Jiscmail: ‘running cultures’

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#R3FEST  #RUNRUNRUNART

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Jiscmail: ‘Running Cultures’

RUNNING ARTFULLY ACROSS DISCIPLINES

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‘This cannot be sorted by three men in London telling people what to do. It's got to be social mobilisation by people’. We need ‘multidisciplinary science’ and ‘engagement with public’. ‘Culture change’ requires the ‘community's lived experience’
#MagicCarpet  2017-2019 with Professor of Psychiatry Philip Asherson KCL

Website:  www.kaisyngtan.com/magiccarpet  Booklet:  https://issuu.com/kaisyngtan/docs/2019_magiccarpet_booklet_drkaisyngtan

Above: Bush House Arcade, London 2018. Photo by Alex Lloyd
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Jean-Jacques Rousseau
Les rêveries du promeneur solitaire
Préface de Jean Greuter

1776-1778
flaneur
Situationists
The Poem of Hashish
Jean-Jacques Rousseau
Les rêveries du promeneur solitaire
Richard Long
Francis Alys
‘Western civilization was born with the promenade.

Walking is a sensitive, spiritual act’

- Alain Finkielkraut in Bremner 2007
Diagram of the Homo erectus
By Daniel Lieberman 2015
Run II
Unfinished Dialogues
RUN! RUN! RUN! RUN! 2014

‘Live’ Fest
Talk Fest
Touch Fest

pop-up museum
Film Fest
Art Fest
Posters
PRODUCTIVE ANTAGONISMS:

... a willingness to explore, experiment, mess around with unexpected and indeed unlikely lines of connection and influence. [...] this is something artists are very skilled at. Making good art involves a willingness to practice a bit of ill-discipline. A willingness to run across the boundaries that separate disciplines. [...] It is often where antagonistic disciplinary knowledges rub up against each other where the most fertile paths are to be found.

-- Latham and Tan, Cultural Geographies, 2016
https://journals.sagepub.com/doi/abs/10.1177/1474474017702511
RUN! RUN! RUN! RUN! 2014

‘Live’ Fest
Talk Fest
Touch Fest
pop-up museum
Film Fest
Art Fest
Posters
EXISTING CANON:
walking flaneur
Situationists
Richard Long
Alan Turing
Run Lola Run
Haruki Murakami

"RUNNING STUDIES" (Gregg Whelan 2015)
Run III
Restless Times
‘Humanity is heading for collapse’.

– Monika Büscher
(in Tan and Southern, 2018)
'TAKing Back CONTROL' Priti Patel vows to end freedom of movement ‘once and for all’ after Brexit

Alex Matthews
1 Oct 2019, 16:33 | Updated: 1 Oct 2019, 19:11
'It is paramount that WE – a sensible number – search for pathways that avoid collapse'.

– Monika Büscherer
(in Tan and Southern, 2018)
Look at your first drafts of draft 1st ways:

world as body

body as world

poetic

I would like to put a sentence like this in our manifesto:

I apologize for my handwriting!
'Jogging is about the management of the body. It has nothing to do with meditation'.

-- Alain Finklekraut, 2007, France 2
'Whenever things look worst, human beings run the most. Running booms were reported during the Great Depression, the early 1970’s after the Vietnam war and after the September 11 attacks.'

—Christopher McDougall, 2009, p.11
RUNNING ARTFULLY

A creative paradigm to approach critical issues today?
Run IV

Artful steps
Kathryn Switzer, Boston Marathon 1967

Tarahumara: since 1600s, run up to 200 miles in 2 days

Sophie Power during a 103-mile race, 2018
Leeds: seminar
Cardiff: live art, stadium
London: film screening
Free To Run, founded by Stephanie Case  http://www.freetorun.org
Run V

Artful steps: Running Adrifts

By Dr Elisa Hererra Altamarino of Capicua Movlab (Mexico/Spain) https://vimeo.com/298670996
Run VI

Artful steps: Playing

The Loneliness of the Long Distance Runner.
Film by Tony Richardson 1962, from a book by Alan Sillitoe 1959
Run VII

Silencing the Unfit Critics
‘Western civilization, in its best sense, was born with the promenade. Walking is a sensitive, spiritual act. [...] Jogging has nothing to do with meditation.’

-- Alain Finklekraut, 2007, *France 2*
‘Western civilization, in its best sense, was born with the promenade. Walking is a sensitive, spiritual act. […] Jogging has nothing to do with meditation.’

-- Alain Finklekraut, 2007, France 2

To invigorate literary mind, start moving literary feet.

Running! If there's any activity happier, more exhilarating, more nourishing to the imagination, I can't think of what it might be.

– Joyce Carol Oates, 1999
‘Le jogging est-il de droite?’

'(Is jogging right-wing?)

– Libération, 2007
‘Le jogging est-il de droite?’

'(Is jogging right-wing?)

— Libération, 2007

‘When you run, you disentangle yourself from logical thinking, from efficiency thinking, from thinking for a purpose

In running ideas are wild, there is an ongoing guerrilla of ideas going on in the mind and this unleashes quite extraordinary associations [...]’

It is thinking while in motion, which for me is thinking in its most purest form. All writers are long distance runners.’

-- Abdelkader Benali, 2012
Author and sub 3hr marathoner
‘I would never have believed that the New York City Marathon could make one weep. It’s a vision of Doomsday. [...] They are all seeking death, the death from exhaustion [...] there are too many of them and their message no longer has any meaning [...] [It is] an obscure message about a super human and futile effort’.

Jean Baudrillard, 1989
‘I would never have believed that the New York City Marathon could make one weep. It’s a vision of Doomsday. [...] They are all seeking death, the death from exhaustion [...] there are too many of them and their message no longer has any meaning [...] [It is] an obscure message about a super human and futile effort’.

Jean Baudrillard, 1989

‘Sceptics simply know not what they miss.

Those favouring a sedentary lifestyle inadvertently spend much of [their lives] in a slightly depressed mental state’.

Mike Stroud, 1999
Physician & adventurer
‘I would never have believed that the New York City Marathon could make one weep. It’s a vision of Doomsday. [...] They are all seeking death, the death from exhaustion [...] there are too many of them and their message no longer has any meaning [...] [It is] an obscure message about a super human and futile effort’.

Jean Baudrillard, 1989

Moving around meant that animals bumped into each other far more often, both literally and figuratively, which in turn enabled a greater web of potential interactions between species...

—Nick Lane, 2009
Biochemist
'I would never have believed that the New York City Marathon could make one weep. It’s a vision of Doomsday. [...] They are all seeking death, the death from exhaustion [...] there are too many of them and their message no longer has any meaning [...] [It is] an obscure message about a super human and futile effort'.

Jean Baudrillard, 1989

We are soft and nimble when alive, firm and rigid when dead.

— Lao Zi, 500BCE
'I would never have believed that the New York City Marathon could make one weep. It’s a vision of Doomsday. [...] They are all seeking death, the death from exhaustion [...] there are too many of them and their message no longer has any meaning [...] [It is] an obscure message about a super human and futile effort'.

Jean Baudrillard, 1989

We are soft and nimble when alive, firm and rigid when dead.

— Lao Zi, 500BCE
Run VIII

Artful steps: Playing a child
Like a child that has not yet learnt to smile, restless as if I have no home to return to.

— Lao Zi, 500BCE
We are soft and nimble when alive, firm and rigid when dead.

— Lao Zi, 500BCE
Founder, Daoism/Taoism
We are soft and nimble when alive, firm and rigid when dead.

— Lao Zi, 500BCE
Founder, Daoism/Taoism
Dao = way, path, course; doctrine and discourse
discourse (Latin, discursus, a running from one place to another) A continuous stretch of language containing more than one sentence: conversations, narratives, arguments, speeches.
Pheidippides, who ran from Marathon to Athens to deliver message of victory of Battle of Marathon, 500BC. Statue along Marathon Road

Chasqui, or person of relay, who ran 240km a day to deliver and translate messages during the Inca Empire
http://cuzcoeats.com/chasquis-communication-incas-time/
Run X
Unfinished Discourses
Running Artfully
Network (RAN)

Artist-led directive within the Running Cultures Research Group (74 members)

https://www.jiscmail.ac.uk/cgi-bin/webadmin?A0=RUNNING-CULTURES
Elisha Nochomovitz ran 42.2km in 600 laps along 7-metre-long balcony.

Toulouse, France.

Instagram: les_athletes_francais
19 March 2020
‘Missions will continue to operate during this period with enhanced safety procedures. We will work with our partners to ensure that risks are minimised and that we are able to make a contribution to supporting those who are isolated and lonely. We will aim to work more closely with partners such as the Red Cross and Hospital Discharge Teams to safely support those who need our help’
Hope is a belief that what we do might matter, an understanding that the future is not yet written. It’s informed, astute open-mindedness about what can happen and what role we may play in it. [...] It means [...] not assuming you know what will happen when the future is unwritten, and part of what happens is up to us.

-- Rebecca Solnit 2017

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HANDS ON ACTIVITY
HANDS ON ACTIVITY
FEET ON ACTIVITY
Elisha Nochomovitz ran 42.2km/ 600 laps along 7 metre-long balcony. Toulouse, France. Instagram: les_athletes_francais 19 March 2020

The Oregon State Penitentiary Running Program. 5-10K races since 1970’s. Quarter mile track
http://www.wvroadrunners.org/pententiary.pdf

By Xavier De Maistre (1763–1852) in 1790. 1825 sequel: A Nocturnal Expedition Around My Room
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