

Running

as an
urban
app



light-hearted

belly-
knowledge

hard-to-
feet-on

light-footed
feet on the ground
footloose
body = world = body

+ foot-notes on the
enactment of running in
the thinking process and
the (difficult + dizzying +
delirious) enactment
of running in the
(re-)presentation
process

kaisyngtan.com



<http://prezi.com/user/kaisyngtan/>



FreeMovie.com



Wild... ..

Running in the forest: landscape ideals and running practices in the welfare society

1. A moral landscape for fitness running materialised in the 60s - 70s. The landscape was constituted of bodily practices & ideals, landscape representations, nature ideals, etc.
2. This was challenged by another moral geography (jogging) in the late 1970s, which explains the complexity of the current landscape.



Mattias Qvistrom's talk



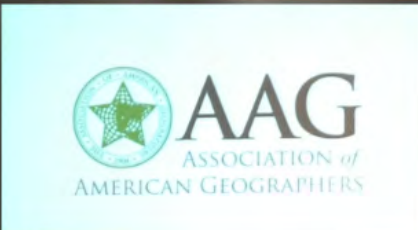
Malmö, 2015 May



Wild Strawberries
Ingmar Bergman 1957

Becky Mansfield's talk

non-dualism
Anthropocene
more-than-human
geontology
post-natural
relational
socioecological
situated knowledges
new materialism
second nature
material-semiotic
processual
produced
hybrid
hyphenated
multinatural
becoming
assemblage
socioecological
post-wild
emergent
man-land
constructed
post-human



Chicago 2015 April






Sergei Eisenstein



Chris Marker



 Prezi
President, USA



re-view

re-vision

re-visit

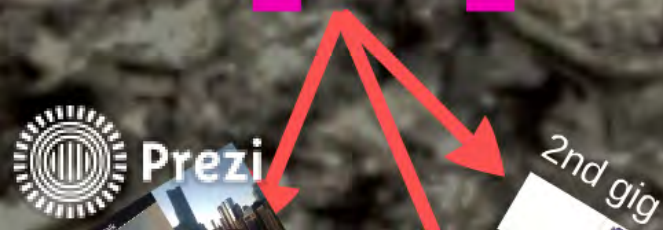
A dark pigeon is standing on a ground covered in mud and debris. In the background, there is a carrot. In the foreground, there is a piece of white paper or plastic. The scene is dimly lit, suggesting an outdoor setting with shadows.

Variation 3

London 2015 June 29

Running

as an
urban
app





osing
ering
ning
tising
icating
place (French)

CORRELATING

mapping

collaging

 *in pictures*

TEXT

IMAGE

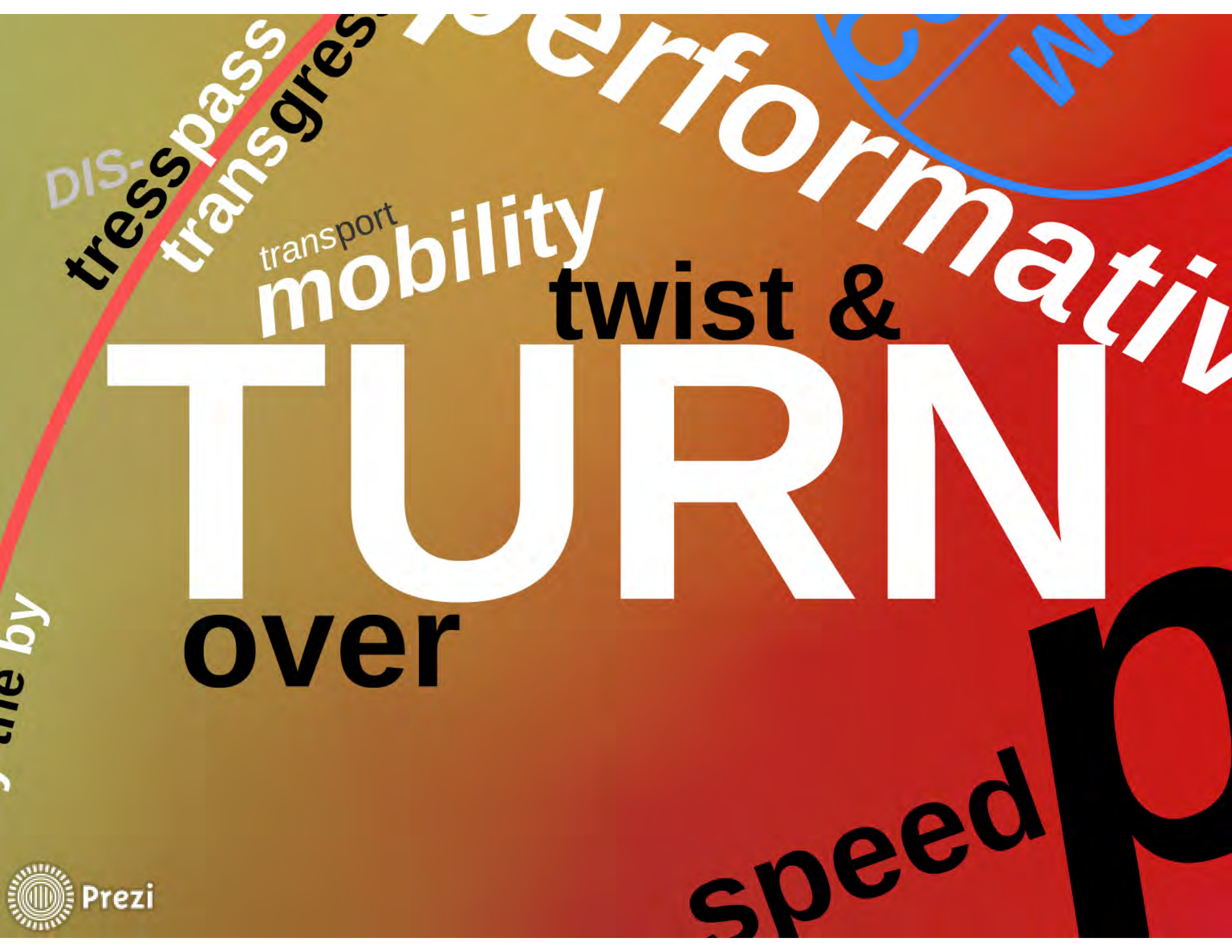


aesthetics
aesthetics
kin-

Law &
Urry 2004

Prezi





DIS-
trespass
transgress

transport
mobility

twist &

TURN

over

performance
information

speed

10

by

dis

interruptive





**the thinking process and
the (difficult + dizzying +
delirious) enactment
of running in the
(re-)presentation
process**



Chris Marker

moving images

My book includes a wide array of images not to illustrate my discourse but to offer a spatial and visual 'parallel narrative' to my exploration.

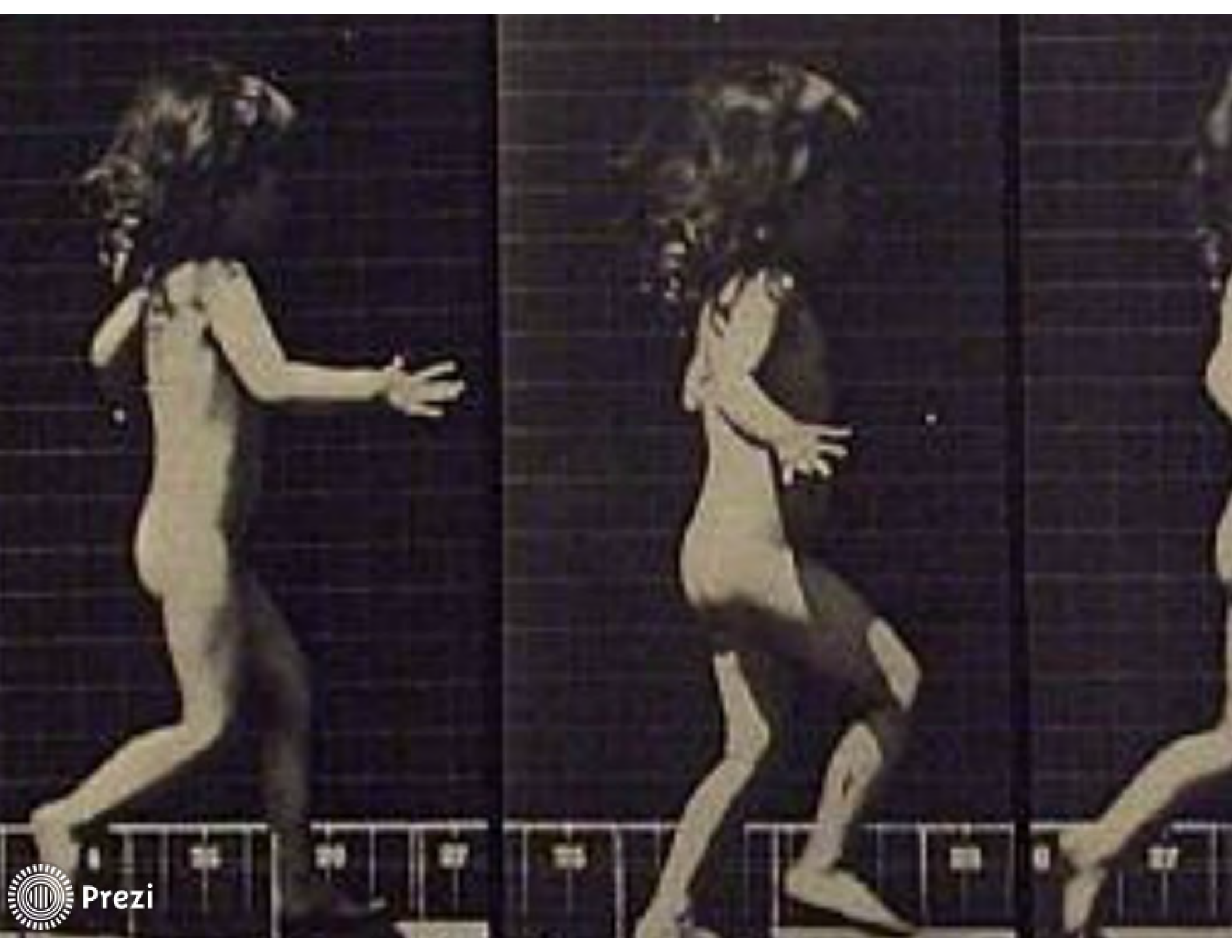
Peter Sloterdijk 2011



complicating
problematizing
de-centering
juxtaposing
next (Latin)
poser: to place (French)

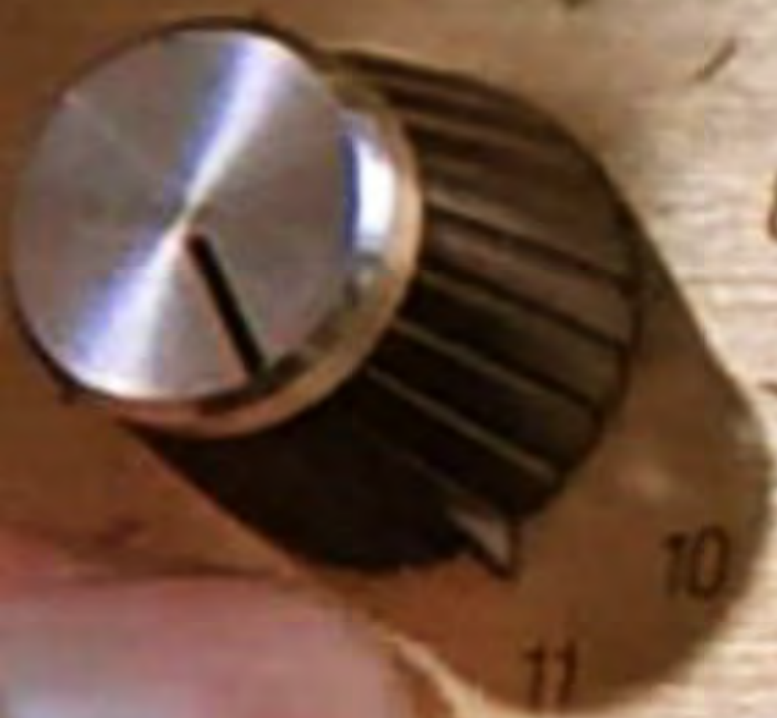
centering
ntrifying

CORRE

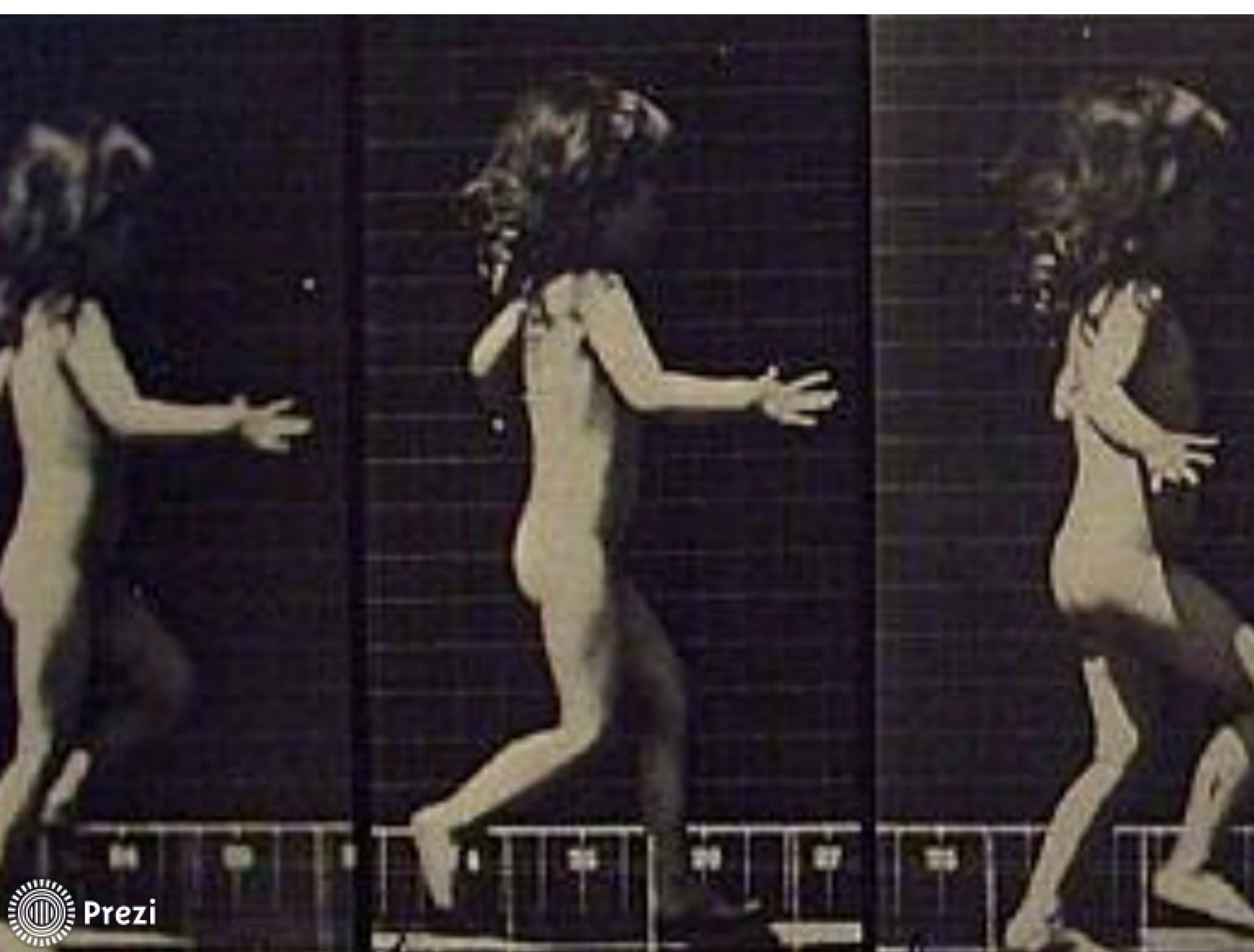


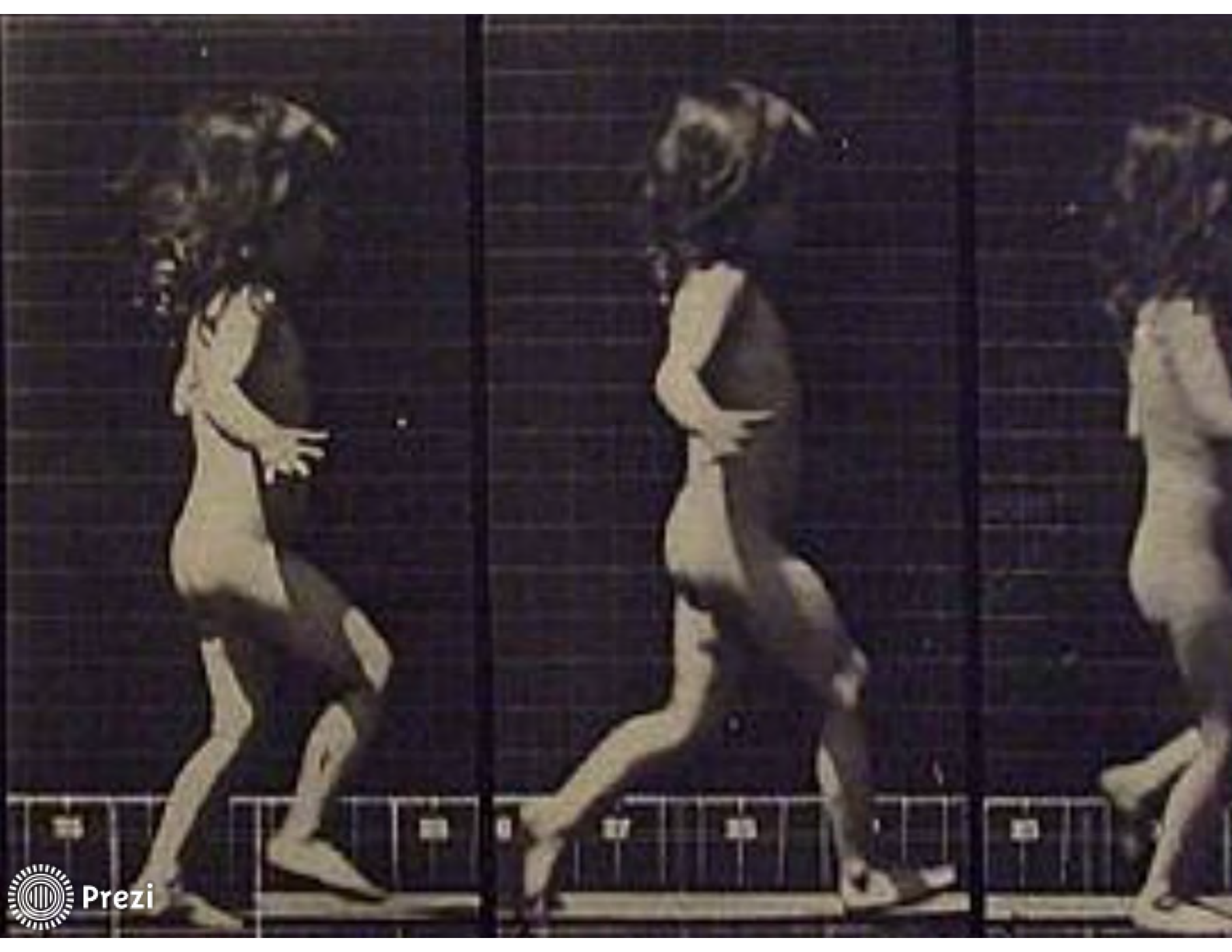
VOLUME I

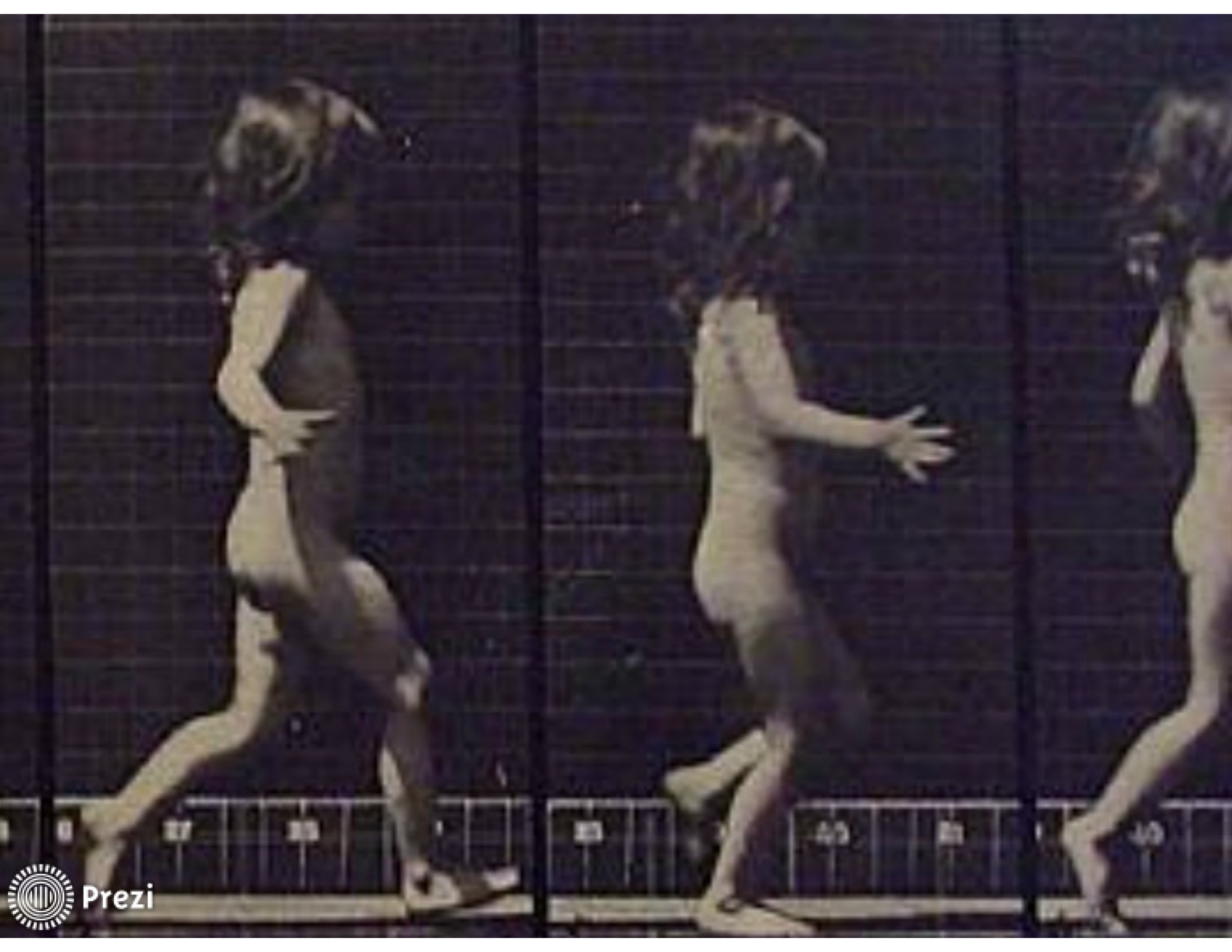
VOLUME II











NEWS ENGLAND

Are we becoming a nation of runners?

By Katie Wray
BBC News

More than 2 million regular runners

















Prezi





DIS-
gress **pass**
gress
transport
mobili-

ure **FINISHING**

~~toe~~

dead
life
line

upset offset
CROSS fe

over





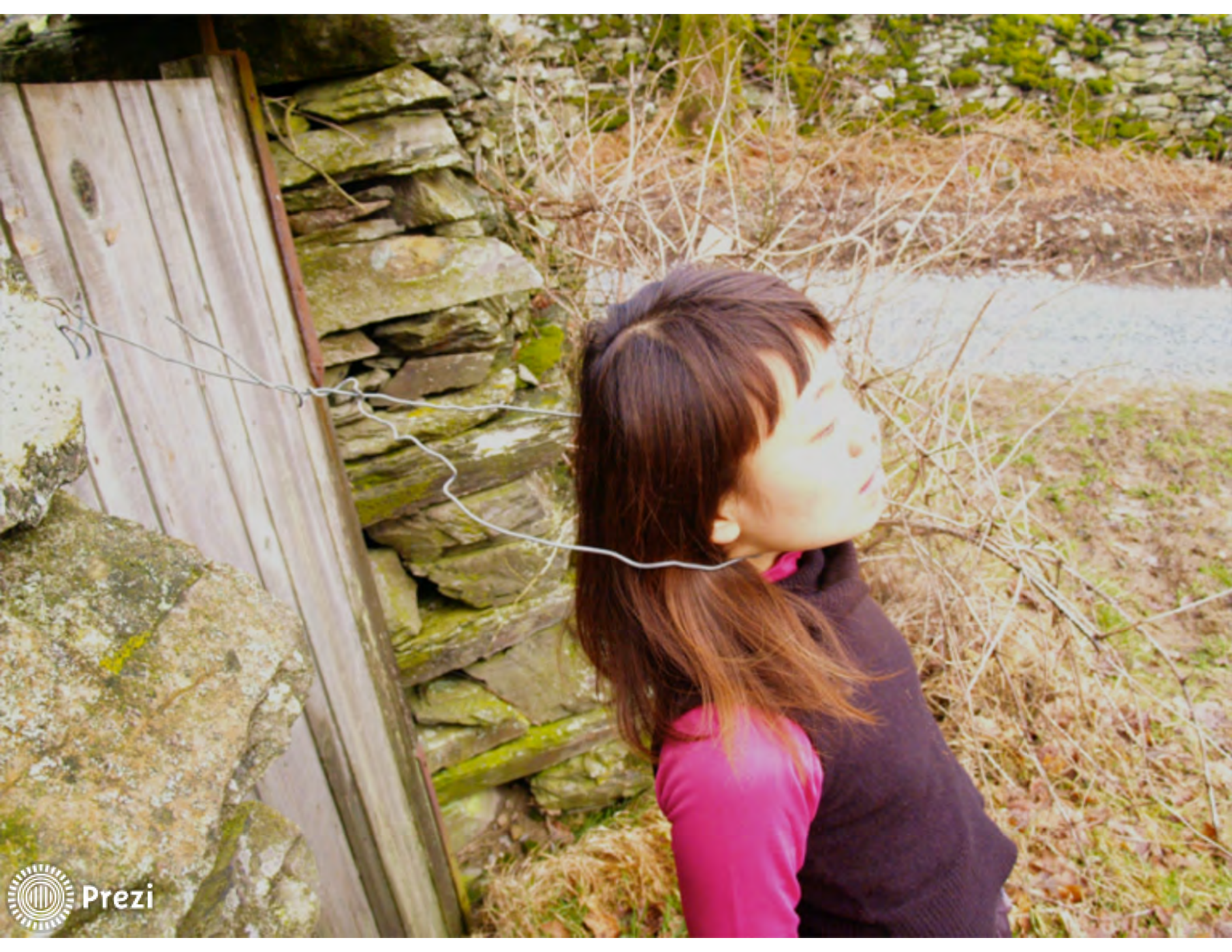


SINGAPORE ZOO



FROZEN PORK 速冻猪肉
Best Value High Quality Pork 2008 2009















August - now: Shin splint and tendonitis on right leg. The taping did no thing, not even a placebo effect.

2010

Conundrum for past 4 weeks: rest to heal, or run at halffold through pain and risk more injury. We chose the latter. We wouldn't use this as a cheap excuse for our upcoming first Life 1.0 marathon this Sunday in Surrey- we will complete the run . by hook, by crook, or by crawling, if need be.



May: Blister on sole/ soul



May: blisters on toes



February: tendonitis on both legs



LEFT WRIST: swelling



RIGHT LEG: bruise on knee, shin...



LEFT FOOT: protrusion



March: Cuts and bruises on both elbows after we fell head over heels along Fuston Road.



Ongoing, ever since we picked up running: black toes with fallen nails.

2013



9 September: Bruises on both kneecaps. These however are not running injuries - a drunk imbecile knocked us down from behind. We dropped on our knees, so other than our cool, we lost nothing. 'What's your fucking problem?' we shouted.



December 2009: Scratches and bruises on kneecaps, having fallen off the treadmill

2009



ongoing



2009



2013



2013



2014



Prezi





SINGAPORE ZOO

Singapore is managed by a regime that has excluded accident and randomness: even its nature is entirely remade. It is pure intention: if there is chaos, it is authored chaos; if it is ugly, it is designed ugliness; if it is absurd, it is willed absurdity. Singapore represents a unique ecology of the contemporary.



Rem Koolhaas 1995

OXFORD CIRCUS STATION

Standard



sport

am

transport

mobility

tw

running:
no carbon footprints,
fun fun fun

tube: too many strikes
too dear

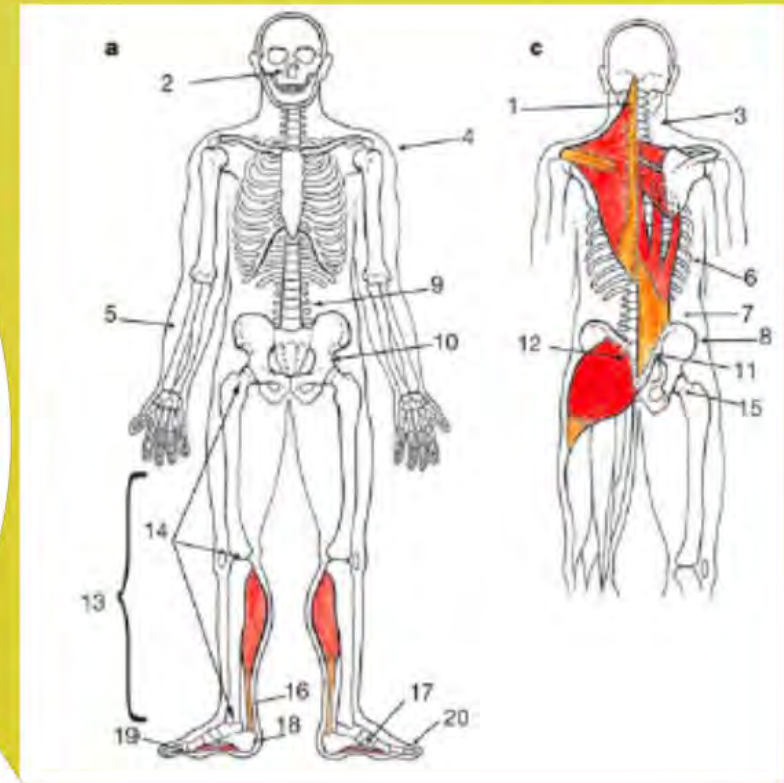
driving:
traffic jams
pollution

cab-waiting:
too passive

walking: too slow

cycling: still
not safe

The human body is a beautifully-tuned running machine tailor-made for sustained running.



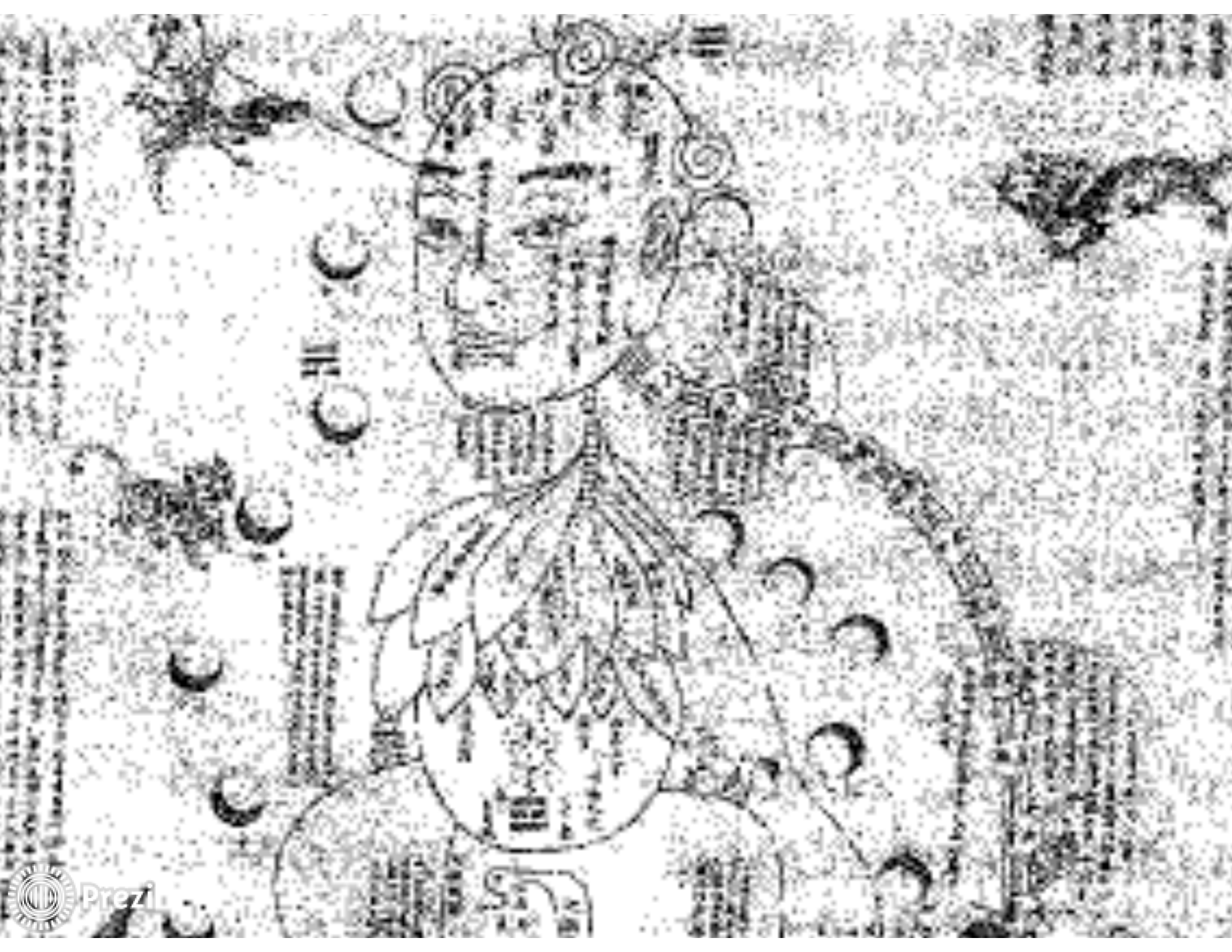
Bramble & Lieberman 2006



TAO TEH CHING

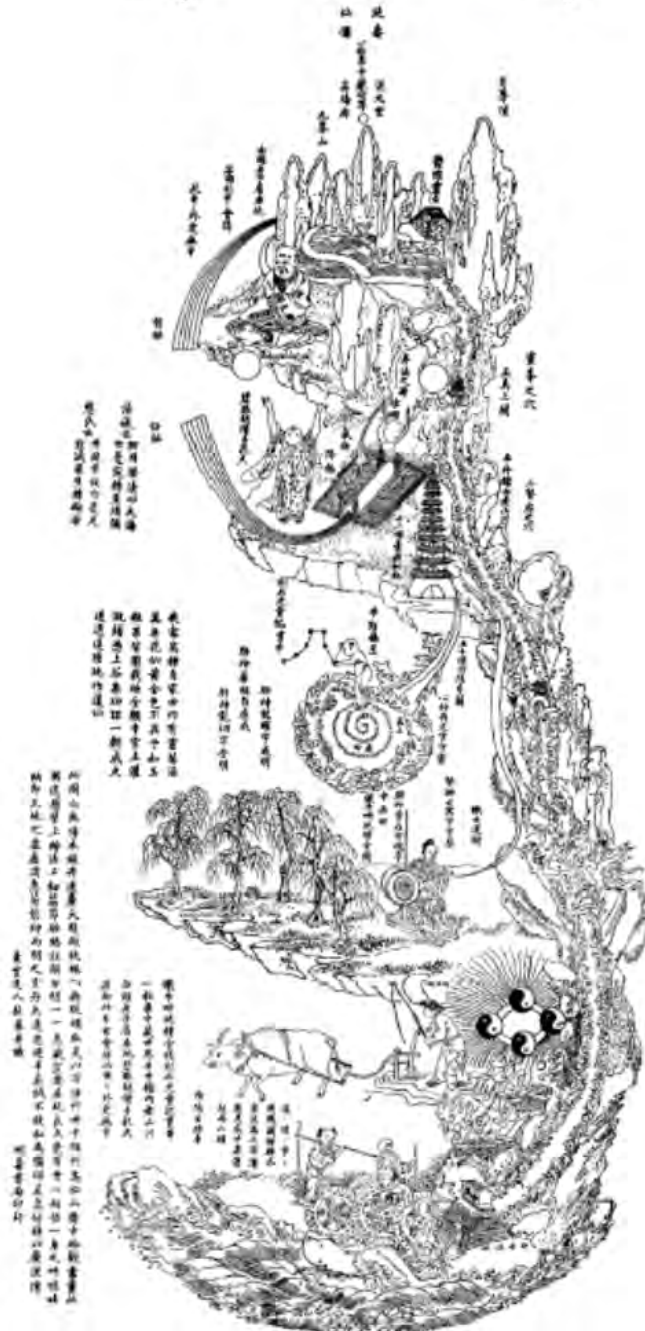
Daoist philosopher
Lao Zi
(lit. 'Old Child')
500BCE





world as body

內經圖

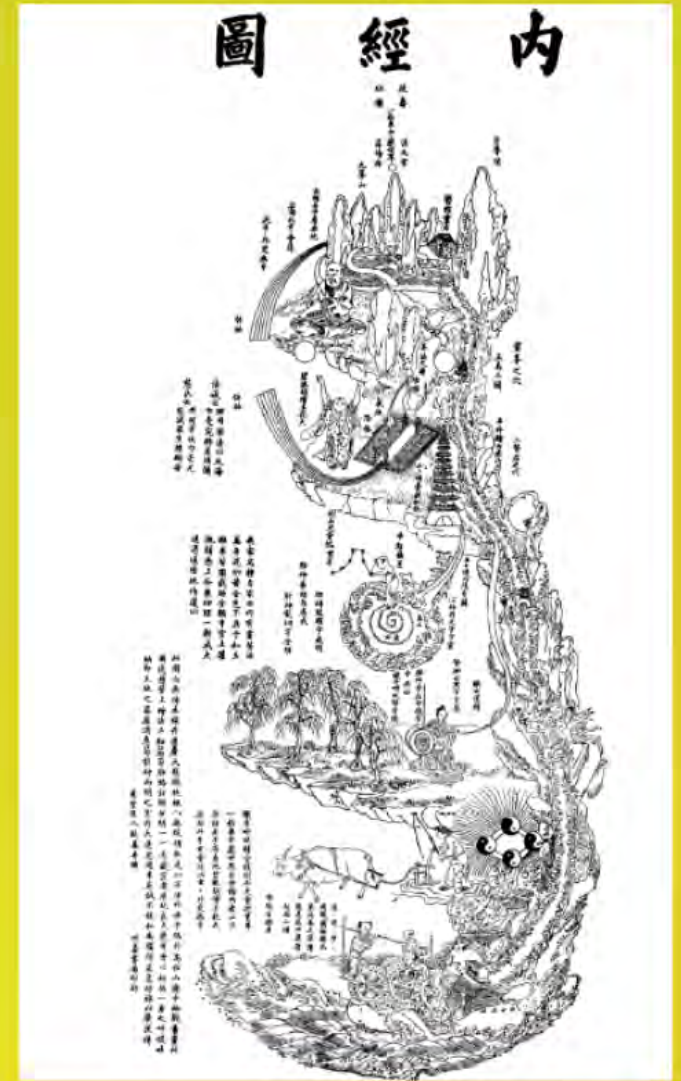
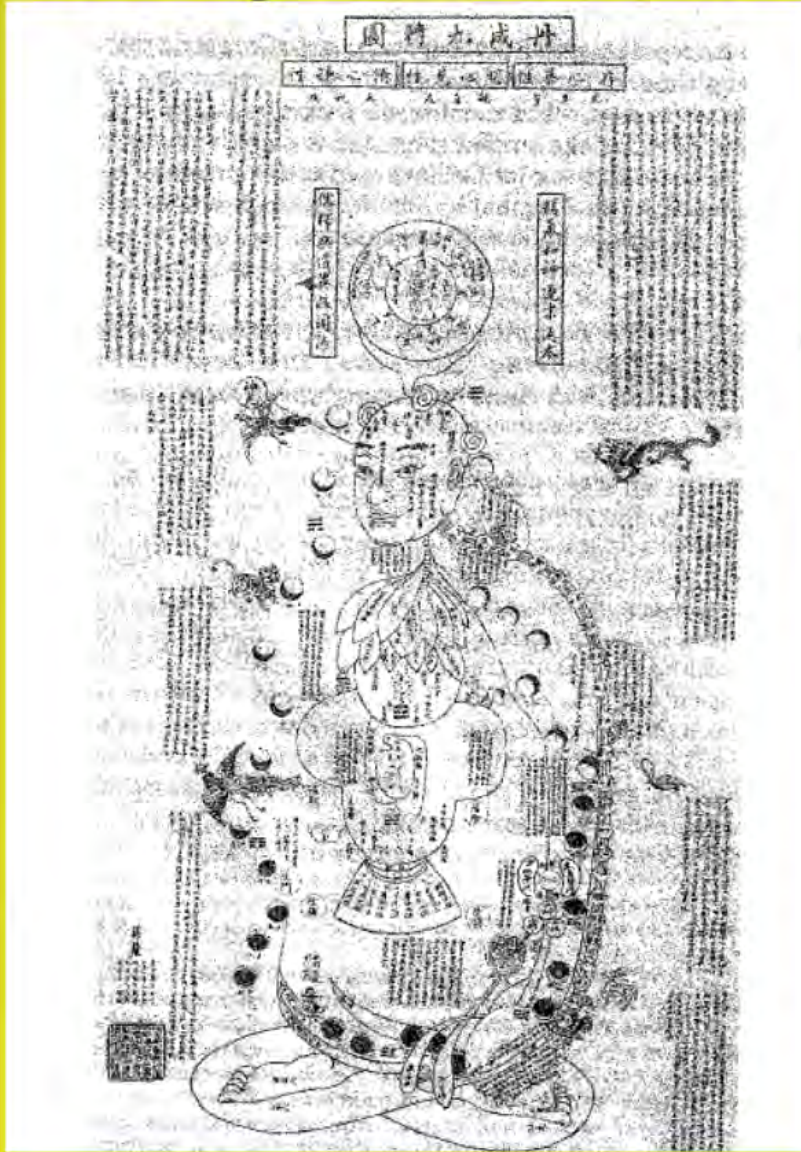


transform it.

body as world



world as body



While we are **influenced and moulded by the environment**, the **flow of influence** can be reversed [...] Only then are we no longer simply the product of our environment, but are able to **dominate and transform it**.



Kristofer Schipper 1994

internal

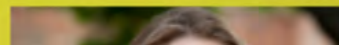
~~external~~

inside out

outside in

OUT SITU

IN SITU



NEWS ENGLAND

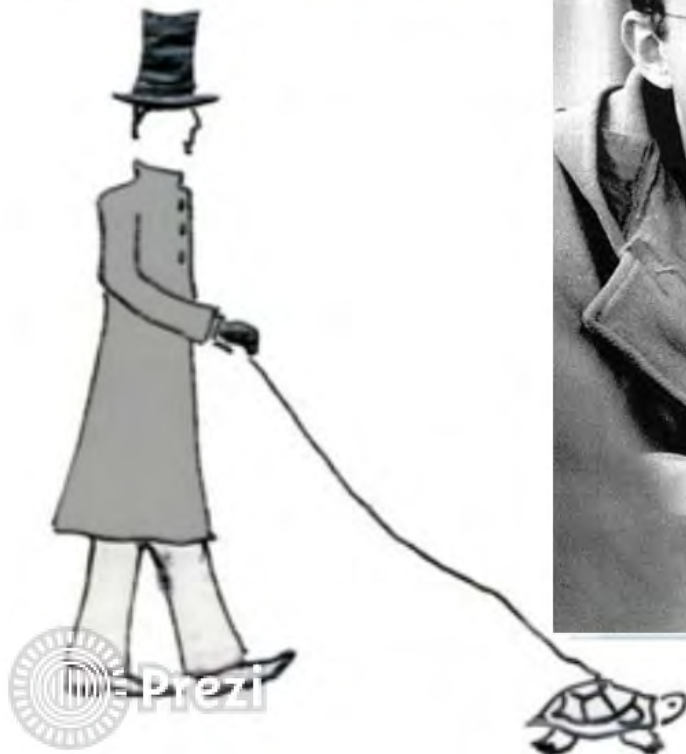
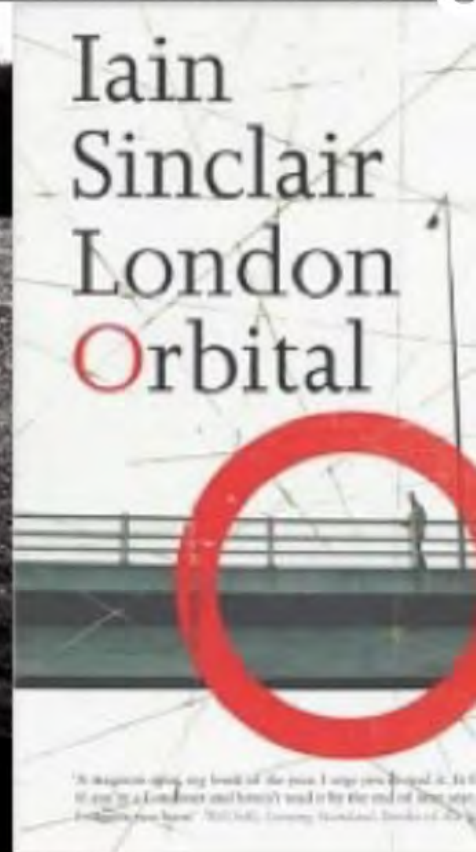
Are we becoming a nation of runners?

By Katie Wray
BBC News

More than 2 million regular runners



dominant cultural movement: walking



Guy Debord

**dérive' (drift):
transient
passages
through varied
ambiences**





ability

formative

ill-logiccentrifying

pluralising

JOURNAL

twist &

WORD

speed

play

drift

fartlek

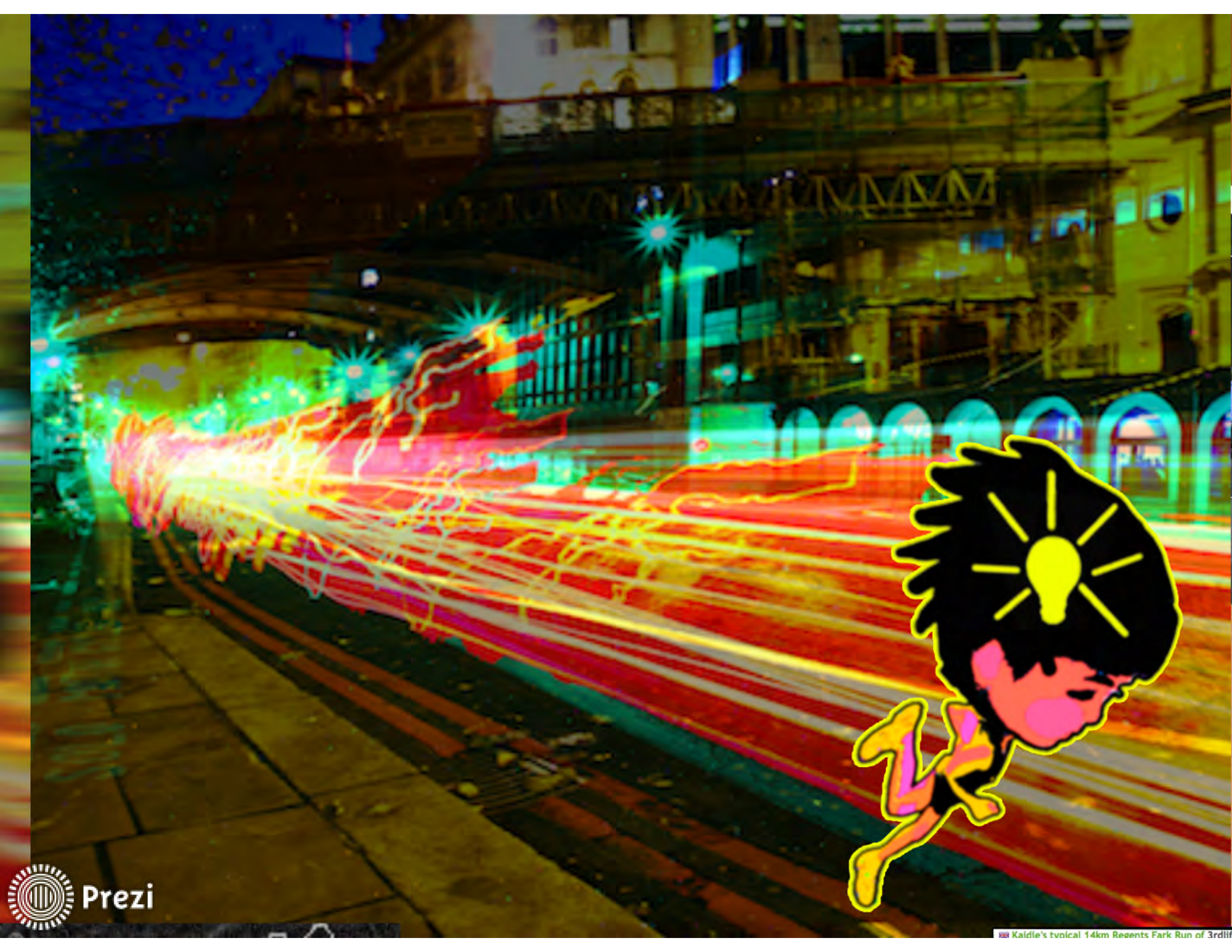
dérive

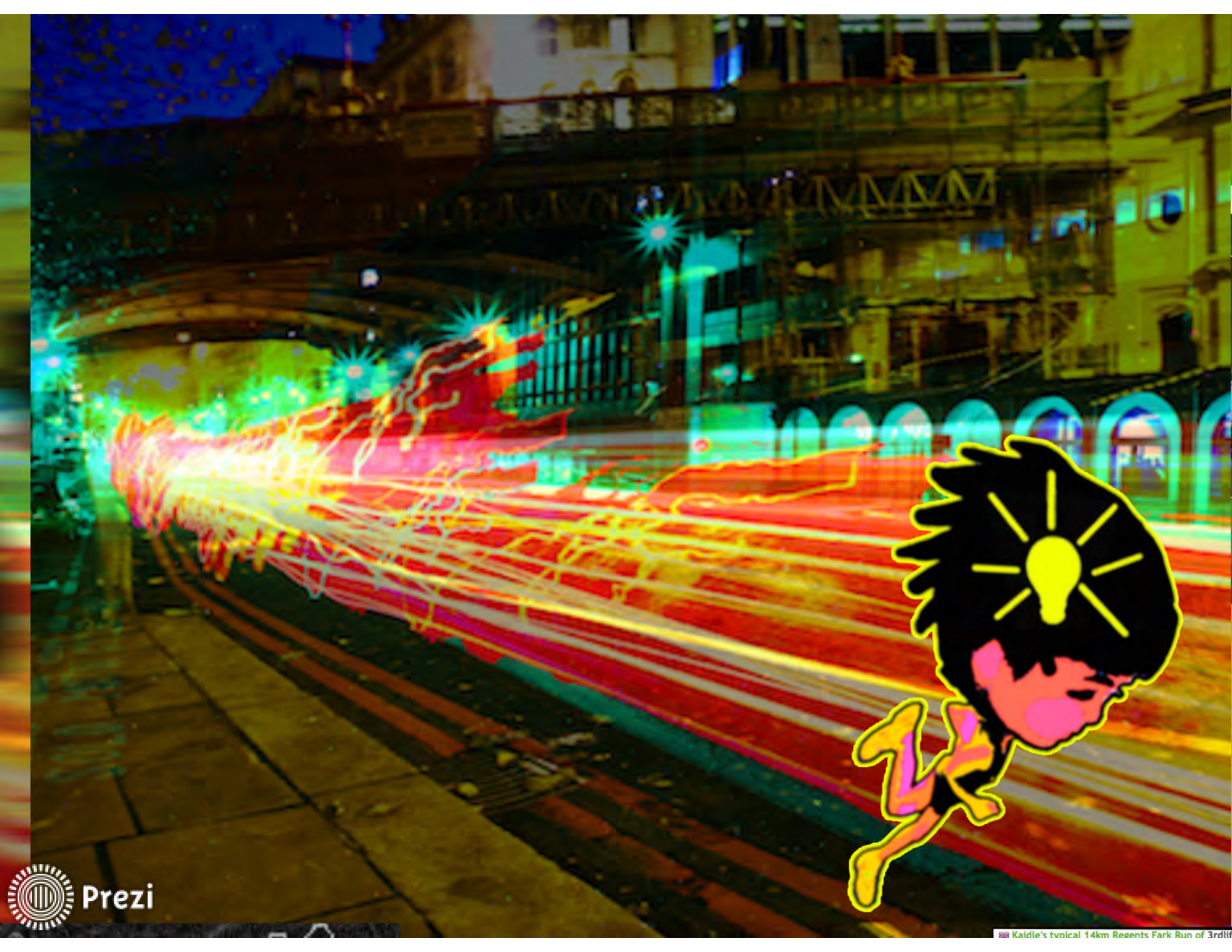
DISCIPLINED

ALWAYS



Prezi





LOP
Site

IN/ OU

ort

sight

see

SUBMERGED

IMMERSED

site

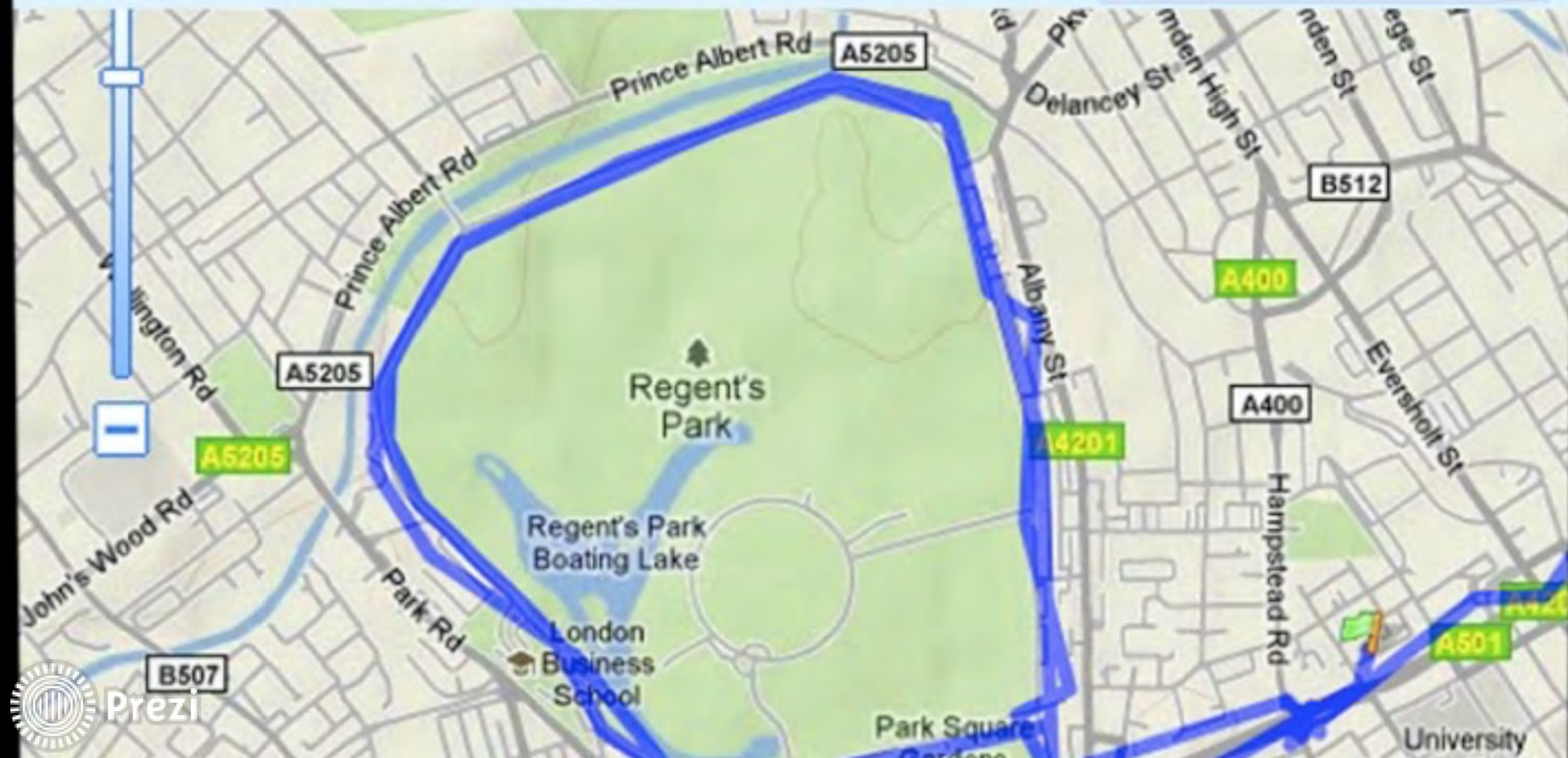
see

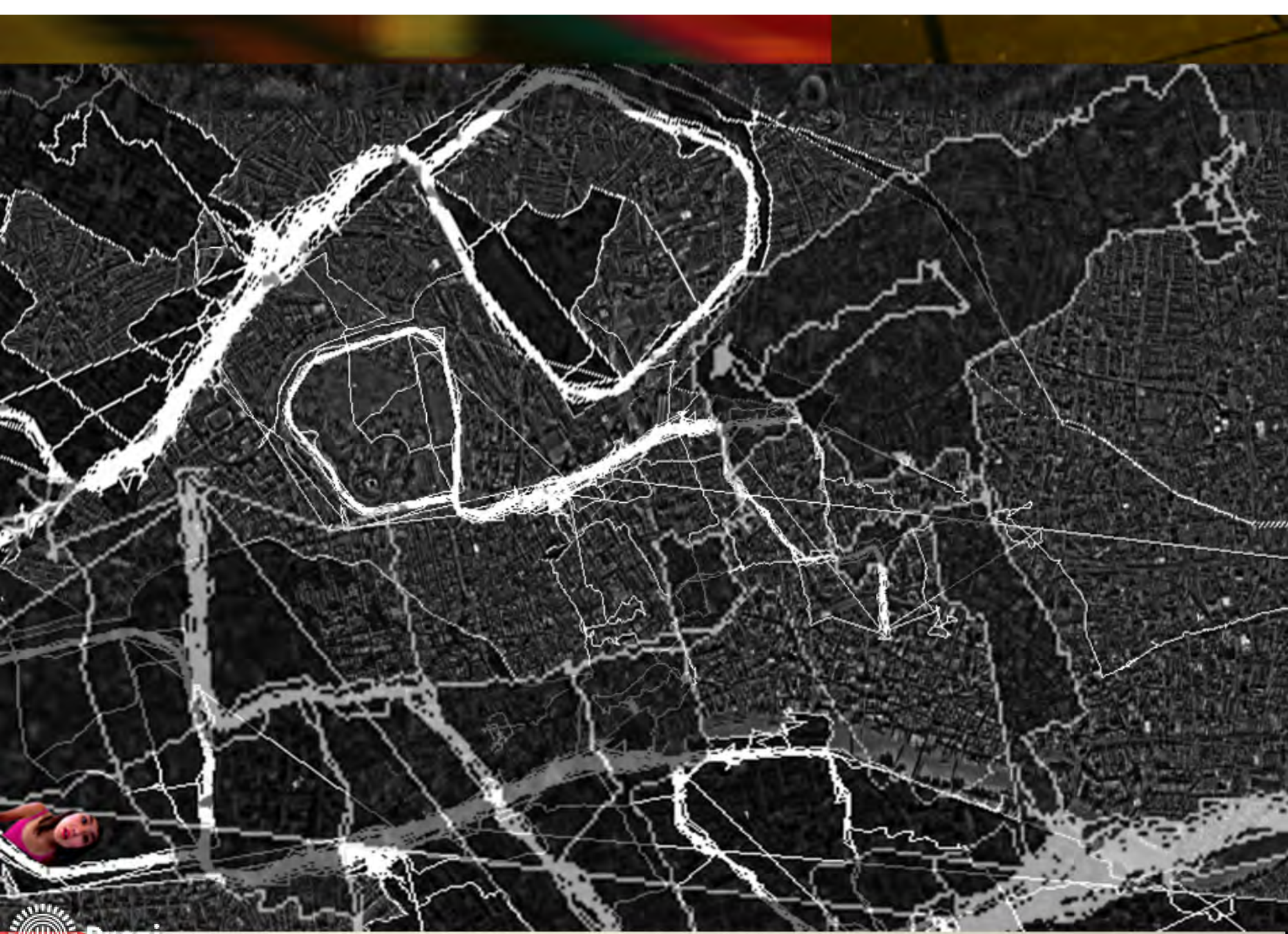
🇬🇧 Kaidie's typical 14km Regents Fark Run of 3rdlifekaidie RSS

[print](#) 🖨️



Kaidie's typical 14km Regents Fark Run as Google Earth KML ▾





Prezi



5.72 km

5.17 km



diversions

5.17 km

swan/fake

burnicandy

shit/fur

tunnell/vision

Columbiana Rd



5.17 km



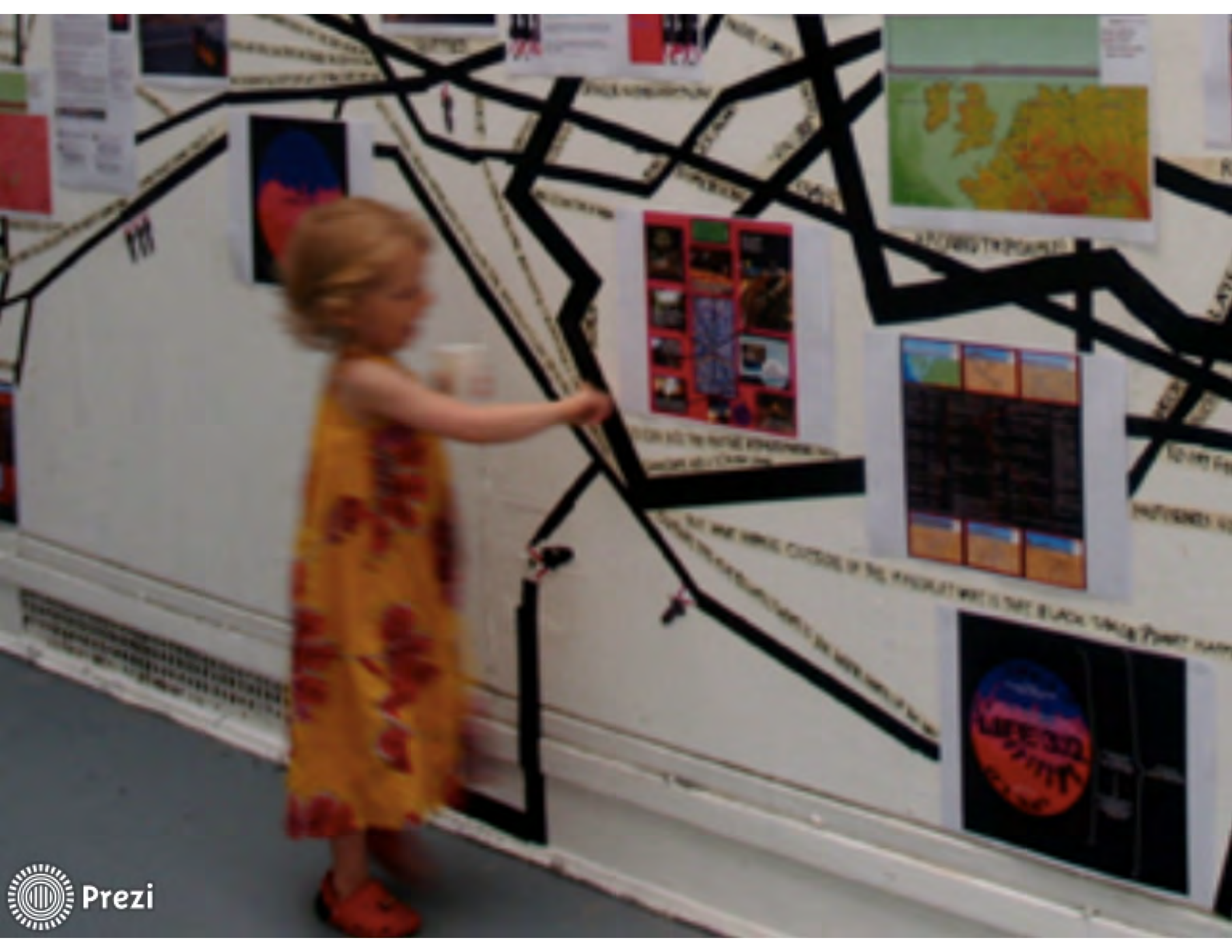
ALONG THE WAY THERE ARE

BROKEN LINKS,

AND 'MOVED ON,' AS IT WERE.


GAP,





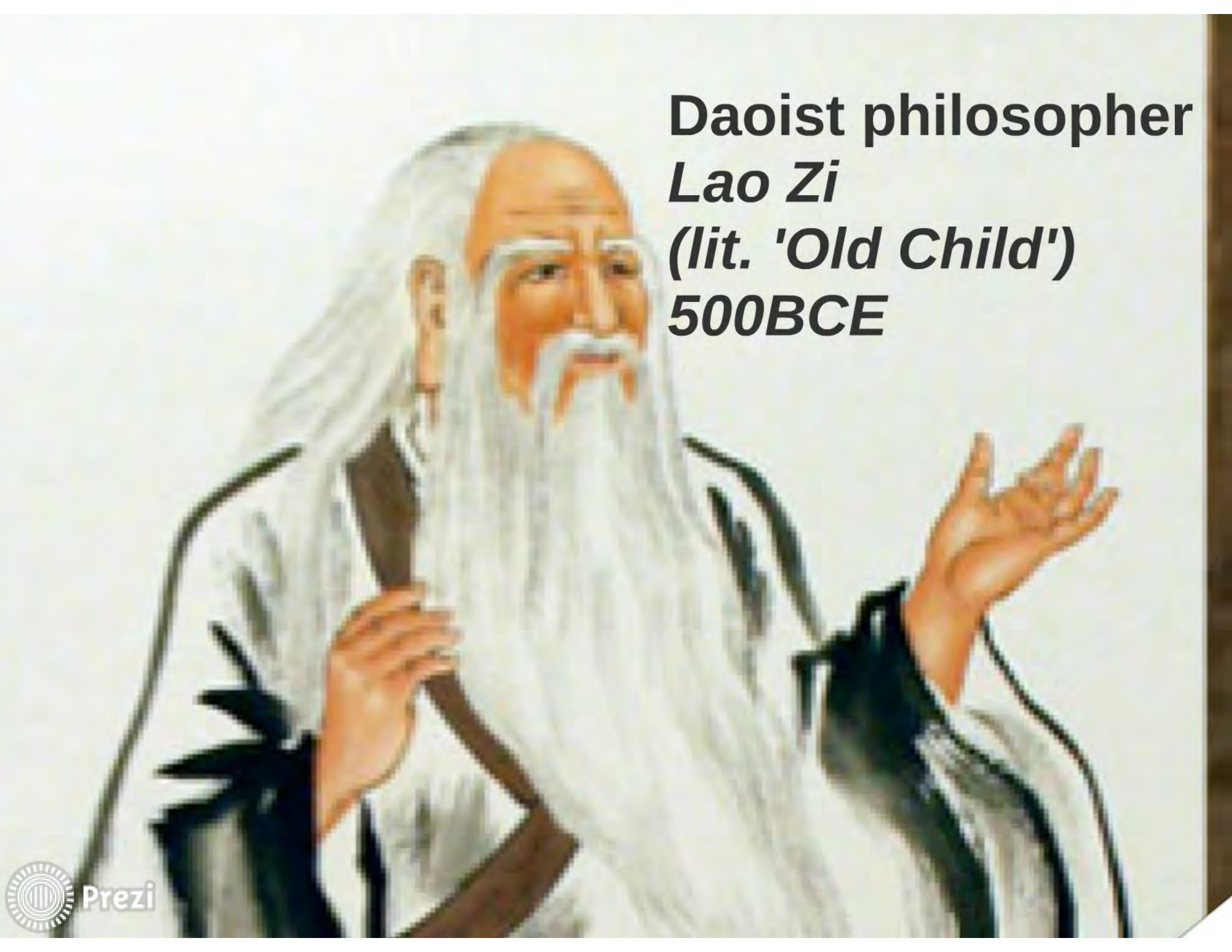


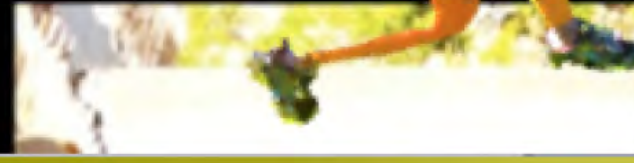




*'Like a **child** that has not yet learnt to smile, **restless** as if I have **no home** to return to. My mind is that of a **fool** – **ignorant and stupid!** Other people are clear and have reason; I alone am **mixed-up, foolish and crude.**'*

Daoist philosopher
Lao Zi
(lit. 'Old Child')
500BCE





Play!
Spontaneity!
Festivity!



Prezi

Johan Huizinga & Henri Lefebvre

TAO TEH CHING

Daoist philosopher
Lao Zi
(lit. 'Old Child')
500BCE



'wuwei':
belly knowledge;
intuition;
naturalism;
playful
freedom.

MISSING

get lost



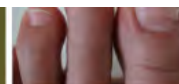
X

bound Chinese feet,
distorted and creased
to evoke the vagina,
allegedly.

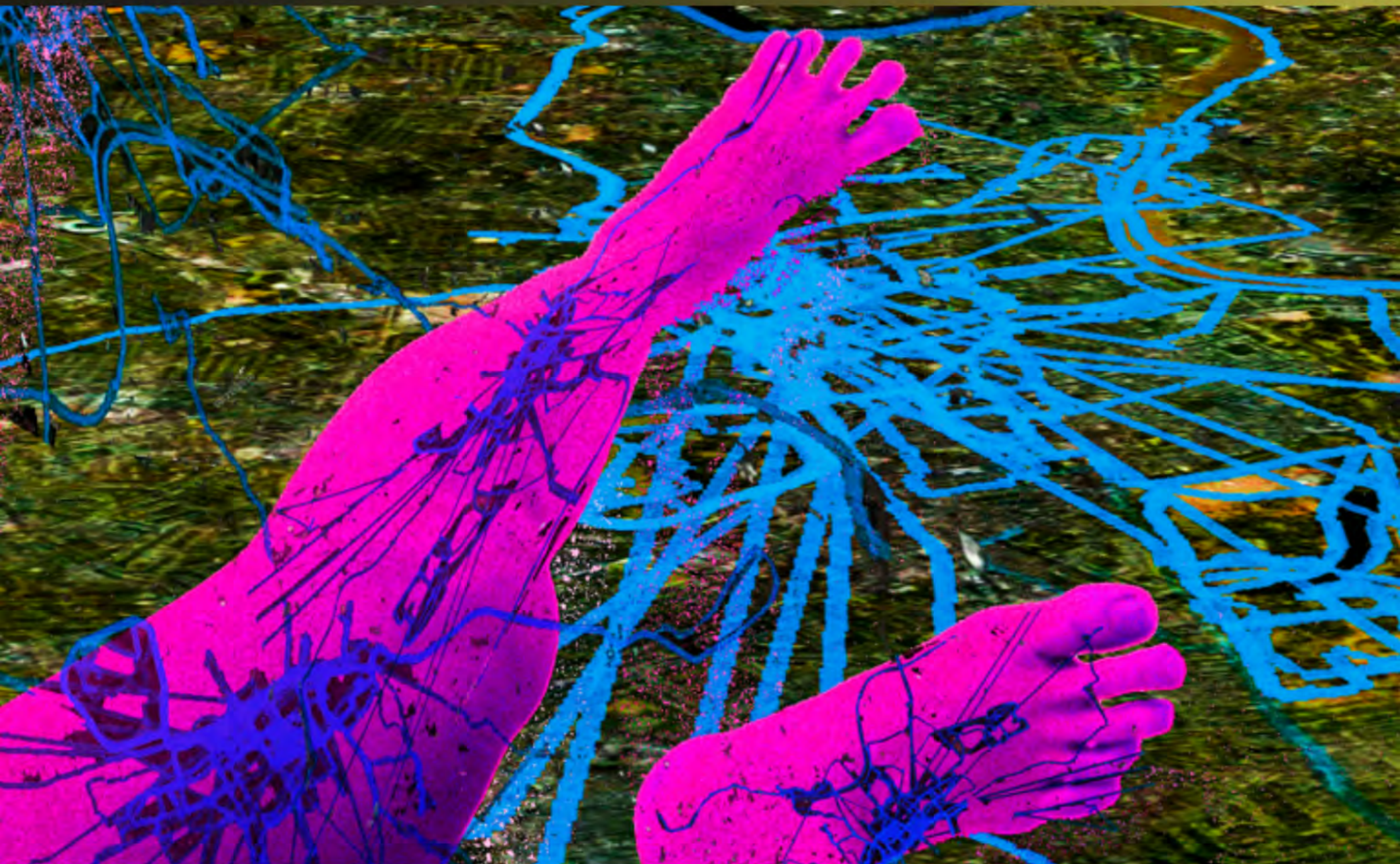


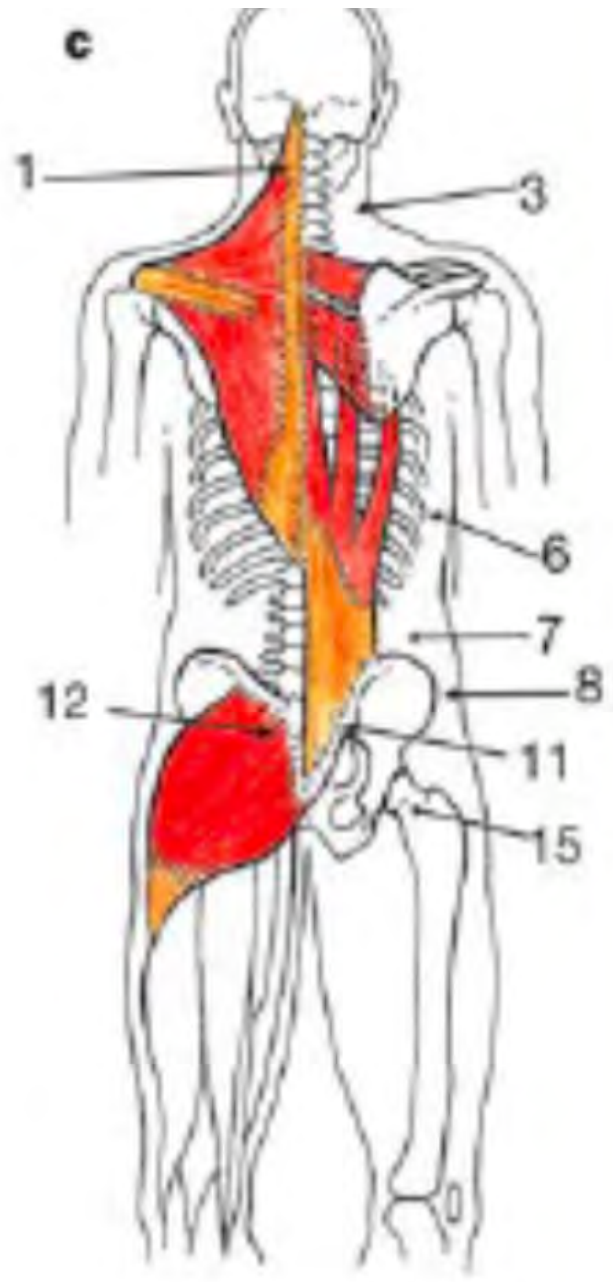
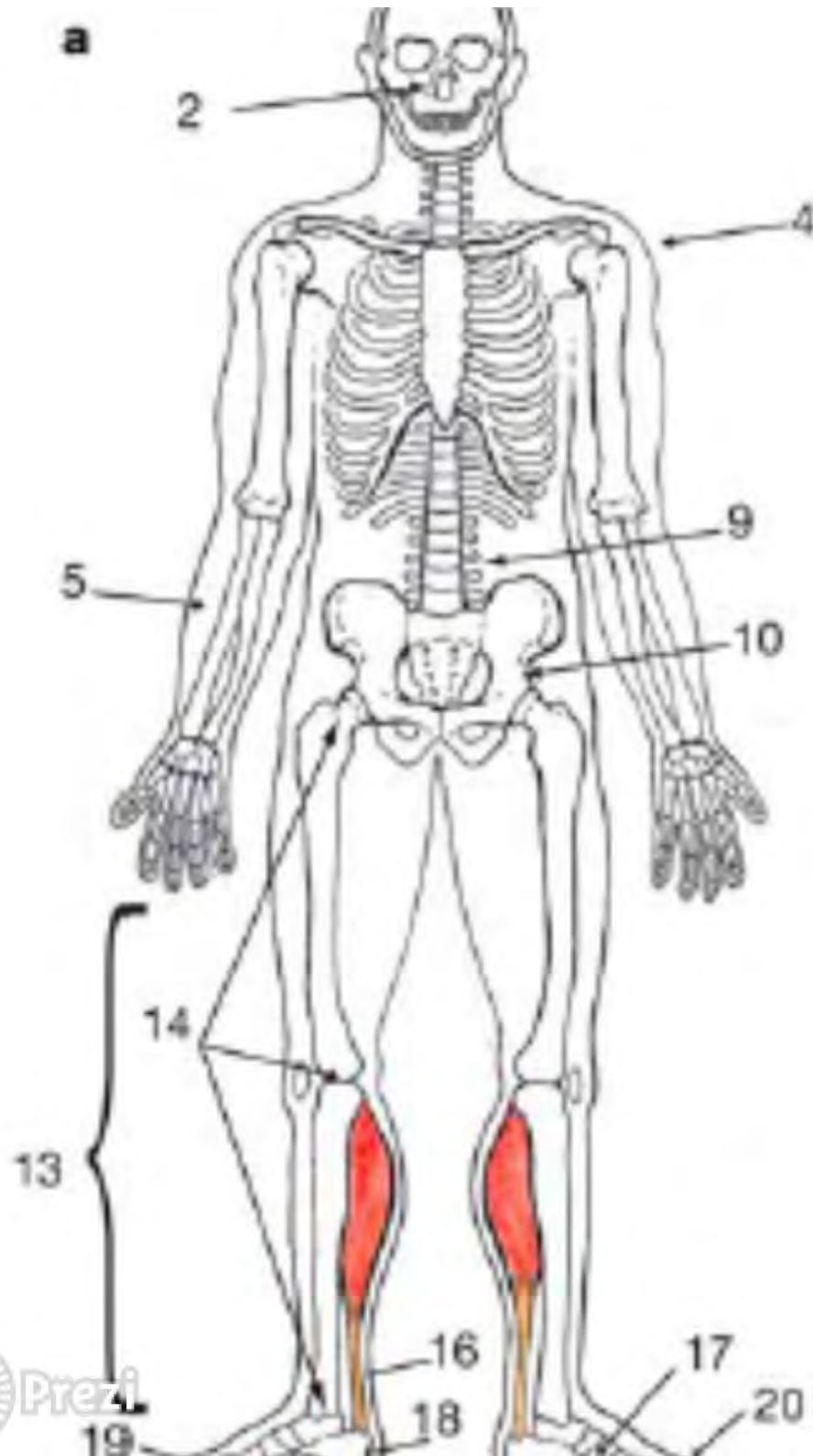
✓

unbound Chinese feet,
with battle scars to boot:
pungent, potent.



with battle scars to boot:
pungent, potent.





... ..

sighnt

see

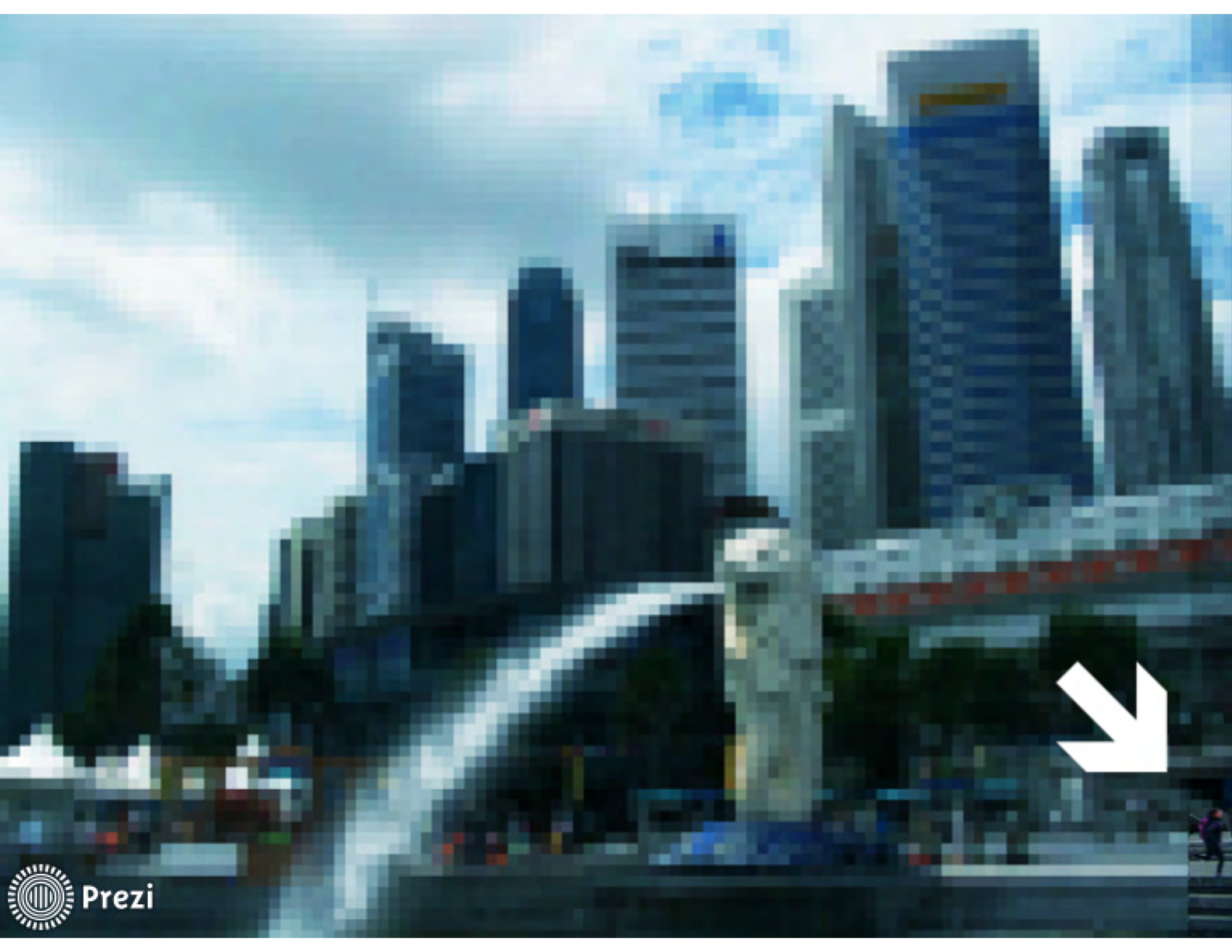
SUBMERGED

... ..



Site





**site / sight
of protest**



ORCHARD RD

Singapore is managed by a regime that has excluded accident and randomness: even its nature is entirely remade. It is pure intention: if there is chaos, it is authored chaos; if it is ugly, it is designed ugliness; if it is absurd, it is willed absurdity. Singapore represents a unique ecology of the contemporary.



Rem Koolhaas 1995

Drift:
a revolt against
the spectacle,
calling
everything into
question.



Raoul Vaneigem

Drift: to bring about
a revolution of everyday
life, to transgress the
alienating spectacle; a
playful-constructive
behaviour









Division 3 — Unlawful assemblies

Who may order unlawful assembly to disperse

57.—(1) A police officer may command an unlawful assembly or an assembly of 5 or more people likely to cause a disturbance of the public peace to disperse, and the members of the assembly must then disperse.

AGC

SINGAPORE

ATTORNEY-
GENERAL'S
CHAMBERS







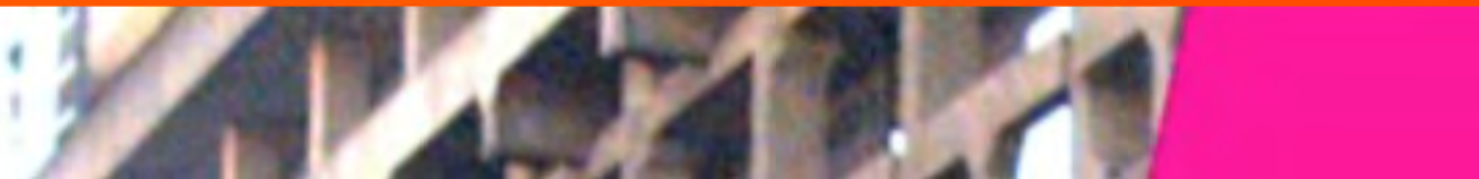
'wuwei':

opposition to authority,
government coercion, and
even to normal
socialisation in values,
via a **distinct ambivalence**,
indirect, non-
argumentative style, and
the use of **poetry**
and parable.



Chad
Hansen
2012

**smash the
deadlock**



deadlock



Stand still!
Lie down!
Sit around!

**Get
UP!**
**Get
OUT!**



TAO TEH CHING

We are soft and
nimble when living,
but firm and rigid
when dead.

Daoist philosopher
Lao Zi
(lit. 'Old Child')
500BCE





RUN
your own state
+ state of mind
+ state of being



Ste
Ste



Step into my world!
Step into my life
Put in my life!
Ruin my life!



Burundi: Where jogging is a crime

By Tim Franks
BBC News, Burundi

🕒 16 June 2014 | Magazine

BBC



NEWS



Prezi

REX FEATURES











 **FREE TO**
RUN



home run
rundown



n

STARTING POINT of departure

FINISHING

time

line

dead
life

CONTACT

zone

CONFLICT



CONFLICT

zone

CONTACT

DIS-
gress **pass**
gress
gress

transport

mobili-

ure **FINISHING**

dead
life
line

~~toe~~

upset offset
CROSS fe

over

by/pass/by

by **the** by

fartlek



**Get UP!
Get OUT!**

**RUN riot!
RUN away!**
run in with opp
run off il
of law

**anthoned chaos
designed ugliness
willed absurdity**

**RUN
your own state
+ state of mind
+ state of being**

**Step to my world!
Step in my life
Put in my life!
Ruin my life!**

**Stand still!
Lie down!
Sit around!**



TY

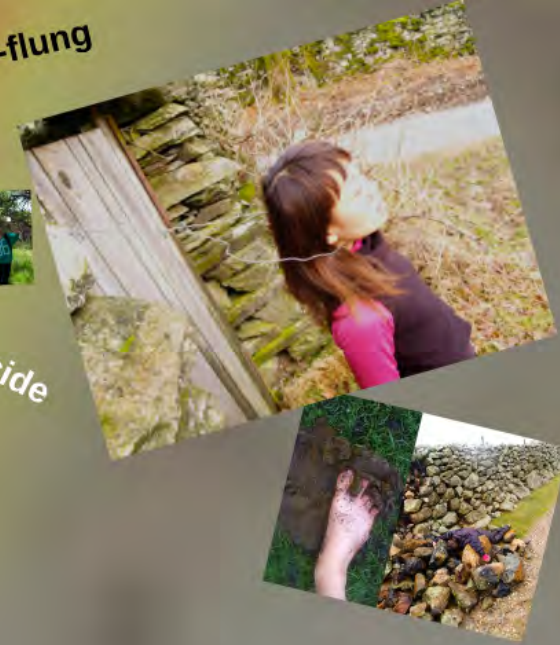
London



far-flung



countryside



Bujumbura



Boston



far-flung



Technology



AA,
reman,
al/
nce

hypertext digital aesthetics
game-layer
mobile, portable



IN / OUT OF
sight / site
see
SUBMERGED
IMMERSED
unsee

neuroscience
histories
popularity
practice
processes
running

human stories
locomotion histories



gentle anarchism
correlative thinking
playfulness

Daoist ways

3-in-1 body as world mapping
body-mind-soul



rhetoric
etymology
wordplay
idiom



art

Situationist
International

durational
performance

hypertext
mobile, portable
digital aesthetics
game-layer



posing
centering
turning
matifying
complicating
poser: to place (French)

CORRELATING

mapping

collaging

in pictures



diverging

juxtaposing
next (Latin)

de-centering
poser: to place (French)

detourning

problematising

complicating

diversifying

il-logocentrifying

CORRE

pluralising

map

RELATING
mapping

collaging

THINKING
in pictures
in space
in text
by associa-
-tion

NOT
the last
word
shifting / shifty
con-texts
sub-texts



con-artist



RD

concrete idea
jungle

dis
re
mi



Days praxia

dis **inter** **vene**
rupt

DISCOURSE: from medieval Latin
'discursus': run from place to place

'dis': Latin for 'away'

dis-course

DISCOURSE: 'dao' (Chinese): feet + head

DISCOURSE: from medieval Latin

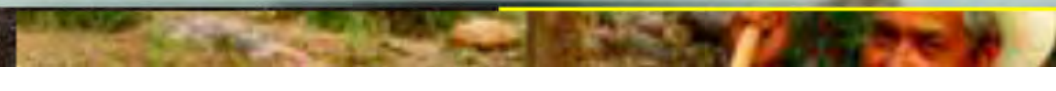
'discursus': run from place to place

course

DISCOURSE: 'dao' (Chinese): feet + head

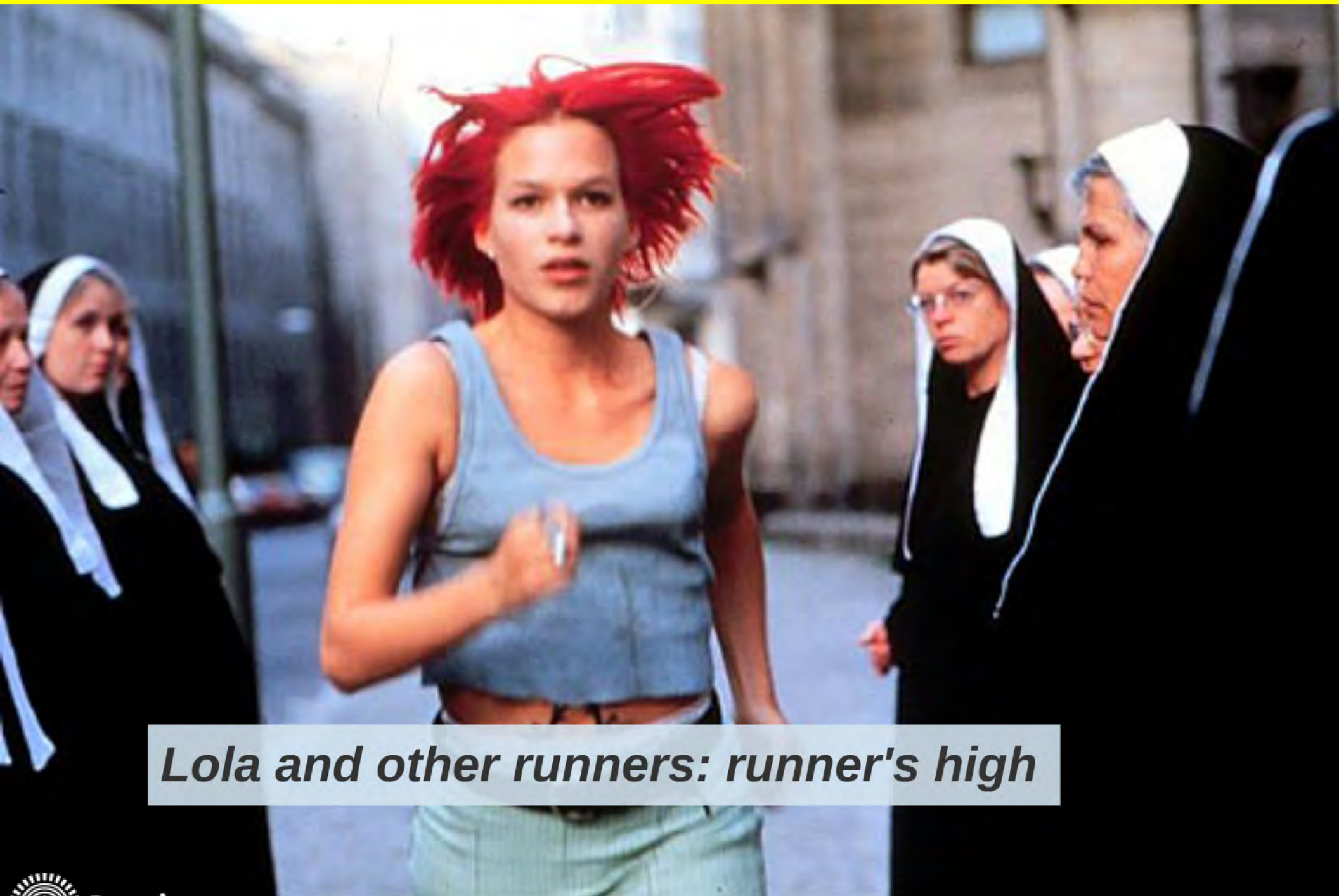


Daoist wanderers: home-brewed wine





Tarahumara runners: home-brewed corn beer



Lola and other runners: runner's high

SUBJECT MATTER / NOUN / CONCEPT

metaphorical physical

about running *via* running

METHODOLOGY / VERB / DOING

technology
medium
appliance
app
toolkit

'technē': 'art and skill'

academic
exercise
physical
urban

hands-on
feet-on
heads-on



Via runn

METHODOLOGY / VERB / DOING

toolkit

app

appliance

medium

technology

'technē': 'art and skill'



Alan Turing. Conceptualised the computer while running

Martin Creed. 2008. No. 850.

Alan Sillitoe. 1959. *The Loneliness of the Long Distance Runner.*





Jun Nguyen Hatsushiba. 2009. *Breathing Is Free.*

KAIDIE
1.57m



KAIDIE
AS A
1.57m
SPONGE



KAIDIE
AS A
157m
SPONGE



→
A GHERKIN
AS A
165m
BUILDING



Kaidie finally meeting her match in Nondon.



Prezi

HELLO
WORLD.
THIS IS
KAIDIE.

I AM
BACK.
SORT OF.

BUT I
NEVER
LEFT.

I DO APOLOGISE
FOR NOT HAVING
BEEN WITH YOU
FOR A LITTLE
WHILE.

I HAVE JUST GONE
FOR A LONG, SLOW
RUN, SOME
PLACE ELSE.

A MONTH AGO,
I HAD A FALL
WHILE RUNNING
ALONG FUSTON
ROAD.

THE GOOD
PIRATE SEIZED
THE MOMENT

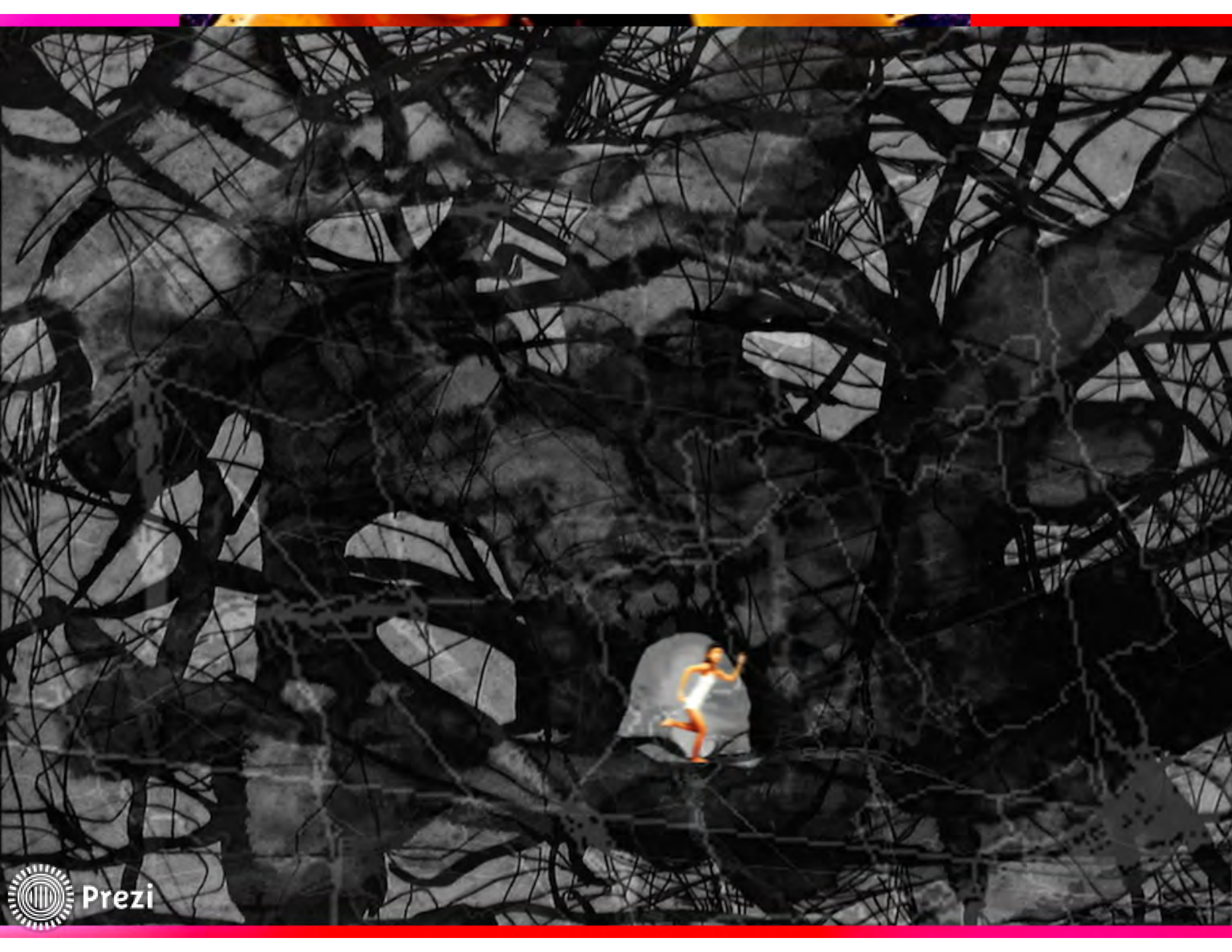
THE GOOD PIRATE SEIZED THE MOMENT

One day, on 26 July 2012, which is 45 days before her expiry, and one day before the 2012 Nongon Olympics opens, Kaidie is tasked with the running of the Torch at her 'hood of North Nondon (see spottit area in the middle of this GPS track of her run, where she is mobbed by the crowd). She asks:

In this run-up to The Big Day, will I reach the dead-line, and find a/the Meaning of Life?

Nondon 2012







7.48 ml

shifting / shifty
con-texts
sub-texts

NOT
the last
word



ability

formative

ill-logiccentrifying

pluralising

JOURNAL

twist &

WORD

speed

play

drift

fartlek

dérive

DISCIPLINED

ALWAYS



Prezi



performative

transgress

pass

FORM

transport

mobility

twist &

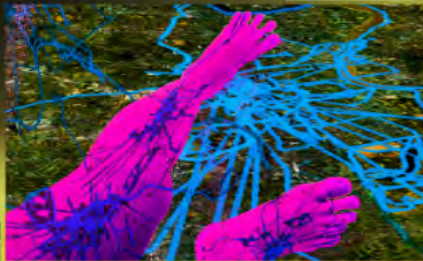
TURN

over

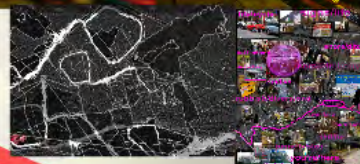
speed



ALONG THE WAY, THERE ARE
BROKEN LINKS,
GAP, AND 'MOVED ON,' AS IT WERE.



10,000 ways



Trust no words! Find your own way!

We are soft and nimble when living but firm and rigid when dead!



'wuwei': belly knowledge; intuition; naturalism; playful freedom.

'wuwei': opposition to authority; government opinion; and even to natural socialization in values, via a distinct ambivalence, indirect, non-argumentative style, and the use of poetry and parable.

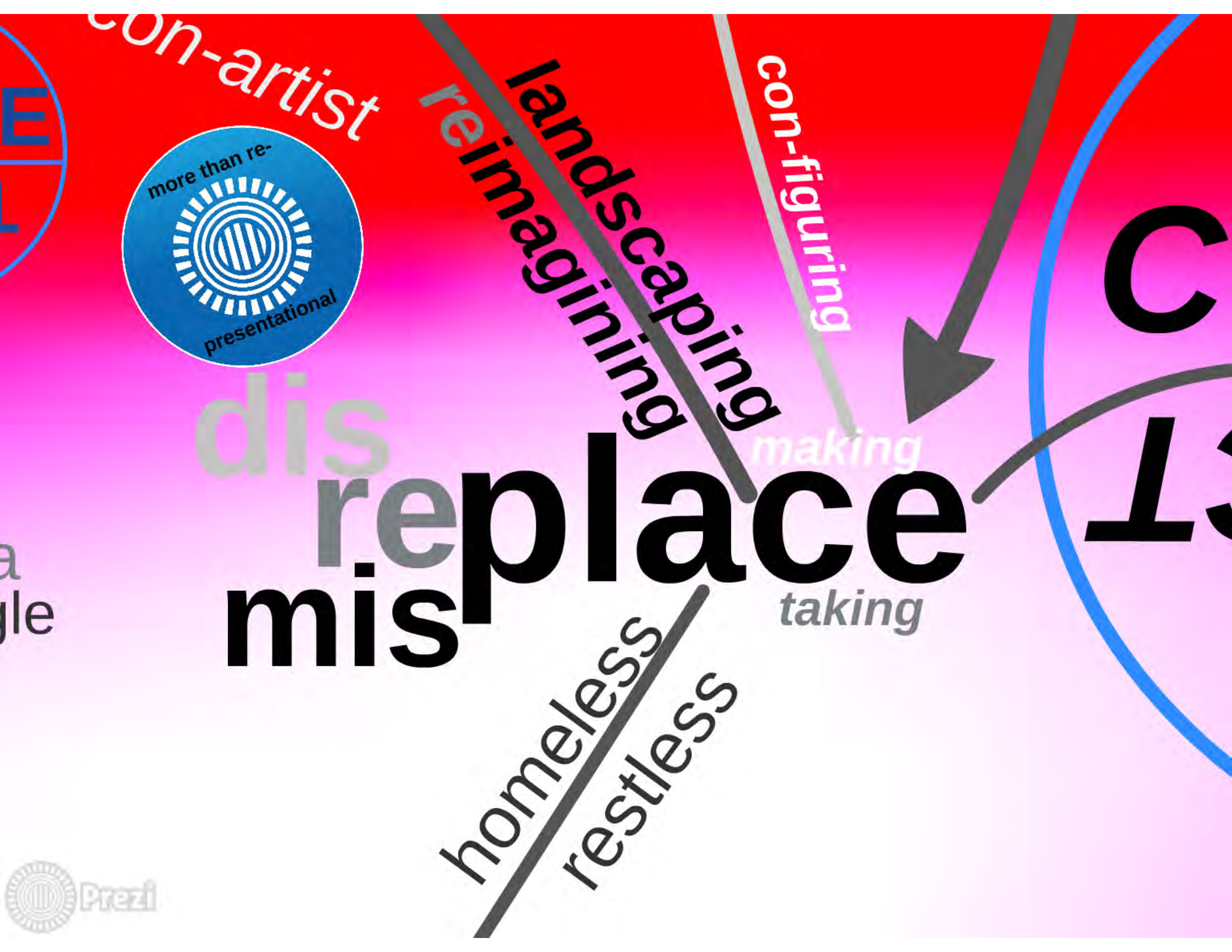
©Paul Haenen 2012

'Like a child that has not yet learnt to smile, restless as if I have no home to return to. My mind is that of a fool - ignorant and stupid! Other people are clear and have reason; I alone am mixed-up, foolish and crude.'

Play! Spontaneity! Festivity!

Johan Huizinga & Henri Lefebvre





con-artist



reimagining
landscaping

con-figuring

dis
replace
mis

making

taking

homeless
restless



**Trust no
words! Find
your own
way!**

TAO TEH
CHING



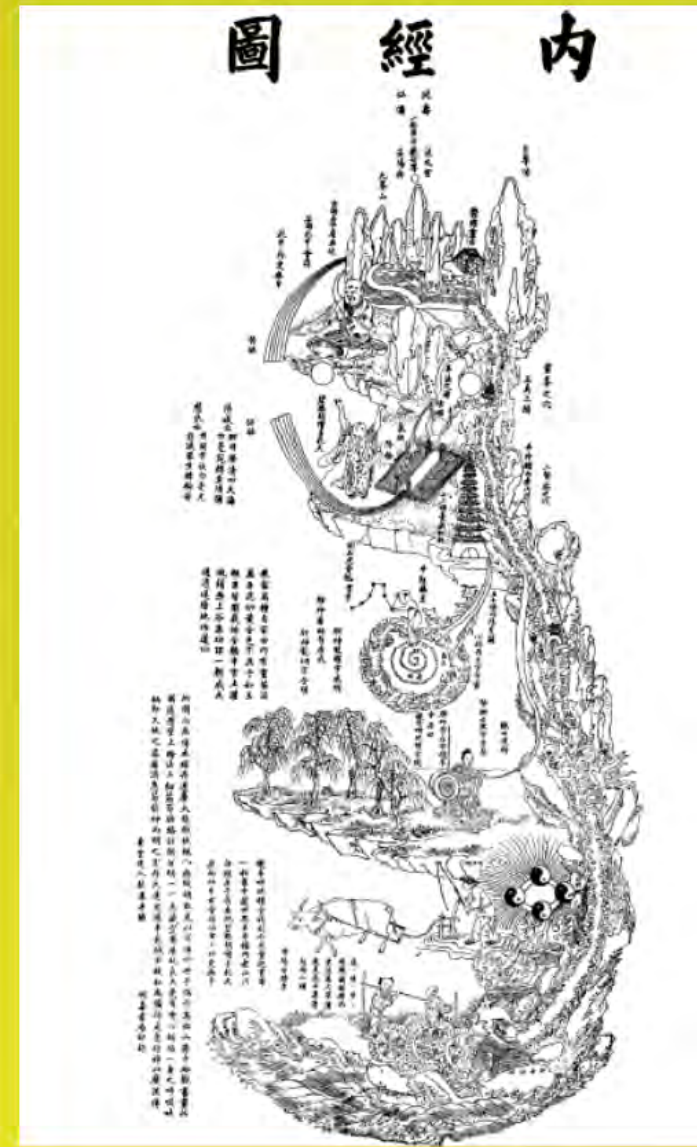
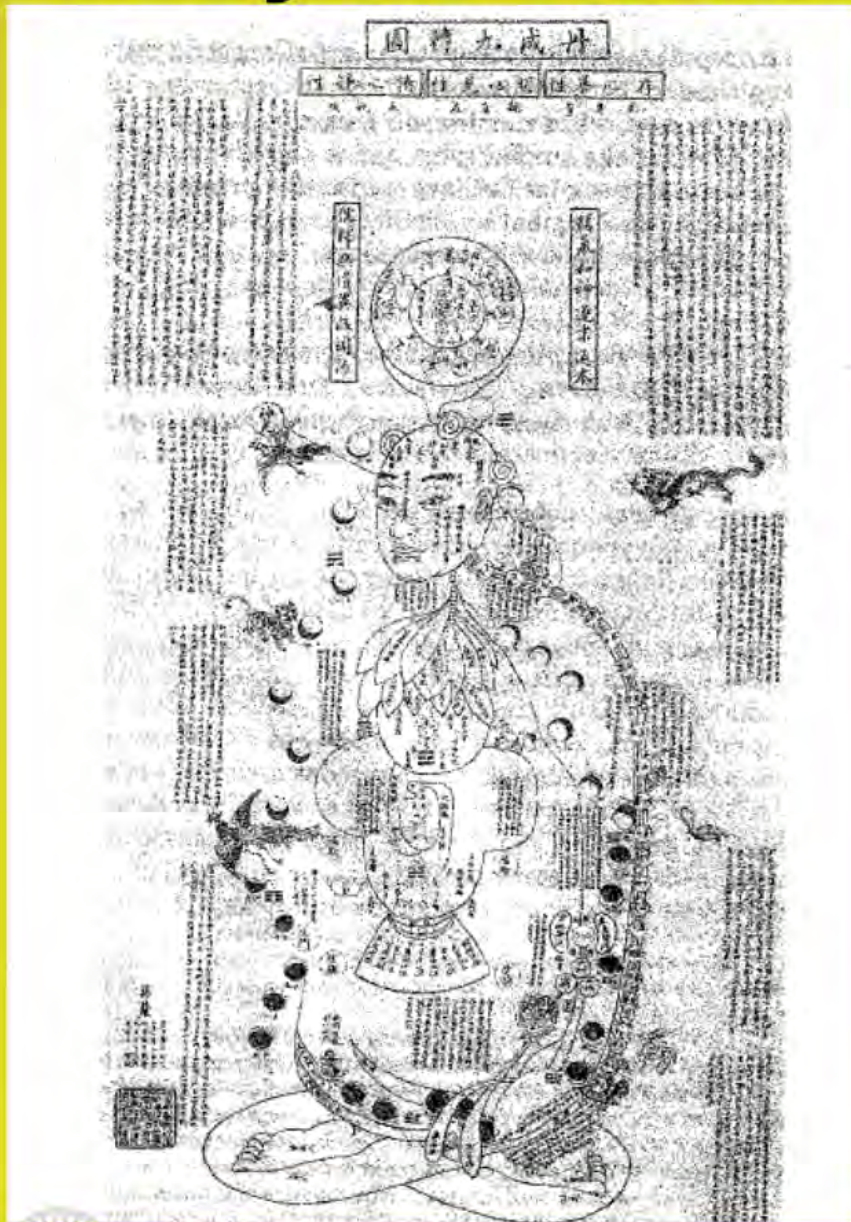
Daoist philosopher
Lao Zi
(lit. 'Old Child')
500BCE

are soft and
when living,
and rigid

body as world



world as body






bad / difficult

dys
praxia

inter-re-
action



Dyspraxia affects muscle coordination and perception (vision, hearing and the awareness of where your limbs are in space).

Dyspraxia UK

now(here)

in-/dis-
agility

agility
-sip/-u!

ArtisT

NOT
the last
word

shifting / shifty
con-texts
sub-texts

con-artist

IMAGE

more than re-

moving images

Eadweard Muybridge. 1887. *Animal Locomotion.*



*moving
images*

fore
RUNNER



FreeMovie.com



Wild... ..



Chris Marker



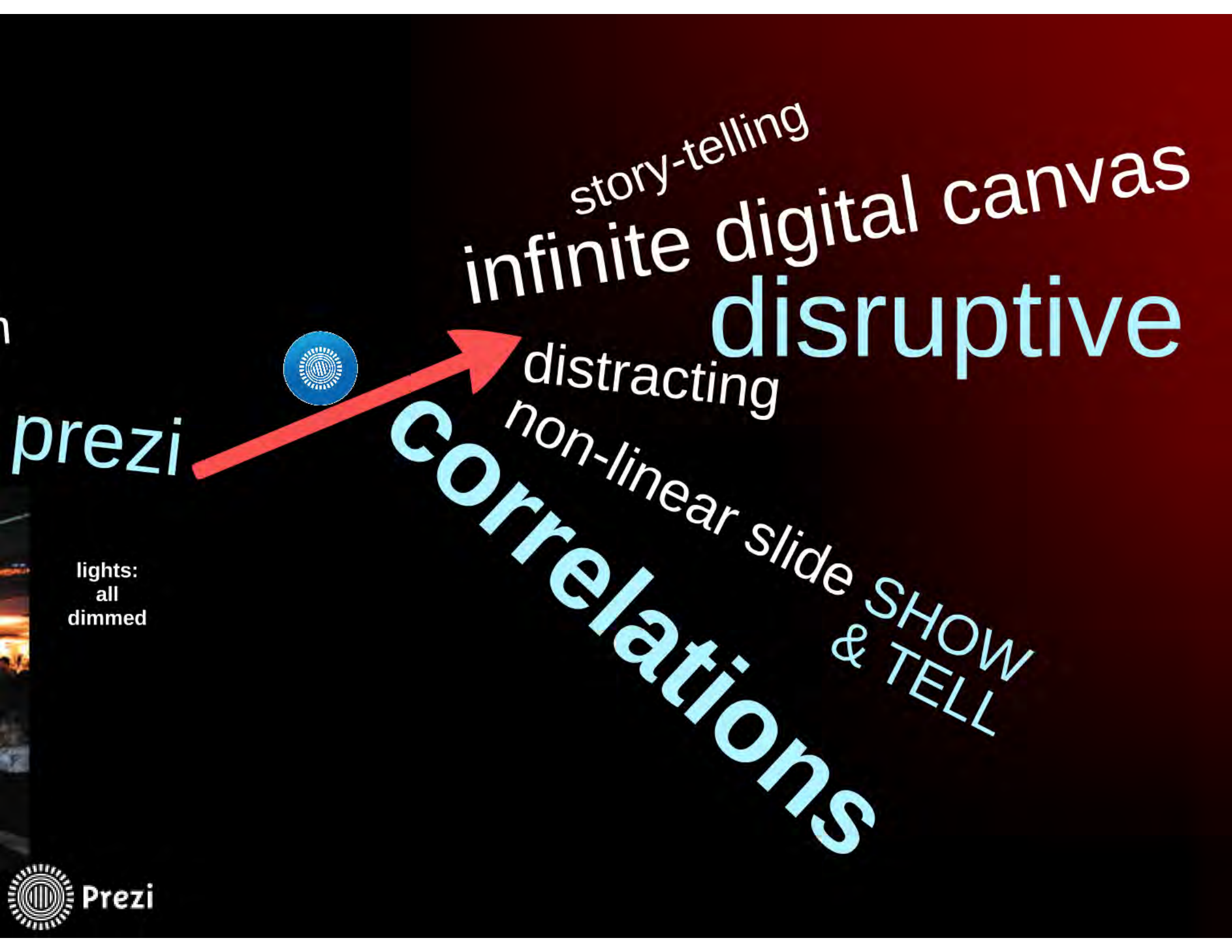
screen space
screen action



dizzying prezi



lights:
all
dimmed



story-telling

infinite digital canvas

disruptive

distracting

correlations

non-linear slide SHOW & TELL

prezi



lights:
all
dimmed

audio
space

silence; pauses;
the un-said;
other
inexpressible
stuffs at work

4th wall
(do not cross)

audience space



er

div

CONTENT FORM

div

il-

Form

o

sub-texts
texts

con-

es

ce

t

Prezi
cia



MIXING **TEXT**
*by associa-
-tion*

concrete *idea*
poetry *jungle*

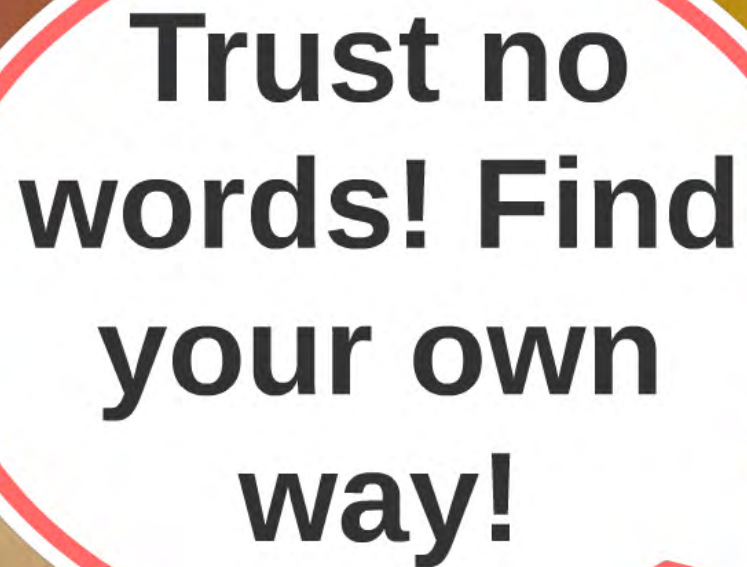
Mix
mixed-up



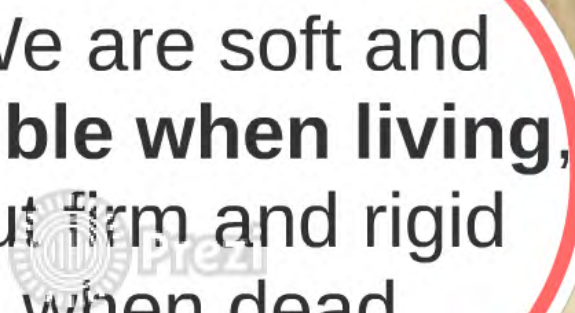
more than re-



presentational



**Trust no
words! Find
your own
way!**



**We are soft and
pliable when living,
but firm and rigid
when dead**



HALA POCKET CLASS

TAO TEH CHING



Daoist philosopher
Lao Zi
(lit. 'Old Child')
500BCE



WAYWARD

dys
praxia

dis

poet



distinguishing right
from left means
map reading skills
are poor.

vene

bad / difficult

DISCOURSE: from medieval Latin
'discursus': run from place to place

course

DISCOURSE: 'dao' (Chinese): feet + head

inter- re-
faction

Running

as an
urban
app



light-footed
 feet on the ground
 footloose
body = world = body

+ foot-notes on the
 enactment of running in
 the thinking process and
 the (difficult + dizzying +
 delirious) enactment
 of running in the
 (re-)presentation
 process

kaisyngtan.com



Prezi.com/user/kaisyngtan/

