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Low pump threshold CVD graphene based passively harmonic mode-locked fibre laser

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A low pump threshold passively harmonic mode-locked fibre laser is demonstrated. The key component is a chemical vapour deposition grown graphene saturable absorber to enable higher order harmonic modes locking (HML) of the fibre laser, which results in amplitude noise suppression. With a relatively low pump power of 100 mW, the fibre laser generates ∼1 ps soliton pulses at the 21st order of HML with 40 dB of super-mode noise suppression.

Introduction: Ultra-short optical pulse generation with high repetition rates from graphene-based passively mode-locked fibre lasers have attracted much research attention, in view of their potential applications in many disciplines, such as optical frequency metrology and high speed optical communication [1–3]. To get high repetition rates, one effective approach is to decrease the laser cavity length to the lowest possible extent [4]. However, it has practical limitations such as accessible levels of rare-earth doping of the gain fibre and practical lengths of the fibre components. Another attractive way by harmonic mode-locking (HML) mechanism, where the fundamental repetition rate might be multiplied by a significant factor [5]. In HML fibre lasers, when the pump power is increased beyond a certain value, splitting of the single pulse into multiple pulses in the cavity could occur due to the energy quantisation effect of the soliton. Normally the generated multiple pulses are randomly located. However, under specific cavity setting, these multiple pulses are possible to be self-arranged to form a stable pulse train with a multiplied repetition rate corresponding to the fundamental frequency of the laser cavity.

HML in erbium-doped fibre (EDF) lasers employing graphene as the SA has been previously reported [1, 2]. In HML lasers, many supermodes oscillate simultaneously competing with each other and the superposition of these oscillating super-modes is known as super-mode noise. This noise gives rise to unequal distribution of energies among the generated optical pulses and results in amplitude fluctuations of the output pulses. In particular, the highest repetition rate of 2.22 GHz (21st harmonic) with 40 dB supermode noise suppression (SNS) by using mechanically exfoliated graphene-based SA has been examined [1]. In general, high pump thresholds are required to generate HML but recent report shows that HML can be achieved even with low pump powers using graphene as SA [6]. Besides the low pump threshold, it is crucial to obtain high SNS, which however has not been previously characterised. Incidentally, most of the HML work has been focused on the high repetition rate, without significant mention about the pulse energy fluctuations in their lasers [1, 2, 6]. It is worth noting that the pulse energy and/or amplitude instability is one of the key issues and it must be considered before the mode-locked EDF lasers can be considered for practical applications [7].

In this Letter, we experimentally demonstrate a passively HML fibre laser with a relatively low pump threshold using chemical vapour deposition (CVD) grown graphene as saturable absorber. The laser could operate either at a fundamental frequency or a higher harmonic depending on the pump power level. The fibre laser can operate up to the 21st order of HML by adjusting the pump power and the state of polarisation in the cavity. The fibre laser not only has a low pump threshold, but its SNS is also as high as 40 dB. In addition, the output RF spectrum has been analysed to prove that the fibre laser can achieve HML with less pulse energy fluctuations. Such passively HML fibre laser with relatively low pumping threshold, high SNS and low pulse-to-pulse fluctuations can be useful in important applications such as optical sampling, laser ranging, or ultra-precise micromachining.

Experiment and results analysis: The graphene-based SA is prepared by cold transferring a piece of free standing CVD graphene film onto the end facet of a FC/APC fibre connector. The SA device is then formed by connecting another FC/APC fibre connector with an adaptor. The total insertion loss of the graphene SA is about 1.6 ± 0.1 dB. The saturable absorption properties of the graphene SA is then characterised using a convention mode-locked fibre laser emitting ∼400 fs pulses at 1562.12 nm, with a repetition rate of 67.1 MHz and an average output power of ∼1 mW. The modulation depth and non-saturable losses of the graphene SA are measured to be ∼2.5 and ∼30%, respectively.

The experimental setup of the graphene HML fibre laser is illustrated in Fig. 1. The laser uses a 70-cm long EDF (nLight LIEKKI Er110-4/125) as the gain medium and pumped at 974 nm by a laser diode delivering up to 300 mW coupled through a 980/1550 wavelength division multiplexing (WDM) coupler. The core absorption of the EDF is 110 dB/m at 1530 nm with a group velocity dispersion of 0.012 ps/m. To ensure unidirectional operation, a polarisation independent isolator is placed after the SA, while the state of polarisation in the laser cavity is adjusted by an in-line fibre polarisation controller (PC). A 30/70 fused fibre optical coupler is used to extract 30% of the power from the cavity as the laser output. The total cavity length is 11.7 m, including the standard single mode fibre pigtailed with a total length of 11 m and a group velocity dispersion coefficient of 18 (ps/nm)/km. The net dispersion of the laser cavity is estimated to be ∼0.269 ps. The output pulses are monitored by an optical spectrum analyser with a resolution of 0.1 nm, an optical autocorrelator (A’nair Labs HAC-200), and a 1 GHz oscilloscope together with a 5 GHz photodetector (Thorlabs SIR5-FC). Self-starting of mode-locked operation at fundamental frequency is found readily obtained by increasing the pump power beyond a mode-locking threshold of 26 mW with appropriately adjusted polarisation. The output pulse repetition rate is measured to be ∼17.1 MHz which corresponds to the cavity round-trip time, confirming that the laser operates at its fundamental frequency. The measured output power is at the level of 0.3 mW.

Fig. 1 Experimental setup of the passively HML fibre laser with CVD graphene SA. WDM, wavelength-division multiplexing; EDF, EDF; PC, polarisation controller; CVD, CVD, SA, saturable absorber.

Fig. 2 shows a typical optical spectrum with Kelly sidebands, confirming that the fibre laser operated in the soliton regime with net-anomalous dispersion. The centre wavelength and full-width half-maximum (FWHM) are found to be 1567.4 and 2.23 nm, respectively. The autocorrelation trace of the output pulse is depicted in Fig. 2b, showing that the pulse duration is ∼1.13 ps. With a sech2 pulse fitting, the calculated time-bandwidth product (TBP) of the output pulses is 0.31, which is near to transform-limit (0.315).

Fig. 2 Laser output at the fundamental frequency

a) Optical spectrum  
b) Autocorrelation trace

With further increasing the pump power and adjusting the PC, multiple pulses are generated due to the energy quantisation effect. At the beginning, the pulses are randomly distributed in the cavity. However, by carefully adjusting the PC, we are able to obtain stable output single pulses with a multiplied repetition rate corresponding to the fundamental frequency of the laser cavity. By carefully increasing the pump power from 30 to 100 mW, the harmonic order of the mode-locked pulses is found changing from the 2nd to the 21st order. When the pump power reaches 100 mW, HML at the 21st harmonic of ∼360 MHz corresponding to the fundamental frequency is observed. The harmonic order decreases stepwise as the pump power decreases, where the polarisation of laser cavity is slightly adjusted for operation
of each harmonic order. Once passively HML is established, the fibre laser is found stably operating.

Fig. 3a shows the output spectrum of the 21st harmonic, which is centred at 1567.6 nm with a FWHM of 2.55 nm. Fig. 3b further depicts the autocorrelation trace of the output pulses with sech² fitting. The output pulse width is measured to be around 1 ps. Taking into account of the spectral bandwidth, the TBP of the laser is estimated to be 0.31, which is close to the transform limit for sech² fitting.

![Fig. 3 Laser output at the 21st HML](image)

(a) Optical spectrum  
(b) Autocorrelation trace

Fig. 4 further plots the RF spectra of the fundamental and the 21st HML over 80 kHz frequency span with a bandwidth resolution of 200 Hz. The RF spectrum shows a peak-to-pedestal ratio of ∼53 dB for fundamental and ∼56 dB for 21st harmonic, respectively. The RF spectrum depicts the RF spectra of the fundamental and the 21st harmonic component of the RF spectrum by [8]:

$$\Delta E/E = \sqrt{\frac{\Delta P \Delta f}{\Delta f_{\text{res}}}}$$  

(1)

where ΔP is the power ratio between the signal and the peak of the noise band, Δf is the frequency width of the noise floor, and Δf_{res} is the spectral resolution of the spectrum analyser. For fundamental frequency component, with ΔP = 10^{-5.3}, Δf = 3.7 kHz and Δf_{res} = 200 Hz, the pulse energy fluctuation is estimated to be 0.95%. Likewise, the pulse-to-pulse energy fluctuations calculated for the 21st harmonic is only 0.74%, with ΔP = 10^{-5.8}, Δf = 4.3 kHz and Δf_{res} = 200 Hz.

![Fig. 4 RF spectra of laser output](image)

(a) Fundamental (f₀ = 17.14 MHz), and  
(b) 21st harmonic (f₂₁ = 360 MHz) with 200 Hz resolution

A steady train of cavity harmonics without sidebands is shown in Fig. 5a, suggesting good pulse-train stability and no Q-switching instabilities. Fig. 5b shows the RF spectrum of the 21st harmonic recorded with a span of 1 GHz and resolution bandwidth of 10 kHz. The results show a SNS as high as 40 dB, which is similar to that of the previously reported HML fibre lasers [1]. To further evaluate the significance of the SA in achieving the HML results, we replace the CVD-grown graphene based SA with a liquid-phase exfoliation based graphene SA [3]. No HML is observed with the liquid-phase exfoliation prepared graphene based SA when applying to the same laser cavity. Therefore, it is believed that the CVD-grown graphene plays a significant role to achieve HML operation and subsequently lead to the high SNS and the less energy fluctuations of the generated pulses.

Conclusion: We demonstrated a relatively low pump power HML EDF laser by employing a CVD graphene SA. Under different launched pump powers and appropriate adjustment of polarisation in the laser cavity, HML up to 21st order has been obtained. A relatively low pump power of 100 mW enables the generation of the 21st HML pulses at 360 MHz repetition rate with 40 dB of super-mode noise suppression. The RF spectrum data analysis demonstrates that the laser emits high-quality pulses with low energy fluctuations. The results confirm that the CVD-grown graphene can be used in fibre lasers for low pump threshold high-order passive HML operation and generating output pulses with high super-mode noise suppression and low pulse-to-pulse energy fluctuations.

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One or more of the Figures in this Letter are available in colour online.

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