} \lambda_j D_j - 1}{\sum_{j \in \mathbb{F}_i \cup k} \lambda_j \cdot \sum_{j \in \mathbb{F}_i} \lambda_j} \end{aligned} \quad (6)$$

From Eqn. 2, we have

$$\sum_{j \in \mathbb{F}_i} \lambda_j D_j = (D_i - T_p) \cdot \sum_{j \in \mathbb{F}_i} \lambda_j - 1. \quad (7)$$

128 Combining Eqn. 6 and 7, we have  $\hat{D}_i - D_i < 0$  given that  $D_k < D_i - T_p$ . This means that the delay  
 129 can be reduced if we include node  $k$  in the forwarding set.

130 Hence, we conclude that the optimal forwarding set should be selected according to Eqn. (5).  $\square$

## 131 3.2. Simulations

### 132 3.2.1. One source to one destination

133 We randomly generate a network with 100 nodes containing one source node and one destination  
 134 node. As shown in Fig. 2, the source node and the destination node are at the bottom-left and top-right  
 135 corner, respectively. We assume that all nodes have the same lifetime constraint  $\epsilon_i = 1, \forall i$ , i.e.,  $L_i \geq 1$ ,  
 136 but with different energy availability  $\frac{E_i}{e_i}$ , which is in the range [5,15]. Thus, according to Eqn. (1), the  
 137 sleep period for node  $i$  is generated following exponentially distribution with parameter  $\lambda_i = \frac{E_i}{e_i}$ . The  
 138 transmission delay  $T_p$  is assumed to be 0.1 second.

139 We first use **OAA** to calculate the delay and the forwarding set for each node. Then for each run of  
 140 the simulation, one packet is generated and transmitted to the destination via anycast. The red curve  
 141 in Fig. 2 demonstrates an example of the routing path, while the green dash lines are the forwarding

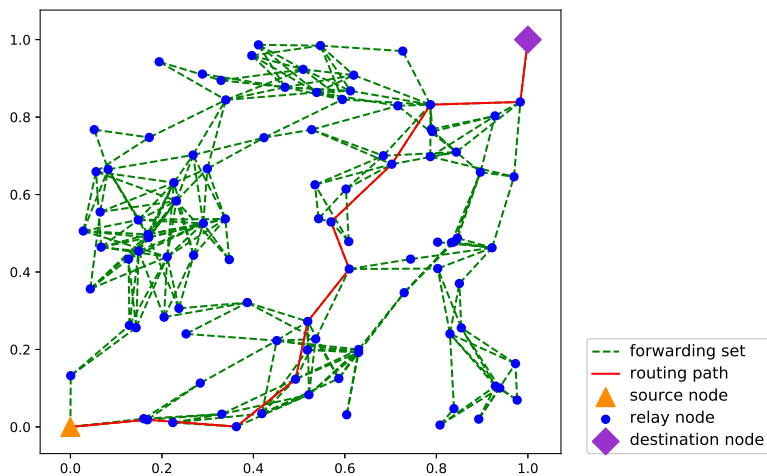


Figure 2: Example for the anycast routing with one source and one destination

142 sets. We repeat running the simulation for 10000 times and average the delays for the source node. We  
 143 obtain the average delay of source node, which is 1.754 second, while the calculated expected delay is  
 144 1.753 second. We can see that the simulation result and the analytical result are almost identical.

145 Besides the anycast routing, we also simulate the deterministic routing scheme, where each node  
 146 chooses the node with the minimum delay in its forwarding set as the next hop. In this case, the average  
 147 source-to-end delay is 9.0210 second, which is 80.6% higher than the delay for anycast.

148 We also compare the delays under different schemes, as shown in Fig. 3. The x-axis is the lifetime  
 149 constraint  $\epsilon_i$ , and the y-axis is the simulated delay. The blue curve is the delay of our **OAA** algorithm.  
 150 The orange curve, labeled as “Deterministic routing” represents the scheme which always selects the  
 151 node with the smallest delay in the forwarding set. Similarly, the green and red curves, represent the  
 152 schemes that always choose 2 and 3 nodes in the forwarding set, respectively. It can be seen that the  
 153 delay of our **OAA** algorithm is smaller than all other heuristic schemes.

### 154 3.2.2. One source to multiple destinations

155 The settings of this simulation are the same as the previous simulation except that there are three  
 156 destination nodes, as shown in Fig. 4. The average delay for source node over 10000 runs is 1.107  
 157 second, while the analytical expected delay is 1.110 second for anycast routing. Similarly, the average  
 158 delay for deterministic routing is 1.350 second, which is 17.8% higher than anycast routing.

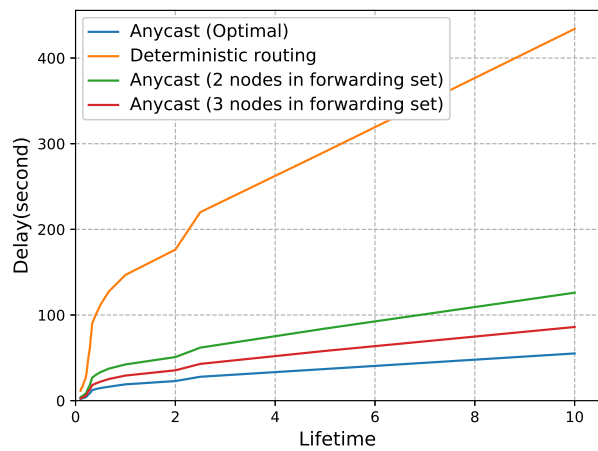


Figure 3: The delay versus lifetime under different schemes

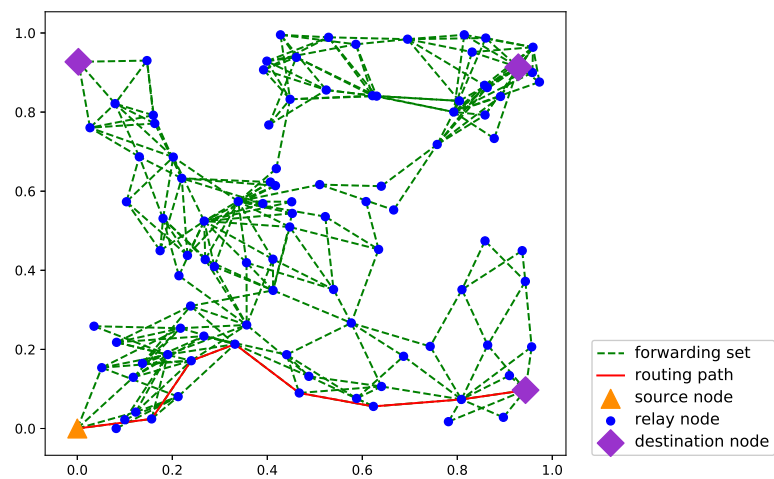


Figure 4: Example for the anycast routing with one source and three destinations

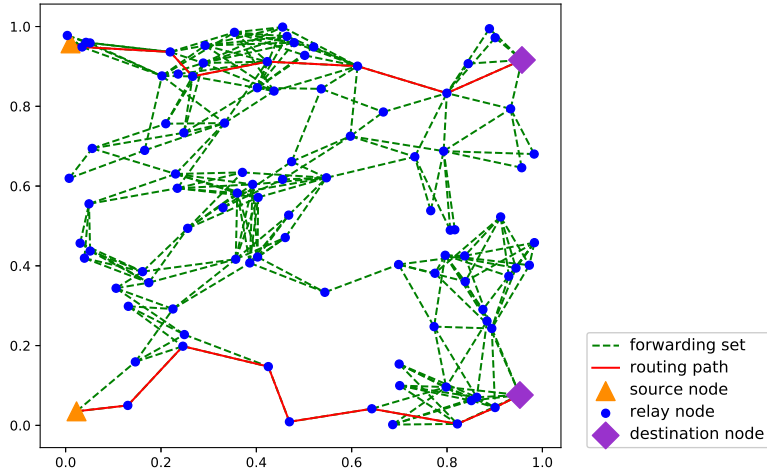


Figure 5: Example for the anycast routing with two sources and two destinations

### 159 3.2.3. Multiple Sources to Multiple Destinations

160 In this part, we use two source nodes and two destination nodes, as shown in Fig. 5, while other  
 161 settings remain the same. The average delays for both source nodes over 10000 runs are 1.348 second  
 162 and 1.203 second, respectively, while the analytical expected delays are 1.420 second and 1.204 second.  
 163 Similarly, the average delays for deterministic routing are 1.682 second and 1.511 second, respectively,  
 164 which shows that anycast routing achieves better average delays by 19.9% and 20.4% than deterministic  
 165 routing, respectively.

## 166 4. Experiment Design

### 167 4.1. Hardware Platform

168 Our system is built based on the TelosB sensors with TinyOS operation systems [32]. TelosB has  
 169 a MSP430 microcontroller, as well as a CC2420 communication chipset using IEEE 802.15.4. It has  
 170 many superiorities, such as high data rate and low power rate. And the USB of TelosB can be used  
 171 for programming, debugging and collecting data. We show the TelosB hardware platform that we use  
 172 in this work in Fig. 6. In particular, SHT11 is the component for temperature sensing. SHT11 also  
 173 combines its sensor with signal-processing element on a footprint and a fully calibrated digital output  
 174 is provided. The CMOSens@ technology provides good stability and reliability, which is connected to  
 175 TelosB through I<sup>2</sup>C.

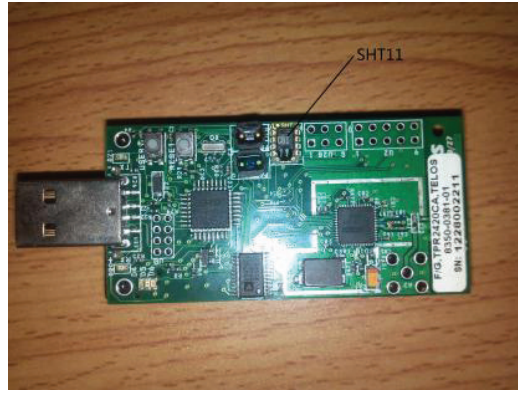


Figure 6: TelosB with SHT11.

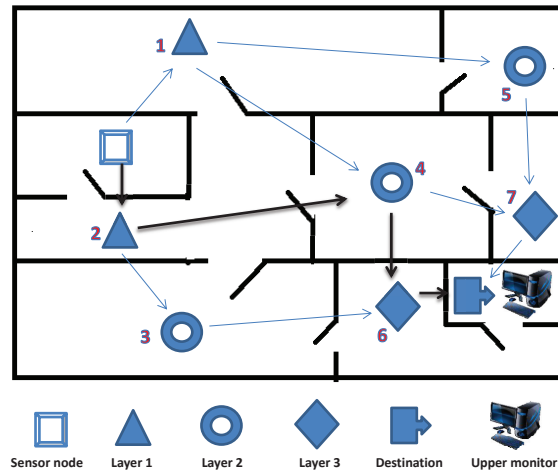


Figure 7: Illustration of the network topology.

176 TinyOS is an open-source operation system designed for wireless sensor network, which can sup-  
 177 port complex, concurrent programs requiring low memory and low-power operations [33]. It has a  
 178 lightweight thread technology, component-based architecture, active message communication model,  
 179 and event-driven execution model. Component-based architecture enables quick development, as its  
 180 library includes lots of key elements, like wireless protocols, sensor drivers, distributed services, and  
 181 data collecting tools. The event-driven execution model can deal with greatly concurrent events and  
 182 realize good energy efficiency.

#### 183 4.2. Network Topology

184 In our implementation, we deploy nine sensors within six rooms, where the topology is shown in Fig. 7.  
 185 The network consists of one source node, one destination node and seven relay nodes. The source node  
 186 uses sleep-wake scheduling and measures the temperature. The destination node requires to receive the

187 measured temperature from the source and then transmit to the server. As the destination node is out  
 188 of the transmitting range of the source node, relaying nodes are needed for packets forwarding. The  
 189 relay nodes are categorized into distinct layers, according to the hops away from the source. For the  
 190 network in Fig. 7, node 1 and 2 can directly hear the packets from the source, thus they are called layer  
 191 1 nodes. Analogously, layer 2 consists of nodes 3, 4 and 5, and layer 3 includes nodes 6 and 7. Notice  
 192 that the forwarding set is determined by the number of hops from the source, which is optimal in this  
 193 setting.

194 When powering on the network, the initialization is done first in order that relay nodes are cat-  
 195 egorized to diverse layers. A control frame including an 8-bit content *layernum* is used during the  
 196 initialization process. Particularly, once the source node wakes up, it will broadcast this packet includ-  
 197 ing *layernum=0x00* periodically for a long time, e.g., 5 second, to ensure that all adjacent nodes received  
 198 it. The source node then broadcasts *layernum=0xff* to claim the accomplishment of initialization. After  
 199 the control packet is received by a node, it will analyze the payload and make decision consequently.  
 200 More explicitly, if received *layernum* is not the same as 0xff and smaller than a local variable *mylayer*  
 201 (the default value is 0xfc), the node sets *mylayer* to be *layernum+1*. After *layernum=0xff* is received,  
 202 it begins to broadcast its own control packet with *layernum=mylayer* in a similar way as the source.  
 203 This procedure keeps iterating until each node gets its own layer. The procedure is shown in Fig. 8.  
 204 Node 1 and 2 figure out that they are layer 1 after receiving the control frame from the source. Equally,  
 205 Node 3, 4 and 5 know that they are layer 2, and Node 6 and 7 are layer 3.

206 In the data transmission, the transmitter's layer information is included in the beacon. Once a  
 207 beacon is detected, the relay node extracts the layer number and drops the packets with a larger layer  
 208 number. When the control packet with a layer number is received by the destination node, it will  
 209 broadcast 0xfd to claim that it is the destination. Table 1 summarizes the functionalities of *layernum*.

210 Table 1: Functionality of *layernum* in control packet.

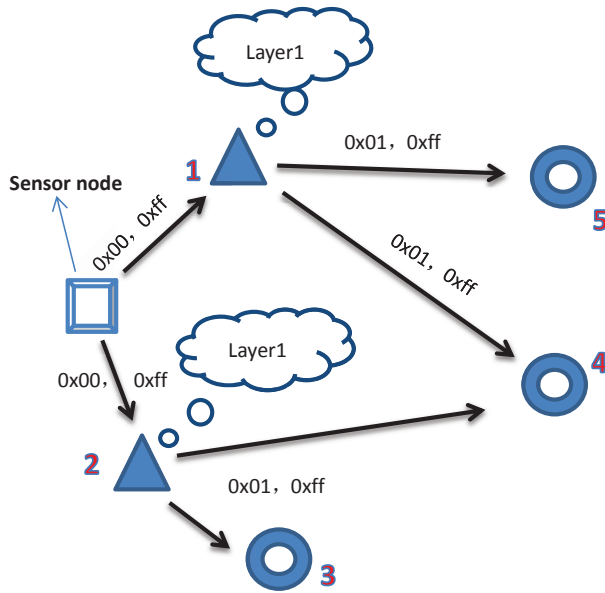


Figure 8: Illustration of the layer division process.

<i>layernum</i>	functionality
0x00-0xfb	$mylayer = layernum + 1$ if $mylayer < layernum$
0xfd	it is the destination node
0xfe	one of the following layer is down, broadcast again to check
0xff	start broadcasting

211

## 212 5. Cyber-Physical System Design

### 213 5.1. Sleep/Wake Scheduling

214 In order to reduce the energy consumed in wireless sensor networks, all nodes adopt the Low Power  
 215 Listening (LPL) [34], which is a MAC-layer technique. Nodes wake up periodically to sense the channel.  
 216 LPL has been realized in TinyOS.

217 We adopt a dynamic *Temperature-Determined Duty Cycle* (TDDC) scheme for all nodes in the  
 218 system. Particularly, after the source sensor measures the temperature or the relay sensors parsed the  
 219 temperature, they regulate the sleep-wake cycle according to a pre-determined function between the



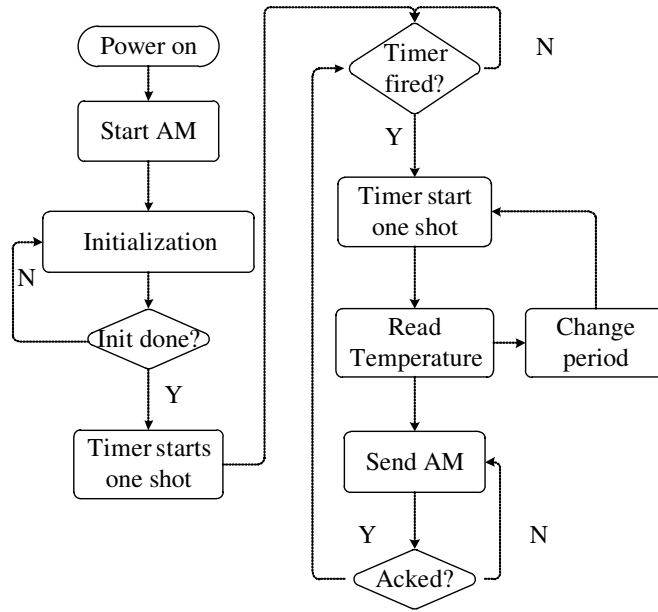


Figure 9: Flow chart of the sensor node protocol.

220 duty cycle parameter and the temperature. If the temperature is abnormal, the nodes can reduce the  
 221 sleep period in order to wake up more frequently for monitoring the temperature.

## 222 5.2. Anycast Protocol

223 In this subsection, we list the protocol by different sensor node categories.

### 224 5.2.1. Source Node

225 Fig. 9 illustrates the protocol flow chart for a source node. Once the sensor wakes up, we initiate a  
 226 timer, which aims to determine the period to measure temperature. When the timer ends, the sensor  
 227 node measures the temperature, regulates its duty cycle length, and broadcasts the packet. After the  
 228 temperature is measured, the sensor keeps transmitting the beacon until receiving an ACK from layer  
 229 1 node. It will then go back to sleep, the length of which is determined by its current measured  
 230 temperature.

### 231 5.2.2. Relay Sensor

232 The protocol flow chart for a relay node is given in Fig. 10. A relay sensor wakes up based on its  
 233 own duty-cycle period. When the relay node wakes up, it senses the channel immediately. If there are  
 234 no beacon, the relay node goes back to sleep. Otherwise, relay node will send an ACK and receive the

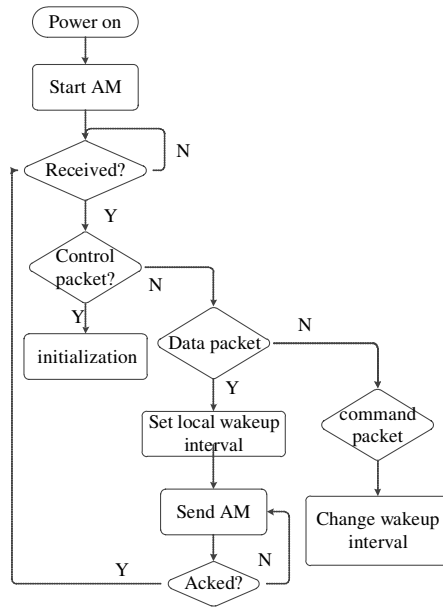


Figure 10: Flow chart for the relay node protocol.

235 packet.

236 There are three packet categories. *Data packets* are the ones from the source, in which includes a  
 237 temperature value (16 bits), a counter number (8 bits), a layer information (8 bits), and a sample period  
 238 (16 bits). The sample period is to determine the duty cycle, i.e., the interval for wake up. Transmitting  
 239 a packet backwards is prevented by layer information. The counter aims to perceive possible duplication  
 240 of the packets. More specifically, the new packet will be dropped if the counter is same as the counter  
 241 for some previously received packet. *Control packets* aim for the initialization process, where a layer  
 242 number (8 bits) is embedded. *Command packets* are from the destination sensor. The target is to adjust  
 243 the wake-up interval of relay nodes. A counter number (8 bits) and a parameter (8 bits) are included  
 244 in the message.

### 245 5.2.3. Destination Sensor

246 The destination node and the server (a PC) are connected using USB. Since it is powered by USB,  
 247 it keeps monitoring the channel. All received packets are forwarded to the server for post-processing.

### 248 5.3. Delay Analysis

249 Source-to-end delay is a key factor in designing alarming system. When temperature anomaly  
 250 happens, it requires a small delay. In our system, the delay is primarily from relay nodes which adopts

251 LPL strategy.

252 In this subsection, we will obtain the source-to-end delay theoretically, which sheds light on the  
253 system performance. Assume that the sleeping periods for all the relay nodes are an independent and  
254 identically distributed (i.i.d) uniform distribution, then we have the probability density function for any  
255 node.

256 Assume that there are  $n$  nodes in the next layer, whose time to wake-up are donated as  $X_1, X_2, \dots, X_n$ ,  
257 respectively. Then, the delay for the first wake up node is given by  $X = \min(X_1, X_2, \dots, X_n)$ , and the  
258 distribution function is derived as:

$$\begin{aligned} F_X(x) &= P(X \leq t) = 1 - P(X > t) \\ &= 1 - P(X_1 > t, X_2 > t, \dots, X_n > t) \\ &= 1 - \prod_{i=1}^n P(X_i > t) \\ &= 1 - \prod_{i=1}^n [1 - F_{X_i}(x)] \end{aligned}$$

Thus, we have

$$F_X(x) = 1 - [1 - F_{X_i}(x)]^n = \begin{cases} 1, & x \geq t_m \\ 1 - (1 - \frac{x}{t_m})^n, & 0 < x < t_m \\ 0, & x \leq 0 \end{cases}$$

and we can derive the pdf of X as

$$f_X(x) = \begin{cases} \frac{n}{t_m} (1 - \frac{x}{t_m})^{n-1}, & 0 < x < t_m \\ 0, & \text{else} \end{cases}$$

259 Therefore, we can write the expectation of this layer delay as

$$\begin{aligned}
 E_n(X) &= \int_{-\infty}^{+\infty} x f_X(x) dx \\
 &= \int_0^{t_m} x \frac{n}{t_m} \left(1 - \frac{x}{t_m}\right)^{n-1} dx \\
 &= \frac{t_m}{n+1}
 \end{aligned}$$

260 Consider the network in Fig. 7, since there are two layer 1 nodes connecting to the source sensor,  
 261 the delay is  $E_2(X) = \frac{t_m}{3}$ . Similarly, the delay to layer 2 is  $\frac{1}{2} \times \frac{t_m}{3} + \frac{1}{2} \times \frac{t_m}{3} = \frac{t_m}{3}$ , and the delay to layer  
 262 3 is  $\frac{1}{4}E_1(X) + \frac{1}{2}E_2(X) + \frac{1}{4}E_1(X) = \frac{1}{2} \times \frac{t_m}{3} + \frac{1}{2} \times \frac{t_m}{2}$ . Thus, the total delay is

$$E(X) = \frac{5}{2} \times \frac{t_m}{3} + \frac{1}{2} \times \frac{t_m}{2} = \frac{13}{12}t_m.$$

263 It is noticed that  $t_m$  is a function of measure temperature in our design. When temperature raises,  
 264  $t_m$  will decline, which result in a smaller source-to-end delay.

## 265 6. Implementation

### 266 6.1. Temperature Record

267 To mimic a anomalous temperature, a lighter is used to increase the temperature. The flame first  
 268 gets closer to the source node in order that the temperature gets higher, and then remove away from  
 269 the source. The recorded temperature is illustrated in Fig. 11. Each dot in the figure represents a data  
 270 packet, the blue line denotes the time stamps when the controller receive a packet. We can see that the  
 271 data packets are generated more frequently during high temperature, which can be expected from our  
 272 design. An alarm will be triggered and displayed if the temperature is higher than an threshold (set to  
 273 be 50 degree celsius in our design).

### 274 6.2. Relationship between Delay and Temperature

275 The source-to-end delay is measured and compared to the theoretical analysis in previous section.  
 276 Note that the wake up period of relay nodes  $t_m$  is a function of the temperature:  $t_m$  declines when the  
 277 temperature increases, and vice versa. To efficiently and effectively measure the delay, the destination

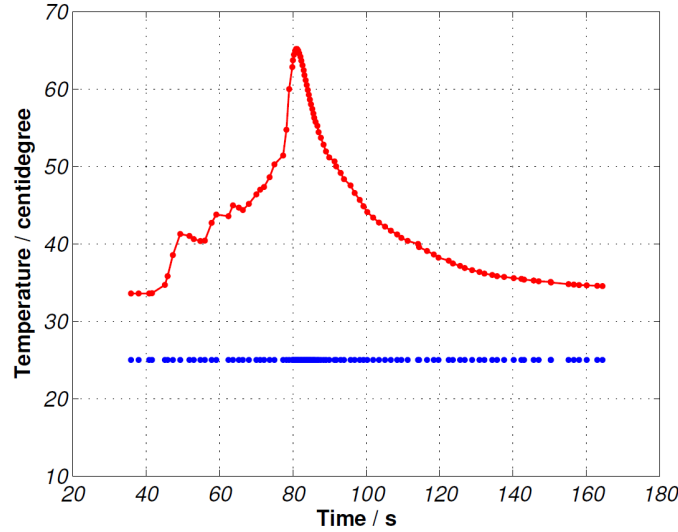


Figure 11: An example for temperature record.

278 node is allowed to transmit packets back to the source node. The packets from the source include a  
 279 counter number (named *count*). When the source node forwards a packet, it saves the current time in  
 280 *systime[count]*. When a packet is received by the destination, an ACK packet including the counter  
 281 number will be forwarded back to the source node through a quick backward path, which consists of all  
 282 relay nodes monitoring all the time rather than using LPL. So, the delay for the back path is relatively  
 283 small and is considered negligible comparing to the forward-path delay. The sensor node reads the timer  
 284 and calculates the delay when it receives the data packet.

```

285 btrpkt = (AckMsg*)payload;
286 count = btrpkt->ct;
287 time_now = Timer1.getNow();
288 delay[count] = time_now - systime[count];

```

289 We report the average measured delay under different temperatures in Fig. 12, using the network  
 290 topology and measurement strategy mentioned above. The theoretical result is also shown for compar-  
 291 ison.

292 We can observe from Fig. 12 that the theoretical delay is always 100ms smaller than the measured  
 293 delay, but the shape of both matches well. The key reason for the difference is as follows: it takes time  
 294 for sending, receiving and processing packets, but they are not taken into account in the mathematical

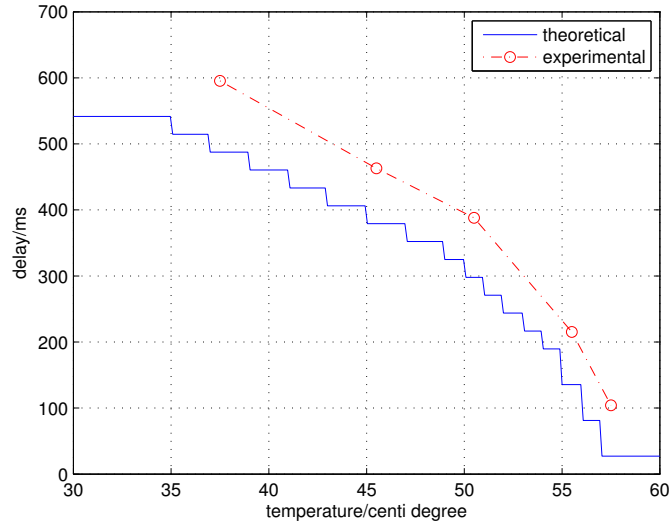


Figure 12: Delay versus temperature.

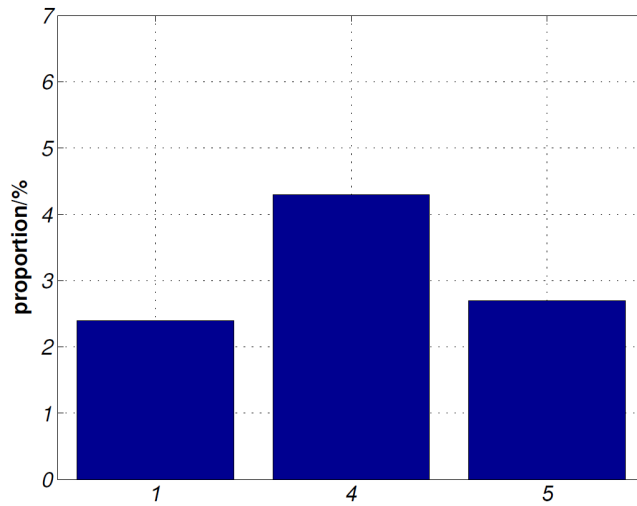


Figure 13: Proportion of the wake-up state of node 1, 4 and 5.

295 analysis. Moreover, the delay will get shorter when temperature increases, and the overall trend coincides  
296 with our mathematical analysis.

### 297 6.3. Wake-up State Proportion

298 As the relay sensors use the LPL strategy, they only wake up for a short time period to sense the  
299 channel. To transmit a packet, it needs a longer period since it has to wait for a wake-up node in its  
300 forwarding set. Since the time for sending a packet is much larger than the time for wake up, we neglect  
301 the latter one and only measure the former in this experiment.

302 When the sensor receives a packet, we record a system time stamp as *starttime* (32 bits). After  
303 the node receive an ACK, the current time will also be recorded as *finishtime* (32 bits). Hence, we  
304 can derive the wake-up delay for each packet by  $finishtime - starttime$ . It is noted that the delay is  
305 less than the true value, since the RF cannot be stopped immediately when the transmission finishes.  
306 Nevertheless, since the unmeasured delay is much smaller than the wake-up delay, ignoring it will not  
307 result in any meaningful mismatch.

308 We test node 1, 4 and 5 for 30 minutes when the temperature is 55.5 degrees, and the result is  
309 plotted in Fig. 13. As we can see, the ratio of the wake-up state is around 2% - 5%. In particular, for  
310 each 100 seconds, node 1 wakes up for 2.4 seconds; node 4 wakes up for 4.3 seconds and node 5 for  
311 2.7 seconds. We thus conclude that our design has a small proportion for wake-up and high the energy  
312 efficiency compared to the case without LPL.

## 313 7. Conclusion

314 In this work, we develop a cyber-physical-social design approach for temperature monitoring with  
315 wireless sensor networks. The source nodes adopt sleep/wake scheduling, that is, wake up and sense the  
316 temperature with duty cycles, and forward the data to the destination through multi-hop relaying nodes  
317 with anycast protocol. We first show an optimal delay algorithm, which is proven analytically and via  
318 simulations. We further implement this anycast scheme on a sensor platform. We dynamically adjust the  
319 period of sleep/wake duty-cycle based on the measured temperature. Particularly, when the measured  
320 temperature is in the normal range, the sensor nodes wake up infrequently in order to achieve high energy

321 efficiency. On the other hand, if the sensed temperature increases closer to a threshold, the sensors wake  
322 up more frequently so that the an alarm can be triggered in time. We implement our design using  
323 TelosB sensors with TinyOS, and we show that experimental delay matches our mathematical analysis.  
324 Besides, it can detect and report a temperature alarm with a small delay while achieving high energy  
325 efficiency over a long duration.

## 326 ACKNOWLEDGMENT

327 This work is extension of our previous work published in the 2017 IEEE Wireless Communications  
328 and Networking Conference (WCNC), San Francisco, CA, 2017 [35]. This work was supported by Japan  
329 Society for the Promotion of Science (JSPS) Grants-in-Aid for Scientific Research (KAKENHI) under  
330 Grant JP18K18044, the Ji'An Finance & Science Foundation under Grant No. [2019]55, and the Grant  
331 for Ji'An Key Lab of computer-aided diagnosis for mental disease.

## 332 References

- 333 [1] H. Elazhary, Internet of things (iot), mobile cloud, cloudlet, mobile iot, iot cloud, fog, mobile  
334 edge, and edge emerging computing paradigms: Disambiguation and research directions, Journal  
335 of Network and Computer Applications 128 (2019) 105 – 140.
- 336 [2] J. Loy-Benitez, Q. Li, K. Nam, C. Yoo, Sustainable subway indoor air quality monitoring and fault-  
337 tolerant ventilation control using a sparse autoencoder-driven sensor self-validation, Sustainable  
338 Cities and Society 52 (2020) 101847.
- 339 [3] T. Guelzim, M. Obaidat, B. Sadoun, Chapter 1 - introduction and overview of key enabling tech-  
340 nologies for smart cities and homes, in: M. S. Obaidat, P. Nicopolitidis (Eds.), Smart Cities and  
341 Homes, Morgan Kaufmann, Boston, 2016, pp. 1 – 16.
- 342 [4] M. K. Saggi, S. Jain, A survey towards an integration of big data analytics to big insights for  
343 value-creation, Information Processing & Management 54 (5) (2018) 758 – 790, in (Big) Data we  
344 trust: Value creation in knowledge organizations.



- 345 [5] S. Jegadeesan, M. Azees, P. M. Kumar, G. Manogaran, N. Chilamkurti, R. Varatharajan, C.-H.  
346 Hsu, An efficient anonymous mutual authentication technique for providing secure communication  
347 in mobile cloud computing for smart city applications, *Sustainable Cities and Society* 49 (2019)  
348 101522.
- 349 [6] D. Punniamoorthy, V. S. Kamadal, B. Srujana Yadav, V. S. Reddy, Wireless sensor networks for  
350 effective environmental tracking system using iot and sensors, in: 2018 2nd International Conference  
351 on I-SMAC (IoT in Social, Mobile, Analytics and Cloud) (I-SMAC)I-SMAC (IoT in Social, Mobile,  
352 Analytics and Cloud) (I-SMAC), 2018 2nd International Conference on, 2018, pp. 66–69.
- 353 [7] T. Malche, P. Maheshwary, Internet of things (iot) for building smart home system, in: 2017  
354 International Conference on I-SMAC (IoT in Social, Mobile, Analytics and Cloud) (I-SMAC),  
355 2017, pp. 65–70.
- 356 [8] S. L. S. Sri Harsha, S. C. Reddy, S. P. Mary, Enhanced home automation system using internet of  
357 things, in: 2017 International Conference on I-SMAC (IoT in Social, Mobile, Analytics and Cloud)  
358 (I-SMAC), 2017, pp. 89–93.
- 359 [9] K. L. Krishna, O. Silver, W. F. Malende, K. Anuradha, Internet of things application for implemen-  
360 tation of smart agriculture system, in: 2017 International Conference on I-SMAC (IoT in Social,  
361 Mobile, Analytics and Cloud) (I-SMAC), 2017, pp. 54–59.
- 362 [10] A. Chatap, S. Sirsikar, Review on various routing protocols for heterogeneous wireless sensor net-  
363 work, in: 2017 International Conference on I-SMAC (IoT in Social, Mobile, Analytics and Cloud)  
364 (I-SMAC), 2017, pp. 440–444.
- 365 [11] Y. Xu, J. Ren, Y. Zhang, C. Zhang, B. Shen, Y. Zhang, Blockchain empowered arbitrable data  
366 auditing scheme for network storage as a service, *IEEE Transactions on Services Computing*.
- 367 [12] F. Al-Turjman, A. Malekloo, Smart parking in iot-enabled cities: A survey, *Sustainable Cities and*  
368 *Society* 49 (2019) 101608.

- 369 [13] S. E. Bibri, The iot for smart sustainable cities of the future: An analytical framework for sensor-  
370 based big data applications for environmental sustainability, *Sustainable Cities and Society* 38  
371 (2018) 230 – 253.
- 372 [14] Z. A. Khan, Using energy-efficient trust management to protect iot networks for smart cities,  
373 *Sustainable Cities and Society* 40 (2018) 1 – 15.
- 374 [15] Y. Xu, J. Ren, G. Wang, C. Zhang, J. Yang, Y. Zhang, A blockchain-based nonrepudiation network  
375 computing service scheme for industrial iot, *IEEE Transactions on Industrial Informatics* 15 (6)  
376 (2019) 3632–3641.
- 377 [16] M. Diaz, C. Martin, B. Rubio, State-of-the-art, challenges, and open issues in the integration of  
378 internet of things and cloud computing, *Journal of Network and Computer Applications* 67 (2016)  
379 99 – 117.
- 380 [17] I. Akyildiz, W. Su, Y. Sankarasubramaniam, E. Cayirci, *Wireless sensor networks: a survey*, *Com-  
381 puter Networks* 38 (4) (2002) 393 – 422.
- 382 [18] J. Li, J. He, A. Arora, Thermonet: fine-grain building comfort-efficiency assessment, in: *Proceedings  
383 of the 3rd ACM Workshop on Embedded Sensing Systems for Energy-Efficiency in Buildings*, 2011,  
384 pp. 43–44.
- 385 [19] J. Kim, X. Lin, N. Shroff, P. Sinha, Minimizing delay and maximizing lifetime for wireless sensor  
386 networks with anycast, *IEEE/ACM Transactions on Networking* 18 (2) (2010) 515–528.
- 387 [20] Y. Z. Zhao, C. Miao, M. Ma, J. B. Zhang, C. Leung, A survey and projection on medium access  
388 control protocols for wireless sensor networks, *ACM Computing Surveys* 45 (1) (2012) 1–37.
- 389 [21] A. Bachir, M. Dohler, T. Watteyne, K. Leung, MAC essentials for wireless sensor networks, *IEEE  
390 Communications Surveys and Tutorials* 12 (2) (2010) 222–248.
- 391 [22] S. K. Mohapatra, P. K. Sahoo, S.-L. Wu, Big data analytic architecture for intruder detection in  
392 heterogeneous wireless sensor networks, *Journal of Network and Computer Applications* 66 (2016)  
393 236 – 249.

- 394 [23] S. Tian, S. M. Shatz, Y. Yu, J. Li, Querying sensor networks using ad hoc mobile devices: A  
395 two-layer networking approach, *Ad Hoc Networks* 7 (5) (2009) 1014 – 1034.
- 396 [24] M. Abujubbeh, F. Al-Turjman, M. Fahrioglu, Software-defined wireless sensor networks in smart  
397 grids: An overview, *Sustainable Cities and Society* 51 (2019) 101754.
- 398 [25] W. Ye, J. Heidemann, D. Estrin, Medium access control with coordinated adaptive sleeping for  
399 wireless sensor networks, *IEEE/ACM Transactions on Networking* 12 (3) (2004) 493–506.
- 400 [26] T. van Dam, K. Langendoen, An adaptive energy-efficient MAC protocol for wireless sensor net-  
401 works, in: *Proceedings of the 1st International Conference on Embedded Networked Sensor Systems*,  
402 2003, pp. 171–180.
- 403 [27] G. Lu, B. Krishnamachari, C. Raghavendra, An adaptive energy-efficient and low-latency MAC  
404 for data gathering in wireless sensor networks, in: *18th International Parallel and Distributed*  
405 *Processing Symposium*, 2004, pp. 224–232.
- 406 [28] C. Schurgers, V. Tsiatsis, S. Ganeriwal, M. Srivastava, Optimizing sensor networks in the energy-  
407 latency-density design space, *IEEE Transactions on Mobile Computing* 1 (1) (2002) 70–80.
- 408 [29] J. Polastre, J. Hill, D. Culler, Versatile low power media access for wireless sensor networks, in:  
409 *Proceedings of the 2nd International Conference on Embedded Networked Sensor Systems*, 2004,  
410 pp. 95–107.
- 411 [30] J. Polastre, J. Hui, P. Levis, J. Zhao, D. Culler, S. Shenker, I. Stoica, A unifying link abstraction  
412 for wireless sensor networks, in: *Proceedings of the 3rd International Conference on Embedded*  
413 *Networked Sensor Systems*, 2005, pp. 76–89.
- 414 [31] X. Wang, L. T. Yang, H. Li, M. Lin, J. Han, B. O. Aduhan, Nqa: A nested anti-collision algorithm  
415 for rfid systems, *ACM Transactions on Embedded Computing Systems* 18 (4).
- 416 [32] Telosb, <http://openwsn.berkeley.edu/wiki/TelosB>.
- 417 [33] Tinyos, <http://www.tinyos.net/>.

- 418 [34] C. Merlin, W. Heinzelman, Duty cycle control for low-power-listening MAC protocols, IEEE Trans-  
419 actions on Mobile Computing 9 (11) (2010) 1508–1521.
- 420 [35] C. Shen, S. Chen, A cyber-physical design for indoor temperature monitoring using wireless sensor  
421 networks, in: 2017 IEEE Wireless Communications and Networking Conference (WCNC), 2017,  
422 pp. 1–6.