What do Older Men and Women Say About Their Sexual Health and Wellbeing? A Qualitative Analysis

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In-depth qualitative research on the sexual health and sexual wellbeing of older people is limited. In this paper we address this gap by presenting an analysis of open-ended data collected during wave 6 (2012-13) of the English Longitudinal Study of Ageing (ELSA), which for the first time, included a comprehensive Sexual Relationships and Activities questionnaire (SRA-Q). While primarily a tick-box survey over 1000 respondents provided additional information, which created a unique qualitative data set. This symposium will illustrate how the data were analysed and draw on the findings to exemplify how the experiences of both men and women, aged over 50, contributes to our understandings about: physical health conditions that impact on sexual activities and desires; differences in gendered connections and understandings between relationships and sexual activities; how sexual acts and relationships contribute to sexual satisfaction; personal reflections and experiences of ageing and professional responses sexually active in later life.

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