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1	Paper accepted
2	Tourism Management Vol. 66, pp.140-154. Tussyadia, I., Wang, D, Jung, T. & tom Dieck, M.C.
3	
4	Virtual Reality, Presence, and Attitude Change: Empirical Evidence from Tourism
5	
6	Abstract
7	The rapid development of virtual reality (VR) technology offers opportunities for a widespread
8	consumption of VR tourism content. It also presents challenges to better understand the effectiveness of
9	VR experience in inducing more favorable attitude toward tourism destinations and shaping visitation
10	intention. Based on two studies, one conducted in Hong Kong with 202 participants and another in the
11	United Kingdom with 724 participants, this research identified several positive consequences of the sense
12	of presence in VR experiences. First, the feeling of being in the virtual environment increases enjoyment
13	of VR experiences. Second, the heightened feeling of being there results in stronger liking and preference
14	in the destination. Third, positive attitude change leads to a higher level of visitation intention. Therefore,
15	this study provides empirical evidence to confirm the effectiveness of VR in shaping consumers' attitude
16	and behavior.
17	
18	Keywords: Virtual Reality; Presence; Attitude Change; Persuasion; Persuasive Technology; Tourism
19	Marketing

#### 20 Introduction

21 One of the important technological developments expected to greatly impact the tourism industry today is 22 virtual reality (VR). Recent innovation in VR platforms, devices, and content production tools allows for 23 VR to evolve from a niche technology mainly enjoyed within the gaming communities into the realm of 24 everyday experiences. The availability of low cost VR viewers such as Google Cardboard and the 25 abundance of tourism-related VR content make it easier for anyone to experience virtual tours of cities 26 and tourism attractions from anywhere in the world. Therefore, VR today offers unbounded potentials for 27 mass virtual visitation to actual tourism destinations. The discussions on the roles of VR in tourism and 28 hospitality management and marketing have been found in tourism literature since the past three decades 29 (e.g., Cheong 1995; Dewailly 1999; Guttentag 2010; Huang et al. 2016; Williams & Hobson 1995). With 30 its unique ability to simulate intricate, real-life situations and contexts (Diemer et al. 2015), VR has been 31 touted as a substitute to actual travel (Cheong 1995; Sussmann and Vanhegan 2009), which can be 32 beneficial for the management of protected areas such as vulnerable natural and cultural heritage sites 33 where limiting the number of tourists or restricting visitations is desirable. In this case, the use of VR is 34 considered a positive contribution to environmental sustainability (Dewailly 1999). Studies also suggest 35 VR as a powerful tourism marketing tool (Huang et al. 2016; Williams & Hobson 1995; Williams 2006) 36 as it is able to offer more compelling imagery of tourism destinations to potential tourists by giving them 37 a sense of what it is like to be there, a "try before you buy" experience. However, these studies are 38 conceptual in nature, offering the potential benefits of VR applications in the tourism industry. Lacking, 39 though, is theory-driven and evidence-based research to support these suggested potentials.

40 Research in psychology has sought to explain the reason behind the effectiveness of VR in 41 shaping attitudinal and behavioral responses to virtual stimuli (Schuemie et al. 2001), most of these have 42 focused on the concept of presence. VR provides an environment where users can retrieve information in 43 multi-sensory modalities, including visual, auditory, and kinaesthetic, enabling users to perceive realistic 44 representation of the environment it portrays (Slater and Usoh 1993). Further, VR environment offers 45 situated affordances (Schuemie et al. 2001), action-supportive information on what users can do with the

46 environment. For example, to a human, the grounds afford walking. Therefore, users' perception of the VR environment is dependent on possible actions. This perception leads to the sense of being "present" in 47 48 or "transported" to the virtual environment (Lombard and Ditton 1997; Schuemie et al. 2001; Slater 1999; 49 Zahorik and Jenison 1998). The essence of travel and tourism experience is tourists' encounters with the 50 destination environments, the "realities" of others. Tourists are tempted by the allure of places and 51 landscapes; some mainly driven by desire to experience the visual sensations of distant territories 52 (Steenjacobsen 2001), others by the deeper meaning behind interacting with the sociocultural aspects of 53 tourism destinations (Gibson 2009). Drawing from Zahorik and Jenison (1998), successfully supporting 54 actions such as sightseeing in a virtual tourism destination will lead users to perceive a sense of presence, 55 of him/herself as being in the destination. Consequently, presence explains the effectiveness of VR as 56 substitute to and/or simulation of travel.

57 Empirical evidence from various fields of studies, including in education, healthcare, 58 entertainment, retailing, etc., demonstrate that VR experience leads to positive attitudinal and behavioral 59 outcomes, such as consumer learning of products (Suh and Lee 2005), brand recognition, product recall, 60 and memory of experiences (Kim and Biocca 1997; Mania and Chalmers 2001). These outcomes are 61 suggested as the results of presence (Schuemie et al. 2001). However, these studies, as well as VR studies 62 in tourism context (e.g., Huang et al. 2016), mainly dealt with simulated virtual worlds, such as a virtual 63 office, a virtual seminar room, and 3D tourism attractions, where resemblances to real places were rather 64 coincidental. Theoretically, researching VR experience in tourism (what this study encapsulates) will 65 provide a better understanding of presence in VR experiences that involve virtual depictions of real 66 environments, where possible actions, such as navigation and sightseeing, resemble (are often 67 indistinguishable from) actual consumption. Thus, it will lead to better conceptualization of the roles of 68 VR experience in shaping attitude towards actual consumption. From a managerial point of view, 69 understanding how travel consumers respond to various VR stimuli, the attitudinal consequences of 70 "having been" in a destination, is of practical importance as destination managers are increasingly faced 71 with strategic decisions to invest in various technology platforms and modalities. Therefore, this study

72 aims to address the identified research gap in VR research in tourism context to address the 73 aforementioned theoretical and managerial challenges. Specifically, the goal of this study is investigate 74 the sense of presence during a virtual walkthrough of a tourism destination and how presence influences 75 post-VR attitude change toward the destination. In order to achieve this goal, two studies were conducted 76 to achieve the research goals. Study 1 was conducted with 202 participants in Hong Kong using VR street 77 view of Tokyo, Japan, viewed with Google Cardboard or VR video of Porto, Portugal, viewed with 78 Samsung Gear VR. Study 2 was conducted in the United Kingdom with 724 participants using 360-79 degree VR videos of Lake District National Park, United Kingdom, viewed with Samsung Gear VR.

80

#### 81 Virtual Reality and Tourism

82 Since its early conception, VR has been described as a computer-simulated environment with and within 83 which people interact (Diemer et al. 2015; Schuemie et al. 2001). Using VR devices, a user can 84 experience the virtual environment as if he or she was part of it. The virtual environment is modified in 85 real time as the device senses user's reactions and motions, allowing him or her to perceive a vivid mental 86 representation of the environment, creating the illusion of interacting with and being immersed in the 87 virtual world (Wirth et al. 2007). Table 1 presents an overview of VR technologies and their advantages 88 within the tourism context. There are two kinds of established or commonly used headsets for VR, with 89 numerous technical options within those two types. The first type includes untethered headsets (also 90 referred to as mobile VR). These are headsets that work based on using a mobile device as a display. This 91 can sometimes present a limitation due to the mobile devices processing power and limited ability to 92 process real-time 3D content. The major benefits of these mobile-based systems are cost and uptake; 93 many people already have a mobile device that is capable of displaying VR content to some degree 94 (Byond, 2016). Examples of untethered or mobile VR headsets include Samsung Gear VR, Google 95 Cardboard, and Google Daydream. The second common type is a tethered device, whereby the headsets 96 contain a display alongside internal and/or external sensors to track the position of the user. These 97 tethered headsets will usually require a personal computer (PC) to process the graphics and, thus, the user

is attached to the PC via a cable. This usually allows for superior quality graphics as well as real-time
tracking and interaction. Established examples include the HTC Vive, Oculus Rift, and OSVR (Byond,
2016).

101 Recently, a number of scholars explored the benefits of VR within the tourism context. From the 102 tourists' point of view, the main benefits of VR include enhancement of tourism experiences (Bonetti et 103 al., 2018; Moorhouse et al., 2018); facilitation of immersive, engaging, social, and entertaining 104 experiences (e.g. Castro et al., 2017; Guttentag, 2010; Jung et al., 2018; Tromp, 2017), as well as the 105 potential to provide accessible tourism for all (Guttentag, 2010; Hobson & Williams, 1995). From the 106 perspective of businesses and destinations adopting VR, factors such as marketing and promotions, sales 107 and distribution (Gibson & O'Rawe, 2018; Williams & Hobson, 1995; Huang et al., 2016; Moorhouse et 108 al., 2018), additional revenue generation (Radde, 2017; Tromp, 2017), as well as sustainability and the 109 preservation of heritage (Guttentag, 2010; Hobson & Williams, 1995) were identified as the benefits of 110 VR. A full summary of previously explored benefits of VR is presented in Table 1.

= Table 1 about here ==

112

### 113 Defining and Measuring Presence in Virtual Reality

114 The key concept that explains the effectiveness of VR in various use contexts is presence. Presence is 115 defined in literature as the psychological state where a user is feeling lost or immersed in the mediated 116 environment, the degree to which he or she feels physically "present" in a virtual environment (Schubert, 117 Friedmann, and Regenbrecht 2001; Slater and Steed 2000; Slater and Usoh 1993; Slater and Wilbur 1997; 118 Steuer 1992). Lee (2004) defines presence as a psychological state in which the virtuality (artificiality) of 119 an experience is unnoticed; presence is the "psychological similarities between virtual and actual objects 120 when people experience-perceive, manipulate, or interact with-virtual objects" (p. 38). 121 Presence has been conceptualized in terms of its descriptive (the what) and structural (the how)

models; the former focuses on delineating the dimensions of presence, while the latter on explaining how

123 presence is generated in the mind of a user (Diemer et al. 2015). Following an extensive review of

124 literature, Lombard and Ditton (1997) summarize six explications of presence: presence as social 125 richness, realism, transportation, immersion, social actor within medium, and medium as social actor (Lee 126 2004; Schuemie et al. 2001). Schuemie et al. (2001) find that presence as transportation, which is the 127 sensation of being transported to the virtual environment, dominates the discussion in presence literature. 128 Heeter (1992) suggests three types of presence: personal, social, and environmental presence, each 129 corresponds to the sense of self and encountered objects as being part of the interactive virtual 130 environment. Similarly, Lee (2004) proposes three types of presence: physical presence (i.e., virtual 131 physical objects experienced as actual physical objects), social presence (i.e., virtual social actors 132 experienced as actual social actors), and self presence (i.e., virtual self/selves experienced as actual 133 self/selves).

134 Kim and Biocca (1997) operationalize the transportation metaphor of presence with two 135 measures: arrival, which describes a feeling of being present in the virtual environment, and departure, a 136 feeling of separation from the physical environment. These were conceptualized following Gerrig's 137 (1993) theory that through a medium, a user is first transported, then arrives at a mediated environment, 138 and finally returns to the original physical environment. Kim and Biocca (1997) further argue that arrival 139 and departure are not exactly equal and may exert different influence on the user's memory and/or 140 attitude change (Kim & Biocca 1997). Slater and his colleagues (1993; 1994) propose a navigation 141 metaphor of presence in virtual environments, which includes the user's sense of being there, the extent to 142 which the VR experience becomes more real than everyday experience, and the locality of the virtual 143 environment, in that users perceive it as a 'place' instead of set of images (Slater and Wilbur 1997). Slater 144 (1999) suggest that experiencing-as-a-place is the meaning of presence: people are there, they respond to 145 what is there, and they remember it as a place. It is important to note that Slater et al.'s (1993; 1994) 146 measurement of presence, as explicated in SUS Questionnaire, include the state post VR experience, 147 namely how a user remembers the virtual environment, while others focus only on the mental state during 148 the VR experience. In fact, numerous studies regard memory of (objects within) the virtual environment 149 as a consequence of presence (e.g., Keng and Lin 2006; Kim and Biocca 1997).

150 The experience of presence is a complex, multidimensional perception, which is formed through 151 an interplay of multi-sensory information and various cognitive processes (Diemer et al. 2015). Lombard 152 and Ditton (1997) describe presence as the perceptual illusion of being unmediated (non-mediation), an 153 extent where the technology and the physical environment disappear from the user's awareness. That is, a 154 user experiences the sense of presence when he or she fails to perceive the existence of a medium (i.e., a 155 VR device) and responds as if the medium were not there. The term "perceptual" in their description 156 shows that the illusion of non-mediation involves real-time responses of the sensory, cognitive, and 157 affective processing systems to objects in a person's environment (Lombard and Ditton 1997). This 158 emphasizes the attention-directing role of activity within complex interactive situations to generate the 159 sense of presence, in addition to the immersive nature of the virtual environment (Diemer et al. 2015; 160 Witmer and Singer 1998). Indeed, Witmer and Singer (1998) stress that both fundamental psychological 161 states of involvement and immersion are necessary conditions for experiencing presence (see also 162 Witmer, Jerome, and Singer 2005). They develop the measurement of presence using Presence 163 Questionnaire (PQ) and found the following subscales of presence: involved/control, natural, and 164 interface quality (Witmer and Singer 1998). Similarly, Schubert, Friedmann, and Regenbrecht (2001) 165 conducted factor analyses and identified three dimensions of presence: spatial presence, involvement, and 166 realness. A more recent operationalization by Wirth et al. (2007) associates spatial presence with two 167 dimensions: self-location, which is the feeling of being located in mediated environments (the presence of 168 self in the virtual environment), and perceived action possibilities.

Further, literature suggests that vital to presence is the suppression of information that is incompatible with the VR experience (Schuemie et al. 2001). With his estimation theory, Sheridan (1999) postulates that presence is the result of a continuously updated mental model of the environment. He assumes that people can never have true knowledge of objective reality and, instead, continuously make and refine a mental model that estimates reality. Through sensing and interacting with a virtual environment, designed to have a perceptual and functional similarity to a physical environment, a user would create a mental model of the virtual environment and of how he or she relates to it. The structure of

176 this mental model determines whether or not the user experiences presence. Even when he or she is 177 uncertain about the reality of his or her perception in the virtual environment, such perception would be a 178 close relative of what he or she has in the physical environments. This emphasizes the need for suppression of information or a willing suspension of disbelief for the sense of presence to come about 179 180 (Nowak, Krcmar, and Farrar 2008; Schuemie et al. 2001). Seth et al. (2012) postulate that presence rests 181 on the continuous prediction of emotional, or interoceptive, states, instead of the external environment. 182 They suggest that, when encountering a stimulus (such as a virtual environment), a user would compare 183 the actual interoceptive state (i.e., what he or she feels when encountering the environment) with the 184 predicted state (i.e., what he or she expects to feel when encountering such environment). Therefore, 185 presence is the result of successful suppression of the mismatch between the predicted and the actual 186 interoceptive states. To summarize, Hofer et al. (2012) suggest that the experience of presence follows 187 two steps: (1) a construction of a mental model of the virtual environment and (2) the suppression of 188 external cues that signal the artificiality of the virtual environment.

189 Following these conceptualizations of presence, researchers measure presence in a variety of 190 different ways depending on the theoretical lens they use: presence as non-mediation, presence as 191 involvement, etc. Most of these conceptual frameworks emphasize the aspects that contribute to presence. 192 This study focuses on presence and its consequences in inducing more favorable attitude toward the 193 tourism destination depicted in the virtual environment. Therefore, presence is defined and measured with 194 self-reported mental states *during* the VR experience (i.e., the experienced level of presence), following 195 Wirth et al.'s (2007) conception of spatial presence. Table 2 summarizes the dimensions and 196 measurements of (experienced) presence.

197

#### == Table 2 about here ==

198

# 199 **Consequences of Presence**

200 Presence is the key feature for effective VR applications designed for persuasion as it may be a causal

201 factor of human information processing performance and other cognitive variables (Kim and Biocca

202 1997; Lombard and Ditton 1997). The propositions and findings from previous research on presence in 203 VR demonstrate that the enhanced sense of reality during a VR experience increases enjoyment and 204 values of the VR experience (in itself), generates positive consequences on attitude, belief, and intention, 205 and increases performance (Bystrom, Barfield, and Hendrix 1999; Kim and Biocca 1997; Suh and Lee 206 2005; Schuemie et al. 2001; Vora et al. 2002). For example, research in education and training found that 207 virtual presence promotes enjoyment and higher cognitive engagement for better learning outcomes 208 (Bailenson et al 2008; Lee, Wong, and Fung 2010; Mikropoulos and Strouboulis 2004) and improves task 209 performance in training simulations (Vora et al. 2002). Research in medical sciences identified presence 210 as the main contributor to performance during rehabilitation intervention programs and immersive Virtual 211 Reality Exposure Therapy (VRET) to eliminate phobias (Carlin, Hoffman, and Weghorst 1997; Hodges et 212 al. 1995; Riva, Mantovani and Gaggioli 2004). The role of presence is also suggested in the field of 213 marketing, especially with regards to advertising effectiveness, as sense of presence in mediated 214 environments is positively correlated with more favorable attitude toward ad and brand, brand recall or 215 product knowledge, and purchase intention (Choi, Miracle, and Biocca 2001; Klein 2003; Li, Daugherty, 216 and Biocca 2001; 2002; Lombard and Snyder-Duch 2013). In the context of tourism, Hyun and O'Keefe 217 (2012) found that presence via web-mediated information directly leads to positive virtual destination 218 image.

219 In essence, the consequences of presence can be separated into those during and after the VR 220 experience. During VR experience, a higher sense of presence is associated with enjoyment of virtual 221 environment participation, the feeling of pleasure of interacting with virtual environment (Larsson, 222 Västfjäll, and Kleiner 2001; Li, Daugherty, and Biocca 2001). That is, virtual environments that engender 223 a high level of presence are perceived to be more enjoyable (Sadowski and Stanley 2002; Sylaiou et al. 224 2010). For example, Weibel et al. (2008) found a significant positive correlation between presence and 225 enjoyment in the context of playing online games. The effect of presence on enjoyment, however, is mediated by the state of flow (Weibel et al. 2008). Still in the context of video game experience, Shafer, 226 227 Carbonara, and Popova (2011) found that spatial presence is a significant predictor of enjoyment.

228 IJsselsteijn et al. (2006) shows that greater spatial presence leads to greater enjoyment in an exercise-229 promoting virtual environment. More relevant to tourism, Zarzuela et al. (2013) demonstrate that through 230 a VR Serious Game, educational tourism can be designed in a fun and entertaining way, implying an 231 association between VR involvement and enjoyment, to allow tourists to learn different aspects of a city. 232 Likewise, Sylaiou et al. (2010) investigated the relationship between presence and enjoyment in a virtual 233 museum and identified a significant positive correlation between the two variables. Therefore, it can be 234 suggested that the sense of presence during VR experience with a tourism destination leads to enjoyment 235 of the VR experience.

236 H1: Sense of Presence during VR experience has a positive effect on Enjoyment of VR Experience. 237 Importantly, VR studies substantiate its persuasive role, suggesting that the subjective experience 238 of presence in VR can translate into real world attitude and induce behavioral change (Fox, Christy, and 239 Vang 2014). Indeed, VR applications have been designed for various persuasive goals, such as health 240 behavior change (Fox, Bailenson, and Binney 2009; Girard, Turcotte Bouchard, and Girard 2009; 241 Ijsselsteijn et al. 2006), promotion of prosocial behavior (Ahn, Le, and Bailenson 2013; Gillath, McCall, 242 Shaver, and Blascovich 2008; Rosenberg, Baughman, and Bailenson 2013), advertising and e-commerce 243 (Keng and Lin 2006; Li, Daugherty, and Biocca 2001; 2002; Suh and Lee 2005), etc. These studies found 244 that the heightened sense of realism during VR experience leads to attitude change and the effect is 245 transferred into the physical world, which is manifested in positive behavioral change. In marketing 246 literature, higher levels of presence of various advertisements communicated in computer-mediated 247 environments have been found to increase subject recall and recognition (Keng and Lin 2006), leading to 248 more positive attitude and liking toward the ad and the advertised product (Klein 2003; Sundar and Kim 249 2005). In tourism, VR provides tangible images of and experiences with the destination, inducing the 250 construction of a mental image about destination attributes (i.e., destination image) and its affordances 251 (Govers, Go, and Kumar 2007; Nicoletta and Servidio 2012), which can be a manifest of spatial presence. 252 Previous studies suggest that the ability to visit a tourism destination through VR may assist tourists in 253 developing a set of realistic expectations of tourism experience with the destination (Cheong 1995;

Guttentag 2010; Williams and Hobson 1995). Studies also show that encounters with images of tourism destinations in mediated environments shape interest and attitude toward the destinations (Thomas and Carey 2005; Tooke and Baker 1996). A potential tourist who has experienced various destinations through VR will be in a better position to make an informed decision and initiate travel arrangements (Sussman and Vanhegan 2009).

259 *H2*: Sense of Presence during VR experience has a positive effect on Post VR Attitude toward260 destination.

261 H3: Enjoyment of VR experience has a positive effect on Post VR Attitude toward destination.

262 Attitude is a central concept in social psychology as well as consumer behavior literature as it is 263 generally accepted that attitude predicts behavior, although the degree of attitude – behavior consistency 264 may differ in various situations (e.g., Ajzen and Fishbein 1977; Glasman and Albarracín 2006; Smith and 265 Swinyard 1983). Further, based on the Belief-Attitude-Intention-Behavior hierarchy (Fishbein and Ajzen 266 1975), the relationship between attitude and (actual) behavior is mediated by behavioral intention (Kim 267 and Hunter 1993). The link between attitude toward tourism destination (with its characteristics) and 268 behavioral intention to visit the destination or to participate in tourism-related activities has been 269 supported in previous studies (e.g., Huang and Hsu 2009; Lam and Hsu 2004; Phillips, Asperin, and Wolfe 2013; Ryu and Han 2010). Researching Beijing tourists' revisit intention to Hong Kong, Huang 270 271 and Hsu (2009) identified significant influence of attitude on intention. Similar results were identified by 272 Lam and Hsu (2004). Phillips, Asperin and Wolfe (2013) found significant influence of attitude toward 273 consuming Korean cuisine on intention to visit Korea and to try Korean cuisine. Similar results were 274 identified by Ryu and Han (2010) in New Orleans. As supported by previous research, it can be 275 suggested that attitude toward tourism destination as a result of VR experience is a predictor of visitation 276 intention to the destination.

277 *H4*: Post VR Attitude toward destination has a positive effect on Intention to visit destination.

- 278
- 279

# 280 Research Design

281 The main goal of this research is to assess the effects of VR experience on post-VR attitude and 282 behavioral intention to visit a tourism destination. Key to VR experience is the extent of presence, which 283 contributes to the level of enjoyment of VR participation. In order to assess the relative contribution of 284 VR experience in inducing more favorable attitude toward VR stimuli (i.e., the tourism destination), it is 285 crucial to measure post-VR attitude change, comparing attitude before and after VR experience. That is, 286 identifying whether and how much a user's attitude changes as a result of being exposed to the virtual 287 environment will delineate the specific effect of VR experience. Previous studies suggest that VR induces 288 more positive attitude toward stimuli. Therefore, a positive change in attitude (i.e., stronger attitude) after 289 VR experience is expected. Finally, this research tests the influence of attitude change on visit intention to 290 the destination. The research framework is illustrated in Figure 1.

$$= Figure 1 about here$$

292

#### 293 Measurement Items

294 VR Presence. In order to assess presence in VR experience, subjective measures of spatial presence as 295 conceptualized and operationalized in Wirth et al. (2007) and Vorderer et al. (2004) were utilized. Following the research framework, the main interest in this study is to assess presence as the subjective 296 297 mental states of being in and interacting with the virtual environment during the VR experience. Two 298 constructs from MEC Spatial Presence Questionnaire (MEC-SPQ; Vorderer et al. 2004): Self-Location 299 and Possible Actions scales, each measured with four items, were included in the questionnaire. The 300 measurement items were presented in a 5-point Likert-type scale with "Strongly disagree" – "Strongly 301 agree" anchored statements (see Appendix A for a list of measurement items). VR presence was 302 operationalized as a second-order variable, consisting of the two first-order constructs. 303 VR Enjoyment. In order to measure VR enjoyment, this research refers to Davis, Bagozzi, and Warshaw's 304 (1992) definition of perceived enjoyment, which is the extent to which the activity of using VR

305 technology to experience tourism destination is enjoyable in its own right. Measurement items from

306 previous research on technology acceptance and use (e.g., Moon and Kim 2001; Van der Heijden 2003) 307 were consulted. As a result, a 5-item perceived enjoyment scale was utilized. The items were presented a 5-point Likert-type scale with "Strongly disagree" – "Strongly agree" anchored statements. 308 309 Post VR Attitude Change. In literature, the measurement of attitude change has been conducted in a 310 variety of different ways, mostly involving taking multiple measurements at different times (generally in 311 longitudinal studies) to measure an increase or decrease in the level of attitude (see Hughes 1967). In this 312 study, a limited time allotted for VR experiment and survey only allows for the questionnaire to be 313 distributed to participants after they have experienced VR. Therefore, attitude change was measured using 314 self-reported change in intensity of preference, liking, and interest in the destination after experiencing VR on a 5-point Likert-type scale from 1 – "Much weaker" to 5 – "Much stronger," with 3 – "About the 315 316 same" as the middle point. 317 Visit Intention. Visit Intention was measured by 3-item scale targeting behavioral intention to visit the 318 destination in the future, validated in previous studies on tourists' intention to visit or revisit a destination 319 in the future (e.g., Kozak and Rimmington 2000; Phillips, Asperin and Wolfe 2013). The scale was presented a 5-point Likert-type scale with "Strongly disagree" – "Strongly agree" anchored statements. 320 321 322 Data Analysis 323 In order to assess the measures given the data in this study context and test the hypotheses, data analyses 324 were conducted using covariance-based structural equation modeling (CB-SEM) following the two-step 325 approach suggested by Anderson and Gerbing (1988). The first step was to test the adequacy of the 326 measurement model with a confirmatory factor analysis (CFA), then the second step to assess the 327 adequacy of the structural model for hypotheses testing. The analysis was performed using MPlus 328 program (Muthén and Muthén 1998-2012). Based on skewness and kurtosis values of all variables, an 329 appropriate parameter estimate was selected. Several criteria were used to assess the model fit. The 330 analysis will determine if the complete set of paths specified in the model is plausible given the sample,

thus the proposed causal model is a sufficiently "good" way to model the relationships among the
variables (Gefen, Straub, and Boudreau 2000).

333

# 334 Study 1. Stimuli: Tokyo, Japan or Porto, Portugal

335 In March 2016, undergraduate and graduate students enrolled in a university in Hong Kong were invited 336 to participate in the study as part of an experiential component of a course on tourism and technology 337 strategy. In order to ground this research in the context of personal use of VR, existing free VR 338 applications and personal VR devices were used in the study. Participants with Apple's iOS smartphones 339 were asked to download the Cardboard app and use Google Cardboard VR viewer to experience a virtual 340 walkthrough of Tokyo, Japan, experiencing VR street view with Urban Hikes on Cardboard app 341 (developed by Google). Other participants were asked to use Samsung Gear VR with a Samsung 342 smartphone to visit Porto, Portugal, experiencing interactive 360-tour with Porto Interactive app 343 (developed by Vertigo VR Studios). Participants experienced VR for about 10 minutes after a short period 344 of familiarization with the device. After the VR experience, all participants were asked to complete the 345 questionnaire online. A total of 202 participants completed the questionnaire. As presented in Table 3, the 346 majority of participants are between the ages of 18 and 24 (98%), female (79%), and have a 4-Year 347 University Degree (76%). Most participants (N = 136; 67%) used Google Cardboard, and most had never 348 visited the destination portrayed in the VR experience (N = 144; 71%). In order to account for non-349 normality in the data distribution (see Table B1 in Appendix B), the analysis was performed using 350 maximum likelihood parameter estimate with standard errors and a mean adjusted Chi-square test statistic 351 (Satorra-Bentler corrections) that are robust to non-normality (MLM). 352 == Table 3 about here == 353

354 Findings

355 The results from the analysis suggest that the measurement model is adequate based on several criteria.

As presented in Table 4, all factor loadings are above .6 and the average variance extracted (AVE) values

357	of all latent variables are above the cutoff point of .5 (Hair, Black, Babin, and Anderson 2010). Therefore,
358	convergent validity was supported. The composite reliability (CR) values of all latent variables are above
359	the cutoff criteria of .7 (Hair et al. 2010). Further, the values of square roots of AVE of all latent
360	variables, which are presented in the diagonal, are larger than the correlations between the corresponding
361	variable and any other variables (see Table 5). This indicates that discriminant validity is supported.
362	Further, the fit indices are above the thresholds of .9 (Hu and Bentler 1999): Comparative Fit Index (CFI)
363	= .963 and Tucker Lewis Index (TLI) = .957. The value of Root Mean Square Error of Approximation
364	(RMSEA = .056) indicates good model fit (Hu and Bentler 1999) and the value of Standardized Root
365	Mean Square Residual (SRMR = .047) is below the threshold of .09 (Hu and Bentler 1999). These criteria
366	suggest the adequacy of the measurement model.
367	== Table 4 about here ==
368	== Table 5 about here ==
369	In order to estimate the relationships between the variables hypothesized in the research
370	framework, the structural model was consulted (see Figure 2). As a second-order variable, the paths from
371	VR Presence to its two lower-order variables are significant (Presence $\rightarrow$ Self-Location = .894, $p$ = .000;
372	Presence $\rightarrow$ Possible Actions = .849, <i>p</i> = .000). As hypothesized, Presence has a significant positive
373	effect on Enjoyment of VR participation ( $\beta = .620$ ; $p = .000$ ; $R^2 = .384$ ; $p = .000$ ), providing support for
374	H1. Both Presence and Enjoyment have significant positive effects on attitude change (Presence $\rightarrow$
375	Attitude Change = .240, $p$ = .000; Enjoyment $\rightarrow$ Attitude Change = .255, $p$ = .000; $R^2$ = .198; $p$ = .000),
376	supporting H2 and H3. It can be observed from the $R^2$ value that about 20% of the amount of variance in
377	Post VR attitude change can be explained by the model. Finally, a significant positive effect of Attitude
378	Change on Intention ( $\beta$ = .333; $p$ = .000) was also identified ( $R^2$ = .111; $p$ = .000), providing support for
379	H4. About 11% of variance in visit intention can be explained by the model.
380	== Figure 2 about here ==
381	

382 Discussion

383	The results provide support for all hypothesized relationships in the model (see Table 6). The sense of
384	presence during VR experience significantly leads to enjoyment of the experience, supporting Hypothesis
385	1. With regards to the consequences of presence on post VR attitude change, a significant effect was also
386	identified, supporting Hypothesis 2. Further, enjoyment of VR experience also positively impacts post
387	VR attitude change with a similar magnitude as the effect of VR presence, supporting Hypothesis 3.
388	Finally, the relationship between post VR attitude change and visit intention is also significantly positive,
389	which supports Hypothesis 4. Therefore, it can be suggested from these results that VR can be an
390	effective tool for tourism marketing as it induces the sense of presence, which leads to enjoyment. These,
391	in turn, induce positive attitude change that contributes to visit intention to the tourism destination
392	portrayed in VR. Further, the indirect effects of VR presence and enjoyment on visit intention were
393	calculated (see Table 7). Specifically, a significant positive indirect effect of VR presence on post VR
394	attitude change, by way of enjoyment, was found. Other indirect effects, although smaller in magnitude,
395	were also significant. The total effects of VR presence on post VR attitude change is .778; while total
396	effects on visit intention is .133.
397	== Table 6 about here ==
398	== Table 7 about here ==
399	While the data confirmed the hypotheses, this study has some limitations. First, the participants in
400	this study are dominated by young, female consumers. Recent studies have found that the younger the
401	customers, the more likely they are to be interested in VR (eMarketer, 2015; Global Web Index, 2016). It
402	can be suggested that participants in this study represent a group of customers who are highly likely to

403 experience and be influenced by VR. However, the imbalance in gender may or may not influence the 404 results. Second, participants were exposed to different stimuli with an unbalanced ratio: 67% used Google 405 Cardboard. Several independent-samples *t*-tests were conducted to identify the differences across stimuli 406 in terms of all variables (i.e., presence, enjoyment, attitude change, and intention). The differences were 407 not statistically significant. Nonetheless, conducting a follow up study with consistent stimuli is desirable 408 to verify the results further. Lastly, the sample size is relatively low (N = 202). Previous literature

409 suggests a minimum 100 – 150 sample size to test a simple model (Anderson and Gerbing 1988; Ding,

410 Veliver, and Harlow 1995) or 10 observations for every indicator variable (Nunnally 1967). Based on a

411 power analysis suggested by MacCallum, Browne, and Sugawara (1996), the minimum sample size for a

412 close of fit (Power = 90%, significance level = .05; RMSEA<sub>1</sub> = .05, and RMSEA<sub>0</sub> = .08) is 128. A further

- 413 study to test the model with a larger sample size will further support these findings.
- 414

# 415 Study 2. Stimuli: Lake District National Park, UK

416 Festival goers visiting Kendall Calling Festival in July 2016 and Lakes Alive Festival in August 2016 in 417 the Lake District, UK were invited to participate in this study. Participants were asked to experience Bird 418 Hive Lake District National Park VR application using Samsung Gear VR headset for about five minutes. 419 The content for VR experience was captured by a drone and it contained a flight over the natural 420 landscape of the Lake District National Park including its mountains, lakes, and forests. After the VR 421 experience, all participants were asked to complete a questionnaire. A total of 741 participants completed 422 the questionnaire. After eliminating responses with missing data and outliers, 724 responses were 423 included in the analysis (see Table 8). In contrast with Study 1, participants in Study 2 are relatively 424 balanced in gender (57% female). While the majority of participants is young (41% younger than 35), older participants are also represented in this study (about 34% are 45 years or older). A majority of 425 426 participants make less than £60,000 annually. A quarter of participants (25%) have tried VR before the 427 experience. Contrary to Study 1, most participants in Study 2 (89%) have visited the destination before 428 being exposed to this study. Data from Study 2 are presented in Table B2 in Appendix B. The analysis 429 was performed using the same approach as in Study 1 (covariance-based SEM with MLM).

430

# 431

# 432 Findings

Based on several criteria, it can be suggested that that the measurement model in this study is adequate.

== Table 8 about here ==

434 As presented in Table 9, all factor loadings are above .6 and the AVE values of all latent variables are

above the cutoff point of .5 (Hair et al. 2010). Therefore, convergent validity was supported. The CR 435 values of all latent variables are above the cutoff criteria of .7 (Hair et al. 2010). Further, the values of 436 437 square roots of AVE of all latent variables, which are presented in the diagonal of Table 10, are larger 438 than the correlations between the corresponding variable and any other variables. This demonstrates that 439 discriminant validity is supported. The fit indices are above the thresholds of .9 (Hu and Bentler 1999): CFI = .945 and TLI = .935. The value of RMSEA (.071) indicates moderate fit (Hu and Bentler 1999) and 440 441 the value of SRMR (.087) is below the threshold of .09 (Hu and Bentler 1999). 442 == Table 9 about here == 443 == Table 10 about here == 444 The structural model is illustrated in Figure 3. The paths from VR Presence as a second-order variable to its two first-order variables are significant (Presence  $\rightarrow$  Self-Location = .838, p = .000; 445 446 Presence  $\rightarrow$  Possible Actions = .833, p = .000). Presence has a significant positive effect on Enjoyment of VR participation ( $\beta = .519$ ; p = .000; R<sup>2</sup> = .270; p = .000), providing support for H1. Both Presence and 447 Enjoyment have significant positive effects on attitude change (Presence  $\rightarrow$  Attitude Change = .567, p = 448 .000; Enjoyment  $\rightarrow$  Attitude Change = .116, p = .000;  $R^2 = .403$ ; p = .000), supporting H2 and H3. This 449 450 indicates that 40% variation in the Post VR attitude change can be attributed to variations in VR presence and enjoyment. Finally, a significant positive effect of Attitude Change on Intention ( $\beta = .305$ ; p = .000) 451 was also identified ( $R^2 = .093$ ; p = .000), providing support for H4. The low  $R^2$  value, however, indicates 452 453 that only extremely small portion of variation in visit intention to the national park (less than 10%) can be 454 explained by Post VR attitude change. 455 == Figure 3 about here == 456 457 Discussion 458 As with Study 1, the results from Study 2 also provide support for the hypothesized model (see Table 11).

The sense of presence during VR experience significantly leads to enjoyment of VR participation,

460 supporting Hypothesis 1. Presence's influence on post VR attitude change is positive and significant,

461 supporting Hypothesis 2. The positive effect of enjoyment of VR experience on post VR attitude change 462 is also significant, although with less magnitude than the VR presence, supporting Hypothesis 3. Finally, 463 the relationship between post VR attitude change and visit intention is significant, albeit resulting in a 464 small  $R^2$  value. This supports Hypothesis 4. In summary, these results demonstrate the effectiveness of 465 VR for tourism marketing as VR induces the sense of presence, leading to enjoyment, which affects 466 positive attitude change that contributes to visit intention. Further, the indirect effects of VR presence and 467 enjoyment on visit intention were calculated (see Table 12). Specifically, a significant positive indirect 468 effect of VR presence on visit intention, by way of post VR attitude change, was found. Other indirect 469 effects, although smaller in magnitude, were also significant. The total effects of VR presence on post VR 470 attitude change is .569; while total effects on visit intention is .191.

471

== Table 11 about here ==

472 == Table 12 about here ==

473 From the results, it can be observed that the Satorra-Bentler corrected Chi-square value is quite 474 large (Chi-square = 673.059; df = 146), which is likely due to large sample size (N = 724). As suggested 475 in previous research, with large sample size, the chi-square values will be inflated (statistically 476 significant), thus might erroneously implying a poor data-to-model fit (see Schumacker and Lomax 477 2004). However, the relative Chi-Square value (Chi Square / degree of freedom ratio) in this study is 478 smaller than the suggested ratio of 5:1 as a rule of thumb for a reasonable fit (Marsh and Hocevar 1985; 479 Schumacker and Lomax, 2004).

480

#### 481 An Alternative Model

482 In order confirm the significance of post VR attitude change as a consequence of presence and to test if 483 there are direct effects of VR presence and VR enjoyment on visit intention, an alternative model was 484 tested. As can be seen in Figure 4, a positive direct effect of VR enjoyment on visit intention was identified ( $\beta = .250$ ; p = .000), with a slightly larger magnitude compared to that of Post VR attitude 485

486 change. However, the direct effect of VR presence on visit intention was not identified. Therefore, it can 487 be confirmed that the effect of the sense of presence during VR experience on visit intention is mediated by post VR attitude change. Compared to the main model, the  $R^2$  value of visit intention increases in the 488 alternative model ( $R^2 = .139$ , p = .000), indicating that the alternative model better explains the variance 489 490 in visit intention. That is, the sense of being in the virtual environment directly results in more positive 491 attitude toward the environment. On the other hand, the significant effect of VR enjoyment on visit 492 intention demonstrate the role of hedonic experience with technological device in instilling behavioural 493 intention. That is, the inflated sense of pleasure and/or excitement during a virtual walkthrough leads to 494 positive intention for an actual walkthrough. Considering that 25% of participants have tried VR and 89% 495 have visited destination before, the model was run for the different groups of participants (prior use of 496 VR, prior visitation to destination) to further explicate the role of novelty. However, no significant 497 differences were identified.

== Figure 4 about here ==

498

499

# 500 General Discussion

501 This study hypothesized that the sense of presence during a VR experience with a tourism destination will 502 lead to positive consequences, which include positive VR experience from enjoyment of VR participation and, importantly, an increased level of preference, liking, and interest in the tourism destination, which 503 504 leads to visit intention. The results of two studies, conducted in with different stimuli (i.e., cities and 505 national parks) among participants with varied characteristics (i.e., students and festival goers), support 506 all hypotheses. Firstly, significant support was found for VR presence as a second-order variable 507 consisting of self-location and possible action, as suggested in Wirth et al.'s (2007) measures of spatial 508 presence. Self-location denotes the sense of locating the self in the virtual environment, which is 509 consistent with the definition of personal presence (Heeter 1992) or self presence (Lee 2004), although it 510 is not about perceiving the existence of virtual self in the virtual environment, but about being part of the 511 virtual environment. To some extent, this can support the concept of arrival (Kim and Biocca 1997), as 512 participants feel present in the city or national parks depicted in VR. Possible Actions denote the

513 immersive nature and affordances of the virtual environments, which is consistent with the definition of 514 physical presence (Lee 2004) and environmental presence (Heeter 1992). Importantly, it is about 515 participants recognizing the action-supportive information from the virtual environment; the virtual

516 environment conveying its situated affordances (Schuemie et al 2001).

517 Secondly, the significant effect of presence on enjoyment of VR confirms the positive value of 518 VR as a hedonic experience. This is consistent with Shafer et al. (2011), Sylaiou et al. (2010), and Weibel 519 et al. (2008). However, this study shows the direct effect that the sense being in the tourist city or the 520 national park has on the feeling of pleasure while doing the virtual walkthrough. Meanwhile, Weibel et al. 521 (2008) found the effect of presence on enjoyment to be mediated by the perceived state of flow in the 522 context of playing video games. In the context of virtual museum, Sylaiou et al. (2008) only demonstrated 523 positive correlations between presence and enjoyment. Therefore, this study contributes to a better 524 understanding of the causal relationship between the two experiences in VR that involves interactions 525 with tourism destinations, with enjoyment being the consequence of the sense of presence.

526 Thirdly, a significant direct effect of presence on attitude change confirms that the extent to 527 which participants process information in the virtual environment influences changes in liking, 528 preference, and interest in the actual environment. While previous research in advertising identified 529 positive correlations between presence and more favorable attitude toward ad and brand (Choi, Miracle, 530 and Biocca 2001; Klein 2003; Li, Daugherty, and Biocca 2001; 2002), this study clarifies that presence 531 indeed leads to attitude change. In this case, the feeling of being part of a city or a park and afforded the 532 action of sightseeing results in more favorable attitude toward the city and the park. Similar result was 533 identified by Hyun and O'Keefe (2012), where presence results in positive virtual destination image. 534 Furthermore, by measuring Post VR attitude change instead of attitude, this study was able to delineate 535 specific role of VR presence on attitude formation.

Lastly, the change in attitude positively leads to visit intention. Those whose preference, liking, and interest in the city or park become stronger (i.e., more favorable attitude) after the VR experience tend to have higher level of visit intention. It is important to note that while in Study 1 the proportion of

539 participants who have visited the destination prior to the VR experience is small, most participants in 540 Study 2 have visited the park. Therefore, the novelty effect of VR might be lacking and its role is more of 541 a reminder rather than product introduction. Further, it is also important to note that the nature of 542 traveling to the cities and the attraction depicted in stimuli is different: traveling to Tokyo or Porto for 543 participants in Hong Kong may require a substantial effort compared to visiting a local national park for 544 participants in the UK. It can be observed that the mean values of visit intention items in Study 2 are 545 positively skewed, indicating that most participants intend to visit the national park in the future. 546 Nevertheless, both studies yielded positive results, indicating that VR presence can be effective to induce 547 intention for first time visitation and/or revisit intention, to visit faraway destinations or domestic tourism 548 attractions. In conclusion, this study demonstrates that VR allows subjective experience in a virtual 549 environment (e.g., virtual walkthrough or sightseeing in a tourist city or a national park) to eventually 550 translate into real behavior (i.e., actual visitation), confirming the persuasive power of VR for tourism 551 marketing.

552

### 553 Conclusion and Implication

554 The development of VR platforms and devices for convenient personal use in recent years offers great 555 potential for a widespread consumption of VR tourism content. As suggested in earlier literature, the 556 replication or creation of tourism experiences through VR will greatly impact the tourism industry 557 (Williams and Hobson 1995). VR development presents research challenges to better understand the 558 effectiveness of VR in providing alternative or surrogate tourism experiences and shaping consumer 559 attitudes toward tourism destinations. Moreover, destination managers are also faced with challenges to 560 make strategic investment decisions in order to leverage VR technology to influence consumers' travel 561 decisions. In order to answer these challenges, this study investigates the sense of presence during VR 562 experience involving virtual walkthrough of tourism destinations and attractions using personal devices. 563 This study contributes to a better understanding of presence and its consequences on user attitudes in 564 experiences involving depictions of real tourism destinations. The results show that presence contributes

positively to attitude change toward destinations. That is, a higher sense of presence during VR
experiences leads to stronger interest and liking toward the destinations. Therefore, it provides theoretical
explanation for the effectiveness of VR in influencing users' response to marketing stimuli, which is
helpful for destination marketers justifying investment in VR and empirical support for previous
conceptual research suggesting the role of VR in tourism marketing and management (e.g., Cheong 1995;
Dewailly 1999; Guttentag 2010; Huang et al. 2016; Williams and Hobson 1995).

571 Williams and Hobson (1995) suggested that "VR has the potential to revolutionize the promotion 572 and selling of tourism" (p. 425) as it has the ability to offer interactive experience and provide rich data to 573 potential tourists seeking destination information (Guttentag 2010). Cheong (1995) argued that through VR, potential tourists can "sample' the delights and have a 'feel' of each destination's atmosphere before 574 575 making their decision" (p. 419). This study shows how VR users interact with the destination's 576 characteristics, 'feel' the destination's atmosphere, and, thus, sample the destination experience as 577 indicated by the sense of presence. It is reflected in the ability to locate the self in the destination and 578 perceive the affordances of the destination (action possibilities), as significantly found in this study to 579 form the sense of spatial presence in the virtual environment (Wirth et al. 2004; Vorderer et al. 2007). To 580 justify the effectiveness of VR as marketing tools, this study demonstrates how VR capabilities in 581 inducing the sense of presence actually lead to users having more favorable attitude toward the 582 destinations depicted in VR, which, in turn, affects intention to visit the destinations. Results from two 583 studies, conducted with different groups of participants using different stimuli, consistently support the 584 hypotheses. The consequences of presence on positive attitude change is observed in situations involving 585 experience with faraway tourism destinations (international tourism) as well as local attractions (domestic 586 tourism). No significant differences were found between participants who have visited the destinations 587 depicted in VR and those who have not (in both studies), between participants who have used VR before 588 and those who used it for the first time during the study (in Study 2), and between participants using 589 different VR viewers (in Study 1). Therefore, this study provides empirical evidence from the field of 590 tourism to support previous research suggesting the positive consequences of presence in VR on attitude

and behavior (e.g., Choi, Miracle, and Biocca 2001; Klein 2003; Li, Daugherty, and Biocca 2001; 2002;
Lombard and Snyder-Duch 2013).

593 Despite of the contributions, this study has some limitations, which should be addressed in future 594 research. First, as a result of data collection procedure, the proportion of female participants in Study 1 is 595 way larger than male participants and all of them are younger than 35 years. This generate a concern in 596 terms of representativeness when interpreting the results. However, Study 2, which included more 597 balanced proportion of gender and age groups, also yields the same results. This confirms that the results 598 from Study 1 can be replicated in a different context with a more representative sample. Nevertheless, 599 future studies applying this model in different contexts will further verify the results. Second, this study 600 uses subjective measurements of VR presence and enjoyment, which are experienced during VR, based 601 on participants' evaluation after VR experience. Therefore, it relies on participants' recall of the VR 602 experience. Even though participants responded to the questionnaire right after the experience, responses 603 may still contain inaccurate information and biases. Future research should include objective 604 measurements of presence and enjoyment, such as using sensors and psychophysiological analysis, to 605 eliminate potential bias. Third, while in Study 1 different groups of participants used different devices and 606 stimuli, the small number of participants using Samsung Gear VR compared to Google Cardboard does not allow for testing a meaningful comparison. Experimental studies testing the model with devices with 607 608 varying levels of immersive capabilities and content with varying levels of affordances (e.g., stimulating 609 different types of action and interaction) will add to better understand how presence comes about. The 610 same goes for differences between participants with prior experience and those without, in order to 611 explicate the role of novelty in effectiveness of VR experience. Last, this study focuses mainly on the 612 consequences of presence, but not on its antecedents. Future studies focusing on antecedents and different 613 correlates of VR presence will be helpful to inform the design of VR for tourism and better predict the 614 resulting visit intention.

Finally, the results of this study provide destination marketers, travel agents, and other tourism
suppliers with validation that VR can be an effective marketing tool. As personal VR devices becomes

- 617 more accessible to a wider group of consumers, investing in VR technology for tourism marketing can be
- 618 a good strategy. However, as various tourism destinations have started to embrace this technology, it is

619 important to develop an overall VR experience that is presence-inducing and all around enjoyable in order

- 620 to make sure the user experience with VR will translate into stronger interest in the tourism destination.
- 621 The key is to generate VR content that can transport participants to the destination, heighten the senses of
- being in the virtual environment and suspend sensory stimuli from the actual physical environment.

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