

Table 2 - Pattern of attendance of participants at a neuromuscular centre

Length of attendance (n=102)	Frequency (%)
For five years or more	61 (60)
More than a year but less than 5 years	24 (23)
Between 6 months and one year	11 (11)
More than 3 months but less than 6 months	2 (2)
Between 1 month and 3 months	3 (3)
Less than 1 month	1 (1)
Frequency of attendance (n=104)	
Once a week	48 (46)
Once a fortnight	44 (42)
Once a month	9 (9)
Less than once a month	3 (3)
Session Length (n=103)	
Over 60 minutes	75 (72)
Between 40 and 60 minutes	12 (11)
Less than 40 minutes	9 (9)
Varied	8 (8)