

1 Abstract

2 This retrospective, single site observational study aimed to delineate five abnormal
3 embryonic developmental phenotypes assessing their prevalence, implantation
4 potential and suitability for inclusion in embryo selection models in an IVF
5 laboratory. A total of 15, 819 embryos from 4559 treatment cycles cultured in
6 EmbryoScope® incubators between January 2014 and January 2016 were included.
7 Time lapse images were assessed retrospectively for five abnormal embryo
8 phenotypes; direct cleavage, reverse cleavage, absent cleavage, chaotic cleavage and
9 cell lysis. The prevalence of each abnormal phenotype was assessed. The embryo
10 fate, embryo quality and implantation rate were determined and compared to a
11 control embryo cohort. The collective prevalence for the five abnormal phenotypes
12 was 11.39% where chaotic cleavage and direct cleavage together constituted 9.63%.
13 The implantation rate was 17.4%, 0%, 25%, 2.1% and 0% for direct, reverse, absent,
14 chaotic cleavage and cell lysis, respectively. The overall implantation rate for all
15 abnormal embryos was significantly lower compared to the control population
16 (6.9% vs 38.66%, $p < 0.0001$, Fisher's exact). The proportion of good quality embryos
17 in each category never reached over 24%. Embryos exhibiting an abnormal
18 phenotype may have reduced developmental capability manifested in both embryo
19 quality and implantation potential when compared to a control embryo cohort.

20

21 Keywords

22 Abnormal phenotype; embryo development; time lapse; morphokinetics

23

24 Introduction

25 Abnormal cleavage patterns exhibited by some embryos include, but are not limited
26 to; abnormal syngamy, direct cleavage (DC), reverse cleavage (RC), absent cleavage
27 in the presence of karyokinesis (AC), chaotic cleavage (CC) and cell lysis (CL).
28 The first of five abnormal cleavage patterns investigated here is direct cleavage (DC).
29 This is the cleavage of one blastomere into three, instead of the expected two,
30 daughter cells (supplementary figure 1). The ability of these embryos to create a
31 pregnancy has been shown to be significantly reduced (Rubio et al., 2012) where
32 13.7% of all examined embryos and 6.6% of transferred embryos underwent DC,
33 with 1.2% resulting in a clinical pregnancy. These embryos have been shown to have
34 a markedly decreased blastocyst formation rate when compared to their normal
35 counterparts (Athayde Wirka et al., 2014).

36 The second abnormal phenotype to be considered is reverse cleavage (RC); the
37 phenomenon of blastomere fusion (supplementary figure 1). Of 789 embryos
38 assessed for RC, defined as blastomere fusion or failed cleavage, 27.4% of embryos
39 were found to exhibit this abnormal cleavage pattern and were shown to have a
40 reduced implantation potential (Liu et al., 2014). An examination of 1698 embryos
41 detected a prevalence of RC of 6.8% however embryos appeared to have similar
42 fragmentation, cell evenness and morphokinetic profiles compared to their non
43 reverse cleaved counterparts (Hickman et al., 2012). This research concluded that
44 RC does not seem to impair embryo development to the blastocyst stage supported
45 by the findings of others (Desai et al., 2014).

46 Absent cleavage (AC) is defined as the process by which a blastomere undergoes a
47 pseudo division (seen as a 'roll') that does not produce two discernable blastomeres
48 but a single, or multiple, extra nuclei within the single blastomere (supplementary

49 figure 1). AC has previously been categorised under RC, termed type II RC (Liu et al.,
50 2014). Of those embryos that underwent RC (27.4%), 82% were classed as type II;
51 absent cleavage rather than blastomere fusion. Further evidence of this specific
52 developmental pattern has not yet been published. This is perhaps due to the
53 likelihood that these embryos will not be used for treatment thus circumventing a
54 clinical need to further define this phenomenon

55 Chaotic cleavage (CC) results when an embryo undergoes apparent cleavage but
56 does not create distinctive blastomeres (supplementary figure 1). A single
57 investigation studying this cleavage pattern in 639 embryos found an overall
58 prevalence of 15%, a blastocyst formation rate of 14% and an implantation rate (IR)
59 of 0% (Athayde Wirka et al., 2014). Interestingly, this investigation also found that
60 35.2% of those exhibiting CC had good cleavage stage quality. This was however,
61 markedly lower than the other abnormal phenotypes observed (DC and abnormal
62 syngamy). Again, as with AC, this phenomenon may be under investigated due to the
63 reduced likelihood that embryos exhibiting this phenotype will be used in treatment.
64 Finally, an abnormal embryo developmental phenomenon that has yet to be
65 discussed in the literature, in terms of time lapse imaging of embryos from fresh
66 treatment cycles, is cell lysis (CL) (supplementary figure 1); a process often
67 visualized in frozen thawed embryos (Bottin et al., 2015; Rienzi et al., 2005; Tang et
68 al., 2006; Yeung et al., 2009). In an analysis of 891 frozen embryo transfer (FET)
69 cycles, no pregnancies resulted if CL occurred in over 50% of the embryo. However,
70 if CL accounted for 25 to 50% of the embryo the pregnancy rate was 3.2%;
71 significantly lower than if less than 25% CL had occurred (16.6%) (Tang et al., 2006)
72 supported by others (Bottin et al., 2015; Yeung et al., 2009).

73

74 Although these investigations are not entirely synonymous with the current analysis,
75 they provide evidence that embryos with lysed cells have a reduced implantation
76 potential.

77

78 As discussed above, there is disparity in the literature with regards to the prevalence
79 and implication of the presence of certain abnormal phenotypes. Further
80 investigation into these phenomena is required to determine if their presence is
81 severe enough to exclude these embryos from selection for use in treatment. Five
82 abnormal cleavage patterns exhibited by embryos (DC, RC, AC, CC and CL) are
83 explored in 15,819 embryos detailing their prevalence, implantation potential, and
84 the suitability for inclusion of these potential deselection criteria in embryo selection
85 models.

86

87 Materials and Methods

88 This investigation was a single site, retrospective observational design approved by
89 the North West Research Ethics Committee (ref: 14/NW/1043) as well as gaining
90 Institutional Review Board approval. All procedures and protocols complied with UK
91 regulation (Human Fertilisation and Embryology Act, 1990, 2008). Data were
92 obtained from 4559 treatment cycles including 15,819 embryos cultured in the
93 EmbryoScope® incubators between January 2014 and January 2016.

94

95 *Ovarian Stimulation*

96 Pituitary down regulation was achieved using either a gonadotrophin releasing
97 hormone agonist (buserelin, Suprecur®, Sanofi Aventis, UK) or antagonist
98 (cetorelix acetate, Cetrotide®, Merck Serono, Germany). Ovarian stimulation was
99 performed using urine derived or recombinant follicle stimulating hormone
100 (Progynova (Bayer, Germany), Fostimon, Merional (IBSA, Switzerland), Menopur®
101 (Ferring Fertility, Switzerland), Gonal f® (Merck Serono). Doses were adjusted
102 based on patient demographic and response. Patients were given 5000IU of
103 subcutaneous hCG (Gonasi® HP, IBSA Pharmaceuticals, Italy) 36 hours prior to
104 oocyte collection. Luteal support was provided using 400mg of progesterone
105 pessaries twice daily (Cyclogest®, Actavis, UK) until the pregnancy test was
106 performed.

107

108 *Oocyte retrieval and embryology*

109 Ultrasound guided oocyte collection was performed transvaginally under sedation
110 (Diprivan, Fresenius Kabi, USA). Collected oocyte cumulus complexes were cultured
111 in 4 well dishes (Nunc™, Thermo Scientific, USA) each well containing 0.65ml GIVF™
112 (Vitrolife, Gothenburg, Sweden) covered with 0.35ml OVOIL™ (Vitrolife) in a
113 standard incubator (Sanyo Multigas MCO 18M). Sperm preparation was performed
114 using a standard gradient separation (ISolate®, Irvine Scientific, USA) at 0.3 relative
115 centrifugal force (rcf) for ten minutes followed by two washes at 0.6rcf for ten
116 minutes using GIVF™. Those oocytes destined for ICSI were prepared using
117 enzymatic (HYASE 10X™, Vitrolife) and mechanical digestion. ICSI was performed on
118 all metaphase II oocytes (MII) approximately four hours following collection after
119 which time all injected oocytes were placed in individual culture drops of G1™ (for

120 all cycles pre September 2014) or GTL™ (all cycles post September 2014) (Vitrolife)
121 and cultured in the EmbryoScope® (Vitrolife). Those oocytes destined for standard
122 insemination (IVF) had this performed approximately four hours after collection and
123 were replaced into a standard incubator until fertilisation check the following day.
124 Oocytes were then checked for fertilisation approximately 16 to 18 hours post
125 insemination (hpi) and all fertilised oocytes along with all unfertilised metaphase II
126 oocytes were placed in individual culture drops as with ICSI derived embryos and
127 cultured in the EmbryoScope®. Embryo selection was performed using the national
128 grading scheme (ACE/BFS guidelines (Cutting et al., 2008)) along with an internally
129 derived, embryo scoring algorithm (ESA). An ESA seeks to combine a number of
130 morphokinetic parameters that have been linked to an embryo's viability. The ESA
131 employed here was used as an additive to morphology with the latter remaining the
132 gold standard. This ESA included three morphokinetic parameters; s2 (time between
133 t3 and t4), cc3 (time between t4 and t5) and t5 with embryos graded in one of eight
134 categories from A+ to D-. Embryo transfer was performed using the highest grade
135 embryo(s) either three or five days post collection depending on the number of good
136 quality embryos the patient had on day three as well as how many were to be
137 transferred. Selected embryos were cultured in EmbryoGlue® (Vitrolife) for 10 to 30
138 minutes in a standard incubator prior to embryo transfer. Embryos were cultured at
139 37°C, 6% CO₂, 5% O₂, 89% N₂ throughout.

140

141 *Analysis of time lapse information*

142 The image interval on the EmbryoScope® was set to 10 minutes with seven focal
143 planes. Images were collected for the duration of culture immediately following ICSI

144 or fertilisation check (for IVF derived embryos) to utilisation. Images were assessed
145 by an embryologist for the abnormal embryonic phenotypes of interest. For DC,
146 embryos were classified into one of three categories; true DC (TDC, defined as all
147 three resultant cells cleaving on the subsequent cell cycle, each having a nucleus and
148 each included in the morula), false DC (FDC, one or more of the above criteria not
149 fulfilled) and unconfirmed DC (UDC, unable to classify as true or false). UDC embryos
150 were defined as such due to either obscurity preventing categorisation or the
151 cessation of culture before the morula stage was reached. A justification for the
152 choice of this classification,, not reported elsewhere, lies in unit specific data
153 whereby two obviously distinct DC event patterns were visualized using time lapse
154 technology This, as well as previous reports of direct cleavage patterns (Kalatova et
155 al., 2015; Kola et al., 1987), led to the development of the three tiered classification
156 of DC events. With regards to the final criterion for TDC classification (inclusion of all
157 cells in the morula), this stage of development was used as an indicator that all cells,
158 abnormal or not, would contribute to the eventual blastocyst and would not be
159 excluded. Further to this, DC could be proposed as a correction mechanism whereby
160 the DC event is a means to remove surplus genetic material thus excluding the cells
161 from the eventual blastocyst, described here as FDC and a more favourable type of
162 DC event. . Direct cleavage from both one to three cells (DC1-3) and from two to five
163 cells (DC2-5) were included in the analysis. RC is defined simply as blastomere
164 fusion. AC is defined as the process by which a blastomere undergoes a pseudo
165 division (seen as a 'roll') that does not produce two discernable blastomeres but a
166 single, or multiple, extra nuclei within the single blastomere. CC is observed when an
167 embryo undergoes apparent cleavage but does not create distinctive blastomeres. CL

168 is defined as the loss of a blastomere through cell lysis (supplementary figure 1).
169 Although not exclusively a phenomena visualised through time lapse technology and
170 one that can be visulaised using standard embryo morphology assessments, CL is
171 predominantly seen in embryos following cryopreservation whereas here we
172 describe cell lysis in fresh embryos. Thus, this was included in the current
173 investigation to determine the effect of cell lysis on the viability of a fresh embryo.

174

175 *Outcome measures and statistical analysis*

176 The overall prevalence of the five abnormal embryo phenotypes was defined per
177 embryo and per treatment cycle. The average patient age, oocytes collected and
178 previous attempts were calculated for each of the five categories. The fate (transfer,
179 freeze, discard) of each abnormal embryo was determined as well as their quality on
180 the day of utilisation defined as good, average or poor (supplementary table 1). The
181 IR for each abnormal phenotype was determined where the origin of the fetal heart
182 could be confirmed i.e. using known implantation data from an abnormal embryo or
183 not. The number of single and double abnormal embryo transfers and the stage at
184 which the abnormal embryo(s) was transferred was also determined
185 (supplementary table 2). Statistical analyses included the student t test for the
186 comparison of the abnormal phenotype baseline information (patient age, oocytes
187 collected and previous attempts) to the control embryo baseline data. The Fisher's
188 exact test was used to compare the IR of the abnormal embryos with normal
189 counterparts. Results were considered significant at $p < 0.05$. Statistical analysis was
190 performed using the statistical package Prism® 5 (GraphPad Software©, USA).

191

192 Results

193 Data were obtained from 15,819 embryos from 4559 treatment cycles cultured in
194 the EmbryoScope® between January 2014 and January 2016. Of the 15,819
195 embryos, 14,008 were derived from 3273 treatment cycles where no abnormal
196 divisions of interest (DC, CC, RC, AC and CL) were observed and thus constituted the
197 control group. These embryos resulted in 3456 embryos transferred and 1336 fetal
198 heartbeats (IR= 38.66%) (table 1). The remaining embryos (1811) were found to
199 pertain to a treatment cycle (n=1286) exhibiting an embryo with one of the
200 abnormal division patterns of interest.

201

202 Abnormal phenotypes with the highest prevalence per embryo observed were DC
203 and CC at 4.38% (TDC, FDC, UDC, collectively) and 5.25%, respectively. The
204 remaining phenotypes had considerably lower prevalence ranging from 0.41 to
205 0.84% (table 3). The overall prevalence per embryo observed of abnormal division
206 patterns was 11.39% (table 3). The IR of abnormal embryos ranged from 0 to 33.3%
207 (table 3). Of the five abnormal division patterns the IR of UDC, CC and RC were
208 significantly lower than normal counterparts; 12.5% (2/16), 2.1% (1/48) and 0%
209 (0/9), respectively (table 3). Furthermore, the overall IR of all abnormal embryos
210 was significantly lower than normal counterparts (6.9% (6/86) vs 38.66%) (table 1
211 and 3) and of the six implanted embryos, five resulted in a live birth, with no birth
212 defects, and one remains ongoing. In all cases the percent of good quality embryos
213 resulting from those exhibiting abnormal division patterns never reached above
214 24% and the majority of embryos were classified as poor quality (table 3). This is
215 also reflected in the utilisation of these embryos where the highest proportion of

216 each group was discarded (supplementary figure 2). The proportion of embryos
217 undergoing either DC1-3 or DC2-5 in each of the DC categories was as follows,
218 respectively; TDC, 16 and 32; FDC, 26 and 43; UDC, 176 and 404.

219

220 Patient age was significantly lower for those undergoing DC, RC and CC to those not
221 exhibiting an abnormal division pattern. The number of oocytes collected was found
222 to be significantly higher in treatment cycles containing abnormal embryos than
223 those not containing embryos exhibiting an abnormal division pattern. Finally, the
224 number of previous attempts was not found to be significantly different between any
225 of the abnormal division categories and the control embryo cohort (table 2).

226 Baseline information from treatment cycles containing an abnormal embryo did not
227 contribute to baseline information for the control cohort.

228

229 Discussion

230 The prevalence of DC in the literature has been stated as 13.7% (Rubio et al., 2012)
231 and 18% (Hickman et al., 2012). In the current analysis the overall prevalence of DC
232 was 4.38% (UDC, FDC and TDC combined) occurring in 1.22 embryos per treatment
233 cycle. The implantation potential of embryos undergoing DC has been stated as just
234 1.2% (Rubio et al., 2012) however, in the current analysis the IR was found to be
235 17.4% (4/23) (TDC, FDC and UDC combined); not significantly lower than that of the
236 control embryo cohort although this could be attributed to the reduced numbers. A
237 classification system of DC was not adopted by other publications therefore if FDC
238 were not considered, the IR would be significantly lower than those not exhibiting a
239 DC. Of the three categories, those that were classed as FDC had the highest IR, as one

240 might expect from the definition There is a paucity of literature regarding the exact
241 mechanisms underlying the phenomenon of DC however a recent comprehensive
242 review discusses both molecular and cellular mechanisms that could be related
243 (Kalatova et al., 2015). In particular, centrosome defects are suggested as possible
244 causes for DC facilitated through the lack of certain regulatory proteins such as p53.
245 The presence of surplus centrosomes leading to DC, as suggested by Kalatov et al
246 (2015), is reflected in an early investigation of tripolar oocytes. Genetic assessment
247 of tripolar DC oocytes revealed three division patterns; DC to three cells (62%);
248 cleavage to a morphologically normal two cell 'embryo' (24%) and cleavage to a two
249 cell 'embryo' plus an extrusion (14%) (Kola et al., 1987). All triploid oocytes that had
250 undergone DC to three cells were chromosomally abnormal with each containing a
251 varied number of chromosomes (here considered a TDC). Those that cleaved to
252 morphologically normal two cell 'embryos' were found to be true triploid with each
253 blastomere containing a 69XXX/XXY chromosome complement. However, of those
254 oocytes that cleaved to a two cell 'embryo' plus an extrusion, 75% were found to
255 have two diploid blastomeres and a haploid extrusion. In the analysis presented
256 here, the IR of FDC, those embryos analogous to the two cell embryo plus an
257 extrusion, was 33.3% (2/6). Caution should be taken as the numbers are
258 considerably reduced in this group due to the need to use known implantation
259 embryos, however, this represents a result just over 5% lower than that of a
260 phenotypically normal embryo. Although speculative, the findings by Kola et al.
261 (1987) not only corroborate the aforementioned theory by Kalatova et al (2015) of
262 amplified centrosome material, but could also indicate that embryos have the
263 potential to correct genetic abnormalities. There are many studies detailing self

264 correction between the cleavage stage and the blastocyst stage of embryo
265 development (Barbash-Hazan et al., 2008; Li et al., 2005; Munne et al., 2005; Northop
266 et al.,2010; Voullaire et al., 2000). It has been noted that trisomy embryos correct
267 more often than other aneuploidies (Barbash-Hazan et al., 2008) possibly occurring
268 through the loss of a chromosome in trisomy cells (Munne et al., 2005). In addition,
269 in previous reports, CC could be misinterpreted as a DC thus causing the prevalence
270 of DC to appear falsely increased. The increased IR of DC seen in the present
271 investigation compared to previous reports may also be due to observers having
272 experience with the different categorisations of DC, making them proficient at
273 recognising patterns of FDC, such as blastomere behavior, allowing preferential
274 selection of a potential FDC in UDC cases. The reduced patient age and increased
275 number of oocytes collected may reflect a simple association between maternal age
276 and number of oocytes collected. However, it may also indicate that stimulation can
277 lead to reduced oocyte quality (Aboulghar et al., 1997) and high oocyte numbers
278 (>15) can reduce the chance of a live birth (Ji et al., 2013) which could manifest as an
279 abnormality such as DC.

280

281 RC occurred in 65 embryos (1.07 embryos per treatment cycle) of which 36 were
282 either transferred or frozen where 26 were classed as good or average quality. It is
283 likely that embryos classed as PQE were utilised due to unavailability of others. The
284 IR of embryos undergoing RC in the current investigation was 0% (0/9). The
285 prevalence of RC has been reported as 6.8, 7 and as high as 27.4% in previous
286 reports (Desai et al., 2014; Hickman et al., 2012; Liu et al., 2014). However, the rate
287 of formation of usable embryos is in conjunction with others at approximately 40%

288 (Desai et al., 2014). There have been reports that RC is affected by other variables
289 such as ICSI and GnRH antagonists. Therefore a possible explanation for the
290 disagreement presented here could be due to the difference in baseline patient and
291 treatment variables, a consideration for further investigation. The phenomenon of
292 RC has been recognised previously with regards to frozen thawed embryos (Balakier
293 et al., 2000; Trounson, 1984). Balakier et al. (2000) sought to determine the
294 chromosomal changes in blastomeres that undergo fusion following thawing. This
295 analysis included 1141 embryos frozen on day two and 873 frozen on day three. RC
296 was found in 51 embryos of which 70% were classed as good quality. The overall
297 frequency of RC was 4.6% in day two embryos and 1.5% in day three embryos. A
298 slightly higher incidence of blastomere fusion was found in embryos created using
299 IVF when compared to ICSI. When a control group was observed (embryos not
300 subject to freezing and thawing) the prevalence of RC was 0.3%, a result not far from
301 that recorded in the present study (0.41%). The IR of embryos that underwent
302 blastomere fusion following thawing in the above investigation was very poor with
303 15 embryo transfers containing one abnormal and one normal embryo resulting in a
304 single live birth only. Again, a result similar to that seen in the present investigation
305 where no pregnancies resulted from nine embryos transferred that had undergone
306 RC. The chromosomal status of blastomeres resulting from fusion was also examined
307 where embryos affected by RC were transformed into either polyploidy or mosaics
308 embryos. The authors suggested that the occurrence of blastomere fusion could be
309 associated with existing membrane abnormalities that could promote fusion affected
310 by factors such as pH, temperature and osmolality differences. Interestingly, in some
311 fields of research the production of tetraploid embryos is advantageous and it has

312 been concluded that tetraploidy does not prohibit preimplantation development
313 (Eglitis, 1980); corroboration for the development of approximately 40% G/AQE in
314 the present investigation. This investigation could conclude similarly to others
315 where the presence of RC did not seem to affect an embryos ability to create a GQE
316 but does impair an embryos ability to implant.

317

318 Absent cleavage has been characterised as a type of RC in a previous report (Liu et
319 al., 2014) however, in the current report it is classed as a distinct phenotype. The
320 prevalence per embryo of this abnormality compared to RC is more than double
321 (0.84 vs 0.41%) and of the four embryos that were transferred with this phenotype,
322 one implanted. However, in a previous report, of 22 embryos, none implanted that
323 underwent type I or type II RC (defined here as AC) (Liu et al., 2014). In another
324 investigation using disaggregated human embryos, blastomeres were scored for the
325 number of nuclei present after 16 to 20h culture and a small proportion of
326 mononucleated blastomeres exhibited two nuclei after culture. It was hypothesised
327 that approximately 30% of these occurred through AC (Pickering et al., 1995). Here,
328 AC was shown to occur in 1.08 embryos per treatment cycle and of the 133 embryos
329 exhibiting AC, 122 were classed as PQE and 116 were discarded. Unlike DC, RC and
330 CC however, the patient age was not shown to be significantly different when
331 compared to the control embryo cohort.

332

333 CC has an overall prevalence per embryo of 5.25%; by far the highest of the five
334 abnormal phenotypes. Occurring in 1.82 embryos per treatment cycle suggestive of a
335 patient, treatment or environmental effect rather than a spontaneous event. One

336 comprehensive analysis identified the prevalence of CC to be 15%, with a blastocyst
337 formation rate of 14% and an IR of 0% (Athayde Wirka et al., 2014). In the current
338 analysis, the IR of these embryos was 2.1% (1/48); significantly lower than the IR of
339 the control embryo cohort. Of the utilised embryos, just 18.2% were classed as GQE,
340 27.3% as AQE and 54.5% as PQE. Interestingly, it has previously been found that
341 35.2% of those exhibiting CC were classed as good quality, a result not synonymous
342 with the current analysis. A possible explanation for this disagreement is the time
343 lapse technology used. In the current analysis, EmbryoScope® was the time lapse
344 technology of choice however, in the analysis by Athayde Wirka et al. (2014) the
345 Eeva™ system was used. The Eeva™ system uses dark field illumination to enable the
346 software within it to track blastomeres. The EmbryoScope® does not use dark field
347 illumination which could make distinction of blastomeres from fragments more
348 straightforward. An investigation conducted on patients carrying a Robertsonian
349 translocation (the fusion of two acrocentric chromosomes), revealed that a high
350 proportion of embryos resulting from these patients underwent numerous chaotic
351 cleavage divisions and rather than the aneuploid segregation of the Robertsonian
352 translocation being the only reason for the infertility, there may be a post zygotic
353 manifestation leading to uncontrolled chromosome segregation (Conn et al., 1998).
354 The presence of chaotically dividing embryos has been noted elsewhere (Delhanty et
355 al., 1997; Harper and Delhanty, 1996; Laverge et al., 1997) and has also been
356 identified as a patient related phenomenon (Delhanty et al., 1997) a statement
357 synonymous with CC occurring in up to 1.82 embryos per treatment cycle.
358

359 CL is largely discussed in the literature when considering frozen thawed embryos
360 and, as discussed previously, there is an associatively low IR (Tang et al., 2006).
361 59.2% of the embryos were classed as PQE with 55.6% of the total discarded. Just
362 13.6% were considered GQE and 27.2% AQE, a result similar to other abnormal
363 phenotypes. As very few embryos were shown to exhibit this phenotype, and fewer
364 still were transferred, it is difficult to draw conclusions about the implications of this
365 abnormal phenotype. It would be reasonable to use previous evidence regarding
366 frozen thawed embryos to attribute their potential for success. However, CL in
367 frozen embryos is likely as a result of cryodamage during the freeze thaw process
368 whereas, in fresh embryos, the CL could be as a result of exposure to another
369 stressor such as suboptimal pH, temperature or osmolality. Cells that lyse may have
370 a heightened sensitivity to changes in the environment, or lack a cytoplasmic
371 constituent that regulates cell volume, for example, leading to its lysis.

372 *Abnormal phenotypes as deselection criteria*

373 Where possible, UDC and TDC embryos should not be selected for transfer if other
374 embryos are available, even when embryo quality is considered. . It is important to
375 note at this point that embryos transferred at the cleavage stage undergoing DC (of
376 which there were five in the current analysis) will inevitably be classed as UDC.
377 These embryos may have resulted in FDC thus caution is advised due to a potential
378 bias in the current results of UDC cleavage stage embryos. For this reason, extended
379 culture of DC embryos may be valuable to allow the classification into either FDC or
380 TDC and thus aid further in embryo selection and management of patient
381 expectation. CC, the most common abnormal phenotype in the current analysis, has
382 been linked to severe chromosomal abnormalities in the literature which could be

383 patient specific therefore it's possible that the phenomenon could occur more than
384 once in a patient cohort indicating an underlying genetic condition. Where CC
385 embryos are transferred the expected IR is 2.1% regardless of embryo quality. For
386 this reason, identification of CC as a deselection tool should be considered for
387 laboratories utilising time lapse imaging technologies. Just fewer than 92% of
388 embryos that exhibit AC create PQE thus they would likely be automatically
389 discounted from clinical use. RC and CL each have an IR of 0%, albeit from low
390 numbers of transferred embryos. However, the relative prevalence is low, the
391 majority of embryos exhibiting these phenomena are PQE and they are not able to
392 implant therefore these embryos should not be selected for transfer where possible.
393 These recommendations have been implemented at the study site to aid in embryo
394 selection. In addition to the above, the need for accurate and consistent annotation
395 of embryos is imperative for any centre utilising time lapse technologies. This issue
396 was raised a number of years ago resulting in the publication of suggested
397 terminology in order to create consensus among users (Ciray et al., 2014).
398 Consensus is paramount and caution is advised when implementing or analysing
399 time lapse parameters discussed by others.

400

401 This preliminary investigation sought to determine the prevalence, implantation
402 potential and suitability for inclusion in embryo selection algorithms of five
403 abnormal cleavage events. To determine IR, only known implantation embryos were
404 used leading to a significant reduction in the number of embryos available for
405 analysis. Nevertheless, this number would be difficult to achieve at another single
406 site based on the study site using time-lapse for all patients and performing over

407 2000 treatment cycles per year. In addition, the ability to track the implantation of
408 these embryos is made more difficult with the increased likelihood of transferring
409 two embryos in these cases, potentially due to reduced embryo quality in the
410 available embryo cohort. Based on the results presented here, future analyses should
411 focus on embryos undergoing more than one abnormal division event, the cell stage
412 at which the abnormal cleavage event occurs, the effect of treatment parameters
413 such as ICSI and day of transfer as well as the assessment of a relationship between
414 the abnormal phenotypes and multinucleated blastomeres. In addition, the authors
415 plan to perform an extension of this analysis to include embryo quality and outcome
416 information regarding DC1-3 versus DC2-5 in the DC classifications presented here.
417 Finally, scrutiny should be paid to CL where the specific timings of the CL event
418 should be assessed and linked to the relative impact on embryo viability.

419

420 In conclusion, embryos exhibiting an abnormal phenotype appear to have reduced
421 developmental capability expressed as both embryo quality and implantation
422 potential. Time lapse systems are bringing to light many unusual and, most likely,
423 fundamentally complicated embryological phenomena requiring in depth analysis
424 that could ultimately improve the outcome of treatment cycles.

425

426 Appendix: Supplementary material

427

428 References

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