

# CREATIVE STATES OF MIND

PSYCHOANALYSIS AND THE ARTIST'S PROCESS

PATRICIA TOWNSEND



# PSYCHOANALYSIS AND THE CREATIVE PROCESS

Dr Patricia Townsend

*28 March 2019 Thursday 17:00-19:00*

*Book & exhibition launch with discussion with artist-curator Dr Kai Syng Tan*

*All welcome. Book free tickets here: <https://bit.ly/2FeAfrL>*

*Social, Genetic and Developmental Psychiatry Centre,  
Institute of Psychiatry, Psychology and Neuroscience  
King's College London, 16 De Crespigny Park, London SE5 8AF*

Artist and psychotherapist Patricia Townsend talks about her new book *Creative States of Mind: Psychoanalysis and the Artist's Process* and about how psychoanalysis can help to shed light on the way creative people work.

The book presents a new psychoanalytic view of the artist's creative process, rooted in artists' own accounts of their experiences. It draws on the writing of Donald Winnicott, Marion Milner and Christopher Bollas to illuminate the processes the artists describe.

Patricia was formerly consultant psychotherapist at St George's Eating Disorders Service (as Patricia Marsden). As an artist, she works with photography, video and installation and her artworks have been exhibited internationally in gallery exhibitions and film screenings. She completed her PhD at UCL Slade School of Fine Art.

*Website: [www.patriciatownsend.net](http://www.patriciatownsend.net)*

*Book: [www.routledge.com/9780367146160](http://www.routledge.com/9780367146160)*

*Venue: <https://bit.ly/2CkAobj>*

*The exhibition runs until 26 April 2019. Enquiries: [Kai.tan@kcl.ac.uk](mailto:Kai.tan@kcl.ac.uk)*