Global Insights into the Clinical Management of Type 2 Diabetes mellitus:
a Context Specific view of Nigeria on Drivers and Barriers to Clinical Nursing Management

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- Whilst the impacts of socio-economic and psychological factors on its management are well evidenced, understanding of organisational factors in the context of primary care is equally pivotal.
- Considerations to the geo-political and cultural context of healthcare provision could identify additional information towards type 2 diabetes management.
- Nurses are an integral part of health professionals whose experiences of evidence-based practice, could potentially contribute to the modernisation of nursing care for people living with type 2 diabetes.

**Aim**

To understand and analyse nurses’ perceptions on drivers of and barriers to type 2 diabetes management in Nigeria.

**Methods**

- Adopted a Grounded Theory approach via the integration of a Constant Comparison Method.
- Nurses of various professional and educational background participated.
- 17 semi-structured interviews were conducted.
- Data sets were analysed using Framework Analysis by Ritchie and Spencer (1994).

**Stages of Data Analysis**

1. Familiarisation
2. Identifying thematic framework
3. Indexing
4. Charting
5. Mapping & Interpretation

**Results**

Five themes emerged from the research;
- Relationship-related factors.
- Clinic arrangement factors.
- Knowledge-management factors.
- Information-management factors.
- Resource-related factors.

**THEME 1**

**Relationship related factors**

- As a driver of t2dm management
  - Tell the truth about DM, Humour and listen more.
- As a barrier to t2dm management
  - Language

**Conclusions**

There is a critical implication to frequently review the structure and culture of the hospital setting. Consider the extraneous macro level factors that impact on patient care.

**References**