

1 **Composition of PM_{2.5} and PM₁ on High And Low Pollution Event**
2 **Days and its relation to Indoor Air Quality In A Home For The Elderly**

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14
15 **ABSTRACT**

16 Many studies probing the link between air quality and health have pointed towards
17 associations between particulate matter (PM) exposure and decreased lung function,
18 aggravation of respiratory diseases, premature death and increased hospitalisation
19 admissions. It is believed that the chemical composition and physical properties of PM
20 may contribute significantly to these adverse health effects. As part of a Belgian Science
21 Policy project (“Health effects of particulate matter in relation to physical-chemical
22 characteristics and meteorology”), the chemical composition (elemental and ionic) and
23 physical properties (PM mass concentrations) of PM were investigated, indoors and
24 outdoors of old age homes in Antwerp. The case reported here specifically relates to high
25 versus normal pollution event periods. PM mass concentrations for PM₁ and PM_{2.5}
26 fractions were determined gravimetrically after collection via impaction. These samples
27 were analysed by EDXRF spectrometry and IC for their elemental and ionic
28 compositions, respectively. During high pollution event days, indoor PM mass
29 concentrations reached 53 µg m⁻³ and 32 µg m⁻³ while outside concentrations were 101
30 µg m⁻³ and 46 µg m⁻³ for PM_{2.5} and PM₁, respectively. The sum of nss-sulphate, nitrate
31 and ammonium, dominated the PM composition, and contributed the most towards an
32 increase in the PM during the episode days constituting 64% of ambient PM_{2.5} compared
33 to 39% on non-episode days. Other PM components, such as mineral dust, sea salt or
34 heavy metals were found to be considerably higher during PM episodes. Zn and Pb were
35 found at the highest concentrations in both PM_{2.5} and PM₁. Acid-base ionic balance
36 equations were calculated and point to acidic aerosols during event days and acidic to
37 alkaline aerosols during non-event days. No significant sources of indoor pollutants could
38 be identified inside the old-age home as high correlations were found between outdoor
39 and indoor PM, confirming mainly the outdoor origin of indoor air.

40
41 **Keywords:** indoor air quality, high pollution event, PM characterisation, acidic aerosol, elderly
42

43 **1. Introduction**

44

45 Numerous epidemiological and clinical studies have been conducted over the last decade
46 and a half and they indicate associations between particulate matter (PM) exposure and
47 various health effects (Strak et al., 2012; Stranger et al., 2009 and references therein;
48 Fuentes-Leonarte et al., 2009; Jacobs et al., 2012 and references therein). It is shown that
49 increases in PM exposure often lead to increased hospital admissions, especially in
50 susceptible cohorts such as the elderly and individuals with cardiopulmonary diseases (Di
51 Ciaula., 2012). Although earlier studies focused on PM mass concentrations, it is
52 nowadays commonly believed that the chemical and biological composition of the
53 particulate matter may also contribute significantly to detrimental health effects
54 (Gemenetzis et al., 2006; Bell et al., 2009).

55 A Belgian Science Policy project (“Health effects of particulate matter in relation to
56 physical-chemical characteristics and meteorology”), which this study was a part of,
57 intended to investigate acute, short-term health effects of PM and its composition in the
58 elderly part of the population (Jacobs et al. 2012). The sampling of air pollution was
59 designed, so that there was a contrast in ambient PM concentrations between the first and
60 second visit of a patient during which a set of clinical measurements was performed.
61 More information may be found in Jacobs et al. (2012). This was possible thanks to the
62 predictions of PM concentrations (4 days in advance) made by Ircel (Belgian
63 Interregional Environment Agency). The air particulate matter was sampled both indoors
64 and outdoors of the building. Since this part of the population spends most of their time
65 indoors, monitoring the indoor air and close outdoor environment in place of the personal

66 exposure seems justified. Brunekreef et al. (2005) found highly correlated time-series of
67 pairs of personal, indoor and outdoor fixed site PM_{2.5} and black smoke concentrations in
68 a small population of elderly cardiovascular patients. - The concentration of the PM
69 inside of a building is mainly governed by indoor generation of particles, the
70 concentration of the particles outside, the rate of air exchange and the depositional
71 characteristics of the particles (Gemenetzis et al., 2006). For those reasons this study
72 monitored both environments.

73 This paper is thus one of a handful reporting on the chemical (elemental composition
74 and water-soluble ion concentrations, including secondary aerosols) and physical (mass
75 concentrations) differences between ambient and indoor concentrations of PM_{2.5} and
76 PM₁ during periods of high and low pollution events in old-age home (Czagani
77 Broechem, Belgium). We chose this location as it was characterised by the highest
78 pollution event observed in Antwerp during the course of the project (2007-2010). The
79 sampling campaign covers days before, during and after the event. Thus, in addition to
80 investigation of the relationship between the outdoor and indoor pollutants, a comparison
81 between days with “normal” PM concentrations or so-called non-episode days (NED’s)
82 and episode days (ED’s) could be made.

83 A target value of 25 $\mu\text{g m}^{-3}$ for PM_{2.5} entered into force in 2010 under the Ambient
84 Air Quality and Cleaner Air Act for Europe (Council Directive 2008/50/EC) and will
85 enter into force as a limit value in 2015. Although a yearly average indoor PM_{2.5}
86 guideline value of 15 $\mu\text{g m}^{-3}$ in Flanders, Belgium exists, we decided to use the 24-h
87 PM₁₀ indoor air quality guideline value (Stranger et al., 2007) of 40 $\mu\text{g m}^{-3}$. In this study,
88 the PM₁₀ concentration was not measured; however, based on our unpublished results

89 from simultaneous PM10 and PM2.5 mass measurements in various indoor locations in
90 Belgium, PM2.5 accounts on average for 73% of PM10 mass concentration. Therefore,
91 the 24h PM2.5 indoor value higher than $29.2 \mu\text{g m}^{-3}$ stands for an ED in this study and
92 lower than $29.2 \mu\text{g m}^{-3}$ stands for a NED. This value is not unreasonable taking into
93 account that the WHO guideline values for short term PM2.5 exposure is $25 \mu\text{g m}^{-3}$ 24-h
94 mean, and as recently as 2011, this value has also been adopted as an indoor air guideline
95 value (WHO, 2011).

96

97 **2. EXPERIMENTAL**

98

99 **2.1 Sampling location**

100

101 Broechem is a village (12 km^2) located in the province of Antwerp, around 10 km to the
102 east of the Antwerp city ($\text{N}50^{\circ}10'$, $\text{E}4^{\circ}36'$) with about 4000 inhabitants. The sampling
103 was performed in the Czagani old-age home, with around 120 inhabitants and 100
104 workers at the time of the sampling. The old-age home has a surface area of about 6500
105 m^2 and three floors. The building, built in 1994, is both mechanically and naturally
106 vented. The ground floor (where sampling was performed), was a carpeted open space, it
107 served as a dining room, cafeteria and the reception; the cleaning thereof was performed
108 6 days per week. The building is situated about 1 km from the highway and 300 m from a
109 major village road.

110 Local pollution sources include mainly traffic and domestic heating. Other potential
111 sources include the harbour of Antwerp (located to the north of the city), a large

112 petrochemical plant, a municipal waste incinerator, and a nonferrous plant to the south of
113 Antwerp (Stranger, 2005).

114

115 **2.2 Sampling methodology**

116

117 PM was collected indoors and outdoors simultaneously by means of impaction (Harvard
118 impactors from Air Diagnostics and Engineering Inc., Naples, ME, USA) and operated at
119 a flow rate of 23 L min⁻¹ for PM1 collection and 10 L min⁻¹ for PM2.5 collection.

120 Membrane Teflon filters were used (2 µm pore size and 37 mm in diameter) to collect the
121 particles over periods of 24 hours. Filter changing took place in the mornings, during
122 which time the flow rate was checked. Indoor sampling took place in the ground floor
123 dining room and the impactors were positioned so that the inlets were as close as possible
124 to the breathing zone of people (about 1 m above the ground). Outdoor sampling was
125 done at the back of the building in order to avoid direct influence from the automobile
126 exhaust emissions originating from a small parking lot in front of the building. Since the
127 building was only 3 storeys high, the ground floor concentrations are assumed
128 representative for all floors. As shown by Gemenetzis et al. (2006) in the study conducted
129 in university rooms in Greece, although a slight decrease in PM10 and PM2.5 mass
130 concentrations was observed with an increase in the elevation level, it could be
131 considered as negligibly small up to the 5th floor. The effect of elevation (up to the 40th
132 floor) on indoor particulate concentrations was also studied by Chao et al. (2002), who
133 reports no significant difference in the PM10 and PM2.5 mass concentrations at different
134 levels.

135

136 Co-located duplicate samples of PM_{2.5} were collected both in indoor and outdoor sites,
137 they were however used only for the determination of the mass concentration and were
138 not subjected to further examinations for elemental and ionic measurements. Thus, the
139 PM mass concentration values are the arithmetic mean of two measurements. The results
140 of the duplicate sampling of PM_{2.5} agreed with each other to within 5%, exceeding this
141 difference only four times, with the highest being 16%.

142

143 **2.3. Analysis**

144

145 The masses of the collected particulates were determined gravimetrically using a
146 microbalance with a resolution of 1 μg (Mettler Toledo MX5, Mettler Toledo, Columbus,
147 USA) in an environmentally controlled laboratory. Filters were conditioned at 20 °C and
148 50% relative humidity, for at least 24h before weighing, and stored in Petri dishes until
149 sampling. After sample collection, they were conditioned again, weighed and stored at
150 4 °C until the analysis.

151 The filters were analysed firstly by means of X-ray fluorescence (Epsilon-5 XRF,
152 PANAnalytical, The Netherlands) in order to determine the bulk elemental
153 concentrations of selected elements (Al, As, Ca, Cd, Cl, Cr, Cu, Fe, K, Mn, Ni, Pb, S, Sb,
154 Se, Si, Sr, Ti, V, Zn) and afterwards subjected to Ion Chromatographic (IC) analysis
155 (Dionex DX-120, Dionex, USA) for anion (Cl^- , NO_3^- , SO_4^{2-}) and cation (Ca^{2+} , K^+ , Mg^{2+} ,
156 Na^+ , NH_4^+) concentrations. Procedures followed have been described elsewhere (Avigo
157 et al., 2008; Stranger et al., 2009). The IC detection limits (LODs) were estimated from

158 blank filters (three standard deviations of the concentration found in blank) using the
159 average air volume of PM2.5 and PM1 samples taken during the sampling campaign.
160 LODs were ranging from 3 ng m⁻³ for magnesium to 72 ng m⁻³ for sodium cation in
161 PM2.5, and from 1 ng m⁻³ to 30 ng m⁻³ in PM1 for the same cations, respectively.
162 Magnesium and calcium ions were generally found in very low amounts. Magnesium was
163 detected above its LOD in 63% of all samples, calcium, in 46%. All other ions were
164 detected in significant amounts in all samples. The precision was better than 3.6% for all
165 analytes (Bencs et al., 2008). For XRF analysis, the detection limits ranged from 0.7 for
166 vanadium and 32 ng m⁻³ for aluminium in PM2.5 and from 0.3 ng m⁻³ for vanadium to 13
167 ng m⁻³ for aluminium in PM1. Cd, Se and Sb were below the detection limits in all
168 samples, for other elements there were 11% of non-detects. The precision, expressed as
169 relative standard deviation of three repetitions was generally below 5%. Quality check of
170 these analyses was performed by calculating the correlation coefficients between
171 elemental-sulphur with sulphate-sulphur. R^2 values of 1 and 0.99 were found for indoor
172 and outdoor PM2.5, respectively. The PM1 correlation coefficients were 0.99 for both
173 indoor and outdoor PM. For chloride the values were somewhat lower, in indoor PM1
174 two outliers had to be excluded, the correlations had the R^2 equal to 0.98 and 0.95 in
175 PM2.5 indoors and outdoors, and 0.84 in indoor and 0.97 in outdoor PM1.

176 Identification of the origin of air masses was done for each day of the sampling
177 using 5-day backward trajectories performed with Hysplit model
178 (<http://www.arl.noaa.gov/HYSPLIT.php>). Initial heights of 2 m and 20 m above ground
179 level were investigated.

180 All statistical calculations were performed using an IBM SPSS Statistics, version
181 22.0 software package (IBM Corp., Armonk, NY, USA).

182

183 3. RESULTS AND DISCUSSION

184

185 3.1 Mass concentrations

186

187 Descriptive statistics of daily PM_{2.5} and PM₁ concentrations for the whole campaign,
188 episode days and non-episode days are summarized in Table 1. Mean outdoor
189 concentrations of 77.0 μg m⁻³ and 36.7 μg m⁻³ for PM_{2.5} and PM₁, respectively, are
190 reported for episode days. Mean indoor concentrations were 43 % and 29 % lower for
191 PM_{2.5} and PM₁, respectively (Table 1). PM₁ therefore constitutes 53% of PM_{2.5} on
192 average (48±12 % for EDs and 55±11 % on NEDs) in outdoor air and 64 ±8 % (62±12 %
193 for EDs and 65±9 % on NEDs) indoors.. Maximum PM_{2.5} concentrations reached
194 101 μg m⁻³ (46.1 μg m⁻³ for PM₁) outdoors and 53.5 μg m⁻³ (31.9 μg m⁻³ for PM₁)
195 indoors. In context to the overall research project investigations, these values are
196 considerably higher than any of those measured during five other campaigns, in different
197 old-age homes in Belgium between years 2007-2010. These values are also much higher
198 than some of the values published across the literature, for example: in Birmingham
199 7.9 μg m⁻³ was reported for residential indoor PM_{2.5} (Jones et al. 2000), and 9.1 μg m⁻³
200 in Oxford, England (Lai et al. (2004)). A maximum of 56 μg m⁻³ was observed for
201 outdoor PM_{2.5} in Canada (Cheng et al., 1998), and 66 μg m⁻³ (PM_{2.5} 12 h day sample)
202 in a study of air quality in offices near a busy street in the centre of Antwerp (Horemans

203 and Van Grieken, 2010). The outdoor values are also higher than those found in the study
204 of Stranger et al. (2009) reporting on residential indoor air quality in Belgium, although
205 the average indoor concentration and maximum values reported were similar to the ones
206 reported here. Moreover, EDs' PM_{2.5} outdoor values exceeded those reported for PM₁₀
207 during a yearly study at six different sites in Belgium (urban background to rural; 24-h
208 samples taken once a week) (Vercauteren et al. 2011). However, literature also indicates
209 much higher concentrations elsewhere, especially in Asia, for example, Ye et al. (2003),
210 in a yearly study in Shanghai, reported weekly averages of PM_{2.5} equal to 156 $\mu\text{g m}^{-3}$.
211 Chen et al. (2003) in their study of pollution episodes set the threshold value for ED's
212 and NED's at 150 $\mu\text{g m}^{-3}$.

213

214 Figure 1 gives the average ambient daily temperature, wind speed and relative humidity
215 during the study. Days with elevated PM concentrations (13, 18, 19 February) are
216 characterized by the lowest temperatures (0.8-1.4°C) and wind speeds (1.6-2.5 m s^{-1}).
217 The only exception is the 20th February where high concentrations of PM were measured
218 despite a maximum temperature of 6.4 °C and a wind speed of 2.8 m s^{-1} . Vecchi et al.(
219 2004), noticed typically an increase by 20-35% in both PM₁ and PM_{2.5} on days when
220 wind velocity was lower than 2 m s^{-1} . In this study the increase of PM concentration
221 registered on episode days was much higher, on average 2.5 to almost 3 times higher,
222 compared to non-episode days. Wintertime increases in ambient pollutant concentrations
223 are frequently attributable to a combination of low level, persistent temperature
224 inversions and increases in emissions related to heating (Ye et al., (2003)). Additionally,
225 lower temperatures occurring during the winter season favour the persistence of particle

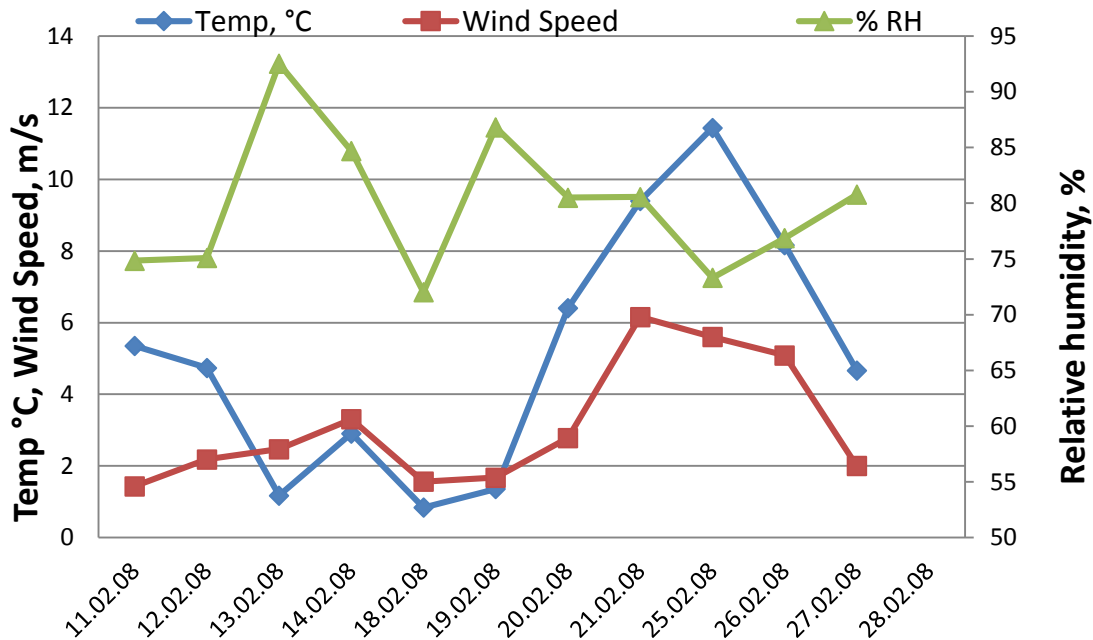
226 phase with respect to the gas phase, e.g. NH_4NO_3 (Vecchi et al., (2004)). Inversion was
 227 evident on most days of high pollution events in our study (See Figure 1S in
 228 supplementary material). Additionally, backward trajectory analyses revealed that
 229 anticyclonic circulation of the air masses coincided with the episode days. On the 13th of
 230 February, the impact of 120h trajectories was almost entirely regional (Germany, The
 231 Netherlands and Belgium) and between 18th and 20th February the air masses originated
 232 in the arctic region, passing Norway, Sweden, Germany and finally creating an
 233 anticyclone over Belgium. As pointed out by Viana et al. (2007a), anticyclonic scenarios
 234 lead to the development of thermal inversions, air mass stagnation and accumulation of
 235 locally emitted pollutants. During NED's, air masses seemed to be impacted to a larger
 236 extent by cleaner air from the Atlantic Ocean and the North Sea before reaching the
 237 sampling location. This is especially visible during the third week of the study, in which
 238 air masses travelled very long distances over the Atlantic Ocean before reaching
 239 Belgium.

240 **Table 1.** Summary of the PM mass concentrations ($\mu\text{g m}^{-3}$) registered during the study.

	INDOOR		OUTDOOR	
	PM2.5	PM1	PM2.5	PM1
Minimum	10.6	5.8	11.4	5.3
Mean	24.8	15.7	43.4	22.1
Median	17.6	11.3	32.8	18.4
Standard deviation	14.6	8.7	27.7	13.1
Maximum	53.5	31.9	100.6	46.1

Event	43.7	27.0	77.0	36.7
Standard deviation	7.2	3.3	20.1	12.0
Non event	15.4	10.0	26.7	14.8
Standard deviation	2.9	2.0	8.1	5.2

241



242

243 **Figure 1.** Ambient meteorological conditions during the sampling campaign

244

245 3.2 Indoor - outdoor correlations in PM

246

247 The degree of outside PM infiltration was gauged by determining straight-line indoor-

248 outdoor correlations for two fractions PM_{2.5-1} and PM₁, thus using the value of the

249 correlation coefficient, R^2 , as the indicator (Figure 2). PM_{2.5-1} fraction was obtained by

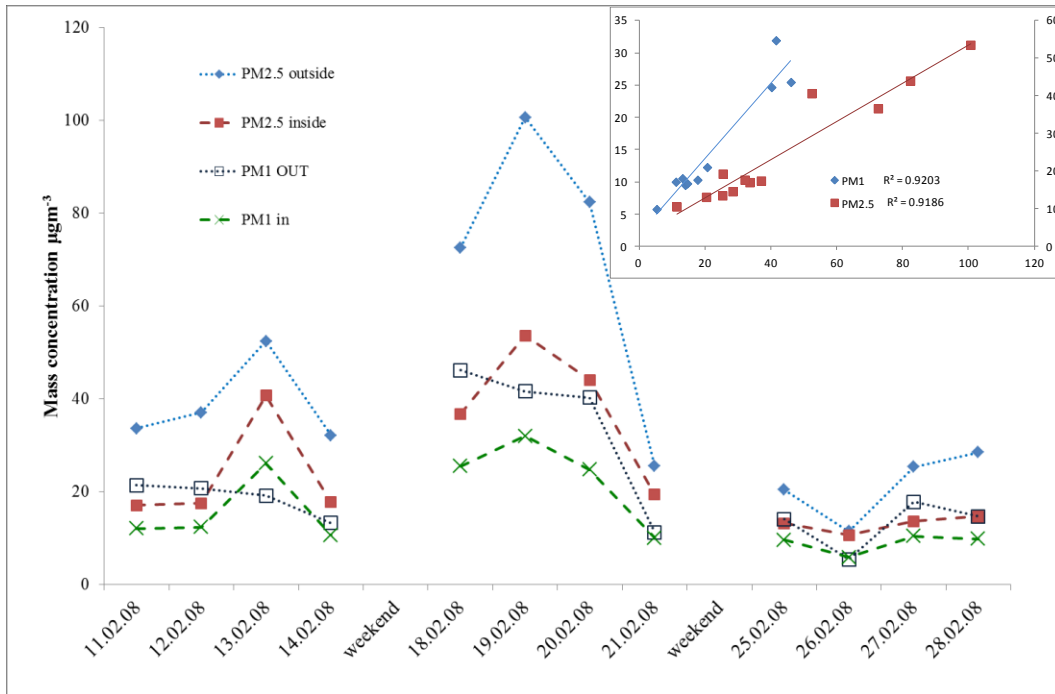
250 subtracting the concentrations found in PM_{2.5} and PM₁. Mass concentration profiles for

251 PM_{2.5-1} match each other and this correlation is illustrated by an R^2 of 0.93. A lower R^2

252 of 0.74 was observed for PM1, but after removal of an outlier (13.02.08) the value was
253 close to that of the PM2.5-1 as is seen in the insert of Figure 2. The coefficients for both
254 fractions were considerably higher than those reported for PM2.5 in residences in
255 California (Geller et al., 2002), where the correlation coefficient was equal to 0.37. This
256 indicates that mass concentration increases on the outside are reflected on the inside and
257 one could deduce that a substantial fraction of indoor particles in our study penetrated -
258 from the outdoor environment.

259
260 The correlation between PM1 and PM2.5 (R^2) was equal to 0.86 when PM outdoors was
261 compared, and 0.97 for the indoor concentrations. The I/O ratios for PM2.5 was always
262 below 1, and for PM1, exceeded 1 only twice (thus 17% of cases, amounting to 1.08 and
263 1.36). This, together with high correlations of indoor to outdoor air reported above,
264 suggest no major indoor sources of particulate matter in the studied old-age home. PM1
265 decreased indoors by 29 % on average compared to outdoors and the PM2.5-1 fraction by
266 57 %. These decreases were similar on EDs and NEDs. It thus suggests a more effective
267 indoor penetration of fine particles than of supermicron PM2.5-1 particles. The building,
268 hence, offers a relatively good protection against exposure to supermicron particles and
269 to its components, although larger deposition velocities of these particles on window,
270 door and furniture surfaces could also have played a role.

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Figure 2. Indoor : Outdoor relationships for PM2.5 and PM1.

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3.3. Chemical mass closure of PM

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279 Chemical mass closure of the PM2.5, PM1 and PM2.5-1 was calculated using the results
 280 obtained from both the IC and XRF analyses (Table 2). PM2.5-1 composition was
 281 obtained by subtracting the concentrations found in PM2.5 and PM1; therefore larger
 282 uncertainties may be associated with this fraction. Subsequently, the relative
 283 contributions of PM components were calculated to illustrate the differences between
 284 ED's and NED's and outdoor and indoor environments (Figure 3). As pointed out already
 285 by Putaud et al. (2004), relative contributions reflect the differences in the sources and
 286 processes controlling the aerosol composition as they are independent of dilution.
 287 Additionally, outdoor-to-indoor transport of particles may modify the composition of
 288 PM. Meng et al. (2007) found distinct infiltration factors (fraction of ambient PM found

289 indoors) for several components of PM_{2.5}. For those reasons, the contributions of
290 secondary inorganic aerosols, crustal matter, sea salt, smoke and other elements
291 (including heavy metals) to collected PM size fractions was studied in detail. Crustal
292 matter, sea salt, non-crustal K (smoke origin) non-sea salt (nss) SO₄²⁻ were assessed
293 using the approaches published previously (Chan et al. (1997), Maenhaut et al. (2002),
294 Sillanpää et al. (2006)). Sea salt content was calculated from Na⁺ and Cl⁻ concentrations,
295 nss-SO₄²⁻ from measured SO₄²⁻ and Na⁺ and for both calculations, the composition of
296 standard sea water was taken into account. The concentrations of inorganic secondary
297 species (NH₄⁺, NO₃⁻) and “other” elements (As, Cr, Cu, Mn, Ni, Pb, Sr, V, Zn) were
298 determined directly from measurements.

299 Substantial amounts of PM, named “unidentified”, resulted from subtracting the
300 reconstituted mass of each sample from total PM mass determined gravimetrically. Most
301 likely it consists largely of organic (OC) and elemental carbon (EC), which were not
302 measured in this study. Both, percentages of unidentified fraction and absolute values
303 obtained for PM_{2.5} (30% on outdoor ED’s corresponding to 24.6 µg m⁻³, and up to 60%
304 indoors on NED’s, corresponding to 9.2 µg m⁻³) are in agreement with the values
305 obtained for OC and EC component in other studies conducted in Belgium and Europe, in
306 which the major component of urban or regional background PM_{2.5} and PM₁₀ appeared
307 to be organic matter (Maenhaut et al. (2002), Putaud et al., (2004), Querol et al. (2004a),
308 Sillanpää et al.(2006)). The OC+EC component is thought to originate mainly from
309 traffic emissions, heating and other combustion related processes. The “unidentified”
310 fraction prevailed in PM₁ with concentrations twice that of the supermicron PM_{2.5-1}

311 fraction. A fraction of an unaccounted PM mass may be as well water associated with
 312 hygroscopic aerosol components (Maenhaut et al. (2002), Querol et al. (2004b)).
 313 The relative contribution of unidentified species of particulate matter on ED's is
 314 significantly lower than on NED's for both indoor and outdoor PM. This component thus
 315 contributed less to the total PM on episode days than on non-episode days, although in
 316 absolute values, it was about two times higher on ED's. The increase occurred both in
 317 PM1 and PM2.5-1 to a similar extent.

318

319 **Table 2.** Contribution of PM components to outdoor and indoor PM2.5, PM1 and PM2.5-
 320 1 on ED's and NED's. Concentration value ($\mu\text{g m}^{-3}$) is accompanied by 1σ .

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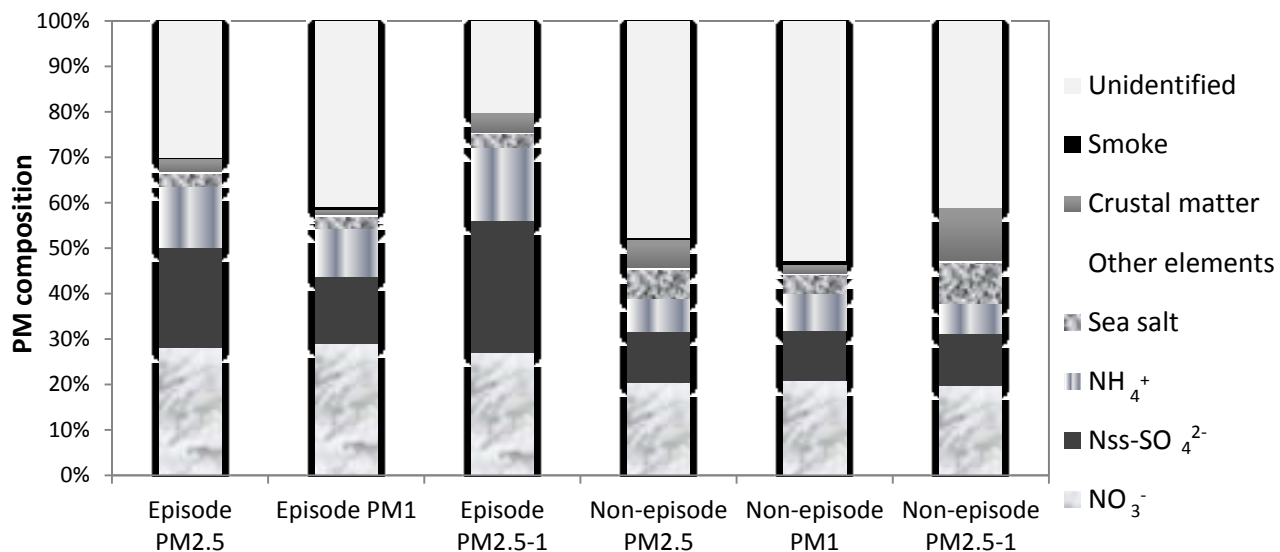
Outdoors								
	NO_3^-	Nss- SO_4^{2-}	NH_4^+	Sea salt	Other elements	Crustal matter	Smoke	Unidentified
ED PM2.5	22.9 ± 5.3	18.2 ± 9.5	11.0 ± 3.0	2.3 ± 0.9	0.26 ± 0.11	2.3 ± 0.7	0.30 ± 0.11	24.6 ± 9.4
ED PM1	11.3 ± 4.7	5.8 ± 2.5	4.2 ± 1.3	1.1 ± 0.4	0.13 ± 0.06	0.4 ± 0.2	0.27 ± 0.10	16.0 ± 4.8
ED PM2.5-1	11.5 ± 3.6	12.4 ± 7.7	6.9 ± 2.9	1.3 ± 0.6	0.13 ± 0.05	1.9 ± 0.5	0.04 ± 0.03	8.6 ± 4.3
NED PM2.5	5.4 ± 3.0	3.0 ± 1.5	2.0 ± 0.9	1.6 ± 0.6	0.14 ± 0.08	1.6 ± 1.2	0.14 ± 0.05	12.7 ± 5.9
NED PM1	3.1 ± 1.5	1.7 ± 0.4	1.2 ± 0.4	0.6 ± 0.2	0.07 ± 0.04	0.3 ± 0.1	0.14 ± 0.07	7.8 ± 4.2
NED PM2.5-1	2.3 ± 2.1	1.4 ± 1.2	0.8 ± 0.6	1.0 ± 0.5	0.07 ± 0.05	1.4 ± 1.1	0.01 ± 0.02	4.8 ± 3.0
Indoors								
ED PM2.5	2.2 ± 1.2	12.1 ± 6.9	3.8 ± 1.7	1.2 ± 0.3	0.21 ± 0.08	2.1 ± 0.2	0.30 ± 0.08	21.2 ± 3.7
ED PM1	1.3 ± 0.8	7.9 ± 4.0	2.3 ± 1.1	0.4 ± 0.1	0.12 ± 0.03	0.9 ± 0.3	0.25 ± 0.06	13.8 ± 1.6
ED PM2.5-1	1.0 ± 0.6	4.2 ± 3.0	1.4 ± 0.7	0.7 ± 0.3	0.09 ± 0.05	1.2 ± 0.3	0.04 ± 0.03	7.4 ± 2.9
NED PM2.5	0.7 ± 0.3	1.9 ± 1.0	0.7 ± 0.3	1.3 ± 0.6	0.11 ± 0.05	1.2 ± 0.4	0.14 ± 0.03	9.2 ± 2.3
NED PM1	0.2 ± 0.1	1.2 ± 0.9	0.4 ± 0.3	0.5 ± 0.1	0.07 ± 0.03	0.5 ± 0.1	0.12 ± 0.05	7.0 ± 2.4
NED PM2.5-1	0.5 ± 0.2	0.7 ± 0.6	0.3 ± 0.2	0.9 ± 0.5	0.04 ± 0.02	0.7 ± 0.3	0.02 ± 0.02	2.3 ± 1.6

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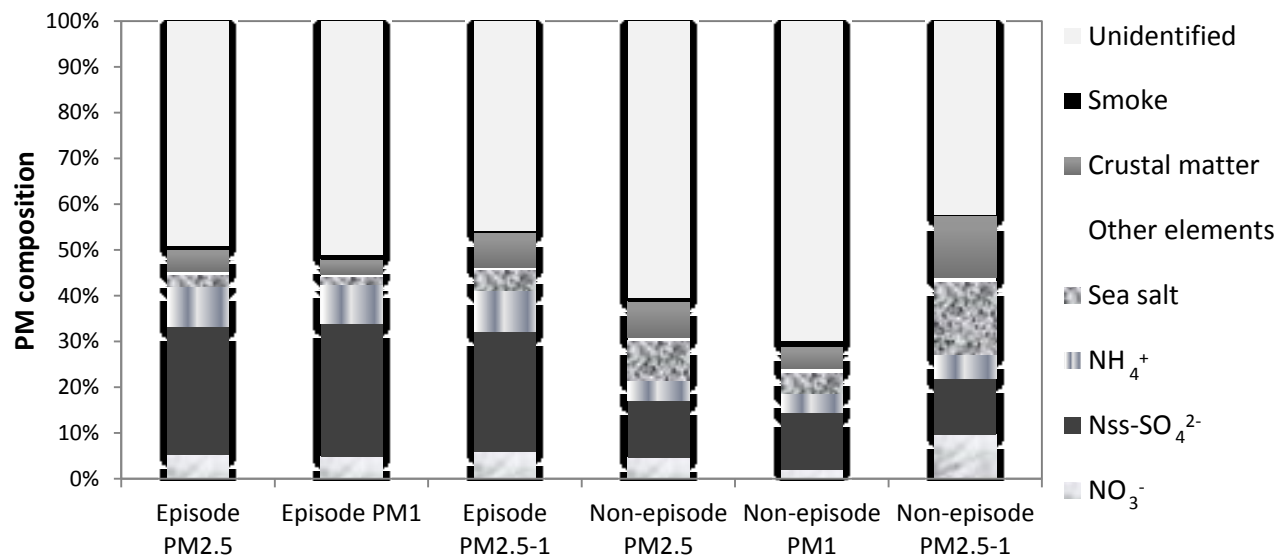
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(a)



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(b)



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332 **Figure 3.** Relative contribution of PM components to outdoor (a) and indoor (b) PM2.5,
333 PM1 and PM2.5-1 on ED's and NED's.

334

335

336 *Secondary inorganic aerosol species (SIA)*

337 Nss-sulphate constituted 99% of ambient PM 2.5 sulphate on ED's in all studied fractions
338 and about 92% (96% of PM1 sulphate and 80% of PM2.5-1 sulphate) on NED's. In
339 addition, on ED's the percentage range of nss-sulphate was very narrow - from 98% to
340 100%, on NED's, it was more variable. In PM1 it varied between 91% and 97% and in
341 PM2.5-1, between 43% and 97%. The highest relative contribution of sea-sulphate was
342 seen in the third week of the study, when the air masses passed a long distance over the
343 Atlantic Ocean and it was preferably associated with fraction PM2.5-1.

344 Nss-sulphate, nitrate and ammonium, dominate the composition of PM, constituting 64%
345 of PM2.5 during ED's ($52 \mu\text{g m}^{-3}$) and 39% on NED's ($10 \mu\text{g m}^{-3}$). Hence, not only an
346 absolute increase in the concentration was seen but also the relative contribution
347 increased by a factor of 1.6 on ED's compared to NED's. SIA absolute concentrations
348 were 5-6 times higher during ED's compared to NED's both indoors and outdoors. Ram
349 et al. (2012) reported an increase in concentration by a factor of 2 -3 in their study of SIA
350 during fog and haze days . Although the percentage values reported by Ram et al. (2012)
351 were much lower, the same tendency was seen, namely about a 2 fold increase in
352 contribution from clear to foggy days. The episode days in our study were apparently not
353 only influenced by a limited pollutant dilution connected to occurrence of temperature
354 inversions, but also most probably by an increased formation of secondary species due to
355 the preferable meteorological conditions. As stated by Ram et al. (2012) at lower ambient
356 temperature and wind speed, high RH and SO_2 and in the presence of higher particle
357 concentration the conversion of gaseous SO_2 to particle SO_4^{2-} is expected to be higher.
358 Amongst secondary species, nitrate prevailed mostly in ambient air, whilst nss-sulphate,
359 was the dominant ion in the indoor air. The nitrate indoor/outdoor (I/O) ratio was only

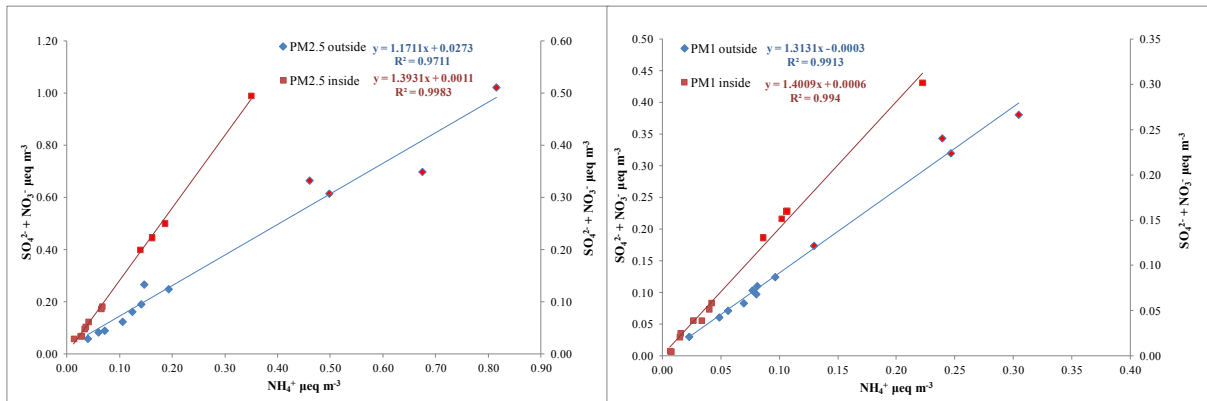
360 0.14 on the average while the nss-sulphate ratio was equal to 0.66 for PM2.5. For PM1,
361 these values were 0.10 and 0.96 for nitrate and nss-sulphate, respectively. The trend of
362 fine particles showing higher I/O ratios for sulphate was also observed by Jones et al.
363 (2000).

364 The low I/O nitrate ratio indicates a significant decrease of nitrate concentration indoors
365 due to the higher temperature compared to the outdoor air and thus transformation of
366 particle ammonium nitrate to ammonia and nitric acid gasses (Parker et al. (2008)) (NO_3^-
367 conversion between particle and the gas phase is strongly temperature dependant). Nitrate
368 appears to be evenly distributed between PM1 and PM2.5-1 on ED's, both in absolute
369 values and relative contributions in ambient (29% and 27%, respectively) and indoor (5%
370 and 6%) concentrations. On NED's the nitrate prevails in PM1 but its relative
371 contribution is the same in ambient PM1 and PM2.5-1 (20%); in indoor air it constitutes
372 only 2% of PM1 and 10% of PM2.5-1.

373 Nss-sulphate on the other hand, during episode days is preferentially associated with the
374 supermicron fraction (PM2.5-1), and so is ammonia; the concentration of nss-sulphate in
375 this fraction is 2 times higher than in PM1 and in case of ammonia 1.6 times higher. The
376 relative contribution follows a similar trend. Indoors, both nss-sulphate and ammonia
377 have a higher concentration in PM1 than PM2.5-1 which could be attributed to lower
378 infiltration capacity of supermicron particles. As demonstrated earlier, the I/O for
379 sulphate in PM1 was close to 1 on average for all days and much lower in PM2.5. The
380 relative contributions indoors are similar in both size fractions (29% and 26% for EDs
381 and 12% during NEDs). On NED's slightly higher concentrations of nss-sulphate and
382 ammonia are found in PM1 than PM2.5-1 in indoor as well as ambient air.

383 The $\text{NH}_4^+ / \text{SO}_4^{2-}$ molar concentration ratios were calculated and were found to be 1.8 and
384 1.9 for PM_{2.5} and PM₁, respectively, for outdoor concentrations and 0.9 and 0.8 for
385 indoor PM_{2.5} and PM₁ concentrations..The maximum ratio was 3 in PM_{2.5} and 2.8 in
386 PM₁ during one of the episode days. Scatter plots (not shown) of $\mu\text{equivalent}$
387 concentrations of NH_4^+ versus SO_4^{2-} showed a significant correlation for both outdoor
388 and indoor fractions ($R^2 = 0.80$ and 0.72 for outdoor PM_{2.5} and PM₁, and 0.98 for
389 indoor PM_{2.5} and 0.99 for indoor PM₁). Generally, at low ammonia concentrations,
390 neutralization of sulphate is favoured over nitrate; nitrate is stabilized by ammonium at
391 $\text{NH}_4^+ / \text{SO}_4^{2-} > 1.5$; this threshold was set at 2 in the study of Squizzato et al., (2013)
392 (Squizzato et al., (2013) and references therein). In our study, nitrate dominates over
393 sulphate in ambient air. When the sum of the $\mu\text{equivalent}$ concentrations of NO_3^- and
394 SO_4^{2-} concentrations were plotted against that of NH_4^+ (Figure 4) the R^2 for outdoor
395 values were in the range of $0.97 - 0.99$. The ED's are indicated in red to illustrate their
396 significantly higher concentrations. The slopes of the linear regression lines in all cases
397 suggest an ammonia deficit; therefore invoke the possible role of mineral neutralisation.
398 However, the calcium and magnesium concentrations were very low and one may
399 conclude that an acidic aerosol prevailed. Although Querol et al. (2001) has found the
400 slope value close to 1 for PM_{2.5} in Barcelona, Spain (1.5 for PM₁₀), others reported
401 ammonium deficits similar to our study, for e.g. Yao et al. (2002) found the slope equal to
402 $1.2-1.4$. Taking into account that the average molar concentration ratios, also referred to
403 as a neutralization ratio (NR) (Bencs et al. (2008), Squizzato et al., (2013)), for $\text{NH}_4^+ /$
404 $\text{NO}_3^- + \text{nss-SO}_4^{2-}$ are 0.8 and 0.7 outdoors and indoors for PM_{2.5}, and 0.8 for PM₁

405 indoors and outdoors, one can conclude that the ammonium deficit is similar for both
406 environment.



407
408 **Figure 4. Correlations between ammonium and the sum of nitrate and sulphate ions**
409 **in PM1 and PM2.5 (expressed as micro equivalents per m^3)**

410

411 *Crustal matter*

412

413 Crustal matter was calculated using the equation $1.16 (1.90\text{Al} + 2.15\text{Si} + 1.41\text{Ca} + 1.67\text{Ti}$

414 $+ 2.09\text{Fe})$ (Chan et al. (1997), Maenhaut et al. (2002), Sillanpää et al. (2006)).

415 Additionally, enrichment factors were calculated for all elements. Enrichment factor

416 analysis is based on comparison of the specific element's concentration (Fe in this case)

417 to the concentration of a so-called reference element in air relative to their concentration

418 ratio in Earth's crust (Mason, 1966). The enrichment factor close to one indicates that the

419 crust is the likely source of the element whilst very high EF, points to origin other than

420 crustal. All the above mentioned elements, have enrichment factors close to 1 (0.1-2.4),

421 confirming their natural origin. Crustal matter contributes to about 3% ($2.3 \mu\text{g m}^{-3}$) of the

422 total PM2.5 mass outdoors during episode days and up to 6% ($1.6 \mu\text{g m}^{-3}$) on non-episode

423 days. These values are similar to those found for mineral fraction in Ghent, Belgium,

424 namely 3% for winter PM2.5 and 4% for summer (Viana et al. (2007a)).

425 The mineral fraction is enriched in the supermicron PM_{2.5-1} particles by a factor of
426 about 4-5, compared to PM₁. Indoors, this prevalence decreases to a factor of 1.5. Hence,
427 it constitutes 5% of the indoor PM_{2.5} on episode days and 8% on NED's. It is mostly
428 derived from wind-blown soil dust in the outdoor environment or from re-suspension of
429 the floor dust from human activities indoors. It is worth mentioning that the concentration
430 of this fraction in PM_{2.5-1} is lower indoors than outdoors (I/O=0.7), whilst in PM₁ it is
431 higher (I/O=2, with the exclusion of one detected ($p<0.05$) outlier of 8). All days were
432 taken into account. Amongst the crust elements analysed, Al outdoors in the PM₁
433 fraction was often found below the detection limit (9 days out of 12), in indoor PM₁,
434 only 1 day was below this limit. It may thus lead to some inaccuracies in estimating the
435 contribution of crustal matter outdoors. Other four elements (Ca, Fe, Si, Ti) taken into
436 account for "crustal matter" calculation had concentrations between 2 and 165 times
437 above their respective detection limits in both environments. The inaccuracies are thus
438 not expected to be large. The elevated ratios for indoor PM₁ could be attributed to re-
439 suspension by movement of people. This was not seen for PM_{2.5-1}, perhaps due to much
440 lower outdoor contribution to indoor levels in this fraction than in PM₁. The indoor PM
441 is a sum of particles generated indoors and those which infiltrated from the outdoor
442 environment. Similarly, Horemans and Van Grieken (2010), found the contribution of
443 soil dust (calculated in the same manner) in PM₁, collected in offices in Antwerp
444 (Belgium), higher indoors than outdoors during the day and slightly lower during the
445 night, and was explained as being a result of daily office activities, which prevent
446 gravitational settling.
447

448 ***Sea salt***

449

450 Sea salt content was calculated using the concentrations of Cl^- , Na^+ and a standard
451 composition of sea water. As this approach may have a disadvantage of attributing a part
452 of Cl^- which may originate from urban/industrial activities to sea salt., an alternative
453 approach was also tested, which assumes that sea salt contains 30.8% of Na (Maenhaut et
454 al. (2002)). The latter approach may on the other hand overestimate the salt content, since
455 Cl^- may be lost from sea salt particles in the atmosphere, especially from the fine PM
456 fraction (Maenhaut et al. 2002, Bencs et al. 2008). Interestingly, during NED's (and one
457 of the episode days, 13th February, which was influenced by solely regional anticyclonic
458 air masses), the approach using both ions estimated the content of sea salt to be 40% less
459 than the other approach, confirming thus the loss of Cl^- ions and overestimation of sea
460 salt content using Na^+ content only. This did not seem the case during the other episode
461 days, where the approach using both the content of Cl^- and Na^+ ions estimated the salt
462 content to be about 40% higher than when using Na^+ only. An increase in Cl
463 concentration (both as soluble Cl^- and total Cl) was visible during the episode days
464 (except for the 13th of February), in all PM fractions outdoors, whilst Na^+ concentration
465 remained constant through the whole campaign, with minimal changes confirming that
466 the increased chloride concentration could not be attributed to sea salt. This can possibly
467 mean that a part of Cl^- originated from other sources than sea salt on most days with high
468 pollution and that the sea salt content might be overestimated during those days. Another
469 possibility is as stated by Ye et al. (2003); that the chloride might have originated from
470 the sea salt in large particles but has been displaced by the reaction with nitric acid,
471 followed by the reaction with ammonia to form smaller particles. Higher concentration of

472 pollutants on ED's might have enhances this process. The fact that the molar ratio of Cl⁻
473 /Na⁺ is not close to unity (if close to one, according to Ye et al. (2003), it may indicate
474 sea salt origin of chloride) further suggests the possible presence of ammonium chloride,
475 which would result in an even more acidic aerosol. Indoors, the chloride concentration
476 was largely reduced compared to respective outdoor values, especially on episode days..
477 I/O ratios of such calculated sea salt were thus 0.5 on EDs and 0.8 on NEDs in both
478 PM_{2.5} and PM₁. Sodium is the only ion that shows the I/O ratio of 1 in both PM
479 fractions. The sea salt contributes to about 3% (2.3 µg m⁻³) of the total ambient PM_{2.5} on
480 ED's and 6% on NED's (1.6 µg m⁻³). It is enriched in the supermicron fraction PM_{2.5-1},
481 having about 2 times higher concentration than in fraction PM₁ during NED's. During
482 ED's these differences are less pronounced (Table 2). Generally, the contribution of this
483 fraction is similar in our study to the results obtained for ambient Ghent PM, where it
484 constituted about 5% (1.2 µg m⁻³) of winter PM_{2.5} (Viana et al. (2007a)).

485

486 *Other elements*

487 The fraction "other elements", was calculated, similarly to Sillanpää et al. 2006, by
488 summation of the Sr, Cr, Ni, Mn, Cu, Zn, As, Pb and V concentrations. For samples
489 below the detection limit, random numbers below the detection limits were generated for
490 the calculation of the averages. This fraction contributes negligibly to the sampled PM,
491 namely 0.3-0.8% of various size ranges (Table 2). Amongst these elements, Sr had the
492 lowest EFs (1.7-2.6), comparable with other soil derived elements. Mn and Cr show
493 medium enrichment, therefore displaying both natural and anthropogenic origin and are
494 followed by slightly higher values for V and Ni. Cu, Zn, As, Pb, are highly enriched (EFs

495 >100), implying mainly anthropogenic origin of those species. The results of
 496 concentration measurements and EFs calculations are presented in Table 3.

497

498 **Table 3.** The elemental concentrations (ng m^{-3}) of PM2.5 and PM1.
 499

Element	PM2.5 Outdoor			PM1 Outdoor		
	ED	ND	EF _{crust}	ED	ND	EF _{crust}
As	6	3	433	4	2	1380
Cr	5	3	8	1	<LOD	12
Cu	19	22	101	8	7	135
K	508	259	3	320	165	8
Mn	17	12	4	6	4	5
Ni	9	4	17	5	3	48
Pb	51	31	695	31	17	1660
Sr	2	2	2	1	<LOD	3
V	10	5	12	7	3	39
Zn	137	60	232	63	30	520

Element	PM2.5 Indoor			PM1 Indoor		
	ED	ND	EF _{crust}	ED	ND	EF _{crust}
As	5	2	688	3	2	942
Cr	3	2	11	2	1	14
Cu	17	24	156	9	11	163
K	452	212	4	313	152	6
Mn	14	9	4	7	4	4
Ni	6	3	18	4	2	31
Pb	40	22	715	26	15	1124
Sr	3	2	3	1	<LOD	2
V	8.1	3	12	6	3	23
Zn	108	40	250	60	28	398

500 *the average value without the one elevated point of 812 ng m^{-3}

501

502 The “other elements” are mostly heavy metals that were present in relatively low
 503 concentrations in the outdoor environment and only as trace quantities in the indoor air.
 504 A few remarks concerning these elements are however of importance. In general, Pb had
 505 one of the highest concentrations in this class, ranging from 15 ng m^{-3} (NED’s indoor
 506 PM1) to 51 ng m^{-3} (ED’s ambient PM2.5). The National Ambient Air Quality Standard
 507 (NAAQS) for Pb (3 month rolling $0.15 \mu\text{g m}^{-3}$) is therefore not exceeded, neither was it
 508 exceeded under the New European Directive (Directive 2008/50/EC-

509 <http://ec.europa.eu/environment/air/quality/legislation/directive.htm>) where the standard
510 is $0.5 \mu\text{g m}^{-3}$ based on a yearly average. The new directive that came into play on
511 31.12.2012 (<http://ec.europa.eu/environment/air/quality/standards.htm>) for As (6 ng m^{-3})
512 was exceeded during ED's for PM_{2.5}, but it should be noted that our concentrations are
513 reported as 24-h averages and the standard is an annual average. Other elemental
514 concentrations regulated by the new directive are Ni and Cd, both of which were well
515 below the standard. Except for Cu and Cr, all other minors and traces in general exhibited
516 increases in concentration on ED's, ranging from 1.1 to 2.5 times higher than on NED's.
517 It is also noticeable that V, Fe and Ni showed on average a 1.9 increase in concentration
518 during ED's. These three metals are of interest as Jacobs et al. (2012) reported a
519 significant association between their concentrations and the systolic blood pressure and
520 pulse pressure of the elderly in this (and 5 other) old age homes. During non-episode days
521 the concentration levels of elements in this group are comparable with the levels reported
522 in other studies of outdoor PM_{2.5} in Antwerp, Belgium (Götschi et al.(2005), Stranger et
523 al. (2009)). On ED's only Cu and Zn exceeded levels reported as winter average for
524 Antwerp (Götschi et al.(2005)) by 1.4 times. In another work by Horemans and Van
525 Grieken, (2010), 12h (both day and night) PM₁ and PM_{2.5} averages calculated for those
526 elements inside offices in Antwerp, were much higher than our NED's indoor levels. On
527 ED's, Zn, Ni and V were elevated in our study by 1.5-3.5 times.

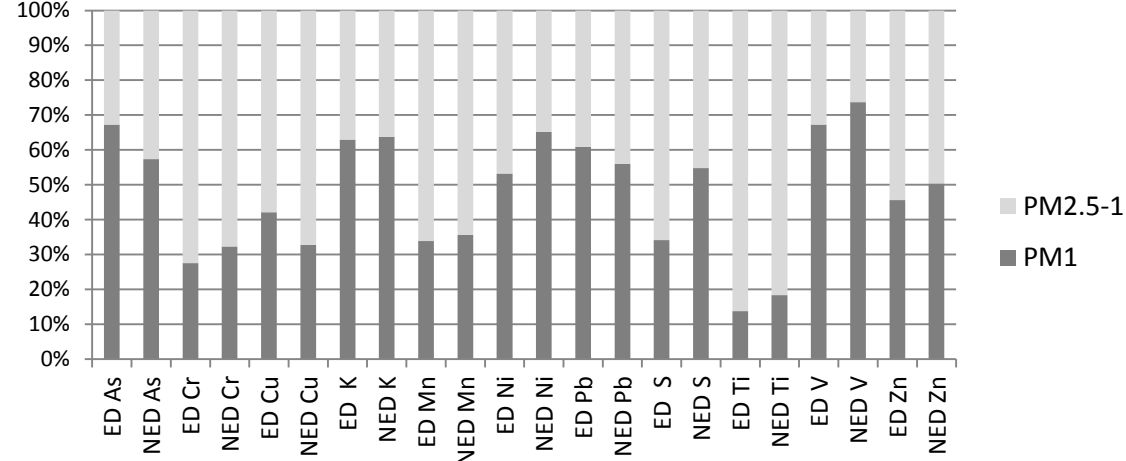
528 Elements such as: As, Ni, Pb, V and Zn accumulate to a large extent in the fine fraction
529 as opposed to for example Ti; Figure 5 shows the fractional distributions (PM₁ and
530 PM_{2.5-1}) of these elements with Ti given for comparison. They are characterized by high
531 PM₁/PM_{2.5} ratios of 0.5-0.7 in ambient air and 0.6-0.7 in indoor air. These ratios

532 generally increase for indoor air compared to outdoor air as expected due to the ease of
533 infiltration of fine particles. Additionally, in Figure 5, sulphur was shown as it exhibits
534 the largest difference in the fractional distribution between ED's and NED's (about 20%).
535 For other elements variation below 10% can be seen.

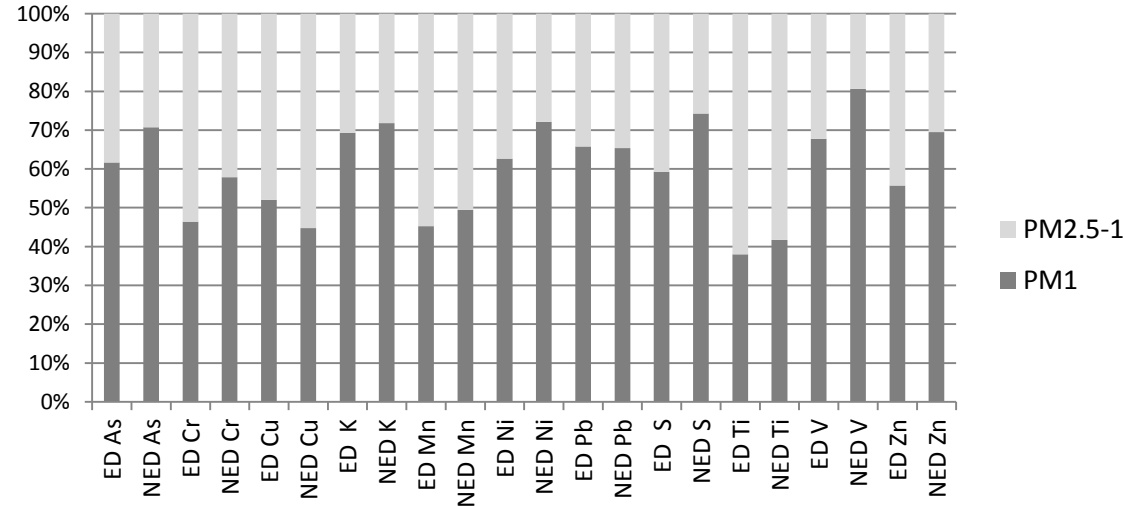
536 Pearson correlation coefficients (not shown) were calculated for these elements to
537 investigate which elements may originate from a common source. Cr was excluded from
538 correlation analyses as it was detected in about 50% cases only. Among *other elements*,
539 V correlated very well with Ni ($r=0.92$, $p<0.001$ for PM_{2.5} outdoors) both are
540 considered as originating in Europe from oil combustion (Swietlicki and Krejci, (1996)).
541 Their concentration was two times higher on ED's compared to NED's. Cu did not
542 correlate with other elements from this group, it is fairly correlated with Ca, Si and Ti in
543 ambient PM₁ ($r=0.66-0.72$, $p=0.008-0.020$) what may suggest some contribution of re-
544 suspended road dust source as Cu is a known tracer for break wear (Viana et al., (2007b),
545 Cyrus et al. (2003)). In PM_{2.5} these correlations are weaker ($r=0.43-0.63$) and are only
546 significant for Ca ($r=0.62$, $p=0.028$). Other anthropogenic origin elements (Zn, As, Pb)
547 correlated very well with each other ($r>0.71-0.95$, $p<0.01$) both in PM₁ and PM_{2.5}. Of
548 interest is a very high correlation between Zn, K and Cl ($r=0.97 - 0.99$, $p<0.001$) in
549 ambient PM₁. In PM_{2.5}, the correlation between Zn and K is still high ($r=0.99$, $p<0.001$)
550 but with Cl it is slightly weaker ($r=0.74 - 0.77$, $p<0.01$), probably because of higher
551 contribution of sea salt Cl in this fraction. K is generally associated with biomass
552 combustion (Götschi et al. (2005)) and waste incinerators (Maenhaut et al. (2002)) whilst
553 Zn, is considered to originate from traffic and/or industrial activities such as non-ferrous
554 smelters. Cl, apart from its natural sea salt origin, is thought to originate from industrial

555 emissions of hydrochloric acid and from waste incineration (Götschi et al. (2005)). As
 556 already mentioned, the air masses influencing the high pollution days created an
 557 anticyclone over the territories of Belgium, The Netherlands and Germany, favouring the
 558 accumulation of pollutants not only from local traffic emissions and local industrialized
 559 areas (Antwerp) but also from more distant locations such as for example highly
 560 industrialized Ruhr region (Stranger, 2005) in Germany.

561
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 567
 568

Figure 5. Partitioning of various elements between PM1 and PM2.5-1 fractions outdoors (a) and indoors (b) during EDs and NEDs.

569 *Smoke*

570 The contribution of smoke (or non-crystal K) was calculated as concentration of K - 0.6
571 of that of Fe (Maenhaut et al., (2002)). This fraction contributes to about 0.5 % of PM2.5
572 ($0.3 \mu\text{g m}^{-3}$), it is preferentially associated with PM1, ranging from 0.7 % in ambient
573 PM1 on ED's to 1.2% of indoor PM1 during NED's. The indoor concentration equals
574 outdoor, as already mentioned elsewhere, due to the high efficiency of fine particles to
575 penetrate the building envelope. The average concentration of this fraction during episode
576 days is twice as high as that on normal days.

577

578 **3.4. Ion balance**

579

580 In order to evaluate the acid-base balance of aerosols the ion balance equations (Shen et
581 al., 2009; Zhang et al., 2002) were calculated in both PM fractions according to equations
582 (1) and (2) for cations (C) and anions (A), respectively, whereby the concentration for
583 each ion is in $\mu\text{g m}^{-3}$. The contribution of Mg^{2+} and Ca^{2+} were very low, in agreement
584 with Stranger, 2005, thus random numbers were generated for samples which exhibited
585 levels lower than LODs.

586

$$587 \quad (1) \text{ C } (\mu\text{Eq m}^{-3}) = [\text{NH}_4^+]/18 + [\text{Na}^+]/23 + [\text{K}^+]/39 + [\text{Mg}^{2+}]/12 + [\text{Ca}^{2+}]/20$$

588

$$589 \quad (2) \text{ A } (\mu\text{Eq m}^{-3}) = [\text{NO}_3^{2-}]/62 + [\text{SO}_4^{2-}]/48 + [\text{Cl}^-]/35.5$$

590

591 The C/A ratios were subsequently calculated. On average, during the episode days all
592 fractions, except for PM_{2.5} indoors, were slightly acidic (C/A = 0.9), whilst on normal
593 days the aerosol particles were on average slightly basic with the C/A values between 1
594 and 1.3 for different fractions. Statistically significant differences between ED's and
595 NED's were, however, only found indoors in PM_{2.5} (p=0.009) and PM₁ (p=0.022).
596 During ED's the C/A values in outdoor PM_{2.5} ranged between 0.82 and 1.08, whilst in
597 PM₁, between 0.80 and 0.91. During NED's in outdoor PM_{2.5} variation between 0.74
598 and 1.30 was found and in PM₁ between 0.93 and 1.33. Indoors, during ED's PM_{2.5} C/A
599 values were between 0.90 and 1.02 and in PM₁ between 0.89 and 0.91, on NED's these
600 values ranged from 0.96 to 1.58 in PM_{2.5} and 0.98 to 1.47 in PM₁ (in this fraction two
601 values above 3 were seen). Neutral to alkaline aerosols coincided with the minima's of
602 the registered PM mass (third week of the study, Figure 2), thus both anions and cations
603 showed lower concentrations than during other days of the study. The highest sea salt
604 content was registered (2 days out of 4) on those days, and a direct influence of North Sea
605 and Atlantic Ocean air masses was noticed.

606

6074. **Conclusions**

608

609 A comprehensive insight into the composition of PM_{2.5} and PM₁ on high and low
610 pollution days and outdoor to indoor comparisons of PM sampled in old-age home was
611 provided. This paper is complementary to a study by Jacobs et al. 2012, which
612 investigated acute, short-term health effects of PM and its composition in the elderly part
613 of the population. Extremely high ambient PM_{2.5} and PM₁ values were registered during

614 some days of this study. The investigation of PM composition revealed that although all
615 components were found to be considerably higher during episode days than during non-
616 episode days, it was the secondary inorganic aerosols that contributed the most towards
617 an increase in the PM pollution as their relative contribution was higher by a factor of
618 1.6. Therefore, the episode days were not only influenced by a limited pollutant dilution
619 connected to occurrence of temperature inversions, but also most probably by an
620 increased formation of secondary inorganic pollutants due to preferable meteorological
621 conditions. The 120h air mass backward trajectories influencing the high pollution days
622 showed an anticyclonic scenarios with no or less direct influences of the North Sea or
623 Atlantic Ocean air masses than during the low pollution days. The anticyclone was
624 formed over the territories of Belgium, The Netherlands and Germany thus facilitating
625 the accumulation of both local and regional pollutants. Natural contribution (mineral dust
626 and sea salt) was relatively less important on ED's than NED's, the same was true for the
627 "other elements" which included mostly heavy metals and for unaccounted mass which is
628 in our study most probably composed of OC, EC and water. An ammonium deficit for
629 PM was deducted in this study, especially on ED's. On average, the PM fractions on
630 ED's were then slightly acidic ($C/A = 0.9$), whilst on normal days more variation was
631 seen, and C/A ranged from acidic to alkaline ($C/A > 1-1.3$) in ambient air. Neutral to
632 alkaline aerosols coincided with the minima's of the registered PM mass. Amongst heavy
633 metals Zn and Pb were found at the highest concentrations in both PM_{2.5} and PM₁.
634 No significant sources of indoor pollutants could be identified inside the old-age home.
635 Generally, the PM₁ mass concentration decreased indoors by 29 % compared to
636 outdoors, whilst PM_{2.5-1} fraction by 57 %; this decrease was similar on ED's and

637 NED's. This is in agreement with the fact that fine mode particles penetrate the building
638 envelope easier than supermicron mode. High correlations were found between outdoor
639 and indoor PM, confirming the mainly outdoor origin of air pollution inside the Czagani
640 old-age home.

641

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654

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